



Sentinel Secondary E-Bulletin

Thursday September 25th, 2025

Calendar Upcoming

Date	Day	Event	Notes
September 25 th	Thu	Collaboration Day	9:30am start / Dismissal 2:45pm
September 26 th	Fri	PRO-D day	No School
September 30 th	Tue	Truth & Reconciliation Day	No School
October 2 nd	Thu	Photo Retake Day	See below for key reminders
		Clubs Day Extravaganza	11:00am – Caf/Foyer
October 9 th	Thu	PAC Meeting	8:30am - Library
October 13 th	Mon	Thanksgiving Day	No School
October 24 th	Fri	PRO-D day	No School
October 30 th	Thu	Collaboration Day	9:30am start / Dismissal 2:45pm



[2025–2026 SCHOOL CALENDAR](#)

Important Notice

Withdrawals and School Confirmation & Enrolment for 2025-2026!

If your child is NO longer planning to attend Sentinel for the 2025-2026 year, we ask that parents email the school to let us know as soon as possible. If you are withdrawing your child, please complete [THIS FORM](#) and email to sentinel@wvschool.ca.

Forms

Policies and Procedures Form – Action Required ASAP!!

Please be aware that a new P+P form MUST be completed for each student, every school year. Without a completed form, students will not be permitted to access their Google classrooms, have their photos included in the yearbook etc. This form requires a Parent login and Password. If you have previously created an account to complete the form last year, the account is the same. If you have forgotten your password, please follow the instructions on the link to reset it. After you have logged in, you may either update the P+P form created last year or start new.

Please find the link here: <https://eforms.sd45.bc.ca/Form/PandP> .

STUDENT VERIFICATION FORM

Your child/children should have received their Student Verification Letter. Please review, make necessary changes, sign and return the form to the school office.

Any changes to home address, parental responsibility, legal or medical alerts, or citizenship require supporting documentation. These must be uploaded. For supporting documents see: <https://eforms.sd45.bc.ca/Form/StudentDocuments>

NOTE: Only **International students** who are living in a **private homestay** need to have their custodian sign the document. All other international students do NOT need to hand in the form. If you have not received the form by now, please have your child visit the office for a new document.

Inside Sentinel

Meet the Teacher Night – Thank you!

Thank you to all the families who joined us for a successful Meet the Teacher Night! It was wonderful to see so many parents and guardians engaged and enthusiastic about connecting with our teachers and learning more about the year ahead. Your participation helps strengthen the partnership between home and school, and we truly appreciate the time you took to meet our staff, ask questions, and learn about classroom expectations and upcoming events.

We look forward to working together to make this school year a positive and successful one for all our students.

School Photos Retake Day

The Retake Photo Session will be held by Artona on **Thursday, October 2nd** inside the school cafeteria.

Photo Retake Day Important Information:

- Students who wish to have their photo retaken **must bring their Go-Card** (with QR code).
- **If a student missed the photo day**, Artona already has their information—they can go directly for a retake.
- **Important Reminder:** Once a student chooses a retake, the original photo will be overwritten. The new retake photo will be used in all school-related files and systems, including the yearbook.
- **If a Go-Card has been lost**, there is a \$5 replacement fee charged by Artona for retake.
- **Grade 12 students:** Retakes are not encouraged unless they missed the photo day, or it is absolutely necessary.

For all other photo inquiries and to order photos please see their website: <https://artona.com/contact-us>

PSAT

Date: Friday October 24th 9am-Noon (Pro-D)

Place: Sentinel Room TBD

Who: Any grade 10-12 student wishing to write the PSAT (practice SAT) can sign up for 1 of 20 spots.

Registration: Sign up is through student's Grad Google Classroom-there is a form posted. Priority goes to grade 11 and 12 students.

Cost: \$25 and will be added to school cash online

US University Application Workshop

West Vancouver Schools US University Application Workshop will be held at Sentinel Library @6:30pm-7:30pm, Wednesday October 1st, 2025. This section will be presented by Boston University. Click [HERE](#) for registration.

