



January 19, 2023

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1. Calendar Reminder:

- Tuesday, January 24 AP Information Night 7:00 pm in the school library
- Wednesday, January 25 Gr 8-11 Course Planning Night (details below)
- Thursday, January 26 Winter Formal for grade 11 & 12
- Friday, January 27 Professional Day – no school in session
- Monday, January 30 Scheduled Classes will run for those students that need to attend to complete required work, but attendance will not be taken.
- Tuesday, January 31 No Scheduled Classes, last day of Semester 1

2. Grade 12 Graduation Literacy Assessment: January 23 – 26

All Grade 12 Sentinel students will be writing the Grade 12 Literacy Assessment this school year - this assessment is required for graduation. Your first opportunity to complete this assessment is January 23rd – 27th, 2023. All Grade 12 students will be registered to complete the assessment during this period, and we recommend you complete it in January. The Ministry of Education allows students three opportunities to complete the assessment if desired.

Students should prepare for this exam. Sample exams, videos and more information can be found here: <https://curriculum.gov.bc.ca/provincial/grade-12-literacy-assessment>. All Grade 12 students should try the sample exams (printed or online) and review the scoring guide. Developing a familiarity with the types of exam questions and computer interface will support students to be successful in this exam.

3. Sentinel's Counselling Department

Grade 8 Student Course Planning is next week, a separate email is going out to parents.

Grade 9-11 Student Course Planning

Presentations will take place in classrooms as well as lunchtime and X block during the month of February (semester 2).

Schedules will be posted on Grad google classrooms in the next couple of weeks.

PowerPoints will be available on the Sentinel website on January 19th.

Grade 8-11 Parent Information for course planning (attending the grade your student is currently in)

Grade 8: 5-6pm in the library

Grade 9: 5-6pm in the cafeteria

Grade 10: 6:15-7:15pm in the library

Grade 11: 6:15-7:15pm in the cafeteria

Winter Senior Semi: Inviting all Sentinel grade 11 and 12 students!

Thursday January 26th from 6:45pm-9:45pm at Sentinel Secondary School.

Tickets are \$45 and can be purchased through school cash online.

Ticket includes: DJ, dancing, photobooth (photos printed on site), mock casino with staff, prizes, security, snacks, candy bar and drinks.

A coat check will be available for all coats, purses and bags. No in and out privileges.

Grad Gown Order Form: Please check your Grad Google Classroom for the form to order your Grad Gown. Orders are due by February 6th @ 3:00 PM.

Grade 12 Student Scholarship Opportunities, click [HERE](#) for more information.

- **2023 Provincial Scholarship Awards:** Each year the Ministry of Education and Child Care provides over 13,500 scholarships to eligible graduating students. Please review this [program summary](#) and use the new [Provincial Scholarships Program infographic](#) to start conversations with your students about the [BC Achievement](#), [District/Authority](#), [BC Excellence](#), or [Pathway to Teacher Education](#) scholarships. Contact scholarships@gov.bc.ca if you have any questions.

For more information from our counselling team please visit:

<https://sentinelcounselling.weebly.com/>

4. Spartan Athletics

Mark Fenn, Sentinel Athletic Director: sentinelathletics@wvschools.ca

You can follow Sentinel Athletics (@sentinelathletics) on Instagram for up-to-date information and other exciting Athletics content.

5. Sentinel PAC

Happy New Year to all Sentinel families!

1. Winter Semi Formal: PAC is looking for gift card or cash donations for prizes at this event. Deadline for donations is January 20th. Please submit to the main office.

2. Valentine's Treats Day February 14, 2023 (Sponsor by Grade 10)

It is a tradition at Sentinel to show our love and appreciation to all our teachers and staff on Valentine's Day. This year our Valentine's Treats Day is February 14, 2023. Please sign up at the [Perfect Potluck link](#).

3. Multicultural Lunch (MCL) Thursday, March 2 (Sponsor by all grades)

To assist with the planning, we are using PERFECT POTLUCK [electronic sign-up](#). To sign up just click on the link (or links) below, and enter your contact information and the dish you will provide. The Table coordinator will contact you with further instructions. If there is no assigned Table Coordinator for the table you are interested in, please consider serving in this capacity. Remember, it is you, the parent volunteers, who make this event a success!

If you are unable to volunteer, we greatly appreciate monetary donations (cash/cheque [payable to "Sentinel PAC"](#) or via e-transfer SentinelPAC@gmail.com). Donations will offset our expenses (tickets, plates, cutlery, etc.) and help Table Coordinators to purchase food items for designated tables. All donations should go to the Sentinel office in an envelope with your name (optional) and the table you wish to support. We thank you in advance for your kind generosity.

To sign-up for the Table Coordinator, a table helper or donate a dish ([click here](#))

To sign-up as Baked Goods Table Coordinator, a table helper, or donate a dish ([click here](#))

To sign up as a Drinks Table Coordinator, a table helper, or donate drinks. Cans and plastic bottles only, please. No juice boxes. No glass ([click here](#))

To sign up as Salad Table Coordinator, a table helper, or donate a dish ([click here](#))

To sign up as a Tickets Coordinator, or a helper to sell tickets. ([click here](#))

PAC Resources - Agenda and Minutes please click on the link below:

<https://westvancouver.schools.ca/ecole-sentinel-secondary/parents/pac-resources/>

If you have any questions or want to get involved and help Sentinel PAC, please send email Cathy at cathysentinelpac@gmail.com

6. Sentinel Stage

Sentinel Stage is actively rehearsing and designing our annual production, *You Can't Take It With You*. This 1930's classic comedy is looking several pieces that perhaps might be hiding in the basements and/or attics of our fellow Spartans.

