



## Sentinel Secondary E-Bulletin

Thursday September 11th, 2025

### CALENDAR UPCOMING

September 12th	Grade 8 BBQ and Team building ( 2-4)
September 16th	6:30pm Grade 12 Parent Night Grad /Uni Information
September 18th	Terry Fox Run
September 24th	Meet The Teacher Night
September 25th	Collaboration Day

### OUR SCHOOL

1. Confirmation of Enrolment
2. Policies & Procedures – Action Required
3. Student Verification Forms- Action Required
4. Grade 8 BBQ and Team Building
5. Grade 12 Parent Night
6. Terry Fox Run/ Walk
7. Canadian University Event
8. Calendar & Block rotation Schedule
9. Food Security Plan
10. Locks & Lockers
11. Absence Notification
12. Parent Advisory Council (PAC) News
13. Sentinel Spirit Wear
14. School Photos by Artona
15. Sentinel's Counselling Department
16. Grad 2025 Info
17. Annual Student Parking Pass
18. Math Contest Is Back
19. The Theatre Company
20. Dominican Republic
21. Kay Meek Arts Centre Open House
22. Sentinel Athletics
23. Optional Insurance

## IN THE COMMUNITY (SEE BOTTOM FOR MORE INFO)

### 1. Withdrawals and School Confirmation & Enrolment for 2025-2026!

If your child is NO longer planning to attend Sentinel for the 2025-2026 year, we ask that parents email the school to let us know as soon as possible. If you are withdrawing your child, please complete [THIS FORM](#) and email to [sentinel@wvschool.ca](mailto:sentinel@wvschool.ca).

### 2. Policies and Procedures Form – Action Required ASAP!!

**Please be aware that a new P+P form MUST be completed for each student, every school year.** Without a completed form, students will not be permitted to access their Google classrooms, have their photos included in the yearbook etc. This form requires a Parent login and Password. If you have previously created an account to complete the form last year, the account is the same. If you have forgotten your password, please follow the instructions on the link to reset it. After you have logged in, you may either update the P+P form created last year or start new.

**Please find the link here:** <https://eforms.sd45.bc.ca/Form/PandP>.

### 3. STUDENT VERIFICATION FORM

Your child/children should have received their Student Verification Letter. Please review, make necessary changes, sign and return the form to the school office.

**Any changes to home address, parental responsibility, legal or medical alerts, or citizenship require supporting documentation. These must be uploaded. For supporting documents see:** <https://eforms.sd45.bc.ca/Form/StudentDocuments>

NOTE: Only **International students** who are living in a **private homestay** need to have their custodian sign the document. All other international students do NOT need to hand in the form. If you have not received the form by now, please have your child visit the office for a new document.

### 4. Grade 8 BBQ and Teambuilding, Friday Sept 12

Tomorrow will be our Grade 8 BBQ lunch and Team Building Games in 2-4 ( 1:40-3pm). Grae 8s should wear their Spartan spirit T shirt and comfortable shoes! Get ready to meet new friends, have fun and bring out your best Spartan Spirit! Note: Lunch will BBQ hotdogs/veggie dogs, chips and drink. The Block 2-4 teachers will meet their class in the courtyard at about 1:35 take attendance and bring students to the fields.

### 5. Grade 12 Parent Night- Tuesday September 16, 2025

Grade 12 Parent Night Tuesday September 16<sup>th</sup> at 6:30pm-7:30pm in the theatre. An evening presentation for parents of grads where we will cover graduation requirements, university applications & scholarships.

### 6. Terry Fox Run/ Walk - Thursday September 18<sup>th</sup> – Donate today!

Sentinel will participate in the School Run on **Thursday September 18<sup>th</sup>**. This year marks the **45th Anniversary** of Terry's Marathon of Hope, and we've been invited to join the movement to "[Finish It](#)". [Terry Fox](#) started a marathon against cancer. Together we can end it.

**If you would like to donate to Sentinel's fundraising page for the Terry Fox Foundation, please use link [here](#).** We will also host a BBQ lunch to raise money for the Terry Fox Foundation after the run. Students can purchase a hot dog, chips and drink for \$6. First come, first serve.


## 7. CUE- Canadian University Event- Wednesday, September 24, 2025

West Vancouver Secondary will be hosting the Canadian Universities Event on Wednesday, September 24<sup>th</sup> from 6pm-8pm in their main gym, more information to come.

