



Sentinel Secondary E-Bulletin

Thursday October 16th, 2025

Calendar Upcoming

Date	Day	Event	Notes
October 24 th	Fri	PRO-D day	No School
October 30 th	Thu	Collaboration Day	9:30am start / Dismissal 2:45pm
November 3 rd -7 th	All week	Grad Assessments (Literacy 10)	Sentinel
November 10 th	Mon	Remembrance Day Assemblies	GYM
November 11 th	Tue	Remembrance Day	No School
November 13 th	Thu	PAC Meeting	8:30am at Library
November 24 th	Mon	PRO-D day	No School
November 27 th	Thu	Collaboration Day	9:30am start / Dismissal 2:45pm



[2025–2026 SCHOOL CALENDAR](#)

New This Week

Required Forms:

- Policies and Procedures Forms -Action Required ASAP



Inside Sentinel

- Graduation Assessment (Literacy 10) November 3rd- November 7th
- Grade 9 Parents: "Take Our Kids to Work Day"-Action Required
- US University Visiting Sentinel Secondary



Clubs and Actives

- Math Contests updates



PAC News

- GRADE 9 Parent Social - October 29th!
- GRADE 11 Parent Social- October 22nd!
- Parent Education Event – "Talk to the Police "poster updates

Required Forms

Policies and Procedures Form – Action Required ASAP!!

If you haven't submitted it yet, please complete the form as soon as possible.

- ❖ Without this form, students will not be able to access their Google Classrooms or have their photos included in the yearbook.
- ❖ We'll be reaching out to families who have not yet done so.
- ❖ Please find the link here: <https://eforms.sd45.bc.ca/Form/PandP>

Please be aware that a new P+P form MUST be completed for each student, every school year.

Student Verification Form

Your child/children received their Student Verification Letter in September. Please review, make necessary changes, sign and return the form to the school office. Any changes to home address, parental responsibility, legal or medical alerts, or citizenship require supporting documentation.

These must be uploaded. For supporting documents see:

<https://eforms.sd45.bc.ca/Form/StudentDocuments>

Inside Sentinel

Graduation Assessment (Literacy 10)

All Sentinel Grade 10 students will write the Literacy 10 Graduation Assessment during the week of **November 3rd to November 7th**. Any grade 11 or 12 student who missed the Literacy 10 Assessment will also write the assessment. Students have received an email indicating the date and time of their assessment. Please note that Graduation Assessments are required for graduation purposes. Students should prepare for these assessments by attempting the sample assessments. Sample assessment and more information on Graduation Assessments can be found [HERE](#).

Grade 9 Parents: "Take Our Kids to Work Day" – Action Required

Nov 5th (Grade 9's only) Take Our Kids to Work™ is the Student's Commission of Canada program involving more than 250,000 Grade 9 students annually. This year, on Wednesday, November 5th, Grade 9 students across Canada will spend a day in the workplace of a parent, relative, or friend.

This is a mandatory program for all Grade 9 students and meets the curriculum outcomes of the Grade 9 Career Education course. Please click on the [link](#) to complete the Parental Consent Form no later than **WEDNESDAY, OCTOBER 29th**. Thank you for your support!

If you have any questions, please email; Cecily Evans cevans@wvschools.ca

US University Visiting Sentinel Secondary

Explore Degrees and Careers in the Arts

Join us to discover various degrees and career opportunities in the fields of the Arts, including:

- ❖ Industrial Design

- ❖ Communication Design
- ❖ Animation
- ❖ Film
- ❖ Architecture and much more...

Personalized Guidance:

During each visit, advisors will spend one-on-one time with you, offering personalized insights and support. Additionally, you will have the opportunity for a portfolio review, helping you to showcase your work and receive constructive feedback. Learn about the vibrant world of the Arts and how you can carve out your own path in these exciting degrees/careers!

