



## February 29<sup>th</sup>, 2024

### Calendar Upcoming

March 6<sup>th</sup> – Let's Talk Shop - Youth Culture (in person at Sentinel)

March 7<sup>th</sup> – PAC Multi-Cultural Lunch

March 8<sup>th</sup> – Learning Update #2 Posted

March 12<sup>th</sup> – Grade 8 Parent Social

March 13<sup>th</sup> – Parents as Education and Career Coaches (online)

March 14<sup>th</sup> – 2<sup>nd</sup> Annual Spring Fling (Grade 8,9,10)

March 16<sup>th</sup> – March 26<sup>th</sup> – School Trip to Italy

**MARCH 16<sup>TH</sup> – April 1<sup>st</sup> SPRING BREAK**

**\*New Block Rotation Schedule March 4 – May 10\***

### OUR SCHOOL

1. Let's Talk Shop event
2. PAC Events (MCL & G8 Parent Social)
3. Learning Update #2 Posted
4. New Bike Racks
5. Ministry of Education 2024 Learning Survey
6. Spring Fling Dance (G8-G10)
7. Grad 2024 Info
8. Sentinel's Counselling Department
9. Athletics
10. WVS 2024 Summer Learning

**1. Let's Talk Shop - Unpacking Youth Culture** This is an **IN-PERSON** event at **Sentinel. Wednesday, March 6<sup>th</sup> from 6pm-8:30pm** join us for this **FREE** workshop and hear North Shore Youth share their experiences with peer pressure, mental health, drugs & more. Sign up through Eventbrite <https://sentinel-LTS2024.eventbrite.com> Flyer [HERE](#).

### 2. Parent Advisory Committee (PAC) News & Events

*"Growing our diverse school community through fun activities that support student needs."*

**PAC MEETING** – The next PAC meeting will be Thursday, March 14<sup>th</sup> at 9am in the school Library Mezzanine level.

**MULTICULTURAL LUNCH (MCL) 2024** – EXCITEMENT IS BUILDING and MORE DONATIONS & VOLUNTEERS NEEDED

Our largest fundraiser of the year, the Multicultural Lunch, is IN ONE WEEK - **Thursday, March 7th!** Please be a part of this wonderful event - **For more information and SIGN UP HERE:** [MCL Sign-Up](#)

**Monetary Donations are greatly appreciated.** If you cannot cook or volunteer, donate: Please send via e-transfer to [SentinelPAC@gmail.com](mailto:SentinelPAC@gmail.com) or cash/cheque donations (payable to Sentinel PAC) and delivered to the Sentinel office in an envelope with your name and which table you wish to support (if you choose). Thank-you in advance for your help!! Contact Melanie Miao, [melaniemiao99@gmail.com](mailto:melaniemiao99@gmail.com) with questions.

## **GRADE 8 PARENT SOCIAL!**

**Your Parent Advisory Council is hosting a SOCIAL evening, just for Grade 8 parents!** Join with fellow parents who are also navigating the teen years, make connections, and raise funds for Legacy Projects:

- **When: Tuesday, 12th March, 6:30pm - 9pm**
- **Where: Milestones Restaurant, Park Royal**
- **Cost: \$20 per person; includes appetizers**

Purchase your tickets here: [School Cash Online](#)

### **PAC COMMUNITY LIAISONS:**

PAC have "specialised" parents who represent our parent communities. Please contact:

**Korean Community:** Diane Shoar [frauen@naver.com](mailto:frauen@naver.com)

**Chinese Community:** Melanie Miao [melaniemiao99@gmail.com](mailto:melaniemiao99@gmail.com)

**Persian Community:** Farzaneh Bamani [farzaneh.bm@gmail.com](mailto:farzaneh.bm@gmail.com)

If you have any questions or would like to volunteer for PAC, please contact Nora Gambioli at [sepac@wvschools.ca](mailto:sepac@wvschools.ca)

## **3. Student Learning Update #2 posted to MyEd – Friday, March 8<sup>th</sup>, 2024**

Parents will be able to access Student Learning Updates #2 on the MyEd family portal Friday, March 8<sup>th</sup> at the end of the school day. **Family Portal Important Notes:**

**Log In Before March 8<sup>th</sup>, 2024** - Please be sure to logon to your MyEd Family Portal account so that you can access upcoming learning updates and other published reports. This will ensure you will be able to see your child's learning update when it is posted.

