



ÉCOLE SENTINEL SECONDARY 📃 E-BULLETIN

Thursday, December 19th, 2024

CALENDAR UPCOMING

December 20 th	Early Dismissal at Noon
December 23 rd to January 5 th	Winter Break
January 6 th	School re-opens
January 7 th	Info Night for incoming Grade 8 students 6:30pm
January 7 th	EducationBC Planner Virtual 6:30pm
January 13 th to 24 th	Graduation Assessments – Literacy 12
January 16 th	AP Information Night 6pm
January 27 th	PD Day (No School)
January 29 th	Parent/Teacher Conferences 1pm-3pm, 3:30pm-5pm
January 30 th	Collab Day 9:30am start

Upcoming Events/Items

- 1. Upcoming Math Contest
- 2. 2025 Sentinel IRON CHEF Competition
- 3. FAST First Aid Swim Program
- 4. School Fees Due
- 5. Graduation Assessments Literacy 12 & Evaluation de Litteratie
- 6. Info Night for 2025 incoming Grade 8 students & parents
- 7. Parents as Education and Career Coaches

Ongoing Helpful Info

- 8. Calendar & NEW Block Rotation Schedule Jan 6th Feb 28th
- 9. Sentinel PAC News (see Upcoming Workshop Series)
- **10.PJ Drive Thank-you!**
- **11. Remembrance Day Poster contest winners**
- 12. Sentinel Athletics
- **13. Sentinel's Counselling Department**
- 14. Grad 2025 & Post Secondary Info
- 15. Sentinel Clubs 2024-2025
- **16. Personal Digital Device Expectations**
- 17.WVS Registration opens Jan 15th
- 18.2024/2025 Yearbooks
- **19. Annual Student Parking Pass**
- 20. Change of Address etc.
- **21.Winter Weather**

22. Roadworks on Chartwell 23. In the Community Link HERE 24. Our Contacts

UPCOMING EVENTS/ITEMS

1. Upcoming Math Contest

We are pleased to open registration for the CNML 8 Math contest taking place on Tuesday, February 18th during period 2-3. The CNML 8 is a short contest that's great for students looking to get entry level experience with Math contests. The cost for registration is \$2. Please see Mr. Ma in room 257 to register. The last day for registration is Friday, December 20th. Late registrations may not be accepted.

2. 2025 Sentinel IRON CHEF Competition

Will you and your friends win the **2025 Sentinel IRON CHEF** competition? On Tuesday January 21st from 3pm -5:45pm, come test your culinary skills and cook with your friends in this challenging competition for grades 9-12.

- Team application forms will be available in January in the Foods Room (255).
- There will be only 6 teams of 3 or 4 people, \$5 entry fee per term.
- Prizes are generously sponsored by the Sentinel PAC.
- This competition usually sells out very quickly
- See Ms. Malone in January for more details!

3. FAST (First Aid Swim Training) Program

Applications for the 2025-2026 School Year Are Now Open! The **First Aid Swim Training (FAST) Program** is a unique opportunity for students to develop the essential skills and confidence to become successful lifeguards while also building leadership and resilience. To find out more and register please click <u>HERE</u>

4. School Fees Due

School fees are now due and must be paid online through School Cash Online. If you have any questions regarding school cash online or school fee payments, please contact our Accountant, Ms. Allison Carruthers, at <u>acarruthers@wvschools.ca</u>.

The School Cash Online link is: https://westvancouver.schoolcashonline.com

5. Graduation Assessments – Literacy 12 & Evaluation de Litteratie

From January 13-24th, ALL grade 12 students will write the Literacy 12 Graduation Assessment. Grade 12 French Immersion students will also write the "Evaluation de Litteratie de la 12e annee" on January 13th -14th and be scheduled to do the oral component from Jan 13-24. All Grade 12 Students will receive information via Google classroom, and they will be emailed individual memos indicating the date and time of their assessment. Please note that this Graduation Assessments is required for graduation purposes. Students should prepare for this Literacy 12 assessment and attempt the sample assessments. Sample assessment and more information on Graduation Assessments can be found <u>HERE</u>. If students have questions, they can see Ms. Tanfara in the office or email at <u>ctanfara@wvschools.ca</u>.