College / University	Website	Date & Time	Location / Notes
SCAD – Savannah College of Art and Design	scad.edu	Thu, Oct 16	12:55 PM – Art Room 151 – Programs & portfolio review
CCA – California College of the Arts	cca.edu	Thu, Nov 3	12:55 PM – Art Room 151
MICA – Maryland Institute College of Art	mica.edu	Thu, Nov 4	8:30–9:50 AM – Art Room 151
Art Center College of Design	artcenter.edu	Thu, Nov 5	12:55 PM – Art Room 151
OTIS College of Art and Design	otis.edu	Thu, Nov 6	11:50 AM–Lunch – Classroom visit & portfolio review

School Photos

*Miss both Photo Day and Photo Retake Day?

Artona is hosting an In-Studio Retake Day for students who missed both photo day and retake day at their main studio in Vancouver on **November 15, 2025**. If you have any questions, please contact Artona directly <https://artona.com/contact-us>

*Grad Photo Appointments Now Open!

Grads can now book their graduation photo appointments online. Click the link below to visit Artona's website, where you'll find all the details on how to sign up, what to wear, and other important information. Book Your Grad Photo Appointment [Here](#)

PSAT

Date: Friday October 24th 9am-Noon (Pro-D)

Place: Sentinel Room TBD

Who: Any grade 10-12 student wishing to write the PSAT (practice SAT) can sign up for 1 of 20 spots.

Registration: Sign up is through student's Grad Google Classroom-there is a form posted. Priority goes to grade 11 and 12 students.

Cost: \$25 and will be added to school cash online

Inside West Van Schools

West Vancouver Schools Admissions Timelines

Admissions for the 2026/2027 school year begins on Wednesday October 15th at 8:00 am for all Kindergarten students and all Grade 1 –12 In-catchment students.

Admissions for Out-of-Catchment and Out-of-District students opens on at 8:00am on Thursday, January 15th, 2026.

For more information about admissions processes, dates, guidelines, and information, please visit <https://westvancouver.schools.ca/admissions/> Please carefully read the information regarding documentation procedures before starting the application process.

DPAC Parent Evening

Equipping the Whole Child for Life: Helping kids build strong friendships, manage big feelings and bounce back from challenges— using brain science and mindfulness to support learning and growth. Join us for DPAC parent evening with Dr. Molly Lawlor on October 20th, 2025. Please [Register Here](#).

Scholarship Information Webinar, Tuesday, October 28, 2025, 6:00 - 7:15PM

Don't miss this very informative [Key to Scholarships Session](#) offered virtually on Oct. 28th at 6:00PM. Students in all grades and parents are welcome and encouraged to attend. It is never too early to get started. This comprehensive presentation covers topics ranging from building your scholarship foundation to crafting a strong personal statement. Contrary to popular belief, students do not need 95% averages or international achievements to win scholarships. Through this seminar, we will debunk common scholarship myths and break down the complex process into a manageable form. Please see details on how to join this session on the link provided above. This session will not be recorded.

Parent Guide to Discord

Please review the most updated WVS Parent Guide to Discord [HERE](#). If you have any questions, please feel free to contact us.

Food Security Plan

As part of the Ministry of Education and Childcare Feeding Futures initiative, the West Vancouver School District has established a food security structure to confidentially assist students and families. The West Vancouver School District Food Security Plan will help students and families by providing confidential financial support for families facing food insecurity. Families are encouraged to reach out directly to our principal, Mr. Mike Finch at MFinch@wvschools.ca or to feedingfutures@wvschools.ca if they need support with food-related costs. Please be assured that all requests will be addressed with sensitivity, respect, and confidentiality.

Optional Accident Insurance for Families

Each year the school district reminds families that they have the option to purchase insurance coverage against accidental injury, unexpected medical expenses, and critical illness. There are many different voluntary plans that provide coverage for students and their families against accidental injury, unexpected medical expenses and critical illness. Families are encouraged to do their due diligence when choosing a provider.

Clubs and Activities

Math Contests

We are pleased to offer a series of Math contests again this year. Interested students should join our Math contest Google classroom with the code **sjdrx zr**.