Grads of 2026

Below is a list of our typical grad events and their estimated costs:

- Theme days - one per month (minimal costs for costumes)
- Grad wear (optional) - purchased in the fall and includes t-shirts \$25, hoodies \$55 and sweats \$40
- Semi Formal (The Pinnacle, October 17th, 2025) - historically costs \$110 - (**Grads and dates only**)
- Winter Formal (at Sentinel) - in January and costs ~\$50 (Grades 11s and 12s can attend)
- Grad photos (Artona)-in the fall \$60 sitting fee for all students, photo packages are \$200-\$250
- Grad Carnival-in the spring, PAC has historically helped fund this to keep cost to ~\$10-15
- Banquet (Vancouver Convention Centre) - in June and costs \$150-\$170 per grad/guest-grads/dates and parents can attend. Note: We will be surveying students and families in the next few weeks to determine anticipated numbers for Banquet,
- Commencement (at the Westside Church) - in June and \$25 per person-no limit (**free to grads**)

Students Resources

Calendar & Block Rotation

Our **2025–2026 School Calendar** on the website is back up and running! Please click [HERE](#) to subscribe. It includes all major school events and holidays.

For the Day 1 & Day 2 rotations - See the current **Block Rotation Schedule** [HERE](#) (The latest version will always be posted outside the office and on the homepage of our website.) There will be 50 mins of [Flexible Instruction Time](#) on **Mondays and Thursdays from 11:00 am - 11:50 am**. Lunch and Period 4 will begin at the same time each day. Staff collaboration will take place seven (7) times next year. Collaboration days take place on the last Thursday of the month from 8:30am - 9:25am. Classes start at 9:30am. Four classes will follow with lunch and period 4 beginning at the usual time. **Dismissal time will be 2:45pm on Collaboration Day.**

Sentinel's Counselling Department

Welcome Back! Counsellors are here to assist students with academic planning as well as mental health support and so much more! They are a wealth of information and assist students based on each student's last name.

Lisa Ulinder (last names A-F) lulinder@wvschools.ca

Rebecca Britten (last names G-LIT) rbritten@wvschools.ca

Stefan Huskilson (last names LIU-SAM) shuskilson@wvschools.ca

Alex Thureau (last names SAN-Z) athureau@wvschools.ca

Important information regarding **Course Change/Request procedures** can be found here:

[Counsellor Info](#)

For more information from our counselling team please visit

<https://westvancouver.schools.ca/counselling/>

Locks & Lockers

Grade 8

All grade 8s have been assigned a locker and will receive a lock and their assigned locker in their 1-1 class. Students **MUST** use the lock and locker assigned to them. Students may not use personal locks. Students are to keep their lock for their entire high school experience.

Grade 9-12

Students in grades 9-12 have not been assigned a locker but may request a locker at the link below. Locker assignments will be assigned in the week of September 8th **ONLY** if the student has filled out the request form. The assigned locker number will be emailed to the student during the second week of school. Students **MAY NOT** use an unassigned locker. Any student who uses an unassigned locker will have their items removed. Students are to use the lock the school has given them in a previous year. If a student needs a lock, please go to the accounting office.

LINK FOR GRADES 9-12 FOR LOCKER REQUEST: <https://forms.gle/9mTNzFLzptq3EySZ8>

Annual Student Parking Pass

For those students parking at the school, please purchase a student's parking pass using School Cash Online and bring the receipt to the Accounting Office beginning Monday, September 8th between 10:00am-3:00pm Monday to Friday. If you need assistance with [SchoolCash Online](#) please email our Accountant, Allison Carruthers at acarruthers@wvschools.ca

Clubs and Activities

Math Contest

We are pleased to offer a series of Math contests again this year. Interested students should join our Math contest Google classroom with the code **sjdrxr**.

AMC The first contest open for registration are the AMC 10, and AMC 12 Math contests, taking place on Wednesday, November 5th in the library. Students can register with Mr. Ma in room 257. The cost for registration is \$5 and space may be limited. Deadline is September 25th, 2025. Late registrations will not be accepted.

More information about the contest can be found here: <https://maa.org/student-programs/amc/>

CIMC CIMC contest for grade 8s-10s, and the CSMC contest for grade 11s-12s are open for registration. These contests offered by the University of Waterloo are challenging and could benefit students interested in admissions towards the school. The cost for registration is \$10 and can be paid to Mr. Ma in room 257. Deadline for registration is Friday, October 10th. Late registrations may not be accepted.