## 8. Calendar & Block Rotation

Please see Sentinel's 2025-26 first 4 weeks Calendar below. Each student received a copy of the complete School Calendar and Agenda in their welcome packages earlier this week.

View the [2025-2026 Calendar "At-a-Glance" HERE](#)

September 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 1	1 DAY 1 - 1 2 F 3 4  <b>LABOUR DAY</b>	2 DAY 2 - 1 2 3 4  SCHOOL OPENS	3 DAY 1 - 2 3 1 4	4 DAY 2 - 2 3 F 1 4  FIT: Grade 8 with PLs Lunch: Grade 8 BBQ 2-4: Grade 8 Team Build	5 DAY 1 - 3 1 2 4  Photo Day	6
7 Week 2	8 DAY 2 - 3 1 F 2 4  FIT: Grade 8 with PLs  Academy classes start	9 DAY 1 - 1 2 3 4  6:00PM Grade 8 Parent Information Night	10 DAY 2 - 1 2 3 4	11 DAY 1 - 2 3 F 1 4  FIT: Careers 9 FIT: Careers 11 (ALL)	12 DAY 2 - 2 3 1 4	13
14 Week 1	15 DAY 1 - 1 2 F 3 4  FIT: Grade 8 with PLs CLC 12B-University Information	16 DAY 2 - 1 2 3 4  6:30 PM Grade 12 Parent Night Grad/Uni Information	17 DAY 1 - 2 3 1 4	18 DAY 2 - 2 3 F 1 4  FIT: Terry Fox Run	19 DAY 1 - 3 1 2 4	20
21 Week 2	22 DAY 2 - 3 1 F 2 4  FIT: Grade 8 with PLs  Truth And Reconciliation Week	23 DAY 1 - 1 2 3 4  Truth And Reconciliation Week	24 DAY 2 - 1 2 3 4  Truth And Reconciliation Week  Meet The Teacher Night	25 DAY 1 - 2 3 1 4  Collaboration Day  Truth And Reconciliation Week	26 DAY 2 - 2 3 1 4  <b>PROFESSIONAL DEVELOPMENT DAY</b>	27
28 Week 1	29 DAY 2 - 2 3 F 1 4 DAY 1 / 2 SYNC DAY FIT: Grade 8 Core Competency Presentation CLC 12 B-Capstone presentation	30 DAY 2 - 1 2 3 4  <b>TRUTH &amp; RECONCILIATION DAY</b>	October 2025			
				S	M	T
				W	T	F
				S		
				5	6	7
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				11	12	13
				14	15	16
				17	18	19
				20	21	22
				23	24	25
				26	27	28
				29	30	31

SENTINEL SECONDARY SCHOOL

For the Day 1 & Day 2 rotations - **See the current [Block Rotation Schedule HERE](#)** (The latest version will always be posted outside the office and on the homepage of our website.) There will be 50 mins of [Flexible Instruction Time](#) on **Mondays and Thursdays from 11:00 am - 11:50 am**. Lunch and Period 4 will begin at the same time each day. Staff collaboration will take place seven (7) times next year. Collaboration days take place on the last Thursday of the month from 8:30am - 9:25am. Classes start at 9:30am. Four classes will follow with lunch and period 4 beginning at the usual time.

## 9. Food Security Plan

As part of the Ministry of Education and Childcare Feeding Futures initiative, the West Vancouver School District has established a food security structure to confidentially assist students and families. The West Vancouver School District Food Security Plan will help students and families by providing confidential financial support for families facing food insecurity. Families are encouraged to reach out directly to their school principal or to [feedingfutures@wvschools.ca](mailto:feedingfutures@wvschools.ca) if they need

support with food-related costs. Please be assured that all requests will be addressed with sensitivity, respect, and confidentiality.

## **10. Locks & Lockers**

### **Grade 8**

All grade 8s have been assigned a locker and will receive a lock and their assigned locker in their 1-1 class. Students **MUST** use the lock and locker assigned to them. Students may not use personal locks. Students are to keep their lock for their entire high school experience.

