



Sentinel Secondary E-Bulletin

Thursday October 30th, 2025

Calendar Upcoming

Date	Day	Event	Notes
October 31 st	Fri	Halloween	Dress up Fun and Spooky!
November 5 th	Wed	Grade 9 Take your Kids to Work Day	Gr.9s off campus
November 10 th	Mon	Remembrance Day Assemblies	GYM
November 11 th	Tue	Remembrance Day	No School
November 13 th	Thu	PAC Meeting	8:30am at Library
November 24 th	Mon	PRO-D day	No School
November 27 th	Thu	Collaboration Day	9:30am start / Dismissal 2:45pm



[2025–2026 SCHOOL CALENDAR](#)

New This Week



Inside Sentinel

- Graduation Assessment (Literacy 10) – Cancelled



Inside West Vancouver Schools

- Physical Activity and Physical Literacy
- October Cel Phone Snap Newsletter



Clubs and Actives

- Sentinel Athletes- Girls Basketball Team and Sentinel Wrestling Team update
- Harvest Project updates



PAC News

- Grade 12 Parents Social Event
- Grade 10 Parents Social Event



*Amazing Pumpkin carving artworks
from our Grade 8 students!*

Required Forms

Online Policies and Procedures Form – **Action Required ASAP!!**

If you haven't submitted it yet, please complete the form as soon as possible.

- ❖ Without this form, students will not be able to access their Google Classrooms or have their photos included in the yearbook.
- ❖ We'll be reaching out to families who have not yet done so.
- ❖ Please find the link here: <https://eforms.sd45.bc.ca/Form/PandP>

Please be aware that a new P+P form MUST be completed for each student, every school year.

Student Verification Form

Your child/children received their Student Verification Letter in September. Please review, make necessary changes, sign and return the form to the school office. Any changes to home address, parental responsibility, legal or medical alerts, or citizenship require supporting documentation.

These must be uploaded. For supporting documents see:

<https://eforms.sd45.bc.ca/Form/StudentDocuments>

Inside Sentinel

Graduation Assessment (Literacy 10) - Cancelled

Due to BC General Employees' Union (BCGEU) strike action in the BC Public Service, the November 2025 Graduation Assessment Session will be cancelled for all grade 10 and 12 assessments. We will reschedule the Literacy 10 Assessments in either June or January.

Draft Graduation Assessments 2025-2026

DATES	ASSESSMENT	GRADE LEVEL
January 12-20, 2026	Literacy 12 (LTE12)	All Gr. 12 students
January 12 -13, 2026	Évaluation de littératie de la 12e année (LTF12)**Written	All French immersion Gr.12 students
January 12-20, 2026	Évaluation de littératie de la 12e année (LTF12)**Oral	All French immersion Gr.12 students
January 12 – 23, 2026 (possible dates)	Literacy 10 (LTE10) (To be determined)	All Gr 10 students
April 20-24, 2026	Numeracy 10	All Gr. 10 students
June 8-19, 2026 (possible dates)	Literacy 10 (LTE10) (To be determined)	All Gr 10 students
June 8-19, 2026	Missed or re-writes: Literacy 12 & Numeracy 10 Littératie 12 (June8 ,9)	Gr 10 and Gr.12 students

School Photos

Photo Package Orders Pick Up Notice

Photo package orders placed with Artona between **September 19 – October 5** have been delivered to the school office instead of directly to homes due to the Canada Post strike. Parents may have their child come to the office and see Ms. Zhang to pick up their package.

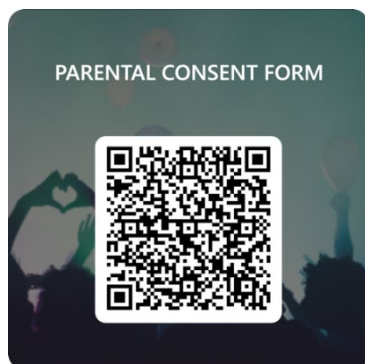
Miss both Photo Day and Photo Retake Day?

Artona is hosting an In-Studio Retake Day for students who missed both photo day and retake day at their main studio in Vancouver on **November 15, 2025**. If you have any questions, please contact Artona directly <https://artona.com/contact-us>

Grad Photo Appointments Now Open!

Grads can now book their graduation photo appointments online. Click the link below to visit Artona's website, where you'll find all the details on how to sign up, what to wear, and other important information. Book Your Grad Photo Appointment [Here](#)

Nov 5th – Grade 9 Students - Take Our Kids to Work™



This is a Student's Commission of Canada program involving more than 250,000 Grade 9 students annually. This year, on Wednesday, November 5th, Grade 9 students across Canada will spend a day in the workplace of a parent, relative, or friend. This is a mandatory program for all Grade 9 students and meets the curriculum outcomes of the Grade 9 Career Education course.

