

Sentinel Secondary E-Bulletin



ÉCOLE SENTINEL SECONDARY E-BULLETIN

Thursday September 10th, 2026

Calendar Upcoming

Date	Day	Event	Notes
September 11 th	Fri	Photo Day/ Grade 8 BBQ	Sentinel
September 15 th	Tue	Grade 8 Parent Info Night	@ 6:00pm
September 17 th	Thu	PAC Meeting / Terry Fox Run	Library / Sentinel
September 22 nd	Tue	Grad 12 Parent Night Grad/Uni Information	Sentinel @6:30pm
September 23 rd	Wed	Meet the Teacher Night	@ 6:00pm
September 24 th	Thu	Collaboration Day	Dismissal @ 2:55pm
September 25 th	Fri	Pro-Day	No School
September 29 th	Tue	Orange Shirt Day	Wear orange shirt
September 30 th	Wed	Truth & Reconciliation Day	No School

[2026–2027 SCHOOL CALENDAR](#)

New This Week

Inside Sentinel

- Grade 8 BBQ and Team Building
- School Photos
- Terry Fox Run – Dontate Today!
- Locker Requests

Clubs and Actives

- Sentinel Athletes- Fall Sports Try Outs Updates
- Sentinel Athletes- Gym and Field Schedule Links
- Sentinel Stage Updates

PAC News

- PAC next Meeting and Teams Updates

Student Resources

- Block Rotation
- Locks and Lockers Instructions

Important Information-Action Required

Annual Policies and Procedures Form – Action Required!!

Please be aware that a new P+P form MUST be completed for each student, every school year.

This form is in addition to the paper forms you have completed. Without a completed online P+P form, students will not be permitted to access their Google Classrooms, have their photos included in the yearbook, etc.

The form requires a parent login and password. If you created an account to complete the form last year, you could use the same account. If you have forgotten your password, please follow the instructions on the login page to reset it.

Once logged in, you may either update the P+P form from last year or start a new one.

Complete the P+P Form: [2026–2027 Online Policies & Procedures Form](#)

Withdrawals and School Confirmation & Enrolment for 2026-2027!

If your child is NO longer planning to attend Sentinel for the 2026-2027 year, we ask that parents email the school to let us know as soon as possible. If you are withdrawing your child, please complete [Withdraw Form](#) and email to sentinel@wvschool.ca.

Inside Sentinel

Grade 8 BBQ and Teambuilding, Friday Sept 11th - Wear your Spirit Shirt!

Tomorrow will be our Grade 8 BBQ lunch and Team Building Games in 2-4 (12:55-3pm).

Grae 8s should wear their Spartan spirit T shirt and comfortable shoes! Get ready to meet new friends, have fun and bring out your best Spartan Spirit! Note: Lunch will BBQ hotdogs/veggie dogs, chips and drink.

School Photo Day – Friday, September 11th

School photos will take place tomorrow, Friday, September 11. Students will be called down for photos by class and by grades according to the following schedule:

- 2-2: Grade 8s & 9s (and some Grade 10s)
- 2-3: Grade 11s & 12s
- 2-1: Grade 10s

There will be an opportunity for photo retakes on Thursday, October 8.

Our photo provider is Artona. For all photo inquiries and to order photos, please visit the Artona website:

<https://artona.com/contact-us>

Terry Fox Run/ Walk - Thursday September 17th – Donate today!

Sentinel will participate in the School Run on **Thursday September 17th**. This year marks the **45th Anniversary** of Terry's Marathon of Hope, and we've been invited to join the movement to "[Finish It](#)". [Terry Fox](#) started a marathon against cancer. Together we can end it.

If you would like to donate to Sentinel's fundraising page for the Terry Fox Foundation, please use link [here](#).

Course Change Information – Important Dates & Procédures

The Sentinel Counselling Department has provided important information regarding **2026–27 course changes and timetable requests**. Please review the attached letter carefully for key dates, deadlines, and instructions. Students requesting a course change must follow the outlined process, including submitting the online form through their Grad Google Classroom. **Course change requests will not be accepted by email or voicemail.**

Please read the [Course Change / Request Procedures letter](#) for full details.