COMC We are also offering registration for the COMC contest for grade 8s-12s. Success on the COMC contest may grant the student a opportunity to represent Canada at the International Math Olympiad. The cost for registration is \$35 and can be paid to Mr. Ma in room 257. Spots for this

contest are extremely limited and will be prioritized towards senior (grade 11/12) students. The deadline for registration is Friday, October 10th. Late registrations may not be accepted.

The Theatre Company

ATTENTION ALL GRADE 8'S INTERESTED IN THE THEATRE COMPANY: APPRENTICESHIP 8 PROGRAM - Please see Mrs. McGuinness-Gill in the Theatre (Room 249) or email her at mmcguinnessgill@wvschools.ca

London UK Trip

Are you interested in travelling to LONDON, ENGLAND this Spring Break 2026? If so, please see Mrs. McGuinness-Gill in the theatre for more information. This trip is open to Performing Arts students in Grades 9-12 and students in Grades 11 & 12 who may not be in a performing arts course but are interested in the trip... Please email Mrs. McGuinness-Gill directly at mmcguinnessgill@wvschool.ca to be added to our Google Classroom.

Dominican Republic

LEADERSHIP, CONNECTIONS and CULTURE in the DOMINICAN REPUBLIC May 2026

A life-changing experience awaits your teen, if s/he wants to "change the world"!

Sentinel is offering an opportunity for students to help build homes for families in need in the Dominican Republic through the LiveDifferent charity initiative.

Students will receive (many) volunteer hours while having an unforgettable time and transforming lives. <https://livedifferent.com/programs/builds/parents/>

Parent information meeting at 6:00 on October 1st in the Sentinel library, or contact Ms. Page-Newman at: NPage-Newman@wvschools.ca

Approximate dates are May 14 - 23, 2026. The estimated cost is \$5600.00 and there is a tax-deductible portion.

APPLES, APPLES, APPLES -Sale ends Oct. 6th!



Buy apples for 30% less than you would in the grocery store and get **delicious award-winning quality!** The Dominican Republic trip is fundraising with Sun-Oka Fruit Farms from Summerland, BC. Honeycrisp and Ambrosia apples with flavor that will have you wanting more. Click on the link to order your boxes of 18 - 20 apples and you'll be able to pick them up at Sentinel in the third week of October. Go to the link below to order.

https://fundraising.sunokafruit.com/seller_1/0916113921/org-campaign/sentinel-secondary-school-harvest-2025

Sentinel Athletics

Welcome back everyone! We are looking forward to another great year of Sports at Sentinel. If you are considering coaching this year, please send an email to sentinelathletics@wvschools.ca. We are always in need of help on the coaching front. Go Spartans!

Absent or Excused?

Absent Student Notification & Excused Absences

Please email ALL Attendance related matters to: sentinelattendance@wvschools.ca

If a student is away/ill or will be late for school, parents are requested to inform our office by sending an email to sentinelattendance@wvschools.ca by **2:30pm**. Please include your student's full legal name and grade, time of absence and reason for absence. Students arriving 'late' for class should proceed directly to their class and check in with the teacher who will modify their attendance to indicate a late vs an absence. If your student is going to miss more than 5 school days, please complete this fillable [Long Term Absence Form](#) and return back to us.

PAC News

PAC MEETING

Our next meeting is Oct 9th. Welcome to join us at 8:30am for "coffee and connecting" = mezzanine level in the school library.

TEAMS

If you cannot join our PAC meeting, but want to volunteer for a Team, contact the Team Lead:

WISHLIST TEAM – decide priorities in how to distribute the \$24,000 we will receive from annual provincial gaming grant; contact Tonia Liao: tonia.liao@gmail.com

EVENTS TEAM – organise and host events such as staff luncheons and multicultural lunch; contact Gem Chu: gemchuchu@gmail.com

LEGACY FUNDRAISING TEAM – plan school legacy projects and do fundraising; contact Tenzin Khangsar: tenzinkhangsar@gmail.com

PARENT EDUCATION TEAM – decide topics, speakers & events for parents to learn about emerging issues; contact Diane Shoar: frauen@naver.com

GRAD TEAM – plan and implement activities for Grade 12 students and parents; contact Kerry Soha: kfarhadi@yahoo.com or Dana Renaud: danamfr16@gmail.com

JOIN WHATSAPP PARENT GROUP

If you are not already on it, contact "your" grade Rep parent to join your Grade Group Chat:

Grade 8 parents = Chen Tan - 778-317-9617

Grade 9 parents = Amy Chen - 604-880-6986

Grade 10 parents = Farzaneh Bamani - 604-340-9995

Grade 11 parents = Soroush Loghamani - 604-364-6818

Grade 12 parents = Echo Wu - 604-363-6889

DROP-OFF MAP

Parents, please support your teen to walk, cycle, scooter or use public transit to get to and from school each day!

