

**Sentinel Secondary School**

Course Request Form

**Grade 10 into 11**

Name: \_\_\_\_\_

**PART 1: THIS YEAR**

Circle any programs you are in this year:

|         |                           |
|---------|---------------------------|
| ELL     | French Immersion          |
| LSP     | Academy (write in): _____ |
| Connect | Pursuit                   |

Write in the courses you are taking this year:

|    |     |
|----|-----|
| 1. | 6.  |
| 2. | 7.  |
| 3. | 8.  |
| 4. | 9.  |
| 5. | 10. |

**Required courses in grade 11 English:**

1. An English 11 (Pre-AP, Regular, or Capstone Seminar)
2. A Math 11 (Pre-Calc 11 or 11 Pre-AP, Foundations, or Workplace)
3. A Science 11 (Pre-AP or Regular)

**Required courses in grade 11 French Immersion:**

1. An English 11 (Pre-AP, Regular, or Capstone Seminar)
2. A Math 11 (Pre-Calc 11 or 11 Pre-AP, Foundations, or Workplace)
3. A Science 11 (Pre-AP or Regular)
4. Langue et Culture de la Francophonie 11
5. Explorations en Sciences Humaines 11 and/or Le Droit 12

**PART 2: NEXT YEAR**

Write the 8 courses you would like inside your timetable

|                      |
|----------------------|
| 1. English           |
| 2. Math              |
| 3. Science           |
| 4. Language/Elective |
| 5. Socials/Elective  |
| 6. Elective          |
| 7. Elective          |
| 8. Elective          |

- ☐ I am already in the Academy/Program I have requested (I need to re-apply)

Back up Electives

*(list in order of preference - prioritize a language if you require one for post-secondary)*

|  |  |
|--|--|
| 1.   |  |
| 2.   |  |
| 3.   |  |
| 4.   |  |
| 5.   |  |
| Write any outside-timetable courses you would like |  |
| 1.   |  |
| 2.   |  |

- ☐ I need to apply to the Academy/Program I have requested

**HAND THIS FORM IN TO YOUR COUNSELLOR IN THE FOYER DURING FIT ON THURSDAY, FEBRUARY 26, 2026****PARENT/GUARDIAN SIGNATURE:** \_\_\_\_\_

**Electives – Course descriptions can be found in the Sentinel Course Handbook on the school website.**

| <b>APPLIED SKILLS</b>  | <b>PHYSICAL EDUCATION</b>  |
|--|--|
| Accounting 11 or 12  | Active Living 11 (Co-Ed)   |
| Marketing & Promotion 11                                       | Girls Fitness 11   |
| E-Commerce 12  | Strength & Power 11 (Co-Ed)  |
| Economics 12   | Premier Sports Academy or Program or Pursuit ( <i>by application</i> )           |
| Computer Information Systems 11 or 12                          | <b>SCIENCES</b>  |
| Computer Programming 11: Data Science, Python, & AI            | Life Sciences 11 or Life Sciences 11 AP  |
| AP Computer Science Principles 12                              | Anatomy & Physiology 12 or AP Biology 12   |
| Foods & Nutrition 11 or 12                                     | Chemistry 11 or Chemistry 11 AP  |
| Textiles 11 or 12  | Chemistry 12 or AP Chemistry 12  |
| Woodwork 11 or 12  | Physics 11 or AP Physics 1 Honours 11  |
| Drafting 11 or 12  | Physics 12 or AP Physics 2 Honours 12  |
| <b>ENGLISH</b>   | Earth Science 11   |
| Literary Studies 11  | Geology 12   |
| Literary Studies 11 – Pre-AP                                   | <b>SOCIAL STUDIES</b>  |
| Literary Studies 11 + AP Capstone Seminar 11                   | Explorations en Sciences Humaines et Sociales 11 (FRIM)                          |
| Creative Writing 12 ( <i>elective</i> )                        | Le Droit 12 (FRIM)   |
| <b>PERFORMING ARTS</b>   | BC First Peoples 12  |
| Dance Technique and Performance 11                             | Comparative Cultures 12  |
| Drama 11   | Economic Theory 12   |
| Directing & Script Writing 11                                  | Genocide Studies 12  |
| Theatre Production 11  | Human Geography 12   |
| Theatre Company 11 ( <i>off-timetable</i> )                    | Law Studies 12   |
| Composition & Production 11                                    | Philosophy 12  |
| Instrumental Music 11: Jazz Band                               | Social Justice 12  |
| Instrumental Music 11: R & B Band ( <i>by audition</i> )       | 20 <sup>th</sup> Century World History 12  |
| Instrumental Music: Orchestra 11                               | AP Psychology 12 ( <i>does not count as a Social Studies 12 for Graduation</i> ) |
| Instrumental Music 11: Concert Band                            | <b>LANGUAGES</b>   |
| Concert Choir 11 ( <i>off timetable</i> )                      | French 11 or 12  |
| <b>FINE ARTS</b>   | Introductory Spanish 11  |
| Photography 11 or 12   | Spanish 11 or 12   |
| Studio Arts 2D 11 or 12  | Introductory Japanese 11   |
| Studio Arts 3D 11 or 12 - Ceramics                             | Japanese 11 or 12  |
| Art Studio 11 (Pre-AP Art)                                     | AP Japanese Language & Culture 12  |
| AP Studio Art Drawing 12                                       | Introductory Mandarin 11   |
| AP 2-D Design Portfolio 12                                     | Mandarin 11 or 12  |
| AP 3-D Design Portfolio 12                                     | AP Chinese Language & Culture 12   |
| AP 2D Design Portfolio 12 - Photography                        | <b>OTHER</b>   |
| Visual Arts Media 11 or 12 - Yearbook ( <i>off timetable</i> ) | Cybersecurity, AI, & Quantum Computing ( <i>by application</i> )                 |
| <b>MATHEMATICS</b>   | Culinary Arts – Professional Cook 1 ( <i>by application</i> )                    |
| Workplace Math 11  | Early Childhood Education Certification ( <i>by application</i> )                |
| Foundations of Math 11 or 12                                   | Fashion Industry 12 ( <i>by application</i> )                                    |
| Pre-Calculus 11  | FAST-First Aid Swim Training ( <i>by application</i> )                           |
| Pre-Calculus 11 Pre-AP   | Mechatronics Robotics Academy ( <i>by application</i> )                          |
| Pre-Calculus 12  | Outdoor Recreation ( <i>by application</i> )                                     |
| Calculus 12  | Senior Mentorship 12 ( <i>by application</i> )                                   |
| AP Calculus AB 12  | Work Experience 12A ( <i>*new: in-timetable</i> )                                |
| AP Statistics 12   | Yoga Teacher Training ( <i>by application</i> )                                  |
|  | Youth Entrepreneurship Leadership Launchpad – YELL ( <i>by application</i> )     |
|  | Youth Train in Trades Carpentry 12 ( <i>by application</i> )                     |
|  | Youth Work in Trades 11 and/or 12  |

