

SENTINEL PARENT ADVISORY COUNCIL MEETING

Held on Wednesday, Feb. 8, 2023
Sentinel Secondary Rm 203

COUNCIL IN ATTENDANCE:

Cathy Yeung	President
Melanie Miao	Vice President
Nora Gambioli	DPAC Representative

PRESENT: Shabnam Taheri, Anna Chin, Victoria Mendes, Gem Chu, Sarahbonstun Havaw, Jatinder Sidhu, Maryam Morshedi, Hannah Ktm, Valeriva Dudchenko, Elham Danesh, Arezoo Memarzadch, Soroush Leghmani, Yuning Zhang, Sayena Sattar, Nivsha Pasha, Keneshweh Keyhani, Salima Lalani, Lulu.

Meeting was called to order at 9:15am.

Meeting Agenda

1. Opening Remarks- Cathy Yeung (1 Minutes)
 2. Approval of agenda and Jan 2023 minutes --- All (1 Minute)
 3. Valentine's Treats Day February 14 updates-Gem (5 minutes)
 4. Grad Updates - Sarah (5 Minutes)
 5. DPAC Report - Nora (5 Minutes)
 6. Special Guest: School Board Trustee for Sentinel - Felicia Zhu (5 Minutes)
 7. Principle Report --- Mr. Finch (15 Minutes)
 8. Miscellaneous Matters and Free Discussion (5 Minutes)
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9. Multicultural Lunch Tables Planning Meeting at 10:00am-11:00am, Table Menu & Food quantity and Cost Estimator for all Table Coordinators and Helpers.
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1. Cathy started the meeting by welcoming all to Sentinel PAC and introduce all PAC executives and members at large.
 2. Approval of the agenda and minutes Jan 2023. Motion to approve the agenda and the minutes first by Shabnam Taheri and Second by Jatinder Sidhu . All in favour.
 3. Valentine's Treats Day February 14 (Tuesday) - Gem

We have received generous monetary donations from Grade 10 parents. We will buy more savory and deserts items for our teachers.

4. Grad Event - Sarah

- a. The Winter Senior Semi formal on January 26 for G11 and G12 was very successful. Our kids had lots of fun.
- b. Next grad event - the Food Trucks schedule in the Spring.

5. DPAC Report - Nora

- a. Parent Education Night will be on March 1, 2023. And all the parents are welcome.
- b. Physical Literacy is getting improved in our school district by group of researchers from UBC. In 2016, only 2% of kids aged 6-8 years old knew how to balance themselves in physical literacy. But now, after several years training, 80% of 6-8 years old kids in Elementary school can make it!

6. Sentinel School Board Liason Trustee - Felicia Zhu,

Felicia is passionate about public education. School board is just a governance body, and cannot interfere with school running. As a trustee, her main role is to listen to different people, and bring voices back to the school table. Encouraging our parents to attend the parents education session to get to know what's going on at school and have a better understanding of education

7. Mr. Finch, Sentinel's Principal:

- a. Welcome school trustee Felicia Zhu.
- b. Thank you to Sarah, Cathy, Melanie and others for two great events: Winter Formal and Asian New Year.
- c. More than 270 students attended the winter semi-formal party. Our kids had fun with their friends.
- d. Almost 100 students took part in the lunar new year celebration. Wonderful to see so many talented students take great pride in the event.
- e. Grad events: Sanctioned vs Unsanctioned. We still have the food Truck, Banquet and Commencement as formal events sponsored by school
- f. Reminded to parents that typically students engage in "non-sanctioned" events such as Grad kidnap, Car Rally, Spy vs Spy and more. The school in no way sponsors these events. Parents are strongly encouraged to have conversations with their kids to discuss the concerns surrounding these events and making healthy and wise choice.
- g. Semester 1 reports released tomorrow Feb 9 - these are final marks for all semester 1 courses. Busy time of the year as we are winding up Semester 1 and preparing for the start of Semester 2.
- h. Trustee Liaison meeting - PAC members Cathy Yeung and Nora Gambioli will be attending with Principal Finch to discuss topics such as sense of belonging and mental health with other secondary admin and PAC's.

- i. FOS Blanket Journey at Sentinel on April 5th, 6:00-8:00: Sentinel will be hosting the event which will include staff and parents from Sentinel's family of schools. Max of 13 parents from Sentinel can attend. Please send email to Cathy at cathysentinelpac@gmail.com if you are interested to participate by Monday, March 6. If there are more than 13 parents who sign up, we will do a draw.
- j. Code of conducts (welcoming, sense of belonging, inclusive, safe), each school have their own and will be updated
- k. Grade 7 transition - Lots going on in the process of transitioning elementary students to secondary. School committee, led by Mr. Anderson, is working hard to ensure all students coming to Sentinel feel welcomed.
- l. CHAT GPT - New artificial intelligence app that can literally write for you. Becoming a hot topic at Universities and schools around the world. Important for parents to have discussions with their children about the use. Perhaps this information could be part of a parent information session.
- m. Multicultural lunch - Sentinel students eagerly awaiting this year's MCL schedule on Thursday, March 2. Huge thanks to PAC for their support and organization of this great event.

8. Miscellaneous Matters and Free Discussion

Meeting was adjourned at 10:45am.

9. Multicultural Lunch Planning Meeting: 10:10 am -11:00 am

*Multicultural lunch will be held on March 2 and sponsored by all grades parents.

Each ticket will be \$2 each. This major fundraising event will raise funds for Sentinel Scholarships, Teachers wish list and other school items.

*We will serve over 1200+ students and staff lunch starts at 12:00 noon. Setup starts at the gym at 11:15 am and please bring tablecloths and your country decorations.

*If any tables that need electric plug in to their warmers, please let Cathy know ahead of time, so we can arrange your table on the left side of the gym.

*All Table Coordinators, please send their menu and quantity and price per dish to Cathy by Friday, Feb 17.

*Thank you to all table coordinators, helpers and parents for all their support and generosity.