

**Sentinel Secondary School**

Course Request Form

**Grade 10 into 11**

Name: \_\_\_\_\_

**PART 1: THIS YEAR**

Circle any programs you are in this year:

ELL	French Immersion
LSP	Academy (write in): _____
Connect	Pursuit
Write in the courses you are taking this year:	
1.	6.
2.	7.
3.	8.
4.	9.
5.	10.

**Required courses in grade 11 English:**

1. An English 11 (Pre-AP, Regular, or Capstone Seminar)
2. A Math 11 (Pre-Calc 11 or 11 Pre-AP, Foundations, or Workplace)
3. A Science 11 (Pre-AP or Regular)

**Required courses in grade 11 French Immersion:**

1. An English 11 (Pre-AP, Regular, or Capstone Seminar)
2. A Math 11 (Pre-Calc 11 or 11 Pre-AP, Foundations, or Workplace)
3. A Science 11 (Pre-AP or Regular)
4. Langue et Culture de la Francophonie 11
5. Explorations en Sciences Humaines 11 and/or Le Droit 12

**PART 2: NEXT YEAR**

Write the 8 courses you would like inside your timetable

1. English
2. Math
3. Science
4. Language/Elective
5. Socials/Elective
6. Elective
7. Elective
8. Elective

**Back up Electives***(list in order of preference - prioritize a language if you require one for post-secondary)*

- 1.
- 2.
- 3.
- 4.
- 5.

Write any outside-timetable courses you would like

- 1.
- 2.

 I am already in the Academy/Program I have requested (I need to re-apply) I need to apply to the Academy/Program I have requested**HAND THIS FORM IN TO YOUR COUNSELLOR IN THE FOYER DURING FIT ON THURSDAY, FEBRUARY 26, 2026****PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_**

**Electives – Course descriptions can be found in the Sentinel Course Handbook on the school website.**

<b>APPLIED SKILLS</b>		<b>PHYSICAL EDUCATION</b>
Accounting 11 or 12		Active Living 11 (Co-Ed)
Marketing & Promotion 11		Girls Fitness 11
E-Commerce 12		Strength & Power 11 (Co-Ed)
Economics 12		Premier Sports Academy or Program or Pursuit ( <i>by application</i> )
Computer Information Systems 11 or 12		<b>SCIENCES</b>
Computer Programming 11: Data Science, Python, & AI		Life Sciences 11 or Life Sciences 11 AP
AP Computer Science Principles 12		Anatomy & Physiology 12 or AP Biology 12
Foods & Nutrition 11 or 12		Chemistry 11 or Chemistry 11 AP
Textiles 11 or 12		Chemistry 12 or AP Chemistry 12
Woodwork 11 or 12		Physics 11 or AP Physics 1 Honours 11
Drafting 11 or 12		Physics 12 or AP Physics 2 Honours 12
<b>ENGLISH</b>		Earth Science 11
Literary Studies 11		Geology 12
Literary Studies 11 – Pre-AP		<b>SOCIAL STUDIES</b>
Literary Studies 11 + AP Capstone Seminar 11		Explorations en Sciences Humaines et Sociales 11 (FRIM)
Creative Writing 12 ( <i>elective</i> )		Le Droit 12 (FRIM)
<b>PERFORMING ARTS</b>		BC First Peoples 12
Dance Technique and Performance 11		Comparative Cultures 12
Drama 11		Economic Theory 12
Directing & Script Writing 11		Genocide Studies 12
Theatre Production 11		Human Geography 12
Theatre Company 11 ( <i>off-timetable</i> )		Law Studies 12
Composition & Production 11		Philosophy 12
Instrumental Music 11: Jazz Band		Social Justice 12
Instrumental Music 11: R & B Band ( <i>by audition</i> )		20 <sup>th</sup> Century World History 12
Instrumental Music: Orchestra 11		AP Psychology 12 ( <i>does not count as a Social Studies 12 for Graduation</i> )
Instrumental Music 11: Concert Band		<b>LANGUAGES</b>
Concert Choir 11 ( <i>off timetable</i> )		French 11 or 12
<b>FINE ARTS</b>		Introductory Spanish 11
Photography 11 or 12		Spanish 11 or 12
Studio Arts 2D 11 or 12		Introductory Japanese 11
Studio Arts 3D 11 or 12 - Ceramics		Japanese 11 or 12
Art Studio 11 (Pre-AP Art)		AP Japanese Language & Culture 12
AP Studio Art Drawing 12		Introductory Mandarin 11
AP 2-D Design Portfolio 12		Mandarin 11 or 12
AP 3-D Design Portfolio 12		AP Chinese Language & Culture 12
AP 2D Design Portfolio 12 - Photography		<b>OTHER</b>
Visual Arts Media 11 or 12 - Yearbook ( <i>off timetable</i> )		Cybersecurity, AI, & Quantum Computing ( <i>by application</i> )
<b>MATHEMATICS</b>		Culinary Arts – Professional Cook 1 ( <i>by application</i> )
Workplace Math 11		Early Childhood Education Certification ( <i>by application</i> )
Foundations of Math 11 or 12		Fashion Industry 12 ( <i>by application</i> )
Pre-Calculus 11		FAST-First Aid Swim Training ( <i>by application</i> )
Pre-Calculus 11 Pre-AP		Mechatronics Robotics Academy ( <i>by application</i> )
Pre-Calculus 12		Outdoor Recreation ( <i>by application</i> )
Calculus 12		Senior Mentorship 12 ( <i>by application</i> )
AP Calculus AB 12		Work Experience 12A (*new: <i>in-timetable</i> )
AP Statistics 12		Yoga Teacher Training ( <i>by application</i> )
		Youth Entrepreneurship Leadership Launchpad – YELL ( <i>by application</i> )
		Youth Train in Trades Carpentry 12 ( <i>by application</i> )
		Youth Work in Trades 11 and/or 12

