

DPAC SLEEP EVENT CHANGED TO MARCH 12!
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Thursday, February 28th 2019

Please note that this email address is not monitored.

To unsubscribe or if you have any questions or concerns please email dmoroz@wvschools.ca

CALENDAR UPCOMING:

February

- 1 Interim Reports Issued on the MyEd Family Portal
- 5 Collaboration Day
- 5 **Academy Information Night (1)**
- 6 **Academy Information Night (2)**
- 14 Grade 9 Immunizations
- 15 **Reading Break - No School**
- 18 **Family Day Holiday - No School**

March

- 5 Collaboration Day
- 6 **MULTICULTURAL LUNCH**
- 13 **PAC meeting**
- 15 **Term 2 Report Cards Published**
- 16 - 31 Spring Break – No Classes

April

- 1 School re-opens after Spring Break
- 15 Quarter 4 Begins (grade 8's)
- 19 **Good Friday - No School**
- 22 **Easter Monday - No School**
- 23 AP study weeks begin
- 23 **Sentinel Stage Production "Seussical the Musical" opens**
- 27 **Sentinel Stage Production "Seussical the Musical" closes**

CHANGE OF DATE - DPAC SLEEP EVENT NOW MARCH 12!

The West Vancouver District Parent Advisory Council is pleased to present Dr. Kimberly Schonert and Dr. Mark Lysyshyn who will present on promoting healthy sleep hygiene. The event is now **Tuesday March 12, 2019 @ 7:00 p.m.** in the Grosvenor Theatre in the Kay Meek Centre. See the attached poster.

MEASLES INFORMATION ATTACHED

Please see the attached information regarding a recent Measles outbreak in Vancouver from Vancouver Coastal Health.

OUTDOOR RECREATION AND CONNECTIONS

Attention Grade 10 -12 students. The West Vancouver District program: Outdoor Recreation and Connections is now accepting applications. If you enjoy the exploring the Outdoors or are interested in pursuing a career in Recreation, Forestry, Ecology or Environmental sciences this may be the course for you. Receive 8 credits for two courses PHE 10,11 or 12 credit and Outdoor Connections 11. Course will run block 2-4 with extended classes every other Thursday. Check it out on the district site <https://westvancouver.schools.ca/outdoor-connections> or at <http://outdoorconnections45.weebly.com/>.

HARVEST PROJECT ON THE NORTH SHORE

Harvest Project on the North Shore: More than just a hand out – it's a hand up. The Harvest Project is a multi-faceted support network for people and families experiencing hardship and poverty on the North Shore.

With the Red Cross Club leading the way this month, Sentinel's *Me to We Club*, *Social Justice class*, *Hot Potato Club*, *Red Cross Club* along with various teachers, are partnering in February (and the rest of the year) to support this extremely worthwhile and local cause.

February we are collecting canned goods, pasta, and rice – donation boxes can be found in various rooms, the office, and library.

You may also make a cash donation at the school office, or with Ms. Takahashi or Ms. Higgs. In addition to our monthly hard good drives, we will also be trying to raise \$2400 to support a family each year. No donation amount is too small.

PRE-PURCHASE YOUR 2018-2019 YEARBOOK

Happy times come and go but memories stay forever.
Pre-Purchase your yearbook now through online school
cash <https://westvancouver.schoolcashionline.com/>

SCHOOL FEES NOW AVAILABLE FOR PAYMENT

School fees are now available for payment online with School Cash online. If you have any questions regarding school cash online or school fee payments, please contact Allison Carruthers at acarruthers@wvschools.ca.

School cash online link: <https://westvancouver.schoolcashionline.com/>

VANCOUVER COASTAL HEALTH INFORMATION

Did you miss your GRADE 9 immunization at Sentinel?