Please complete the Parental Consent Form no later than WEDNESDAY, OCTOBER 29th. Thank you for your support! If you have any questions, please email:

Cecily Evans cevans@wvschools.ca

US University Visiting Sentinel Secondary

Explore Degrees and Careers in the Arts

Join us to discover various degrees and career opportunities in the fields of the Arts, including:

- ❖ Industrial Design
- ❖ Communication Design
- ❖ Animation
- ❖ Film
- ❖ Architecture and much more...

Personalized Guidance:

During each visit, advisors will spend one-on-one time with you, offering personalized insights and support. Additionally, you will have the opportunity for a portfolio review, helping you to showcase your work and receive constructive feedback. Learn about the vibrant world of the Arts and how you can carve out your own path in these exciting degrees/careers!

College / University	Website	Date & Time	Location / Notes
CCA – California College of the Arts	cca.edu	Thu, Nov 3	12:55 PM – Art Room 151
MICA – Maryland Institute College of Art	mica.edu	Thu, Nov 4	8:30–9:50 AM – Art Room 151
Art Center College of Design	artcenter.edu	Thu, Nov 5	12:55 PM – Art Room 151
OTIS College of Art and Design	otis.edu	Thu, Nov 6	11:50 AM–Lunch – Classroom visit & portfolio review

Inside West Van Schools

Physical Activity and Physical Literacy

Physical literacy is the motivation, confidence, physical competence, knowledge and understanding to value and participate in physical activities for life. Children and youth become physically literate through physical activity, which develops **movement skills** that **enable participation** in activities as they age. Getting active early increases the likelihood that participation and its benefits will continue into adulthood. West Vancouver School District aims to provide safe and varied opportunities for movement. Please click [HERE](#) to find out more resources.

October Cell Phone Snap

This month's *Cell Phone Snap* from the School District includes practical tips on how to keep cell phone out of classrooms. Please see the poster [HERE](#) for more details.

West Vancouver Schools Admissions Timelines

Admissions for the 2026/2027 school year begins on Wednesday October 15th at 8:00 am for all Kindergarten students and all Grade 1 –12 In-catchment students.

Admissions for Out-of-Catchment and Out-of-District students opens on at 8:00am on Thursday, January 15th, 2026.

For more information about admissions processes, dates, guidelines, and information, please visit <https://westvancouver.schools.ca/admissions/> Please carefully read the information regarding documentation procedures before starting the application process.

Parent Guide to Discord

Please review the most updated WVS Parent Guide to Discord [HERE](#). If you have any questions, please feel free to contact us.

Food Security Plan

As part of the Ministry of Education and Childcare Feeding Futures initiative, the West Vancouver School District has established a food security structure to confidentially assist students and families. The West Vancouver School District Food Security Plan will help students and families by providing confidential financial support for families facing food insecurity. Families are encouraged to reach out directly to our principal, Mr. Mike Finch at MFinch@wvschools.ca or to feedingfutures@wvschools.ca if they need support with food-related costs. Please be assured that all requests will be addressed with sensitivity, respect, and confidentiality.

Optional Accident Insurance for Families

Each year the school district reminds families that they have the option to purchase insurance coverage against accidental injury, unexpected medical expenses, and critical illness. There are many different voluntary plans that provide coverage for students and their families against accidental injury, unexpected medical expenses and critical illness. Families are encouraged to do their due diligence when choosing a provider.

Clubs and Activities

Sentinel Athletes

Grade 9&10 Girls Basketball Team

We are very much in need of coaches for our Grade 9 and 10 Girls Basketball teams and our Grade 10 Boys Basketball team. If there is any way you could find the time to coach one of the teams mentioned, please contact Brooks and Todd asap as the season is starting up –

BMcNiven@wvschools.ca and TMcGowan@wvschools.ca

Sentinel Wrestling Team

The Sentinel Wrestling team will be starting practices in the first week of November in the fieldhouse! Students of all ages and skill levels are able to join, and they can join the Google Classroom (**code: rkzubbrl**) for all the necessary information. Please contact Mr. Huh (jhuh@wvschools.ca) for any questions.

The Harvest Project fundraiser

The Harvest Project fundraiser is extended to October 31st with Day1-period4 classes competing to raise the most donations for this North Shore Charity. Please find the most needed items [HERE](#).

Foodbank use in BC is up 80% since 2019, as detailed in this article from earlier this week, and our North Shore Foodbank, The Harvest Project, can use all the help it can get.

<https://www.cbc.ca/news/canada/british-columbia/food-banks-canada-report-bc-9.6956173>

Another Chance To Buy Apples!