- Family Portal Link: <https://www.myeducation.gov.bc.ca/aspden/logon.do>
- [Logging-In Quick Guide](#)
- [MyED BC Parent Portal Tutorial](#) – video tutorial
- **Username/Password/Recovery** – Please record your username and password. Furthermore, confirm you have set up your 'password recovery' function to allow you to reset your own password.
  - [Password Recovery Guide](#)
  - Video - [Log In/Password Recovery How to Video](#)

If you need support with your family portal account, please email us at [sentinelportalhelp@wvschools.ca](mailto:sentinelportalhelp@wvschools.ca)

## **4. New Bike Racks**

Two new bike racks are being installed in front of the school to add to the existing ones already in place. To complete the installation, the current bike racks will be temporarily unusable from March 5 – 8th to re-configure. Please note that there are a few other locations where bikes/scooters can

be securely fastened around the school site, however they are not necessarily under cover. We are sorry for the brief inconvenience. Huge thanks to Sentinel PAC for their generous gift of the new bike racks. We look forward to accommodating even more riders to school in the very near future.

## [5. Ministry of Education 2024 Student Learning Survey - Gr 10 & 12 Parents](#)

The **Student Learning Survey 2024** is to be completed by May 3<sup>rd</sup>, 2024. The Provincial Student Learning Survey gathers information on topics related to school environment, safety, and achievement. The information is used for planning in individual schools and provides a district and provincial perspective. It will be administered to students in Grades 10 and 12, their parents/guardians/caregivers, and all school staff. The surveys contain standard questions for the province. It is simple, secure, and can be accessed by selecting the school district and school name where your child attends school.

Go to [www.bced.gov.bc.ca/sat\\_survey/access.htm](http://www.bced.gov.bc.ca/sat_survey/access.htm)

Under the section *Direct Access – no logon number required* select:

- District: the name of your child's district - #45
- School: the name of your child's school – Ecole Sentinel Secondary
- Language: the language of your choice

Thank you for your time in completing this survey!

## [6. Spring Fling Dance \(Grades 8-10\)](#)

**When:** Thursday, March 14<sup>th</sup> 7:00pm - 9:00pm (doors open at 6:30pm)

**Where:** The Sentinel Gym

**Theme:** "Wear white for the black lights"

- DJ will be J-Z Entertainment!
- There will be dance prizes on the floor, glow-in-the-dark face painting, and photobooth.
- Tickets and food sales available through **Sentinel Cash Online**.  
Early bird price tickets, \$12: now through March 4<sup>th</sup>  
Regular price tickets, \$15: March 5<sup>th</sup> - March 13<sup>th</sup> (noon)

All Sentinel dances are supported on-site by teacher volunteers and a professional security company.

## [7. Grad 2024 Information](#)

### [Scholarships 2024](#)

The West Vancouver Foundation offers a wide variety of scholarships available to Sentinel students. Please see scholarship list and deadlines here:

<https://westvanfoundation.ca/grants-scholarships/scholarships>

### [Post-Secondary Events Calendar](#)

This calendar is a district resource that contains links to many different post-secondary events both in person and virtually. We encourage families of Grade 10 to 12s to add it to their google calendar. [Post-Secondary Events Calendar](#)



## **8. Sentinel's Counselling Department**

Counsellors are here to assist students with academic planning as well as mental health support. They are a wealth of information and assist students based on each student's last name.