### **Grade 9-12**

Students in grades 9-12 have not been assigned a locker but may request a locker at the link below. Locker assignments will be assigned in the week of September 8th **ONLY** if the student has filled out the request form. The assigned locker number will be emailed to the student during the second week of school. Students **MAY NOT** use an unassigned locker. Any student who uses an unassigned locker will have their items removed. Students are to use the lock the school has given them in a previous year. If a student needs a lock, please go to the accounting office.

LINK FOR GRADES 9-12 FOR LOCKER REQUEST: <https://forms.gle/9mTNzFLzptq3EySZ8>

## **11. Absent Student Notification & Excused Absences**

**Please email ALL Attendance related matters to:** [sentinelattendance@wvschools.ca](mailto:sentinelattendance@wvschools.ca)

If a student is away/ill or will be late for school, parents are requested to inform our office by sending an email to [sentinelattendance@wvschools.ca](mailto:sentinelattendance@wvschools.ca). Please include your student's full legal name and grade, time of absence and reason for absence. Students arriving 'late' for class should proceed directly to their class and check in with the teacher who will modify their attendance to indicate a late vs an absence. If your student is going to miss more than 5 school days, please complete this fillable [Long Term Absence Form](#) and return back to us.

## **12. PAC News**

### **PAC MEETING**

We are pleased to share that our first PAC meeting of the school year took place this morning and was a wonderful success. A total of 51 parents and guardians attended, and we are grateful for the strong turnout and the support of our school community. Thank you to everyone who joined us. We look forward to working together throughout the year.

### **TEAMS**

If you cannot join our PAC meeting, but want to volunteer for a Team, contact the Team Lead:

**WISHLIST TEAM** – decide priorities in how to distribute the \$24,000 we will receive from annual provincial gaming grant; contact Tonia Liao: [tonia.liao@gmail.com](mailto:tonia.liao@gmail.com)

**EVENTS TEAM** – organize and host events such as staff luncheons and multicultural lunch; contact Gem Chu: [gemchuchu@gmail.com](mailto:gemchuchu@gmail.com)

**LEGACY FUNDRAISING TEAM** – plan school legacy projects and do fundraising; contact Tenzin Khangsar: [tenzinkhangsar@gmail.com](mailto:tenzinkhangsar@gmail.com)

**PARENT EDUCATION TEAM** – decide topics, speakers & events for parents to learn about emerging issues; contact Diane Shoar: [frauen@naver.com](mailto:frauen@naver.com)

**GRAD TEAM** – plan and implement activities for Grade 12 students and parents; contact Kerry Soha: [kfarhadi@yahoo.com](mailto:kfarhadi@yahoo.com) or Dana Renaud: [danamfr16@gmail.com](mailto:danamfr16@gmail.com)

### **JOIN WHATSAPP PARENT GROUP**

If you are not already on it, contact "your" grade Rep parent to join your Grade Group Chat:

Grade 8 parents = Chen Tan - 778-317-9617  
Grade 9 parents = Amy Chen - 604-880-6986  
Grade 10 parents = Farzaneh Bamani - 604-340-9995  
Grade 11 parents = Soroush Loghamani - 604-364-6818  
Grade 12 parents = Echo Wu - 604-363-6889

### DROP-OFF MAP

Parents, please support your teen to walk, cycle, scooter or use public transit to get to and from school each day!

If you must drive a car, use one of the 26 drop-off spots near the school - [see map](#) - so that your teen can walk a few steps; it's safer and healthier for everyone!

Map: <https://westvancouver.schools.ca/ecole-sentinel-secondary/wp-content/uploads/sites/8/2025/03/Sentinel-Secondary-School-Map-December-3.pdf>

### **Nora Gambioli, Chair**

Sentinel Parent Advisory Council, 2024-2025

[sepac@wvschools.ca](mailto:sepac@wvschools.ca)

### 13. Sentinel Spirit Wear

A group of senior students designed a line of school spirit clothing. It was a huge success, and we will be offering it for sale again from **August 28<sup>th</sup> to September 13<sup>th</sup>**. Orders will be packaged and delivered to the school where it will be distributed to students.

[Sentinel School Spirit Clothing Store](#)

### 14. School Photos

The retake date is **Thursday, October 2<sup>nd</sup>**. Our photo provider is Artona. For all photo inquiries and to order photos please see their website: <https://artona.com/contact-us> More photo info coming soon!

