



November 17, 2022

OUR SCHOOL

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1. Calendar Reminder:

- Friday, December 16th Early Dismissal at 12:00
- Tuesday, January 3rd School Reopens after the Winter Break

2. Ministry of Education Affordability Funding

The Ministry of Education has provided West Vancouver Schools a one-time funding of \$650,000 to help us make the 22/23 school year more affordable for students and families in need. Our allocation will allow us to cover costs for school fees, school supplies or other school related costs for students in need. Families should reach out to Mr. Finch if any financial support is needed for school-based supplies, fees or activities.

3. Spirit Wear has arrived!

Orders can be picked up from the Teacher Mezzanine at lunch on Friday.

4. Sentinel's Counselling Department

- **GRAD INFORMATION:**

- **Grad Photos**

Grad 2023s please check out the link below to schedule your Grad Photos between November 19th – 26th. Photo sessions will take place at Sentinel.

<https://artona.com/schools/SENT/programs/graduation>

- **Learning to Lead Program:** Learning to Lead™ is a four-week leadership program with 2-hour Zoom sessions every week for self-identified girls in grades 10-12.

During the four sessions of the program, students learn some of the fundamentals of the leadership mindset, how to identify and lead from their strengths and values, how connecting with a mentor can support their leadership journey, and how to take action with confidence. There are presentations, guest speakers, interactive activities, and lots of space for small group discussion.

The registration deadline is Nov. 22, 2022 and can be done at <https://minervabc.ca/learning-to-lead/>

- **Quadrant Marine Institute** Marine Service Technician training for growing professionals. If you're thinking about a future in trades, consider becoming a Marine Service Technician (MST). Marine Service Technicians are responsible for most of the behind-the-scenes work done on recreational and light service vessels up to 150'. Quadrant will train you to your full journey person MST ticket, giving you the knowledge and understanding to choose your own specialty in the field. MST specialties can focus on, or be a mix of: electrical, woodworking, installations, metal fabrication, mechanical systems, fibre glassing, and so much more. Why choose one trade, when you can choose the one that does it all! Quadrant Marine is your road to skill in the small craft marine industry. Contact Isaac Caverzan, Instructional Assistant & Community Outreach - 604-396-8699 (www.quadrantmarine.com)

For more information from our counselling team please visit: <https://sentinelcounselling.weebly.com/>

5. Careers 8 Special Presentation by Out in Schools

On Nov. 22 and Nov. 24 from 1:20 to 3:00 in the library Grade 8's will have a special presentation. Careers 8 Groups A-D will meet Nov. 22 during x-block in the library and Careers 8 Groups E-H will meet Nov. 24 during x-block in the library. You should arrive early enough so that the presenters can start at 1:20 without interruption.

6. Spartan Athletics

- Congratulations to the Girls Swim team for bringing home the North Shore Championship! Many swimmers have qualified for individual events and relays at the upcoming BC High School Aquatics Championships this upcoming weekend. Good luck Spartan swimmers

WINTER SPORTS are all now underway – both Basketball (all 8 teams) and Wrestling!

To get the latest tryout/open gym info for basketball and wrestling teams – for both the Main Gym and the Field House – please see the “Gym Schedule (PDF)” on the [Sentinel Athletics website](#).

The Ski/Snowboard Team – more info about this will be coming by the end of November.

Any questions, please email.

Mark Fenn, Sentinel Athletic Director: sentinelathletics@wvschools.ca

You can follow Sentinel Athletics (@sentinelathletics) on Instagram for up-to-date information and other exciting Athletics content.

7. Sentinel Music Performances

Sentinel Winter Concert: Wednesday, December 14 @ 7:00pm

Performing groups: Sentinel Jazz A Band, RnB Band, Band 8, Concert Band

Location: Sentinel Secondary School, Admission by donation

8. Sentinel Second Annual Read-A-Thon: November 23rd

Sentinel’s Second Annual Read-a-thon will be on November 23, 2022. The Red Cross’ Pakistan Floods Appeal will be this year’s beneficiary. This event is hosted by the Sentinel English Department.

Students who would like to be involved in planning and publicizing this event will meet in Room 205 at lunchtime on Wednesday, November 16, 2022.

9. Sentinel PAC



- **Sentinel Staff Holiday Treats Day** – Tuesday December 13 at 9:00 AM (Gr 8/9 Sponsor) It is a tradition at Sentinel to show our appreciation to our teachers and staff with a day of holiday treats. Please sign up at the

Perfect Potluck link: <https://www.PerfectPotluck.com/HTMH139>

Any questions, please contact Cathy at cathysentinelpac@gmail.com



- **PAC Winter Holidays Fundraiser** - ORDER NOW from Purdy's, Mr. Cooper's Pies, Samosa and Two Rivers Meat Butcher

Support PAC by ordering ... click on the link [PAC FUNDRAISERS:](#)

- **PAC Books Sale November 21st, 23rd & 25th at lunch in the Foyer**
Do you have any AP/SAT/RCM and other reading, math, science books, lego books or any books that your child do not need anymore? Please donate to PAC and ask your child to drop off the books at the book's donation box under the table at the front of the school office.

THANK YOU FOR ALL YOUR SUPPORT!

PAC Resources - Agenda and Minutes please click on the link below:

<https://westvancouver.schools.ca/ecole-sentinel-secondary/parents/pac-resources/>

If you have any questions or want to get involved and help Sentinel PAC, please send email Cathy at cathysentinelpac@gmail.com

10. 2023 YEARBOOKS available for purchase!!

Yearbooks are available to purchase on School Cash Online.

<https://westvancouver.schoolcashonline.com/> Last year we sold out, so please make sure to purchase before the sales deadline of January 28th, 2022!! Yearbooks will be distributed in June 2023.

11. X-Block Opportunities

Here is a list of x-block opportunities available at Sentinel. [LINK](#)

12. Looking for a FUN way to get VOLUNTEER HOURS?

Come volunteer at the Epee Fencing World Cup, 2022 that will take place from December 8-December 11 at the Vancouver Trade & Convention Centre.

Volunteers will meet and experience the world's best athletes in this sport. This is so exciting as this event is the stepping-stone for the athletes to get to the Olympic Games!

No experience is required and there is a variety of roles and responsibilities with some of these being: Set up and take down of the venue; greeting participants, helping with registration, assisting athletes in various capacities; helping with audio; answering phones; and generally creating a welcoming environment and many more!

If interested, please complete the volunteer registration form at this link which will allow students to not only select the area of interest for volunteering, but also provide a size for the complimentary volunteer t-shirt.

<https://forms.office.com/r/uhVr5bup57>

Students are encouraged to volunteer, but other family members and friends are also encouraged to come on out, experience an incredible environment, and have a lot of fun!

Any questions or for more information, please contact: Judit Blasko Canadian Fencing Federation judit@fencing.ca 604-809-4260

13. Vancouver Coastal Health – Flu Clinic Info

Please see [CLICK HERE](#) to see the flu availability poster with QR codes that link to the (1) ImmunizeBC Flu locator webpage and (2) VCH public-facing flu page.

14. Newcomer Programs through the WV Rec Centre

Please click the [link](#) for information on new Language Classes.

Please click on the [link](#) for information on programs for Newcomers.

15. WV Little League Baseball

Kids ages 5-16 are invited to play and all experience levels are welcome. It's a great way to develop new skills while having fun with old and new friends in the community. Registration is open wvll.ca

