



## December 21st, 2023

### Calendar Upcoming

December 22 – Early Dismissal (Noon)

**December 23 – January 7<sup>th</sup> – WINTER BREAK**

January 10 – Grade 7 Open House

January 18 – PAC Meeting (9am)

January 18 – AP Info Night (7pm)

January 23 – Sentinel Iron Chef

January 25 – Winter Formal

January 22-26 – Grad Assessments

### OUR SCHOOL

1. PJ Drive Thank-you
2. PAC News & Events
3. Grade 7 Open House
4. Grad Assessments
5. Pink T-Shirt Order
6. 2023-2024 Yearbooks
7. Grad 2024 Info Winter Formal & Scholarships
8. Sentinel's Counselling Department
9. Athletics
10. Premier Academies Registration

### IN THE COMMUNITY

#### A. HYTE Program

#### Block Rotation Schedule Jan 8th - Mar 1st

#### 1. 13th Annual Pajama Drive – Thank-you!

Thank you to everyone who donated to the 13th Annual Pajama Drive for Admiral Seymour!! 142 pairs of pj's were delivered to the Admiral Seymour kids by 50 Sentinel students and staff. There were lots of smiles and laughter as Sentinel students spent some quality time connecting with the Seymour kids this past Monday. This could not have happened without the generosity and support of the Sentinel community. Thank you and Happy Holidays!!

## 2. Parent Advisory Committee (PAC) News & Events

*“Growing our diverse school community through fun activities that support student needs.”*

- A big **THANK-YOU** to the Grade 9 & 11 families who donated cash & food to the Teachers Holiday Luncheon Dec 19<sup>th</sup>.

See more photo's here: [PAC](#)

[Holiday Lunch](#)

- Our first **PAC Meeting** of 2024 will be held on January 18<sup>th</sup> at 9am in the Sentinel Library Mezzanine.

- **Upcoming Workshops on Parenting Teens:**

Sentinel PAC invites you to four virtual parent education workshops, “Parenting Teens”.

In these free workshops, you will learn to improve communication with your teens; how to support your teens to use devices positively; how to support your teens to experience less anxiety and increase their coping skills; and to obtain practical strategies to support your teens to develop resilience. Get the tools you need to help your teens succeed in this world! Teams link will be provided closer to the event dates. For further information, please

contact Diane Shoar at [frauen@naver.com](mailto:frauen@naver.com)

**JANUARY 23 at 7pm: Communicating with Teens**

**FEBRUARY 27 at 7pm: Teens and Technology**

**APRIL 23 at 7pm: Teens and Anxiety**

**MAY 28 at 7pm: Developing Resilience in Teens**



If you have any questions or would like to volunteer for PAC, please contact Nora Gambioli at [sepac@wvschools.ca](mailto:sepac@wvschools.ca)

### **PAC COMMUNITY LIAISONS:**

PAC have "specialised" parents who represent our parent communities. You may contact:

**Korean Community:** Diane Shoar [frauen@naver.com](mailto:frauen@naver.com)

**Chinese Community:** Melanie Miao [melaniemiao99@gmail.com](mailto:melaniemiao99@gmail.com)

**Persian Community:** Farzaneh Bamani [farzaneh.bm@gmail.com](mailto:farzaneh.bm@gmail.com)

## 3. Information Night for Incoming Grade 8s

Sentinel Admin will be hosting an information night for incoming Grade 8 parents for the 2024-2025 school year on January 10<sup>th</sup>, 2024, at 6:30pm at Sentinel Secondary. Parents/Guardians and students are welcome!

## 4. Grade 12 Graduation Literacy and Evaluation de literatie de la 12 annee Assessments.

All Grade 12 Sentinel students will be writing the Grade 12 Literacy Assessment this school year - this assessment is required for graduation. Your first opportunity to complete this assessment is January 15<sup>th</sup> – 26<sup>th</sup>, 2024. All Grade 12 students will be registered to complete the assessment during this period. The Ministry of Education allows students three opportunities to complete the assessment if desired. French Immersion Grade 12 students will also be completing the Evaluation de literatie de la 12 annee Assessments in January as well. The oral component of the assessment

will take place on January 16th during their FRAL class. The written component is scheduled for January 25th, 2024. Students will be provided with their exam date and time mid December 2023.

## 5, Pink T-Shirt Order



**Pink Shirt Day is Feb 28<sup>th</sup>, 2024.** If you would like to order a PINK T-SHIRT for your child(ren), you can order through SchoolCashOnline until **3pm, Friday, January 12, 2024.** Shirts are available in all sizes and cost \$11.68 each.