**Lisa Ulinder (last names A-F)** [lulinder@wvschools.ca](mailto:lulinder@wvschools.ca)

**Jennifer Murray (last names G-LIT)** [jmurray@wvschools.ca](mailto:jmurray@wvschools.ca)

**Stefan Huskilson (last names LIU-SAM)** [shuskilson@wvschools.ca](mailto:shuskilson@wvschools.ca)

**Alex Thureau (last names SAN-Z)** [athureau@wvschools.ca](mailto:athureau@wvschools.ca)

For more information from our counselling team please visit:

<https://sentinelcounselling.weebly.com/>

## **9. Athletics**

### **Grade 8 and 9 Boys Volleyball**

Tryouts for the Grade 8 and 9 boys volleyball team will take place on March 7<sup>th</sup> and 8<sup>th</sup> at 3pm in the main gym. Anyone interested in playing on the team this year should attend these practices.

### **Sentinel BADMINTON Extra-Curricular Teams:**

For those who have children interested in playing on either the Sentinel JR or SR Badminton Teams this year, please be aware:

**Sign-up sheets will be posted March 1st outside Room 254 for each team**

If you have questions – email Ms. Lara Winstone at [lwinstone@wvschools.ca](mailto:lwinstone@wvschools.ca) or your child(ren) can see her mornings in Rm 254

**Badminton Tryouts will be:**

- JR Tryouts – Mon March 11th – Main Gym, 3pm start
- SR Tryouts – Tues March 12th – Main Gym, 3pm start

### **GOLF TEAM Sign-up & Info LUNCH Meeting will be on Monday March 4<sup>th</sup> :**

- If you have a child(ren) interested in being on the **Sentinel GOLF TEAM**, this Spring then you must come to this mandatory meeting at lunch!
- **Starts at 1pm in Rm 254 on Monday March 4<sup>th</sup>**

If you have questions, prior to the meeting you can come see Coach Winstone in Rm 254 or send an email to [lwinstone@wvschools.ca](mailto:lwinstone@wvschools.ca)

If you have any questions regarding Athletics, please reach out to Todd McGowan or Brooks McNiven, our Sentinel Athletic Directors [sentinelathletics@wvschools.ca](mailto:sentinelathletics@wvschools.ca)

Please follow Sentinel Athletics [@sentinelathletics](https://www.instagram.com/sentinelathletics) on Instagram for up-to-date information and other exciting Athletics content.

## **10. 2024 Summer Learning with West Vancouver Schools**

Save the date! Summer Learning registration opens on Monday, April 8 at 8:00am. For more information, please refer to the Summer Learning information flyers ([secondary](#)) or the [Summer Learning Website](#).

## **IN THE COMMUNITY**

**A. Camp Ignite Mentorship Program** for girls in Grades 11 &12 only. Runs from August 8-11. Application deadline is May 1<sup>st</sup>. See Flyer [HERE](#)

## **Upcoming Workshops & Presentations:**

- **West Vancouver Schools DPAC event.** An evening with Diana Divecha PHD. We are all connected: How Families can Support Children's K-12 Peer Relationships. **See flyer [HERE](#).**
- **Parent as Education & Career Coaches (Online presentation) Weds, March 13th**  
**EducationPlannerBC and SD 45 West Vancouver** invite parents, families, and student supporters to join our virtual workshop: **Parents as Education and Career Coaches (PECC) on Wednesday March 13, 2024, from 6:30pm to 8pm. See Flyer [HERE](#).**  
Learn how you can support your student in planning for their future. The information will be especially helpful for families with students in Grades 10-12.  
Hosted on MS Teams webinar. Registration is required.  
Register using [the link here](#).  
For more information: [support@educationplannerbc.ca](mailto:support@educationplannerbc.ca)  
Contact: [LAlldred@wvschools.ca](mailto:LAlldred@wvschools.ca)

**Please contact us via email:**

**General inquiries:** [sentinel@wvschools.ca](mailto:sentinel@wvschools.ca)

**Attendance related:** [sentinelattendance@wvschools.ca](mailto:sentinelattendance@wvschools.ca)

**MyEducation help:** [sentinelportalhelp@wvschools.ca](mailto:sentinelportalhelp@wvschools.ca)

**Teachers & Staff:** please see our website for a complete staff list: [Staff Emails](#)

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