### 15. Sentinel's Counselling Department

Welcome Back! Counsellors are here to assist students with academic planning as well as mental health support and so much more! They are a wealth of information and assist students based on each student's last name.

**Lisa Ulinder (last names A-F)** [lulinder@wvschools.ca](mailto:lulinder@wvschools.ca)

**Rebecca Britten (last names G-LIT)** [rbritten@wvschools.ca](mailto:rbritten@wvschools.ca)

**Stefan Huskison (last names LIU-SAM)** [shuskilson@wvschools.ca](mailto:shuskilson@wvschools.ca)

**Alex Thureau (last names SAN-Z)** [athureau@wvschools.ca](mailto:athureau@wvschools.ca)

Important information regarding **Course Change/Request procedures** can be found here:

[Counsellor Info](#)

For more information from our counselling team please visit

<https://westvancouver.schools.ca/counselling/>

### 16. Grads of 2026

**Below is a list of our typical grad events and their estimated costs:**

- Theme days - one per month (minimal costs for costumes)
- Grad wear (optional) - purchased in the fall and includes t-shirts \$25, hoodies \$55 and sweats \$40

- Semi Formal (The Pinnacle, Nov. 1st) - historically costs \$110 - (**Grads and dates only**)
- Winter Formal (at Sentinel) - in January and costs ~\$50 (Grades 11s and 12s can attend)
- Grad photos (Artona)-in the fall \$60 sitting fee for all students, photo packages are \$200-\$250
- Grad Carnival-in the spring, PAC has historically helped fund this to keep cost to ~\$10-15
- Banquet (Vancouver Convention Centre) - in June and costs \$150-\$170 per grad/guest-grads/dates and parents can attend. Note: We will be surveying students and families in the next few weeks to determine anticipated numbers for Banquet,
- Commencement (at the Westside Church) - in June and \$25 per person-no limit (**free to grads**)

## **17. Annual Student Parking Pass**

For those students parking at the school, please purchase a student's parking pass using School Cash Online and bring the receipt to the Accounting Office beginning Monday, September 8<sup>th</sup> between 10:00am-3:00pm Monday to Friday. If you need assistance with [SchoolCash Online](#) please email our Accountant, Allison Carruthers at [acarruthers@wvschools.ca](mailto:acarruthers@wvschools.ca)

## **18. Math Contest Is Back**

We are pleased to offer a series of Math contests again this year. Interested students should join our Math contest Google classroom with the code **sjdrxr**

The first contest open for registration are the AMC 10, and AMC 12 Math contests, taking place on Wednesday, November 5th in the library. Students can register with Mr. Ma in room 257. The cost for registration is \$5 and space may be limited. The deadline for registration is Thursday, September 25th. Late entries will not be allowed.

More information about the contest can be found here: <https://maa.org/student-programs/amc/>

## **19. The Theatre Company**

### **ATTENTION ALL GRADE 8'S INTERESTED IN THE THEATRE COMPANY: APPRENTICESHIP 8 PROGRAM -**

Any Grade 8 student interested in getting more information on this year's Theatre Company production please come to class this Tuesday, September 16th at 3:30pm in the theatre. Alternatively, please see Mrs. McGuinness-Gill in the Theatre (Room 249) or email her at [mmcguinnessgill@wvschools.ca](mailto:mmcguinnessgill@wvschools.ca) by Thursday, September 18, 2025.

## **20. Dominican Republic**

### **LEADERSHIP, CONNECTIONS and CULTURE in the DOMINICAN REPUBLIC May 2026**

A life-changing experience awaits your teen, if s/he wants to "change the world"!

Sentinel is offering an opportunity for students to help build homes for families in need in the Dominican Republic through the LiveDifferent charity initiative.

Students will receive (many) volunteer hours while having an unforgettable time and transforming lives. <https://livedifferent.com/programs/builds/parents/>

Parent information meeting at 6:00 on October 1st in the Sentinel library, or contact Ms. Page-Newman at: [NPage-Newman@wvschools.ca](mailto:NPage-Newman@wvschools.ca)

Approximate dates are May 14 - 23, 2026. The estimated cost is \$5600.00 and there is a tax-deductible portion.