If you must drive a car, use one of the 26 drop-off spots near the school - see map - so that your teen can walk a few steps; it's safer and healthier for everyone!

<https://westvancouver.schools.ca/ecole-sentinel-secondary/wp-content/uploads/sites/8/2025/03/Sentinel-Secondary-School-Map-December-3.pdf>

In the Community

Chinese Parent Support Group

The new cycle of the ***Chinese Parent Support Group*** will begin this **September 2025** and continue through **June 2026**, with a total of **19 sessions** held online. This free group is designed to support Mandarin-speaking parents of children and youth (ages 6–19), offering a space for learning, sharing, and mutual support.

Group Details & Online Registration

- **Time:** 2nd or 4th Wednesday of each month | 10:00–11:30 AM (PST)
- **Platform:** Zoom
- **Language:** Mandarin
- **Fee:** Free of charge

Registration: <https://forms.office.com/r/7Gpq04sEKk>

(Please note that pre-registration is required, even for those who have participated in previous rounds)

親愛的工作 / 社區合作夥伴，您好：

很高興與您分享一個好消息——新一季的「**風雨同路華語家長互助小組**」即將於2025年9月啟動，並將持續至**2026年6月**，共舉辦**19次**線上聚會。本小組為免費參加，旨在為家有**6–19歲**孩童與青少年的華語家長提供一個彼此支持、學習與分享的安全空間。

【聚會資訊與報名方式】（詳情請參見附件海報與時間表）

- **時間：**每月第2或第4個星期三，上午10:00–11:30（太平洋時間）
- **平台：**Zoom 線上會議
- **語言：**普通話
- **費用：**全免
- **報名：**<https://forms.office.com/r/7Gpq04sEKk>（無論是否曾參與過往聚會，皆需重新報名參加）

Food Security Plan

As part of the Ministry of Education and Childcare Feeding Futures initiative, the West Vancouver School District has established a food security structure to confidentially assist students and families. The West Vancouver School District Food Security Plan will help students and families by providing confidential financial support for families facing food insecurity. Families are encouraged to reach out directly to their school principal or to feedingfutures@wvschools.ca if they need

support with food-related costs. Please be assured that all requests will be addressed with sensitivity, respect, and confidentiality.

Parent Guide to Discord

Please review the most updated Parent Guide to Discord [Here](#). If you have any questions, please feel free to contact us.

Optional Accident Insurance for Families




Each year the school district reminds families that they have the option to purchase insurance coverage against accidental injury, unexpected medical expenses, and critical illness. There are many different voluntary plans that provide coverage for students and their families against accidental injury, unexpected medical expenses and critical illness. Families are encouraged to do their due diligence when choosing a provider.

Our Leadership Team & Contact Details

ADMINISTRATION

- **MR. MIKE FINCH – PRINCIPAL (GRADE 12)**
 MFINCH@WVSCHOOLS.CA
- **MS. CRYSTAL TANFARA – VICE PRINCIPAL (GRADES 8 & 10)**
 CTANFARA@WVSCHOOLS.CA
- **MR. SHAWN ANDERSON – VICE PRINCIPAL (GRADES 9 & 11)**
 SHAWNANDERSON@WVSCHOOLS.CA

STAY CONNECTED

-  INSTAGRAM: [@SENTINEL_SD45](#)
-  X (TWITTER): [@SENTINEL_SD45](#)
-  WEBSITE: [SENTINEL SECONDARY SCHOOL](#)

2025–2026 SCHOOL CALENDAR

- [VIEW CALENDAR](#)

CONTACT US

-  GENERAL INQUIRIES: SENTINEL@WVSCHOOLS.CA
-  ATTENDANCE: SENTINELATTENDANCE@WVSCHOOLS.CA
-  MYEDUCATION HELP: SENTINELPORTALHELP@WVSCHOOLS.CA
-  TEACHERS & STAFF: [STAFF DIRECTORY](#)