6. Information Night for Incoming Grade 8 Students & Parents

Do you have a student currently in Grade 7? Join us for an Information Night for incoming Grade 8 students interested in attending Sentinel. Event scheduled for Tuesday, January 7th from 6:30pm – 8:30pm. No registration required. All are welcome.

7. Parents as Education and Career Coaches

EducationPlannerBC invites parents, families, and student supporters to join our virtual presentation on Tuesday, January 7, 2025. Learn about post-secondary education and career opportunities, as well as tools to best support your student in planning for their future. The information will be especially helpful for families with students in grades 10-12. EducationPlannerBC with SD 44, 45, 46, 48 School Districts: North Vancouver, West Vancouver, Sunshine Coast, Sea to Sky Tuesday, January 7, 2025 6:30pm – 7:45pm Registration is required. Register <u>here.</u> The session will be on MS Teams. For more information: support@educationplannerbc.ca

ONGOING HELPFUL INFO

8. Calendar & Block Rotation

View the 2024-2025 Calendar "At-a-Glance" HERE

For the Day 1 & Day 2 rotations - **See the NEW Block Rotation Calendar** <u>Jan 6th – Feb 28th</u> (The latest version will always be posted outside the office and on the homepage of our website.)

9. Sentinel PAC News

<u>MINDFUL CONNECTIONS: A FREE Student & Parent Online Workshop Series</u>: Looking to strengthen the bond between parents and teens? Join our FREE online workshop series designed for both students and parents! Explore powerful strategies to improve connection, manage stress, and create a positive, supportive environment at home. Each session is packed with practical tools, engaging activities, and real-life skills you can apply right away. Don't miss out—mark your calendar!

- 1. Understanding & Supporting Teen Mental Health: February 4, 7 PM
- 2. Mindfulness & Burnout Prevention: April 29, 7PM
- 3. Healthy Relationships & Communication: May 27, 7PM

The workshop series is led by Kristy Ambrose, M.C., RCC, at Westcoast Family Centres. For any inquiries, please reach out to Diane Shoar at frauen@naver.com To join the workshops, please click <u>HERE</u>

Message from PAC Regarding Traffic

Please support your teen to walk, cycle, scooter or use public transit to get to and from school each day. If you must drive a vehicle, please park at one of the <u>26 safe GREEN drop-off spots</u> in the neighborhood, so that your teen can <u>walk onto the school grounds</u>: <u>School Drop Off Map</u> Let's create a safe, sustainable, and pollution-free school!

Nora Gambioli, PAC Chair 2024-2025 sepac@wvschools.ca

PAC Meeting Join us for our next PAC meeting at 9:00am on Thursday, January 16th, 2024.

10.The 14th Annual Pajama Drive – Thank-you!

Sincere thanks to everyone who donated to the Pajama Drive for Admiral Seymour! Over 30 Sentinel students travelled to Admiral Seymour Elementary this week to spend some quality time with the Seymour students and hand out PJ's to them. In true Spartan style, they brought smiles to many faces as they played games, did crafts and puzzles, and had lots of fun together.

11. Remembrance Day Poster Contest

Please give a big congratulations to our Sentinel Secondary School Art students for placing 1st, 2nd, and 3rd, in District Legion Youth Remembrance Day 2024 poster contest.

Poster category:

BLACK AND WHITE POSTER:

1st place = Camille Gambioli – Camille's poster will move forward to the next level of the BC Yukon Division Contest

2nd place = Amy Zhao 3rd place =Olivia Y. Cho

COLOUR POSTER:

1st Place = Kyra Chen - Kyra's poster will move forward to the next level of the BC Yukon Division Contest 2nd Place = Bruce Ji

3rd place = Isabelle Cleland

Congratulations Sentinel Secondary School Art students!

12. Sentinel Athletics

The Senior Boys basketball team participated in the Howe Sound Senior Boys Basketball Tournament last weekend and won bringing home the 1st place plaque that will soon be on display in our school foyer. Congratulations boys! Go Spartans!