AMC8 The Math department is pleased to offer registration for the AMC 8 contest for grade 8s. This contest provides an excellent opportunity for grade 8s to test their Mathematical ability against challenging problems. The cost for registration is \$5 and can be paid to Mr. Ma in room 257. **The deadline for registration is Friday, October 24th. Late registrations may not be accepted.**

London UK Trip

Are you interested in travelling to LONDON, ENGLAND this Spring Break 2026? If so, please see Mrs. McGuinness-Gill in the theatre for more information. This trip is open to Performing Arts students in Grades 9-12 and students in Grades 11 & 12 who may not be in a performing arts course but are interested in the trip. Please email Mrs. McGuinness-Gill directly at mmcguinnessgill@wvschool.ca to be added to our Google Classroom.

Sentinel Athletics

Welcome back everyone! We are looking forward to another great year of Sports at Sentinel. If you are considering coaching this year, please send an email to sentinelathletics@wvschools.ca. We are always in need of help on the coaching front. Go Spartans!

PAC News

GRADE 9 PARENT SOCIAL - October 29th!

Join other parents at the Grade 9 Parent Social October 29 from 6:30–8:30pm in the school library! If you have not signed up yet through the WhatsApp poll, then contact Amy Chen 604-880-6986 or amyeduna@gmail.com to RSVP!

GRADE 11 PARENTS: SOCIAL FOR YOU NEXT WEDNESDAY EVENING!

Join other Grade 11 parents on Oct 22nd from 6:30-8:30pm at Shah Restaurant, 281 17th St, WV Buy some food and drink and relax and socialize with other parents - some activities and maybe an administrator - let's enjoy some time together and plan a wonderful year ahead for our kids! ☀️
RSVP to Soroush Loghmani at soroush.loghmani@yahoo.com

Grade 8 PARENTS SOCIAL

GRADE 8 PARENT SOCIAL - October 23rd!

We are excited to announce that the Grade 8 Parent Social will take place on October 23 from 6:00–8:00pm in the school library! To create a warm and enjoyable atmosphere, we'll have some activities and light snacks, but we also invite you to join in a simple potluck if you would like to share some favorite cultural "finger food" or drinks. This way we can keep costs very low and admission free! If you have not signed up yet through the WhatsApp poll, then contact Chen Tan 778-317-9617 or ctan1015@gmail.com to RSVP!

Let's come together and make some special memories!

Parent Education Event: An Evening with the West Vancouver Police

Sentinel PAC invites all Sentinel families to an engaging session with the WVPD Community Services Team! Click [HERE](#) to see details.

- ✓ Learn safety tips for families and students
- ✓ Discover community resources and support
- ✓ Hear how WVPD partners with our school
- ✓ Ask your questions directly to our officers

Time: Thursday, November 6 at 7 PM

Location: Sentinel Library

Don't miss a chance to connect and learn! For questions, please contact Diane Shoar at frauen@naver.com

Connect with PAC

Join our PAC meeting, volunteer with a [Team](#), or connect with your Grade Parents' [WhatsApp group](#) to stay involved in our school community.

Drop-off Map

Parents, please support your teen to walk, cycle, scooter or use public transit to get to and from school each day!

If you must drive a car, use one of the 26 drop-off spots near the school - see map - so that your teen can walk a few steps; it's safer and healthier for everyone!

<https://westvancouver.schools.ca/ecole-sentinel-secondary/wp-content/uploads/sites/8/2025/03/Sentinel-Secondary-School-Map-December-3.pdf>

Student Resources

Calendar & Block Rotation

Our **2025–2026 School Calendar** on the website is back up and running! Please click [HERE](#) to subscribe. It includes all major school events and holidays.

- ❖ **Block Rotation Schedule** [HERE](#) (Posted by office and on our webpage)
- ❖ **Flexible Instruction Time** on Mondays and Thursdays from 11:00 am - 11:50 am.
- ❖ **Staff Collaboration** is the last Thursday of the month from 8:30am - 9:25am. Classes start at 9:30am. Dismissal time will be 2:45pm on Collaboration Day.

Sentinel's Counselling Department

Counsellors are here to assist students with academic planning as well as mental health support and so much more! Counsellors are assigned by student's last name.