Locker Requests

All new locker requests will be processed, and lockers will be assigned later this week or early next week. Students will receive an email from Ms. Ulinder once their locker has been assigned.

All Grade 9–12 students who need a locker are asked to complete the Locker Request Form below under the “Student Resources” section.

Sentinel Spirit Wear Order

The image shows a promotional flyer for Sentinel Spirit Wear. At the top, it says "OneTEAM SOCCER" and "SENTINEL SECONDARY SPIRIT WEAR". Below this, it lists "3 EASY STEPS TO ORDER": 1. SCAN OR VISIT SITE, 2. SELECT & ADD ITEMS, 3. SECURE CHECKOUT. The middle section displays four items with prices: Sentinel Hoodie (\$79.00), Sentinel Crewneck (\$62.00), Sentinel Tee (\$32.00), and Sentinel Sweatpants (\$40.00). At the bottom left, it says "IMPORTANT! ORDER DEADLINE: FRIDAY SEPTEMBER 25th, 2026 (11:59pm CDT)". At the bottom right, it says "GET STARTED" with a QR code and "OR VISIT: https://sentinelteamorderpage.spiritwear2026.teamorder.ca/". A "QUESTIONS?" section at the bottom left provides contact information for Don Gerasiolo.

We will be offering Spirit Wear for sale again for 2026-2027 school year. Please make sure you place your order before **September 25th**. Orders will be packaged and delivered to the school where they will be distributed to students. Order link: [Sentinel School Spirit Clothing Store](#)

Clubs and Activities

Sentinel Athletes

Fall Sports Tryouts

- **Volleyball – Day One Tryouts**
 - **Bantam Girls:** Thursday, September 10th — 3:15 PM
 - **Juv. Girls:** Thursday, September 10th — 4:45 PM
 - **Jr. Girls:** Monday September 14th ---- 6:15PM
 - **Senior Girls:** Tuesday, September 15th — 6:15 PM and Wednesday, Sept. 16th - 6:15 pm
 - **Junior & Senior Boys:** Thursday, September 10th — 6:15 PM



- **Soccer** – Day One Tryouts
 - **Junior Boys:** Thursday, September 10th — After School
 - **Sr. Boys Soccer** meeting at lunch on Friday September 11th in room 306.
- **Swimming** meeting at Lunch on Friday September 11th in room 258.
- **Cross Country** meeting on Thursday September 10th in room 252
- **Girls Field Hockey:** Final tryout is September 16th at Rutledge at 6:45 AM.

Gym Schedule and Field Schedule

Please refer to the Gym Schedule and Field Schedule for current bookings, practices, games, and other scheduled activities. Students are encouraged to check the schedules regularly for the most up-to-date information and availability.

- **Gym Schedule:** https://docs.google.com/spreadsheets/d/1xacCwxGvYiFm_6upTT3v-cC6f9hzFXDrYG62Wjn9lj4/edit?gid=396142044#gid=396142044
- **Field Schedule:**
https://docs.google.com/spreadsheets/d/1v_ftyOCOJBvH4naQBq65mmNf0IQ2em9TIHq_mP9nGSE4/edit?gid=1531593499#gid=1531593499

Stay tuned for more information and make sure to check school announcements for updates!

Math Contests

We are pleased to offer a series of Math contests again this year. Interested students should join our Math contest Google classroom with the code sjdrxr

The first contest open for registration are the AMC 10, and AMC 12 Math contests, taking place on Wednesday, November 13th in the library. Students can register with Mr. Ma in room 257. The cost for registration is \$5 and space may be limited. The deadline for registration is Thursday, September 24th. Late entries will not be allowed.

Sentinel Stage

ATTENTION ALL GRADE 8'S INTERESTED IN THE THEATRE COMPANY: APPRENTICESHIP 8 PROGRAM -

Any Grade 8 student interested in getting more information on this year's Theatre Company production please come to class this Tuesday, September 15th at 3:30pm in the theatre. Alternatively, please see Mrs. McGuinness-Gill in the Theatre (Room 249) or email her at mmcguinnessgill@wvschools.ca by next Thursday, September 17, 2026.