- <https://westvancouver.schoolcashionline.com/>
  - For more info go to: <https://www.pinkshirtday.ca/>
- Wearing a Pink Shirt on Feb 28<sup>th</sup> shows support for being kind and helping others to stop bullying. Let's #LiftEachOtherUp!!!

## 6. 2023-2024 Yearbooks

Now is the time to buy your yearbook through [SCHOOL CASH ONLINE](#) This school designed annual captures all the special moments from the entire year, from warming friendships to events and accomplishments. Don't pass up the opportunity to carry these priceless memories in your hands forever!

## 7. Grad 2024 Information

### Winter Formal

On the eve of January 25th, 2024, from 6:45pm-9:45pm the Winter Formal will be held at Sentinel for Grade 11 and Grade 12 students. Come and enjoy Dancing, Casino, Snacks and more.... Tickets go on sale first week of January 5th through SCO.

### Scholarships 2024

The West Vancouver Foundations offers a wide variety of scholarships available to Sentinel Students. Please see scholarship list and deadlines here:

<https://westvanfoundation.ca/grants-scholarships/scholarships>

### Post Secondary Events Calendar

This calendar is a district resource that contains links to many different post-secondary events both in person and virtually. We encourage families of grade 10 to 12s to add it to their google calendar.

[Post-Secondary Events Calendar](#)



## 8. Sentinel's Counselling Department

Counsellors are here to assist students with academic planning as well as mental health support. They are a wealth of information and assist students based on each student's last name.

**Lisa Ulinder (last names A-F)** [lulinder@wvschools.ca](mailto:lulinder@wvschools.ca)

**Jennifer Murray (last names G-LIT)** [jmurray@wvschools.ca](mailto:jmurray@wvschools.ca)

**Stefan Huskison (last names LIU-SAM)** [shuskilson@wvschools.ca](mailto:shuskilson@wvschools.ca)

**Alex Thureau (last names SAN-Z)** [athureau@wvschools.ca](mailto:athureau@wvschools.ca)

For more information from our counselling team please visit:

<https://sentinelcounselling.weebly.com/>

## **9. Athletics**

If you have any questions regarding Athletics, please reach out to Mark Fenn or Brooks McNiven, our Sentinel Athletic Directors [sentinelathletics@wvschools.ca](mailto:sentinelathletics@wvschools.ca)  
Please follow Sentinel Athletics [@sentinelathletics](https://www.instagram.com/sentinelathletics) on Instagram for up-to-date information and other exciting Athletics content.

## **10. Premier Academies Open for Registration!**

The 2024-2025 Premier Academies and District Programs are open for registration! Please visit <https://westvancouver.schools.ca/programs/> for further information.

**Premier Academies:** Badminton, Baseball, Basketball, Fencing, Field Hockey, Robotics, Rugby, Soccer, Tennis, Volleyball

**Premier Programs:** Carpentry, Cybersecurity and AI, Fashion Industry, FAST, Honour Choir, Outdoor Recreation, 200 Hour Yoga, YELL Entrepreneurship 12

## **IN THE COMMUNITY**

**A.** HYTE Registration is Now Open! The Spring Set of the HYTE Program is starting this February 2024! HYTE is a tech entrepreneurship program for Grade 9-12s. HYTE sessions are on Saturdays, 10-11:30AM at the Lions Gate Community Centre from February 3rd, 2024, to June 8th, 2024. All program and registration details can be found [here](#). Consent form can be found [here](#). For more details, please email [dibai.yasmin@gmail.com](mailto:dibai.yasmin@gmail.com). [LinkedIn](#) | [Instagram](#) (@hyte.program)

**Please contact us via email:**

**General inquiries:** [sentinel@wvschools.ca](mailto:sentinel@wvschools.ca)

**Attendance related:** [sentinelattendance@wvschools.ca](mailto:sentinelattendance@wvschools.ca)

**MyEducation help:** [sentinelportalhelp@wvschools.ca](mailto:sentinelportalhelp@wvschools.ca)

**Teachers & Staff:** please see our website for a complete staff list: [Staff Emails](#)

***FOLLOW US ON INSTAGRAM & X.***

**Instagram:** [@sentinel\\_SD45](https://www.instagram.com/sentinel_SD45) / **X:** [@sentinel\\_SD45](https://twitter.com/sentinel_SD45)

[DISTRICT WEBSITE](#) / [SENTINEL WEBSITE](#)