



Sentinel Athletics Coaching Opportunities for 2024/2025

Dear Sentinel Community,

Coaching and Assistant Coaching at Sentinel is one of the most rewarding experiences – it is an incredible opportunity to get to know our amazing students outside of the classroom and to help them develop important life skills: teamwork; fair play; resilience; work ethic, etc. If you have a history in sports or coaching, we want to have a conversation with you. Without coaches, our sports teams can't run.

To find out more about these coaching opportunities, please join us for an information session: **Thursday, June 6th at 7pm in the Sentinel Library.**

We will discuss what it's like to coach (or assistant coach) a Sentinel team such as: time commitment; coach responsibilities; and possible coaching positions for the 2024/2025 school year. We will provide light snacks and beverages for this event.

If you are a returning coach, we would love to see you at the event to share your experiences and be part of the conversation. Come for the food, come for the conversation, come to make a difference in our young athletes' lives!

Planned Sentinel Sports for 2024/2025:

Fall Sports:

1. Cheerleading (Full Year)
2. Cross Country
3. Field Hockey
4. Rugby
5. Soccer
6. Swimming
7. Volleyball

Winter Sports:

1. Basketball
2. Skiing and Snowboarding
3. Wrestling

Spring Sports:

1. Badminton
2. Golf
3. Mountain Biking
4. Rugby
5. Soccer
6. Spring Juvenile Volleyball
7. Tennis
8. Track and Field
9. Ultimate Frisbee

Go Spartans! Please email sentinelathletics@wvschools.ca if you have any questions.