



November 3, 2022

OUR SCHOOL

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1. Calendar Reminder:

- Sunday, November 6 Day Light Savings – don't forget to change your clocks
- Friday, November 11 Statutory Holiday – no school in session
- Monday, November 14 Professional Development Day – no school in session
- Friday, December 16th Early Dismissal at 12:00
- Tuesday, January 3rd School Reopens after the Winter Break

2. Sentinel's Counselling Department

- **University Representatives at the School** (for Students only - Front Foyer)

Western University	November 4th 11:25 – 12:10 pm
Dalhousie	November 8th 12:35 pm
School of Art Institute of Chicago	November 8th 12:45 pm in room 151

Post-Secondary Events Calendar link...

This calendar contains all in person and virtual visits from university representatives from BC, Canada and all over the world. [Post-Secondary Events Calendar](#)

- **GRAD INFORMATION:**

- **Grad Photos**

- Grad 2023s please check out the link below to schedule your Grad Photos between November 19th – 26th. Photo sessions will take place at Sentinel.

- <https://artona.com/schools/SENT/programs/graduation>

- If you need any assistance, Artona offers “LIVE” chat with their customer service team – please click here. They are available from 8 am to 10 pm every day and can quickly help them out.

- **Quadrant Marine Institute**

Marine Service Technician training for growing professionals. If you're thinking about a future in trades, consider becoming a Marine Service Technician (MST). Marine Service Technicians are responsible for most of the behind-the-scenes work done on recreational and light service vessels up to 150'. Quadrant will train you to your full journey person MST ticket, giving you the knowledge and understanding to choose your own specialty in the field. MST specialties can focus on, or be a mix of: electrical, woodworking, installations, metal fabrication, mechanical systems, fibreglassing, and so much more. Why choose one trade, when you can choose the one that does it all! Quadrant Marine is your road to skill in the small craft marine industry. Contact Isaac Caverzan, Instructional Assistant & Community Outreach - 604-396-8699 (www.quadrantmarine.com)

For more information from our counselling team please visit: <https://sentinelcounselling.weebly.com/>

3. Spartan Athletics

These are exciting times for Sentinel Athletics – as School Sports Teams transition from Fall to Winter Season!

A big congratulations to ALL our Fall Sports teams but special mention to those teams that still continue on – into Zones and Provincials:

- **Cross Country:** please wish our runners good luck as they head to Victoria for the Cross Country Provincials this weekend!
- **Sr. Boys Soccer:** They are playing in a MUST win game tonight against Van Tech
- **Volleyball:** both our Senior Boys and Girls teams are doing amazing – tonight the BOYS play for the NS Shore Championship against Brockton at 7:30 pm at Sentinel and the GIRLS play next Thursday Nov 10th at 7:30 pm here too!

We need your help!

The Junior Boys (Grade 10) Basketball team is in need of a Basketball coach for the team to run this year. If anyone is interested (parent or community coach) in coaching this team, please contact the Athletic Director (Mark Fenn) at sentinelathletics@wvschools.ca ASAP!

And now on to **WINTER SPORTS** open gym times and/or tryouts:

- **Wrestling Team:** If you want to join the wrestling team this Winter, then come down to Room 206 on Friday, Nov. 4 at lunch for an info meeting.
- **Basketball:** As volleyball continues the SR teams will have open sessions and the lower-level teams will either have open sessions or tryouts starting next week!
 1. Grade 8 Boys' Bball – info to come, so stay tuned!
 2. Grade 8 Girls' Bball – info to come, so stay tuned!
 3. Gr 9 Boys' Bball – Friday Nov 4th (3-5 pm) MG & then next Wed Nov 9th after the Volleyball match completes (MG)
 4. Gr 9 Girls' Bball – Wed Nov 9th (3-5 pm) MG
 5. JR Boys' Bball – needs a coach!
 6. JR Girls' Bball – will split the main gym with the SR Girls Tues Nov 8th (6:30-8 pm)
 7. SR Boys' Bball – Friday Nov 4th (5-6:30 pm) & next Mon and Tues (Nov 7 & 8) 8-9:30 pm – all in the main gym
 8. SR Girls' Bball – Monday and Tuesday (Nov 7 & 8) 6:30-8 pm in the main gym

To get the latest GYM SCHEDULE info (in case updates made) – for both the main gym and the Field House – please see the “Gym Schedule (PDF)” on the [Sentinel Athletics website](#).