Lisa Ulinder (last names A-F) lulinder@wvschools.ca

Rebecca Britten (last names G-LIT) rbritten@wvschools.ca

Stefan Huskison (last names LIU-SAM) shuskilson@wvschools.ca

Alex Thureau (last names SAN-Z) athureau@wvschools.ca

For more information from our counselling team please visit <https://westvancouver.schools.ca/counselling/>

Locks & Lockers

Grade 8

All grade 8s have been assigned a locker and will receive a lock and their assigned locker in their 1-1 class. Students **MUST** use the lock and locker assigned to them. Students may not use personal locks. Students are to keep their lock for their entire high school experience.

Grade 9-12

Students in grades 9-12 have not been assigned a locker but may request a locker at the link below. Students **MAY NOT** use an unassigned locker. If a student needs a lock, please go to the accounting office. Link for Locker Request: <https://forms.gle/9mTNzFLzptq3EySZ8>
Locker Assistance, please email Allison Carruthers at acarruthers@wvschools.ca

Annual Student Parking Pass

For those students parking at the school, please purchase a student's parking pass using School Cash Online and bring the receipt to the Accounting Office. If you need assistance with [SchoolCash Online](#) please email our Accountant, Allison Carruthers at acarruthers@wvschools.ca

Absent or Excused?

Attendance Notifications – Parent Guide

We kindly ask parents and guardians to notify the school of any absences, late arrivals, or early dismissals. Please email all attendance-related matters to: sentinelattendance@wvschools.ca

When emailing, please include:

- ❖ Student's **full legal name and grade**
- ❖ **Time** of absence, late arrival, or early dismissal
- ❖ **Reason** for the absence

IMPORTANT REMINDER:

Please send emails **by 2:30pm on the day of the absence.**

If an email is not received by this time, an automatic attendance mark may be applied, and a phone call may be made to the parent/guardian by the end of the day.

Steps to Follow to Be Excused from Attendance

1. Absence / Illness

- Notify school via email

2. Late Arrival

- Students arriving late should go directly to class
- Parents/Guardians email school to notify

3. Early Dismissal

- Email school with dismissal the time
- Coaches will notify us for school spots early dismissal but feel free to reach out if you have questions.

4. Long-Term Absence (more than 5 school days)

Please complete the [fillable Long Term Absence Form](#) and return it to the office.

In the Community

In the Know

our upcoming In the Know (ItK) events for October. This month, we are covering two important topics:

- ADHD - The Real Deal
- Obsessive Compulsive Disorder: It's More Than Over washing Your Hands

These events are offered online across five different days to provide flexibility for families to join at a time that works best for them. This is the link for registration: [October ItK Events](#)
Did you know there are 25 public post-secondary institutions with over 4,000 programs across the province? Come explore all your opportunities at EducationPlannerBC. We'll show you how to use EducationPlannerBC's website to search thousands of programs, get to know trades, and discover career paths. Find helpful resources, including financial aid options, admission requirements,

Our Leadership Team & Contact Details



ADMINISTRATION

- **MR. MIKE FINCH – PRINCIPAL (GRADE 12)**
 MFINCH@WVSCHOOLS.CA
- **MS. CRYSTAL TANFARA – VICE PRINCIPAL (GRADES 8 & 10)**
 CTANFARA@WVSCHOOLS.CA
- **MR. SHAWN ANDERSON – VICE PRINCIPAL (GRADES 9 & 11)**
 SHAWNANDERSON@WVSCHOOLS.CA



STAY CONNECTED

- INSTAGRAM: [@SENTINEL_SD45](#)
- X (TWITTER): [@SENTINEL_SD45](#)
- WEBSITE: [SENTINEL SECONDARY SCHOOL](#)



2025–2026 SCHOOL CALENDAR

- [VIEW CALENDAR](#)

✉ CONTACT US

- GENERAL INQUIRIES: SENTINEL@WVSCHOOLS.CA
- ATTENDANCE: SENTINELATTENDANCE@WVSCHOOLS.CA
- MYEDUCATION HELP: SENTINELPORTALHELP@WVSCHOOLS.CA
- TEACHERS & STAFF: [STAFF DIRECTORY](#)