- big dining table (dark wood) that is able to have 12 people/chairs surrounding it - a vintage table that could pass as being from the early 20th century
- vintage dining table chairs OR a set of 6/8 that we could add to
- xylophone and xylophone hammers/mallets
- standing painting easel
- a printing press
- Coat rack (wooden)

If you have unearthed these treasures please email Mrs. McGuinness-Gill at

mmcguinnessgill@wvschools.ca

Thank you! 😊

7. Jazz Cafe - January 19th @ 7:00 PM

RnB Band | Jazz A Band | Sentinel Library

Come and celebrate our Jazz A and RnB Band's last performance of the term in a seated, coffee-shop style atmosphere! Have some tea or a slice of cake while you enjoy music from some of our top musical groups at Sentinel! Admission by Donation.

8. 2023 YEARBOOKS – deadline to purchase is January 31st

Yearbooks are available to purchase on School Cash Online. Last year we sold out, so please make sure to purchase before January 31, 2023!

9. Canadian Computing Competition (CCC) – Wed February 15th afternoon:

Do you know a current Sentinel student who is interested in programming in a text-based language like C, C++, Python or Java? Are they looking for a challenge?

If so, they should consider writing the Canadian Computer Competition (CCC) on Wednesday February 15th in the afternoon (during Periods 1 and 2). The cost of the CCC is \$8; exact cash or a cheque for \$8 payable to "Sentinel Secondary" can be brought to Ms. Winstone in Room 254.

For more info go to: <https://www.cemc.uwaterloo.ca/contests/ccc-cco.html>

If a student is interested, then they should use the link that follows and read the instructions and create an account for the CCC online grader, that is associated with Sentinel Secondary:

<https://drive.google.com/file/d/1hUiiIGNL3hMAuHfMvMUPGeUx1pis7QCD/view?usp=sharing>

- Creating an account is free, and does not mean you will write the CCC for sure
- The student can see if they WANT to write – and then bring Ms. Winstone \$8
- Giving the \$8 to Ms. W is what assures a spot for a current Sentinel student to write the contest

If you have any questions about the CCC, please email Ms. Lara Winstone at lwinstone@wvschools.ca

10. X-Block Opportunities

Here is a list of x-block opportunities available at Sentinel. [LINK](#)

BC Lions Presentation: The Careers 8 and 9 teachers are excited to announce that the BC Lions will be giving a special presentation to all grade 8 and 9 students during x-block (1:20pm) on Tuesday January 24th in the gym. The presentation is titled "Be More than a Bystander" and it will focus on the importance of creating a safe environment in the school, what it means to be more than a bystander, and how students can initiate change. Attendance will be taken.

11. 2023-2024 Carpentry: Youth Train in Trades Applications

The West Van School District's Carpentry: Youth Train in Trades is for students who are keenly interested in acquiring industry recognized skills and certification in carpentry, construction and related trades. By completing this program students receive 16 credits (4 courses) towards high school graduation, in addition to Level 1 Carpentry Training. Students learn lifelong skills, participate in work experience, and have the opportunity to learn right on the job site! To learn more about the program visit this site and to apply click here. If you have any questions, email Parnaz Kashani: pkashani@wvschools.ca & Akina Weitzel: Aweitzel@wvschools.ca

12. 5th Annual Med Ed Conference

The Lions Gate Hospital's Foundation's Youth Advisory Committee invites all high school and undergraduate students who are interested in the medical field to join us for our 5th Annual Med Ed conference! This year's theme is Pathways through Medicine and will be at the Hope Centre at the Lions Gate Hospital on February 18th at 10:00am.

This conference is a platform for students to learn more about the journey into a career in medicine and health care, so come and listen to all of our incredible speakers and panelists who can help provide insight into the many pathways medicine has to offer!

Tickets are available for purchase at <https://lghfoundation.com/event/meded-conference-2023/>. Early Bird Tickets at \$25 are available until February 12th at midnight (Regular Tickets at \$30), buy your ticket as soon as possible as seating is limited.

13. Vancouver Coastal Health

Are your Child's vaccinations up to date? [LINK](#)

Feeling sick? Stop the Spread [LINK](#)

Appointments for **Covid and flu vaccination** can be booked at: [LINK](#)

Appointments for **school age vaccination** can be booked at: [LINK](#)
or scan the attached QR code



14. Youth & Vaping: A Free Parent Forum on Feb 9

A free Parent Community Conversation will be held at Handsworth on Feb 9 from 7:00 – 9:00 at Handsworth. Please click [HERE](#) for more information.

15. Ambleside Park Weekly 5km Run

Please see the [link](#) for details. Looking for volunteers, between 6 & 10 people each week to host the event, with volunteers committing 1.5-2 hours as marshalls, timekeeper and 'tail walker'. Volunteers can be any age (kids 11 & under require parental supervision). The event is held with the permission of DWV, and is fully insured.

16. Canadian Parents for French: West Vancouver Chapter

We have a brand-new West Vancouver chapter of Canadian Parents for French, a national network of volunteers, parents and advocates dedicated to the promotion of FSL opportunities for families. To learn more and to become a member, please click [HERE](#).

As a new chapter, CPF will be partnering with schools and local organizations to offer French opportunities for kids and adults. The more members we have registered, the more French events we can organize in our community. For more information, please contact Alma at alma.cpfvw@gmail.com.

In addition, CPF and the West Vancouver Memorial Library are offering a drop-in weekly French language class for adults, suited to all levels on Fridays from 1:30pm to 2:30pm. For more information, please click [HERE](#).



17. Newcomer Programs through the WV Rec Centre

Please click the [link](#) for information on new Language Classes.

Please click on the [link](#) for information on programs for Newcomers.