Sale ends Nov. 9th!

The feedback from people who got apples from our first fundraiser last week is that these apples are incredible! **Delicious, award-winning quality!** The Dominican Republic trip is fundraising with Sun-Oka Fruit Farms from Summerland, BC. Honeycrisp and Ambrosia apples that are bigger and better than what you will get in stores around Vancouver. Click on the link to order your boxes of 18 - 20 apples and you'll be able to pick them up at Sentinel on November 18th. Go to the link below to order.

https://fundraising.sunokafruit.com/seller_1/0916113921/org-campaign/sentinel-secondary-school-november-2025

London UK Trip

Are you interested in travelling to LONDON, ENGLAND this Spring Break 2026? If so, please see Mrs. McGuinness-Gill in the theatre for more information. This trip is open to Performing Arts

students in Grades 9-12 and students in Grades 11 & 12 who may not be in a performing arts course but are interested in the trip. Please email Mrs. McGuinness-Gill directly at mmcguinnessgill@wvschool.ca to be added to our Google Classroom.

PAC News

Grade 12 Parents: Social Event for You!

Thursday Nov 13 at 6:00pm, Milestones Restaurant, Park Royal (1096 Main Street)
Relax and socialise with other parents of grade 12 students - and maybe an administrator too - let's enjoy some time together and plan a wonderful year ahead for our kids!
\$20 per person includes appetizers - RSVP by e-transfer to sentinelpac@gmail.com
Questions? Contact Kerry Farhadi 778-927-2040

Grade 10 Parents: Social Event for You!

Thursday November 20th, 6:30-8:15pm, Milestones Restaurant, Park Royal (1096 Main Street)
Relax and socialise with other parents of grade 10 students - and maybe an administrator too - let's enjoy some time together and plan a wonderful year ahead for our kids!
You can by your own drinks and food!
Questions? Contact Yvonne Lau - 604-861-8745

Grade 11 Social Oct. 22nd

Grade 11 parents came together at Shah restaurant for a fun social evening of food, drink and laughter. See photo of this event [HERE!](#)

Grade 8 Social Oct. 23rd

Many Grade 8 parents (and Principal Finch) joined together for fun activities and to meet each other at the school library. See photo of this event [HERE!](#)

Parent Education Event: An Evening with the West Vancouver Police

Sentinel PAC invites all Sentinel families to an engaging session with the WVPD Community Services Team! Click [HERE](#) to see details.

- ✓ Learn safety tips for families and students
- ✓ Discover community resources and support
- ✓ Hear how WVPD partners with our school
- ✓ Ask your questions directly to our officers

Time: Thursday, November 6th at 7:00 PM

Location: Sentinel Library

Don't miss a chance to connect and learn! For questions, please contact Diane Shoar at frauen@naver.com

Connect with PAC

Join our PAC meeting, volunteer with a [Team](#), or connect with your Grade Parents' [WhatsApp group](#) to stay involved in our school community.

Pickup and Drop-off

Rules to follow

To help ensure the safety of all students and ease traffic congestion, we kindly ask parents and guardians to follow our school's drop-off and pick-up rules. Please:

- Follow the designated lanes and signs.
- Avoid double-parking or stopping in no-stopping zones.
- Keep the flow moving by dropping off/picking up students promptly.
- Refrain from using staff parking areas unless instructed.

Thank you for your cooperation in keeping our school community safe and traffic flowing smoothly.

Drop-off Map

Parents, please support your teen to walk, cycle, scooter or use public transit to get to and from school each day!

If you must drive a car, use one of the 26 drop-off spots near the school - see map - so that your teen can walk a few steps; it's safer and healthier for everyone!

<https://westvancouver.schools.ca/ecole-sentinel-secondary/wp-content/uploads/sites/8/2025/03/Sentinel-Secondary-School-Map-December-3.pdf>

Student Resources

Calendar & Block Rotation

Our **2025–2026 School Calendar** on the website is back up and running!

Please click [HERE](#) to subscribe. It includes all major school events and holidays.

- ❖ **Block Rotation Schedule** [HERE](#) (Oct 27th -Dec 19th ,2025)
- ❖ **Flexible Instruction Time** on Mondays and Thursdays from 11:00 am - 11:50 am.
- ❖ **Staff Collaboration** is the last Thursday of the month from 8:30am - 9:25am. Classes start at 9:30am. Dismissal time will be 2:45pm on Collaboration Day.

Sentinel's Counselling Department

Counsellors are here to assist students with academic planning as well as mental health support and so much more! Counsellors are assigned by student's last name.

