



ECOLE SECONDAIRE SENTINEL SECONDARY SCHOOL

1250 Chartwell Drive, West Vancouver, B.C. V7S 2R2

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Principal: Mike Finch

2025-2026 Sentinel Bell Schedule

FIT Day Schedule – Monday/Thursday

Time Period	Activity
8:30 – 9:37	Block 1
9:37 – 9:52	Break
9:52 – 11:00	Block 2
11:00 – 11:50	FIT
11:50 – 12:55	Block 3
12:55 – 1:40	Lunch
1:40 – 2:50	Block 4

Non-FIT Day Schedule – Tuesday/Wednesday/Friday

Time Period	Activity
8:30 – 9:50	Block 1
9:50 – 10:00	Transition
10:00 – 11:20	Block 2
11:20 – 11:35	Break
11:35 – 12:55	Block 3
12:55 – 1:40	Lunch
1:40 – 3:00	Block 4

Collaboration Day Schedule

Time Period	Activity
8:30 – 9:25	School Collaboration
9:30 – 10:35	Block 1
10:40 – 11:40	Block 2
11:40 – 11:55	Break
11:55 – 12:55	Block 3
12:55 – 1:40	Lunch
1:40 – 2:45	Block 4