



**October 20, 2022**

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20. Dia De Los Muertos: Cultural Information and Opportunities to Celebrate – November 2, 2022

### **1. Calendar Reminder:**

- Friday, October 21 Professional Development Day – no school in session
- Friday, November 11 Statutory Holiday – no school in session
- Monday, November 14 Professional Development Day – no school in session

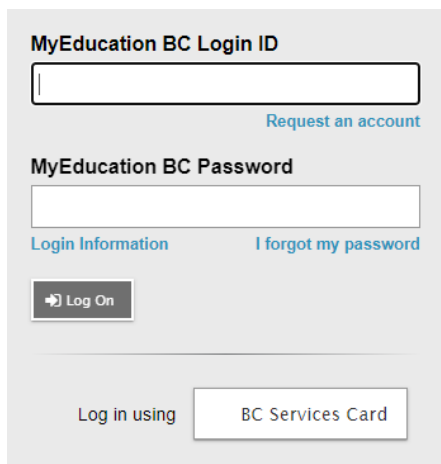
### **2. Grade 10 Graduation Literacy Assessment: Oct 31 – Nov 4**

All Grade 10 Sentinel students will be writing the Grade 10 Literacy Assessment at our school. This assessment is required for graduation purposes. Students will be

provided with their exam date and time this week. **Students should prepare for this exam.** Sample exams, videos and more information can be found here: <https://curriculum.gov.bc.ca/provincial/grade-10-literacy-assessment>. All Grade 10 students should try the sample exams (printed or online) and review the scoring guide. Developing a familiarity with the types of exam questions and computer interface will support students to be successful in this exam.

### **3. MyEducation BC login via BC Services card**

Starting today there is a change to MyEd login. This change will give parents and students an option to login to their MyEd accounts using their BC Services Card. The hope is that this will remove the need for updating or resetting forgotten passwords for those who choose this option. The new login will look like this:



The screenshot shows a login form for MyEducation BC. It includes a text input field for the login ID, a link to request an account, a text input field for the password, a link for login information, a link for forgotten passwords, a 'Log On' button, and a 'Log in using' section with a 'BC Services Card' button.

Please follow the links below for resources:

[BC Services Card Login User Resource Parents](#)

[BC Services Card Login User Resource Students](#)

[BC Services Card Login User Resource FAQs](#)

### **4. Sentinel's Counselling Department**

- **Language Challenge Exams**

If you would like to write a Challenge Exam for grade 11 or 12 Korean, French, Farsi, Japanese, Spanish, Punjabi, or Mandarin (simplified or traditional), please submit an application form and refundable \$50 cheque (or non-refundable \$195 cheque if you are an international student) payable to Delta School District to Ms. Britten in the counselling suite by October 28, 2022, at 3pm. Exams will take place in Delta on January 28 & 29, 2023. **Page 9 of the application form must be filled in electronically** before printing the form. Application forms

and more information can be found here:

<https://www.deltasd.bc.ca/schools/secondary/challenge-exams/>

- **University Representatives at the School** (for Students only - Front Foyer)

|                            |              |                  |
|----------------------------|--------------|------------------|
| PSBC Universities          | October 25th | 8:30 – 10:25 am  |
| TO Metropolitan University | November 2nd | 9:45 – 10:15 am  |
| U of Guelph                | November 3rd | 10:25 am         |
| Western University         | November 4th | 11:25 – 12:10 pm |
| Dalhousie                  | November 8th | 12:35 pm         |

**Post-Secondary Events Calendar link...**

This calendar contains all in person and virtual visits from university representatives from BC, Canada and all over the world. [Post-Secondary Events Calendar](#)

- **GRAD INFORMATION:**

- Grade 12 Parent Information Night – [HERE](#) is a link to the presentation.
- November 4th - Semi Formal evening at The View (details to be confirmed)
- **GRAD PHOTOS**  
Grad 2023s please check out the link below to schedule your Grad Photos between November 19th – 26th. Photo sessions will take place at Sentinel.

<https://artona.com/schools/SENT/programs/graduation>

If you need any assistance Artona offers “LIVE” chat with their customer service team – please click here. They are available from 8 am to 10 pm every day and can quickly help them out.

For more information from our counselling team please visit:<https://sentinelcounselling.weebly.com/>

## **5. Spartan Athletics**

Sentinel Swim Team News: Vancouver Sea to Sky ZONES Competition Meet is next Friday, October 28 at Watermania, Richmond. The BEST seat to view your child's swimming is to volunteer as a timer. There are only a few spots left, please sign up on the link below: <https://docs.google.com/spreadsheets/d/1xMZLYIiyFyFMR2z-8K0nyUxRne5KpfuhPoA2P9Kh4J4/edit#gid=0>

Any questions, please email Cathy at [cathysentinelswim@gmail.com](mailto:cathysentinelswim@gmail.com) or text 604-808-2182

Mark Fenn, Sentinel Athletic Director: [sentinelathletics@wvschools.ca](mailto:sentinelathletics@wvschools.ca)

You can follow Sentinel Athletics (@sentinelathletics) on Instagram for up-to-date information and other exciting Athletics content.

