

SCHOOL FEES PAYMENT IS NOW OPEN

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Thursday, November 15th 2018

Please note that this email address is not monitored.

To unsubscribe or if you have any questions or concerns please email dmoroz@wvschools.ca

CALENDAR UPCOMING:

November

- 15 Jazz Cafe - 7:00 p.m. Sentinel Theatre**
- 19 Professional Development Day – No Classes**
- 20 Day 1 - 1234
- 22-25 Grad Photos at Artona by Appointment
- 26 Lockdown Drill

December

- 11 Collaboration Day (Grade 9's - Safeteen)
- 11 Black Box Studio Dance Presentation**
- 13-14 Senior Drama Festive Cabaret**
- 14 Term One Report Cards available on the Parent Portal**
- 19 Winter Concert 7:00 p.m. Main Gym**
- 21 Early Dismissal - Last day of classes
- 22 Winter Break until next classes on Monday, January 7

SCHOOL FEES NOW AVAILABLE FOR PAYMENT

School fees are now available for payment online with School Cash online. If you have any questions regarding school cash online or school fee payments, please contact Allison Carruthers at acarruthers@wvschools.ca.

School cash online link: <https://westvancouver.schoolcashionline.com/>

MONDAY, NOVEMBER 19th PROFESSIONAL DEVELOPMENT DAY

A reminder there will be no classes for students Monday, November 19th.

YEARBOOKS

2018/2019 Yearbooks available online! This years \$40. This years and last years \$60 (while supplies last). You can pay at the accounting office or [here](#) with school cash online.

DOMINICAN REPUBLIC 2019 TRIP AND FUNDRAISER

ORGANIC FAIR TRADE COFFEE

Anyone look to drink great coffee AND support a worthy cause: DR Trip 2019 (Building homes for families experiencing extreme poverty) is currently selling Organic Fair Trade Coffee – order forms attached.

Two deadlines for ordering: Friday Nov 16 and Fri Dec 7.

Please *return order forms and Cheques payable to Sentinel Secondary School* – to the attention of Angie Higgs, NO LATER THAN 3PM ON THE DEADLINE DATE.

Thank you for your support. (Coffee will be available one week later)

PURDYS CHOCOLATES

Sentinel Students attending the DR Trip 2019 are currently collecting Christmas orders for Purdy's Chocolates. Paper order forms are attached if you would like to return these with a *cheque payable to Sentinel Secondary School* to the attention of Angie Higgs NO LATER THAN 3PM NOV 28TH. *Alternatively you may order on-line...*if you'd like to support us through purchasing some very sweet Christmas gifts for friends, family and yourself, please click the link below:

<https://fundraising.purdys.com/295959-59554>

Chocolates will be available for pick up Dec 17th.

DOMINICAN REPUBLIC 2019

Currently there are 6 spots left/available for our Trip next May (2019) to build homes in the Dominican Republic for families experiencing extreme poverty. The trip is open to Grade 11 and 12 students. Please contact Angie Higgs at ahiggs@wvschools.ca if you would like information about the trip.

JAZZ CAFE THURSDAY, NOVEMBER 15....SHOW A LITTLE R.E.S.P.E.C.T.

Come and get your groove on with the R n B Band at the Jazz Cafe **TONIGHT** Thursday, November 15 from 7:00 - 8:00 P.M. in the Sentinel Theatre as they pay tribute to Aretha Franklin!

COSTA RICA SPRING 2019

Costa Rica: Join us on a tropical adventure to Costa Rica this Spring break 2019! Speak to Nicole Page-Newman for more information and take a look at the brochure on the Sentinel's website (under 2018-19 school trips at the bottom of the page). I look forward meeting you. Hasta pronto!

ANTARCTICA TRIP DECEMBER 2019

Antarctica Trip - Join us! **All details in the Google Classroom v9cthd5**
Contacts: Dawn Armstrong darmstrong@wvschools.ca
Bryn Hammett bhammett@wvschools.ca

VANCOUVER COASTAL HEALTH INFORMATION

Common Dental Challenges

Did you know?

Sugary foods and drinks including alcohol drinks, tobacco and both legal and illegal drugs can cause damage to your teeth and gums. This [interactive presentation](#) (you can click on Male, Female or Child (Aged 5 years) to illustrate the effects of sugar on your body, including your teeth.

Visit: <http://www.yourdentalhealth.ca/kids-teens/teens> to learn more about teens and oral health.

Interactive presentation: <https://www.benenden.co.uk/your-body-on-sugar/>

How does smoking, vaping and cannabis use affect oral health?

All forms of tobacco and cannabis products can increase the risks of developing oral cancer, gum disease, stained teeth, bad breath and even cavities. Using cannabis (in any form) before a dental procedure can affect the type and amount of medication or sedation needed, increase bleeding, and complicate healing.

