



Thursday, September 12<sup>th</sup>, 2024

### Calendar Upcoming

- September 17<sup>th</sup> - Cellphones in school (See PAC news below)
- September 19<sup>th</sup> - Terry Fox Run
- September 20<sup>th</sup> - PD Day (no school)
- September 24<sup>th</sup> - Grade 12 Parent Night (6:30pm at Sentinel)
- September 25<sup>th</sup> – Meet the Teacher night
- September 26<sup>th</sup> – Collab Day (9:30am start for all students)
- October 3<sup>rd</sup> – Photo Re-takes
- October 10<sup>th</sup> – PAC Meeting (9am start)

### OUR SCHOOL

1. Calendar & Block rotation Schedule
2. Policies & Procedures – Action Required
3. Sentinel Spirit Wear – deadline tomorrow
4. Meet the Teacher Night
5. Terry Fox Run
6. French Immersion Support Block
7. Theatre Company – Grade 8s
8. Math Contests
9. School Photos
10. Locks & Lockers
11. Parent Advisory Council (PAC) News
12. Sentinel's Counselling Department
13. Grad 2025 Info
14. Annual Student Parking Pass
15. Sentinel Athletics
16. Optional Insurance

### IN THE COMMUNITY (SEE BOTTOM FOR MORE INFO)

- A. **Unplugged Canada** - non-profit organization that aims to delay the introduction of smartphones to children until they reach at least age 14.

## 1. Calendar & Block Rotation

View the 2024-2025 Calendar “At-a-Glance” [HERE](#)

For the Day 1 & Day 2 rotations - **See the current Block Rotation Schedule [HERE](#)** (The latest version will always be posted outside the office and on the homepage of our website.)

## 2. Policies and Procedures – Action Required

**Please be aware that a new P+P form MUST be completed for each student, every school year.** Without a completed form, students are not permitted to access their Google classrooms, have their photos included in the yearbook etc. Permissions expire on August 31<sup>st</sup> each year. This form requires a Parent login and Password.

If you have previously created an account to complete the form last year, the account is the same. If you have forgotten your password, you can follow the instructions to reset it. After you have logged in, you have the option to either update a P+P form created last year or start a new one.

**Please find the link here:** <https://eforms.sd45.bc.ca/Form/PandP>

## 3. Sentinel Spirit Wear – order deadline tomorrow!

A group of senior students have designed a line of school spirit clothing which is available to purchase until TOMORROW, **September 13<sup>th</sup>**. Orders will be packaged and delivered to the school where it will be distributed to students.

[Sentinel School Spirit Clothing Store](#)

## 4. Meet the Teacher Night

We look forward to seeing you on the evening of **September 25<sup>th</sup> at 5:30 pm (The Welcome reception from 5:30pm-6:30pm is brought to you by PAC). Our “Meet the Teacher” Walk through your Student’s Timetable is from 6:30pm – 8:22pm** This is an opportunity for you to meet your student’s teachers and to learn more about the courses they teach. All students will receive their individual Timetables to share with parents before this event with information on class rotation details and teacher classrooms.

## 5. Terry Fox Run

Sentinel will be participating in the annual Terry Fox School Run on Thursday, September 19th. This is a fun school wide event! Students should wear comfortable shoes and clothing on the day with Sentinel colors (silver, navy blue & grey) or Sentinel clothing. If every student were to donate \$5, we would raise over \$5000 for Cancer research. Let's aim to raise a minimum of \$2000 as a school. Below is the link to donate. Please share with your friends and family!