## **6. Sentinel Music Performances**

- **Sentinel First Annual Halloween Concert:** Friday, October 28th @ 6:00pm -  
Performing groups: Sentinel Jazz A Band, RnB Band, Band 8, Concert Band  
Location: Sentinel Secondary School, Admission by donation
- **Sentinel Winter Concert:** Wednesday, December 14 @ 7:00pm  
Performing groups: Sentinel Jazz A Band, RnB Band, Band 8, Concert Band  
Location: Sentinel Secondary School, Admission by donation

## **7. Sentinel Second Annual Read-A-thon: November 9th**

The English Department is sponsoring Sentinel's Second Annual Read-a-thon which will be held on November 9<sup>th</sup>, 2022, with all proceeds going to the Red Cross. If you would like to be part of the planning committee, please come to room 205 at lunchtime on Wednesday, October 12. Everyone is welcome!

## **8. Sentinel PAC**

PAC Fundraiser - Recycle Books Sale Campaign: PAC is organising a Recycle Books Sale Campaign, if you have any used/new AP/SAT and other English/Math/Science/Social Studies textbooks and workbooks (in good condition) that you no longer need, please donate. Please ask your children to drop them into the boxes underneath the table in front of the school office. PAC will collect the books daily and host a BOOKS SALE before the Winter Break. The proceeds will contribute to GRAD 2023. Thank you for your support!

If you have any questions, please contact Tracy at [tracy\\_zhang@hotmail.com](mailto:tracy_zhang@hotmail.com) and Anna at [qinyancn@hotmail.com](mailto:qinyancn@hotmail.com)

PAC Resources - Agenda and Minutes please click on the link below:

<https://westvancouver.schools.ca/ecole-sentinel-secondary/parents/pac-resources/>

If you have any questions or want to get involved and help Sentinel PAC, please send email Cathy at [cathysentinelpac@gmail.com](mailto:cathysentinelpac@gmail.com)

## **9. Club News**

**Club List is out**, please look on the Club Post on our Sentinel website. More information can be found in Google Classroom.

## **10. 2023 YEARBOOKS available for purchase!!**

Yearbooks are available to purchase on School Cash Online.

<https://westvancouver.schoolcashionline.com/> Last year we sold out, so please make sure to purchase before the sales deadline of January 28th, 2022!! Yearbooks will be distributed in June 2023.

## 11. [X-Block Opportunities](#)

Here is a list of x-block opportunities available at Sentinel. [LINK](#)

## 12. [Take Our Kids to Work Day – November 2nd](#)

This is a national, single day job shadow experience for **grade nine (or equivalent) students** which allows them to attend the place of work of a parent, relative or friend for a learning opportunity. Grade 9 students will be given more details through their Career Education 9 Teacher

## 13. [Absence Notifications](#)

**Please email ALL Attendance related matters to:**

[sentinelattendance@wvschools.ca](mailto:sentinelattendance@wvschools.ca)

If a student is away/ill or will be late for school, parents are requested to inform the school by sending us an email. Please include their full legal name and grade, time of absence and reason for absence. Students arriving 'late' for class should proceed directly to their class and check in with the teacher who will modify the attendance to indicate a late vs an absence.

## 14. [Vancouver Coastal Health – Flu Clinic Info](#)

Please see [CLICK HERE](#) to see the flu availability poster with QR codes that link to the (1) ImmunizeBC Flu locator webpage and (2) VCH public-facing flu page.

## 15. [Family Smart](#)

Our Parent Peer Support Team Provides: Emotional Support, Information, Resources and Help in Navigating Services for parents and other caring adults who are parenting a child, youth or young adult with a mental health and/or substance use challenge.

FamilySmart's Parent Peer Support services are free, there are no wait-lists, and you do not need a referral. We're happy to meet with you when it works for you and your family. Because you matter, and you are not alone.

Please go to [www.familysmart.ca](http://www.familysmart.ca) for more information.

## 16. [Game of Apps \(Season 6\)](#)

It is another great year of Game of Apps! Students learn valuable design and coding skills from professionals working in the Tech industry. They also learn critical thinking, problem solving, collaboration, teamwork, time management, and other important soft skills. Open to everyone! No prior programming skills required.

Registration details are on our website at <https://gameofapps.org/>.

- Early bird discount deadline: Sep 30
- Middle Years program (grades 6-9) fee: \$350
- Senior program (grades 10-12) fee: \$450

**17. RiseUP Parenting/Caregiving (Nov 3-Dec 8)**

The WV Youth Hub is offering a 6 week Virtual Group meeting on Thursday 6:00-7:00 pm via Zoom focusing on Health Relationships and Skill Building. The program runs from November 3rd – December 8th. Please see the attachment for details and registration information.

**18. Proud 2Be (Saturday, October 22 11:00 am – 1:00 pm)**

Join a panel discussion for parents, youth, professionals, family and friends to learn how to support and celebrate the LGBTQ2S+ youth in your life and better understand the many paths forward. Get information on resources and gender-affirming services and have the opportunity to ask questions and get honest answers. Please click [HERE](#) for registration details.

**19. Run Walk Jog – 9 am every Saturday at the Ambleside Pier**

Please see the attachment for details.

**20. Dia De Los Muertos: Cultural Information and Opportunities to Celebrate – November 2, 2022**

Día de los Muertos, or Day of the Dead, is a celebration of life and death. While the holiday originated in Mexico, it is celebrated all over Latin America with colorful calaveras (skulls) and calacas (skeletons). Please check out the attached resources to learn more about the history, food, and culture. If you are interested in celebrating Dia De Los Muertos, please go to this [LINK](#) for a number of opportunities around Vancouver.