Also, a reminder to all Theatre Company students in Grades 9-12 that our first class is Tuesday, September 15th @ 3:30pm in the theatre.

PAC News

Welcome Back, Sentinel!

The Sentinel Parent Advisory Council (PAC) warmly welcomes all students and families to a new school year! A special welcome to our new Grade 8 families, we are so happy to have you join the Sentinel community. We wish everyone a smooth, positive, and successful start to the year!

PAC MEETING

-  **Save the date!** Our next PAC meeting is September 17, from 9:00–11:00 a.m.
-  Join us at **8:40 a.m. for “Coffee & Connecting”** on the main level of the school library.

Teams & Grade Groups



Not already in your Grade Parent WhatsApp Group?
Scan the QR code and select your kid's grade to join your grade's group and stay connected and involved in the Sentinel community.

Can't make the PAC meeting but would still like to get involved? Join one of our PAC teams!

WISHLIST TEAM

Help decide priorities for distributing the **\$24,000 provincial gaming grant**.

Contact: **Linda Sun** sunlindalin@gmail.com or **Tonia Liao** tonia.liao@gmail.com

EVENTS TEAM

Help organize and host events such as staff luncheons and the Multicultural Lunch.

Contact : **Joyce Chang** chjoyce@gmail.com

LEGACY TEAM

Help plan school legacy projects and fundraising activities.

Contact : **Yvonne Lau** yvonnecylau@gmail.com

PARENT Ed TEAM

Help choose topics, speakers, and events to support parent learning about emerging issues.

Contact: **Jenny Cha** familyfunzonecanada@gmail.com or **Amy Pressman** amy@cyna.com

GRAD TEAM

Help plan and implement activities for Grade 12 students and parents.

Contact: **Diane Shoar** frauen@naver.com

School Traffic

Let's build healthy habits together!

Parents, please encourage your teens to **walk, cycle, scooter, or use public transit** to get to and from school whenever possible, starting this coming Tuesday.

If you must drive, please use one of the **26 designated drop-off spots near the school** so your teen can walk the remaining distance. This helps make arrival and departure safer and healthier for everyone.

School Map:



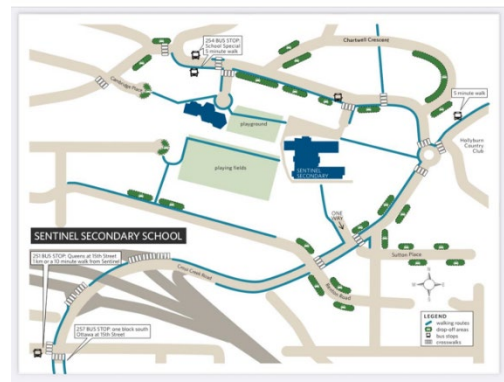
Using the Bus?

Please see the document below for the [Bus Schedule to and from Sentinel Secondary](#).



Carpool Opportunities

We are always trying to reduce traffic at the school, so here is a CARPOOL opportunity:



Looking forward to sharing school rides with Sentinel families near you? Click the* [Sentinel Carpool Program](#)* to find your zone, join a WhatsApp group, and hopefully share the driving! 🚗

*This is a parent-led, self-organized initiative.

<https://westvancouver.schools.ca/ecole-sentinel-secondary/wp-content/uploads/sites/8/2025/03/Sentinel-Secondary-School-Map-December-3.pdf>

Zahra Ahmadi, Chair

Sentinel Parent Advisory Council, 2026-2027

sepac@wvschools.ca

Student Resources

Calendar & Block Rotation

Our **2026–2027 School Calendar** on the website is back up and running! Please click [HERE](#) to subscribe. It includes all major school events and holidays.

- ❖ **Block Rotation Schedule** [HERE](#) (Sep 7th - Oct 30th, 2026)
- ❖ **Flexible Instruction Time** on Mondays and Thursdays from 11:05 am - 11:50 am.
- ❖ **Staff Collaboration** is the last Thursday of the month from 8:30am - 9:25am. Classes start at 9:25am. Dismissal time will be 2:55pm.