For more information on smoking, vaping and cannabis use and oral health visit:

<http://www.yourdentalhealth.ca/prevention/smoking-vaping>

<http://www.yourdentalhealth.ca/prevention/cannabis>

For information on health topics, or questions regarding your child's immunization please contact your school's Public Health Nurse at fara.lambing@vch.ca

For information on Vancouver Coastal Health public health services for children and youth please visit the school health manual online at: www.vch.ca/schoolhealth/ns

[GRAD PHOTOS](#)

Grad photos at Artona are by appointment from November 22nd to 25th. Contact [Artona](#) directly to book your appointment.

[ONLINE REPORT CARDS](#)

Sentinel will be moving to the online Parent Portal to communicate student learning. Report cards for terms 1 and 2 will be accessible online. More information regarding accounts, passwords and procedures will follow in the coming weeks. **NOTE: There is currently no access to the online parent portal.**

[TRAFFIC AT SENTINEL SECONDARY](#)

WE STILL HAVE A FEW PARENTS DROPPING IN THE UPPER LOT OR STOPPING DIRECTLY IN FRONT OF THE SCHOOL. IT ONLY TAKES A FEW TO GRIND TRAFFIC TO A HALT.



[SCHOOL MESSENGER](#)

The School Messenger will primarily be used to let parents know if their child is absent from class. When the teacher marks the student absent without a prior phone call, he/she will be marked unexcused in the computer and School Messenger will call or email the parents.

SENTINEL'S COUNSELLING DEPARTMENT

Sentinel School counsellors are teachers with knowledge of the developmental needs of students as well as an understanding of the pressures encountered while progressing through school. This places the counsellors in a position to:

- a. offer developmental and preventative programmes to students in educational, personal, and vocational areas, and
- b. provide a resource for teachers and parents to help create conditions that facilitate learning.

Since educational, vocational, and personal counselling are interrelated, all counselling is concerned with the whole individual and is, therefore, personal by nature.

The Counselling Team,

Lisa Ulinder (last names A-G)

Suzie McArthur (last names H-L)

Scott Derganc (last names M-SI)*

Kate Drew (last names Sm-Z)*

*Please note counselling loads have changed slightly this year

TEACHER AND STAFF COMMUNICATION

Every teacher and staff member at Sentinel is on email and may be reached by first initial last name example: jsmith@wvschools.ca

G.U.A.R.D.S.

Check out Sentinel's new value statements and more under the [G.U.A.R.D.S tab](#) on the Sentinel Website.

PARENT CONTACT INFORMATION

If your son(s) or daughter(s) does not primarily reside with you and you would like to receive a copy of their report card by email at each term end, please email Susan Leggatt, sleggatt@wvschools.ca, and provide/confirm your email address for inclusion in a distribution list.

ATHLETICS

For questions or information contact Mark Fenn or Lara Winstone at sentinelathletics@wvschools.ca or check out <http://www.sentinelathletics.ca>

SCHOOL CALENDAR 2018-2019

Please note: Some dates are not yet set, or are subject to change.

Watch for updates in the newsletters.

September

3	Monday	Labour Day Statutory Holiday
4	Tuesday	School Opens
10	Monday	Photo Day
20	Thursday	Meet the Teacher Night
21	Friday	Professional Day – School not in session

October

8	Monday	Thanksgiving Day Statutory Holiday
15	Monday	Photo Retake Day
19	Friday	Professional Day – School not in session
22	Monday	Non Instructional Day – School not in session

November

8	Thursday	Parent-Teacher Interviews
12	Monday	Remembrance Day Statutory Holiday Observed
19	Monday	Professional Day – School not in session
22 – 25		Grad Portraits at Artona

December

14	Friday	<u>Term 1 Report Cards Issued</u>
24	Monday	Winter Break (December 24 – January 4)

January

7	Monday	School Re-opens
25	Friday	Professional Day – School not in session

February

1	Friday	<u>Interim Report Cards Issued</u>
15	Friday	Reading Break – School not in session
18	Monday	Family Day Statutory Holiday

March

15	Friday	<u>Term 2 Report Cards Issued</u>
18	Monday	Spring Break (March 18 – March 29)

April

1	Monday	School Re-opens
19	Friday	Good Friday Statutory Holiday
22	Monday	Easter Monday Statutory Holiday

May

17 Friday Professional Day – School not in session
20 Monday Victoria Day Statutory Holiday

June

16 Sunday Grad Banquet
20 Thursday Last day of classes
22 Saturday Commencement
27 Thursday Final Report Cards Issued
28 Friday School Year Ends/Administrative Day (Staff Only)

SENTINEL SECONDARY SCHOOL

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