<https://schools.terryfox.ca/78575>

## 6. French Immersion Support Block

Help for all Grades in French Immersion – there will be a support block for students needing extra support in French Immersion. Go to Room 306 Mondays and Wednesday: 8:00am -8:25am or Tuesdays and Thursdays: 3:00pm - 4:00pm. Students can get help with:

- Revision of a concept, rule, lesson, etc.
- Projects (individual or group)
- Preparation for tests, quizzes, dictations
- Personal organization, planning

## 7. Theatre Company

All Grade 8s interested in the Theatre Company: Apprenticeship 8 Program. Grade 8 students interested in getting more information on this year's production of *The Little Mermaid* please come and see Mrs. McGuinness-Gill in the Theatre (Room 249) or email her at [mmcguinnessgill@wvschools.ca](mailto:mmcguinnessgill@wvschools.ca) by Thursday, September 18, 2024.

## 8. Math Contests

We are pleased to offer a series of Math contests again this year. Interested students should join our Math contest Google classroom with the code sjdrxr

The first contest open for registration are the AMC 10, and AMC 12 Math contests, taking place on Wednesday, November 6th in the library. These contests are challenging but strong results could be an asset on post-secondary applications. Students can register with Mr. Ma in room 257. The cost for registration is \$5 and space will be limited. The deadline for registration is Thursday, September 19th. Late entries will not be allowed. More information about the contest can be found here: <https://maa.org/student-programs/amc/>

## 9. School Photos – Retakes October 3rd!

Re-takes for individual school photos for ALL grades will take place Thursday, October 3<sup>rd</sup>. If you already had your photo taken this year, please bring your current Artona photo QR code card to the session. For all photo inquiries and to order photos please go to Artona's website: <https://artona.com/contact-us>

## 10. Locks & Lockers

### **Grade 8s**

All grade 8s have been assigned a locker and have received a lock. Students MUST use the lock and locker assigned to them. Students may not use personal locks. Students are to keep their lock for their entire high school experience.

### **Grade 9s-12s**

Students in grades 9-12 have not been assigned a locker but may request a locker at the link below or in the accounting office. Students MAY NOT use an unassigned locker. Any student who uses an unassigned locker will have their items removed. Students are to use the lock the school has given them in a previous year. If a student needs a lock, please go to the accounting office.

LINK FOR GRADES 9-12 FOR LOCKER REQUEST: <https://forms.gle/9mTNzFLzptq3EySZ8>

## 11. PAC News

### Important Message for Sentinel Parents regarding CELLPHONES!

West Vancouver Schools is aligning with the BC government's new mandate by refreshing our policies on cell phones and other personal digital devices. Join us for an insightful session led by **Cari Wilson**, Vice Principal of Innovation & Technology with West Vancouver Schools, and moderated by **Michael Finch**, Principal of Sentinel Secondary School. In this session, we'll discuss:

- **Why the Decision Was Made:** Understand the rationale behind the new policies.
- **New Expectations:** Learn about the updated rules and their implementation.
- **How You Can Help:** Discover ways you, as crucial partners in your child's education, can support these changes.

**Date:** Tuesday, September 17

**Time:** 7:00 PM

**Online Link:** [Poster with Link](#)

Be informed, be involved, and help us shape a brighter future for our students! For any inquiries, please reach out to Diane Shoar [frauen@naver.com](mailto:frauen@naver.com)

### [PAC Meeting](#)

**Join us for our next PAC meeting at 9:00am on Thursday, October 10th, 2024.** We had a great turnout for our September meeting and look forward to having a high level of parent involvement this year!

### [Message From PAC Regarding Traffic](#)

Your Parent Advisory Council (PAC) welcomes you! Among our many activities, we are trying hard to stop the daily traffic congestion at the school entrance. Please support your teen to walk, cycle, scooter or use public transit to get to and from school each day. This provides exercise and an opportunity to meet other students! If you must drive a vehicle, please park at one of the **26 safe GREEN drop-off spots** in the neighborhood, so that your teen can **walk onto the school grounds:**

[School Drop Off Map](#)

Let's create a safe, sustainable, and pollution-free school!