Player Registration Page on the website: To ensure your student's participation in their chosen sport, a parent/guardian must complete the Registration Form and submit the required sport fees via School Cash Online. Please note that only registered athletes will be eligible to join a team. Please find the Website registration page below:

REGISTRATION PAGE

If you have any questions regarding Athletics, please email: <u>sentinelathletics@wvschools.ca</u>.

13. Sentinel's Counselling Department

Counsellors are here to assist students with academic planning as well as mental health support. They are a wealth of information and assist students based on each student's last name. Lisa Ulinder (last names A-F) lulinder@wvschools.ca

Rebecca Britten (last names G-LIT) rbritten@wvschools.ca

Stefan Huskilson (last names LIU-SAM) shuskilson@wvschools.ca

Alex Thureau (last names SAN-Z) athureau@wvschools.ca

For more information from our counselling team please visit https://westvancouverschools.ca/counselling/

14. Grad 2025 & Post Secondary Info

We will be keeping you informed of the latest updates here in the Bulletin...please click on link to see Grad 2025 info: <u>Sentinel Grad 2025 September Bulletin</u>

- A. <u>Post Secondary Google Calendar:</u> PSI Events Calendar
- B. <u>BC Post Secondary</u>

BC Post Secondary Calendar

C. Grade 12 Parent Night Presentation:

G12 Parent Info Session

D. <u>UBC Information Session</u> <u>pre-recorded</u>

15. Sentinel Clubs 2024-2025

Sentinel has over 75 clubs from Aerial Photography to Yarn & Stitch Club. For a look at all the clubs, their meeting days & locations plus their Google Classroom Code to join please see the complete list <u>HERE</u>

16. Personal Digital Device Expectations

West Vancouver Schools and Personal Digital Device (PDD) expectations. Thanks to the collective efforts of our students, families, and staff on implementing these expectations. We've seen a significant improvement in how digital devices are used in our schools. Please see <u>HERE</u> for more information.

17. West Vancouver Schools Registration Opens January 15th, 2025

K-12 registration for both in-district and out-of-district students opens on January 15! If you have students in your family or network who are looking to join our district, please help spread the word about this important date. West Vancouver Schools offer a wonderful opportunity to be part of a community that values excellence in education. Our schools take pride in creating meaningful learning experiences and providing opportunities that support the growth, well-being, and success of every student. To learn more about registration expectations and processes, please visit our admissions page: <u>West Vancouver Schools Admissions</u>

We look forward to welcoming new students and families to our vibrant and supportive school community!

18. 2024/2025 Yearbooks

The **2024/2025 Yearbooks** are now available for purchase through School Cash Online. Don't miss out on capturing this year's memories - <u>click here</u> to secure your copy!

19. Annual Student Parking Pass

For those students parking at the school, please purchase a student's parking pass (\$25, *for extra car registered* +\$10) using School Cash Online and bring the receipt to the Main Office. If you need assistance with <u>SchoolCash Online</u> please email our Accountant, Allison Carruthers at <u>acarruthers@wvschools.ca</u>

20. Change of Address?

If there are any changes to address, legal custody, or citizenship status, please upload documentation to support the changes using <u>this link</u>. The changes will not be reflected until the documentation is submitted.

21. Winter Weather

With the temps dropping and possible winter conditions upon us - Please check the school district website for the most current information on school closures.

22. Roadworks on Chartwell Dr

Current road construction work on 1323-1298 Chartwell Drive 7:30am-5:30pm. For more info, please go to <u>www.westvancouver.ca/traffic</u> Please use alternate drop off/ pick up points.

23. In the Community

Community Connections & Events HERE

24. Our Contacts

Please contact us via email: General inquiries: <u>sentinel@wvschools.ca</u> Attendance related: <u>sentinelattendance@wvschools.ca</u> MyEducation help: <u>sentinelportalhelp@wvschools.ca</u> Teachers & Staff: please see our website for a complete staff list: <u>Staff Emails</u> <u>Sentinel Website & Calendar</u>

FOLLOW US ON INSTAGRAM & X.

Instagram: <u>@sentinel_SD45 / X: @sentinel_SD45</u> DISTRICT WEBSITE / SENTINEL WEBSITE