Any questions, please email.

Mark Fenn, Sentinel Athletic Director: sentinelathletics@wvschools.ca

You can follow Sentinel Athletics (@sentinelathletics) on Instagram for up-to-date information and other exciting Athletics content.

4. Sentinel Music Performances

Sentinel Winter Concert: Wednesday, December 14 @ 7:00pm

Performing groups: Sentinel Jazz A Band, RnB Band, Band 8, Concert Band

Location: Sentinel Secondary School, Admission by donation

5. Take Your Kid to Work Day – Thank you!

We would like to say thank you to all parents, guardians and members of our community who made our Take Our Kids To Work Day a huge success this year. The first-hand workplace experiences and career conversations are memories that our students will take with them on their journey to discovering their own career path. Your support was crucial and much appreciated.

6. Sentinel Second Annual Read-A-Thon: November 23th

Sentinel's Second Annual Read-a-thon will be on November 23, 2022. The Red Cross' Pakistan Floods Appeal will be this year's beneficiary. This event is hosted by the Sentinel English Department.

Students who would like to be involved in planning and publicizing this event will meet in Room 205 at lunchtime on Wednesday, November 2, 2022.

We are currently looking for sponsors to provide a prize for the student at each grade level who raises the most money for this important cause; last year students won a kindle e-reader and cover. If you or your company would like to help us out by sponsoring this event which promotes reading helps people in Pakistan recover from historic flooding, please contact Sherri Armstrong at sarmstrong@wvschools.ca.

7. Sentinel PAC

PAC Fundraiser - Recycle Books Sale Campaign: PAC is organising a Recycle Books Sale Campaign, if you have any used/new AP/SAT and other English/Math/Science/Social Studies textbooks and workbooks (in good condition) that you no longer need, please donate. Please ask your children to drop them into the boxes underneath the table in front of the school office. PAC will collect the books daily and host a BOOKS SALE before the Winter Break. The proceeds will contribute to GRAD 2023. Thank you for your support!

If you have any questions, please contact Tracy at tracy_zhang@hotmail.com and Anna at qinyancn@hotmail.com

PAC Resources - Agenda and Minutes please click on the link below:

<https://westvancouver.schools.ca/ecole-sentinel-secondary/parents/pac-resources/>

If you have any questions or want to get involved and help Sentinel PAC, please send email Cathy at cathysentinelpac@gmail.com

8. 2023 YEARBOOKS available for purchase!!

Yearbooks are available to purchase on School Cash Online.

<https://westvancouver.schoolcashonline.com/> Last year we sold out, so please make sure to purchase before the sales deadline of January 28th, 2022!! Yearbooks will be distributed in June 2023.

9. X-Block Opportunities

Here is a list of x-block opportunities available at Sentinel. [LINK](#)

10. Vancouver Coastal Health – Flu Clinic Info

Please see [CLICK HERE](#) to see the flu availability poster with QR codes that link to the (1) ImmunizeBC Flu locator webpage and (2) VCH public-facing flu page.

11. Newcomer Programs through the WV Rec Centre

Please click the [link](#) for information on new Language Classes.

Please click on the [link](#) for information on programs for Newcomers.

12. Foundry North Shore Presents: Nov 16, 2022

This is a free community conversation with Gill Walker as the key note speaker. Please click on the [LINK](#) for more details.

13. WV Remembrance Day Services

Here is a link for information on where you can observe Remembrance Day services in West Vancouver [HERE](#)