**Nora Gambioli, Chair**

Sentinel Parent Advisory Council, 2024-2025

[sepac@wvschools.ca](mailto:sepac@wvschools.ca)

## [12. Sentinel's Counselling Department](#)

Welcome Back! Counsellors are here to assist students with academic planning as well as mental health support. They are a wealth of information and assist students based on each student's last name. We are excited to welcome back Ms. Britten to our team!

**Lisa Ulinder (last names A-F)** [lulinder@wvschools.ca](mailto:lulinder@wvschools.ca)

**Rebecca Britten (last names G-LIT)** [rbritten@wvschools.ca](mailto:rbritten@wvschools.ca)

**Stefan Huskilson (last names LIU-SAM)** [shuskilson@wvschools.ca](mailto:shuskilson@wvschools.ca)

**Alex Thureau (last names SAN-Z)** [athureau@wvschools.ca](mailto:athureau@wvschools.ca)

Important information regarding **Course Change/Request procedures** can be found here:

[Counsellor Info](#)

For more information from our counselling team please visit

<https://westvancouver.schools.ca/counselling/>

## [13. Grads of 2025](#)

We will be keeping you informed of the latest updates here...please click on link to see the latest Grad 2025 bulletin with important information sent out yesterday: [Sentinel Grad 2025 September Bulletin](#)

### [Upcoming University Fairs](#)

**UK University Fair – Tuesday, September 24<sup>th</sup> at SFU Campus Harbour Centre.** More information here: [Study in the UK](#)

## [14. Annual Student Parking Pass](#)

For those students parking at the school, please purchase a student's parking pass (\$25, *for extra car registered* +\$10) using School Cash Online and bring the receipt to the Accounting Office

beginning Monday, September 16<sup>th</sup> between 10:00am-3:00pm Monday to Friday. If you need assistance with [SchoolCash Online](#) please email our Accountant, Allison Carruthers at [acarruthers@wvschools.ca](mailto:acarruthers@wvschools.ca)

## **15. Sentinel Athletics**

**Sentinel Fall Sports** are well underway! The Sentinel Field Hockey, Soccer, Volleyball and Swim teams are already practicing and getting ready for their first games or competitions. Thank you to all the parents and staff who have stepped up this fall to coach and support our Sentinel teams. Although we were not able to field a cross country or bantam rugby squad this fall, we are thrilled that all our other teams are a go. To all the students that are trying out or have tried out for teams – you are amazing! The sheer numbers of interested athletes bodes well for the future of athletics here at Sentinel. Go Spartans!

If you have any questions regarding Athletics, please email: [sentinelathletics@wvschools.ca](mailto:sentinelathletics@wvschools.ca).

## **16. Optional Accident Insurance for Families**

Each year the school district reminds families that they have the option to purchase insurance coverage against accidental injury, unexpected medical expenses, and critical illness. There are many different voluntary plans that provide coverage for students and their families against accidental injury, unexpected medical expenses, and critical illness. Families are encouraged to do their due diligence when choosing a provider.

### **IN THE COMMUNITY**

**A. Unplugged Canada** - non-profit organization that aims to delay the introduction of smartphones to children until they reach at least age 14. You can read more about Unplugged Canada, and access the research material and details about our launch event on our website:

<https://unpluggedcanada.com/>

**Please contact us via email:**

**General inquiries:** [sentinel@wvschools.ca](mailto:sentinel@wvschools.ca)

**Attendance related:** [sentinelattendance@wvschools.ca](mailto:sentinelattendance@wvschools.ca)

**MyEducation help:** [sentinelportalhelp@wvschools.ca](mailto:sentinelportalhelp@wvschools.ca)

**Teachers & Staff:** please see our website for a complete staff list: [Staff Emails](#)

[Sentinel Website & Calendar](#)

***FOLLOW US ON INSTAGRAM & X.***

**Instagram:** [@sentinel\\_SD45](#) / **X:** [@sentinel\\_SD45](#)

[DISTRICT WEBSITE](#) / [SENTINEL WEBSITE](#)