## **21. Kay Meek Arts Centre Open House**

### **Backstage Pass: Kay Meek Arts Centre Open House**

🎫 We're giving you a Backstage Pass to the Kay Meek! It's time to go behind the scenes at our @bcculturedays Open House on Sunday, September 21 🏠

Experience the Kay Meek as you've never seen it before, as we open up our backstage areas for you to explore and give you the opportunity to take to the stage.

- 👁️ Take a look around our theatres
- 🎤 Sing your favourite karaoke songs on stage
- 🎵 Live jazz music from the @pressley.murillo.music Trio
- 🎫 Enter our Ticket Giveaway
- 🎭 Find out more about the Kay Meek
- 👥 Meet the team
- 🥤 Refreshments in our sunny atrium

Join us for a lively afternoon of music, conversation, and family-friendly activities in your local community!

Make a note of all the details below:

- 📅 Sunday, September 21
- 🕒 2:00 PM – 5:00 PM
- 📍 1700 Mathers Avenue, West Vancouver
- ✅ Free Entry!



## **22. Sentinel Athletics**

Welcome back everyone! We are looking forward to another great year of Sports at Sentinel. If you are considering coaching this year, please send an email to [sentinelathletics@wvschools.ca](mailto:sentinelathletics@wvschools.ca). We are always in need of help on the coaching front. Go Spartans!

## **23. Optional Accident Insurance for Families**

Each year the school district reminds families that they have the option to purchase insurance coverage against accidental injury, unexpected medical expenses, and critical illness. There are many different voluntary plans that provide coverage for students and their families against accidental injury, unexpected medical expenses and critical illness. Families are encouraged to do their due diligence when choosing a provider.

## Our Leadership Team & Administrator by Grade

Mr. Mike Finch – Principal (Grade 12) [mfinch@wvschools.ca](mailto:mfinch@wvschools.ca)

Ms. Crystal Tanfara – Vice Principal (Grade 8 &10) [ctanfara@wvschools.ca](mailto:ctanfara@wvschools.ca)

Mr. Shawn Anderson – Vice Principal (Grades 9 &11) [shawnanderson@wvschools.ca](mailto:shawnanderson@wvschools.ca)

### ***FOLLOW US ON INSTAGRAM & X.***

**Instagram:** [@sentinel\\_SD45](https://www.instagram.com/sentinel_SD45) / **X:** [@sentinel\\_SD45](https://twitter.com/sentinel_SD45)

[DISTRICT WEBSITE](#) / [SENTINEL WEBSITE](#)

Please contact us via email:

General inquiries: [sentinel@wvschools.ca](mailto:sentinel@wvschools.ca)

Attendance related: [sentinelattendance@wvschools.ca](mailto:sentinelattendance@wvschools.ca)

MyEducation help: [sentinelportalhelp@wvschools.ca](mailto:sentinelportalhelp@wvschools.ca)

Teachers & Staff: please see our website for a complete staff list: [Staff Emails](#)

[Sentinel Website & Calendar](#)

## **IN THE COMMUNITY**

The new cycle of the ***Chinese Parent Support Group*** will begin this **September 2025** and continue through **June 2026**, with a total of **19 sessions** held online. This free group is designed to support Mandarin-speaking parents of children and youth (ages 6–19), offering a space for learning, sharing, and mutual support.

### **Group Details & Online Registration**

- **Time:** 2nd or 4th Wednesday of each month | 10:00–11:30 AM (PST)
- **Platform:** Zoom
- **Language:** Mandarin
- **Fee:** Free of charge

**Registration:** <https://forms.office.com/r/7Gpq04sEKk>

(Please note that pre-registration is required, even for those who have participated in previous rounds)

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親愛的工作 / 社區合作夥伴，您好：

很高興與您分享一個好消息——新一季的「**風雨同路華語家長互助小組**」即將於2025年9月啟動，並將持續至**2026年6月**，共舉辦**19次**線上聚會。本小組為免費參加，旨在為家有**6–19歲**孩童與青少年的華語家長提供一個彼此支持、學習與分享的安全空間。

【聚會資訊與報名方式】（詳情請參見附件海報與時間表）

- **時間：**每月第2或第4個星期三，上午10:00–11:30（太平洋時間）
- **平台：**Zoom 線上會議
- **語言：**普通話
- **費用：**全免
- **報名：**<https://forms.office.com/r/7Gpq04sEKk>（無論是否曾參與過往聚會，皆需重新報名參加）