



November 10, 2022

## OUR SCHOOL

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### 1. Calendar Reminder:

- Friday, November 11      Statutory Holiday – no school in session
- Monday, November 14      Professional Development Day – no school in session
- Friday, December 16th      Early Dismissal at 12:00
- Tuesday, January 3rd      School Reopens after the Winter Break

### 2. Sentinel's Counselling Department

- **University Representatives at the School** (for Students only - Front Foyer)

University of Alberta                      November 17<sup>th</sup> 8:00 –8:30 am.

**Post-Secondary Events Calendar link...**

This calendar contains all in person and virtual visits from university representatives from BC, Canada and all over the world. [Post-Secondary Events Calendar](#)

- **GRAD INFORMATION:**

- **Grad Photos**

- Grad 2023s please check out the link below to schedule your Grad Photos between November 19th – 26th. Photo sessions will take place at Sentinel.

- <https://artona.com/schools/SENT/programs/graduation>

- **Quadrant Marine Institute**

Marine Service Technician training for growing professionals. If you're thinking about a future in trades, consider becoming a Marine Service Technician (MST). Marine Service Technicians are responsible for most of the behind-the-scenes work done on recreational and light service vessels up to 150'. Quadrant will train you to your full journey person MST ticket, giving you the knowledge and understanding to choose your own specialty in the field. MST specialties can focus on, or be a mix of: electrical, woodworking, installations, metal fabrication, mechanical systems, fibreglassing, and so much more. Why choose one trade, when you can choose the one that does it all! Quadrant Marine is your road to skill in the small craft marine industry. Contact Isaac Caverzan, Instructional Assistant & Community Outreach - 604-396-8699 (www.quadrantmarine.com)

For more information from our counselling team please visit:<https://sentinelcounselling.weebly.com/>

### **3. Careers 8 Special Presentation by Out in Schools**

On Nov.22 and Nov. 24 from 1:20 to 3:00 in the library Grade 8's will have a special presentation. Careers 8 Groups A-D will meet Nov. 22 during x-block in the library and Careers 8 Groups E-H will meet Nov. 24 during x-block in the library. You should arrive early enough so that the presenters can start at 1:20 without interruption.

### **4. Spartan Athletics**

**A big congratulations to our Cross Country Team** – as they represented us proudly at the BC Provincials! Special Congratulations to Sidney Clement (Grade 12) who brought home an individual bronze medal. She covered the challenging 5km course in 17:52!

#### **Lots of Senior Volleyball will be happening AT Sentinel:**

- SR Girls' 4A NS Championship – Thurs Nov 10th (7:30 pm start)
- And next week – Sentinel is hosting the SR Girls' Vball 4A VS2S Zone Championship also (with top team going to Provincials)

**WINTER SPORTS** are all now underway – both Basketball (all 8 teams) and Wrestling!

To get the latest tryout/open gym info for basketball and wrestling teams – for both the Main Gym and the Field House – please see the “Gym Schedule (PDF)” on the [Sentinel Athletics website](#).

The Ski/Snowboard Team – more info about this will be coming by the end of November.

Any questions, please email.

Mark Fenn, Sentinel Athletic Director: [sentinelathletics@wvschools.ca](mailto:sentinelathletics@wvschools.ca)

You can follow Sentinel Athletics (@sentinelathletics) on Instagram for up-to-date information and other exciting Athletics content.

## **5. Sentinel Music Performances**

**Sentinel Winter Concert:** Wednesday, December 14 @ 7:00pm

Performing groups: Sentinel Jazz A Band, RnB Band, Band 8, Concert Band

Location: Sentinel Secondary School, Admission by donation

## **6. Sentinel Second Annual Read-A-Thon: November 23th**

Sentinel's Second Annual Read-a-thon will be on November 23, 2022. The Red Cross' Pakistan Floods Appeal will be this year's beneficiary. This event is hosted by the Sentinel English Department.

Students who would like to be involved in planning and publicizing this event will meet in Room 205 at lunchtime on Wednesday, November 16, 2022.

## **7. Sentinel PAC**

- **PAC meeting** is next Wednesday, Nov 16 from 9:30-10:45 am (here is a [link](#) to the agenda) Special guest: Ian Kennedy, Director of Instruction review timetable, scheduling & updates.

Meet and Greet: Join us for coffee and pastries at 9:00-9:30 am at the School Library Mezzanine.

- **Sentinel Staff Holiday Treats Day** – Tuesday December 13 at 9:00 AM (Gr 8/9 Sponsor) It is a tradition at Sentinel to show our appreciation to our teachers and staff with a day of holiday treats. Please sign up at the Perfect Potluck link below:

<https://www.PerfectPotluck.com/HTMH1399>

Any questions, please contact Cathy at [cathysentinelpac@gmail.com](mailto:cathysentinelpac@gmail.com)



- **PAC Fundraiser - BOOK SALE November 21,23 & 25th at lunch in the Foyer**

Do you have any AP/SAT and other reading, math, science books, lego books or any books that you do not need anymore? Please donate to PAC and we will host a BOOKS SALE DRIVE before the holidays season. Please ask your child to drop off the books inside the books donation box which is under the table in front of the school office.

Thank you in advance for all your support.

PAC Resources - Agenda and Minutes please click on the link below:

<https://westvancouver.schools.ca/ecole-sentinel-secondary/parents/pac-resources/>

If you have any questions or want to get involved and help Sentinel PAC, please send email Cathy at [cathysentinelpac@gmail.com](mailto:cathysentinelpac@gmail.com)

## **8. 2023 YEARBOOKS available for purchase!!**

Yearbooks are available to purchase on School Cash Online.

<https://westvancouver.schoolcashonline.com/> Last year we sold out, so please make sure to purchase before the sales deadline of January 28th, 2022!! Yearbooks will be distributed in June 2023.

## **9. X-Block Opportunities**

Here is a list of x-block opportunities available at Sentinel. [LINK](#)

## **10. Vancouver Coastal Health – Flu Clinic Info**

Please see [CLICK HERE](#) to see the flu availability poster with QR codes that link to the (1) ImmunizeBC Flu locator webpage and (2) VCH public-facing flu page.

## **11. Newcomer Programs through the WV Rec Centre**

Please click the [link](#) for information on new Language Classes.

Please click on the [link](#) for information on programs for Newcomers.

## **12. Foundry North Shore Presents: Nov 16, 2022**

This is a free community conversation with Gill Walker as the key note speaker. Please click on the [LINK](#) for more details.

## **13. WV Little League Baseball**

Kids ages 5-16 are invited to play and all experience levels are welcome. It's a great way to develop new skills while having fun with old and new friends in the community. Registration is open [wvll.ca](http://wvll.ca)