Sentinel's Counselling Department

Counsellors are here to assist students with academic planning as well as mental health support and so much more! Counsellors are assigned by student's last name.

Jennifer Murray (last names A-GL) jmurray@wvschools.ca

Rebecca Britten (last names GM-LIM) rbritten@wvschools.ca

Jamal Ahmelich (last names LIN-SAM) jahmelich@wvschools.ca

Alex Thureau (last names SAN-Z) athureau@wvschools.ca

For more information from our counselling team please visit

<https://westvancouver.schools.ca/counselling/>

Sentinel – New Student Lunch Account Program!

We're introducing an optional Student Lunch Account Program designed to make cafeteria purchases easier for families and faster for students. Parents can load funds online, and students pay using a secure QR code. Please see more details [HERE](#)

Benefits for families:

- One-minute setup
- Easy reloads anytime
- Balance and purchase visibility
- No cash or cards needed
- Secure and privacy-protected

This program reduces lineups and keeps lunch payments simple and predictable.

Full instructions are in the PDF above. Should you have any questions, please feel free to email: accounts@geminifoods.ca. If you would like to stay connect with us, please email Tony@geminifoods.ca and Geoff@geminifoods.ca

Locks & Lockers

Grade 8

All grade 8s have been assigned a locker and will receive a lock and their assigned locker in their 1-1 class. Students **MUST** use the lock and locker assigned to them. Students may not use personal locks. Students are to keep their lock for their entire high school experience.

Grade 9-12

Students in grades 9-12 have not been assigned a locker but may request a locker at the link below. Students **MAY NOT** use an unassigned locker. If a student needs a lock, please go to the accounting office. Link for Locker Request: <https://forms.gle/Vq5sj5HqU5dCeZsq8>

Annual Student Parking Pass

For those students parking at the school, please purchase a student's parking pass using [School Cash Online](#) and bring the receipt to the Accounting Office.

Absent or Excused?

Attendance Notifications – Parents Guide

We kindly ask parents and guardians to notify the school of any absences, late arrivals, or early dismissals. Please email all attendance-related matters to: sentinelattendance@wvschools.ca

When emailing, please include:

- ❖ Student's full legal name and grade
- ❖ Time of absence, late arrival, or early dismissal
- ❖ Reason for the absence

IMPORTANT REMINDER:

Please send emails **by 2:30pm on the day of the absence.**

If an email is not received by this time, an automatic attendance mark may be applied, and a phone call may be made to the parent/guardian by the end of the day.

Steps to Follow to Be Excused from Attendance

Absence / Illness

- Notify school via email

Late Arrival

- Students arriving late should go directly to class
- Parents/Guardians email school to notify

Early Dismissal

- Email school with dismissal the time
- Coaches will notify us for school spots early dismissal but feel free to reach out if you have questions.

Long-Term Absence (more than 5 school days)

Please complete the [fillable Long Term Absence Form](#) and return it to the office

Our Leadership Team & Contact



ADMINISTRATION

- **MR. MIKE FINCH – PRINCIPAL (GRADE 12)**
 MFINCH@WVSCHOOLS.CA
- **MS. LISA ULINDER – VICE PRINCIPAL (GRADES 9 & 11)**
 LULINDER@WVSCHOOLS.CA
- **MR. SHAWN ANDERSON – VICE PRINCIPAL (GRADES 8 & 10)**
 SANDERSON@WVSCHOOLS.CA



STAY CONNECTED

-  INSTAGRAM: [@SENTINEL_SD45](https://www.instagram.com/SENTINEL_SD45)
-  X (TWITTER): [@SENTINEL_SD45](https://twitter.com/SENTINEL_SD45)
-  WEBSITE: [SENTINEL SECONDARY SCHOOL](https://www.sentinelsecondaryschool.ca)



2026–2027 SCHOOL CALENDAR

- [VIEW CALENDAR](#)