You can call 604-983-6700 to book an appointment at community clinic (Wed, Thu, Fri) or attend a drop-in clinic at the following locations:

Central Community Health Centre

132 West Esplanade, 5th floor
Drive (WV Rec Center)
North Vancouver

Wednesdays

(drop-in) 3-5:30pm (4-19 years)
years)

West Community Health

Main Floor – 2121 Marine

West Vancouver

Thursdays

(drop-in) 2:30-4:00pm (4-19 years)

Need vaccination for an upcoming trip?

Lynn Valley Medical & Travel Clinic 604-988-5389
1200 Lynn Valley Rd, North Vancouver

Travel Medicine & Immunization Centre 604-681-5656
#203-1075 Marine Drive, North Vancouver

VCH Travel Clinic 604-736-9244
601 Broadway W, Vancouver

VCH TB clinics:

To book an appointment for **TB TEST** please call 604-983-6700

If you have any immunization or health questions or need your child's immunization record please contact your school nurse Fara Lambing 604-505-7605 fara.lambing@vch.ca

TRAFFIC AT SENTINEL SECONDARY

There has been a recent increase in parents dropping in the upper lot. Not only does this stop traffic but it is dangerous as students then need to cross the flow of traffic to get into the building. Please stick to the designated drop zones.



SENTINEL'S COUNSELLING DEPARTMENT

Sentinel School counsellors are teachers with knowledge of the developmental needs of students as well as an understanding of the pressures encountered while progressing through school. This places the counsellors in a position to:

- a. offer developmental and preventative programmes to students in educational, personal, and vocational areas, and
- b. provide a resource for teachers and parents to help create conditions that facilitate learning.

Since educational, vocational, and personal counselling are interrelated, all counselling is concerned with the whole individual and is, therefore, personal by nature.

The Counselling Team,

Lisa Ulinder (last names A-G)

Suzie McArthur (last names H-L)

Scott Derganc (last names M-SI)

Kate Drew (last names Sm-Z)

TEACHER AND STAFF COMMUNICATION

Every teacher and staff member at Sentinel is on email and may be reached by first initial last name example: jsmith@wvschools.ca

PARENT CONTACT INFORMATION

If your son(s) or daughter(s) does not primarily reside with you and you would like to receive a copy of their report card by email at each term end, please email Susan Leggatt, sleggatt@wvschools.ca , and provide/confirm your email address for inclusion in a distribution list.

SCHOOL CALENDAR 2018-2019

Please note: Some dates are not yet set, or are subject to change.

Watch for updates in the newsletters.

February

1	Friday	<u>Interim Report Cards Issued</u>
15	Friday	Reading Break – School not in session
18	Monday	Family Day Statutory Holiday

March

15	Friday	<u>Term 2 Report Cards Issued</u>
18	Monday	Spring Break (March 18 – March 29)

April

1	Monday	School Re-opens
19	Friday	Good Friday Statutory Holiday
22	Monday	Easter Monday Statutory Holiday

May

17	Friday	Professional Day – School not in session
20	Monday	Victoria Day Statutory Holiday

June

16	Sunday	Grad Banquet
20	Thursday	Last day of classes
22	Saturday	Commencement
27	Thursday	<u>Final Report Cards Issued</u>
28	Friday	School Year Ends/Administrative Day (Staff Only)

ATHLETICS

Rugby season has begun and the team is looking for any additional students in Grades 9-12 who want to play in the Spring season.

Practices are Mondays and Tuesdays with games on Wednesdays.

In the next few weeks, if players need to order clothing such as jackets, tracksuits, hoodies or tank tops, they can be purchased by following this

link: <https://lionheartports.com/shop/sentinel-secondary-school>

If there are any questions, contact Coach Plant at aplant@wvschools.ca

For questions or information contact Mark Fenn or Lara Winstone at sentinelathletics@wvschools.ca or check out <http://www.sentinelathletics.ca>

SENTINEL SECONDARY SCHOOL

1250 Chartwell Drive
West Vancouver, BC V7S 2R2
T: (604) 981 1130
F: (604) 981 1131