Lisa Ulinder (last names A-F) lulinder@wvschools.ca

Rebecca Britten (last names G-LIT) rbritten@wvschools.ca

Stefan Huskilson (last names LIU-SAM) shuskilson@wvschools.ca

Alex Thureau (last names SAN-Z) athureau@wvschools.ca

For more information from our counselling team please visit

<https://westvancouver.schools.ca/counselling/>

Locks & Lockers

Grade 8

All grade 8s have been assigned a locker and will receive a lock and their assigned locker in their 1-1 class. Students **MUST** use the lock and locker assigned to them. Students may not use personal locks. Students are to keep their lock for their entire high school experience.

Grade 9-12

Students in grades 9-12 have not been assigned a locker but may request a locker at the link below. Students MAY NOT use an unassigned locker. If a student needs a lock, please go to the accounting office. Link for Locker Request: <https://forms.gle/9mTNzFLzptq3EySZ8>
Locker Assistance, please email Allison Carruthers at acarruthers@wvschools.ca

Annual Student Parking Pass

For those students parking at the school, please purchase a student's parking pass using School Cash Online and bring the receipt to the Accounting Office. If you need assistance with [SchoolCash Online](#) please email our Accountant, Allison Carruthers at acarruthers@wvschools.ca

Absent or Excused?

Attendance Notifications – Parent Guide

We kindly ask parents and guardians to notify the school of any absences, late arrivals, or early dismissals. Please email all attendance-related matters to: sentinelattendance@wvschools.ca

When emailing, please include:

- ❖ Student's **full legal name and grade**
- ❖ **Time** of absence, late arrival, or early dismissal
- ❖ **Reason** for the absence

IMPORTANT REMINDER:

Please send emails **by 2:30pm on the day of the absence.**

If an email is not received by this time, an automatic attendance mark may be applied, and a phone call may be made to the parent/guardian by the end of the day.

Steps to Follow to Be Excused from Attendance

Absence / Illness

- Notify school via email

Late Arrival

- Students arriving late should go directly to class
- Parents/Guardians email school to notify

Early Dismissal

- Email school with dismissal the time
- Coaches will notify us for school spots early dismissal but feel free to reach out if you have questions.

Long-Term Absence (more than 5 school days)

Please complete the [fillable Long Term Absence Form](#) and return it to the office.

In the Community

West Vancouver Memorial Library 75th Anniversary Fundraising Event

The West Vancouver Memorial Library Foundation is hosting a fundraising event in celebration of the Library's 75th anniversary, featuring music from the 20s, 30s, and 40s with [Piano Heist](#)'s Nico Rhodes and Patrick Courtin at the Library on Friday, November 7! At the beginning of the 20th century, citizens of this beautiful seaside community of West Vancouver enjoyed its beaches and mountains, going back and forth to Vancouver on the West Vancouver Ferry Service. A Dramatic Society was founded in 1913, and a Musicians' Club, which performed in churches, along with a popular male quartet. But how did people get their reading material?

You will hear the fascinating story, with Nico and Patrick performing music from the decades before the Library's opening, as they weave the tale of books and travelling libraries and what happened back then.

Your \$75 ticket covers admission, Piano Heist's musical performance, participation in an amazing Silent Auction, and a complimentary wine ticket!

For more information, or to purchase tickets, please click here: <https://westvanlibrary.ca/foundation/events/#event>

The WVML Foundation is an incorporated, not-for-profit society that raises funds and administers endowments, donations, and bequests for the West Vancouver Memorial Library.



Our Leadership Team & Contact Details



ADMINISTRATION

- **MR. MIKE FINCH – PRINCIPAL (GRADE 12)**
 MFINCH@WVSCHOOLS.CA
- **MS. CRYSTAL TANFARA – VICE PRINCIPAL (GRADES 8 & 10)**
 CTANFARA@WVSCHOOLS.CA
- **MR. SHAWN ANDERSON – VICE PRINCIPAL (GRADES 9 & 11)**
 SHAWNANDERSON@WVSCHOOLS.CA



STAY CONNECTED

-  INSTAGRAM: [@SENTINEL_SD45](https://www.instagram.com/SENTINEL_SD45)
-  X (TWITTER): [@SENTINEL_SD45](https://twitter.com/SENTINEL_SD45)
-  WEBSITE: [SENTINEL SECONDARY SCHOOL](https://www.sentinelsecondaryschool.ca)



2025–2026 SCHOOL CALENDAR

- [VIEW CALENDAR](#)

✉ CONTACT US

-  GENERAL INQUIRIES: SENTINEL@WVSCHOOLS.CA
-  ATTENDANCE: SENTINELATTENDANCE@WVSCHOOLS.CA
-  MYEDUCATION HELP: SENTINELPORTALHELP@WVSCHOOLS.CA
-  TEACHERS & STAFF: [STAFF DIRECTORY](#)