



**First Annual National Forum on
Physical, Mental & Spiritual Health**

CALL FOR VOLUNTEERS!

Join our journey to empower, inspire, and
transform lives through health and fitness.
Together, we make every step count!

Where: Zoom Call @ 6:30 pm PT, Thursday, May 16th

Events will take place May 28th, June 1st & June 2nd

At various locations in West Vancouver

Scan the QR code to Register for the May 16th Orientation Session



You will receive: transportation reimbursement, T-shirt, meal, and a
chance to meet with like-minded individuals!

Visit CHFI.fit/Forum to learn more

