

SCHOOL FEES PAYMENT IS NOW OPEN
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Friday, January 11th 2019

Please note that this email address is not monitored.

To unsubscribe or if you have any questions or concerns please email dmoroz@wvschools.ca

CALENDAR UPCOMING:

January

- 7 School Re-opens :)
- 9 **PAC MEETING**
- 10 **Grade 7 Parent Information Evening**
- 15 Collaboration Day
- 22 **AP Information Night**
- 24 **Grad Semi-Formal**
- 25 Professional Day
- 29 Quarter 3 Begins for Grade 8
- 30 **Grade 8-11 Course Planning Night**

February

- 1 Interim Reports Issued on the MyEd Family Portal
- 5 Collaboration Day
- 5 **Academy Information Night (1)**
- 6 **Academy Information Night (2)**
- 14 Grade 9 Immunizations
- 15 **Reading Break - No School**
- 18 **Family Day Holiday - No School**

EXCHANGE TO JAPAN

Please see the attached information for the 2 month Mejiro Japan Exchange opportunity! The deadline for applications is January 25th.

200-HOUR YOGA TEACHER TRAINING COURSE INFORMATION SESSION – Monday January 21st

Monday January 21st at 7 p.m. in the West Vancouver Secondary School Library
The district's 200 hour Yoga Teacher Training course is an 8 credit course for students who are interested in teaching yoga as well as for students who are interested in learning more about yoga to enhance their own personal practice. At the completion of the 200-Hour Yoga Teacher Training students will be qualified Yoga Alliance certified yoga teachers. This course will provide students with an employable certification that will open career opportunities in the health and wellness industry. It will also provide an enriching foundation for students interested in post-secondary studies in the area of health sciences. Students will receive 8 credits for the course. For more information or to register visit <http://westvancouver.schools.ca/200-hour-yoga-teacher-training> or email Mariam Pirbhai mpirbhai@wvschools.ca

SCHOOL FEES NOW AVAILABLE FOR PAYMENT

School fees are now available for payment online with School Cash online. If you have any questions regarding school cash online or school fee payments, please contact Allison Carruthers at acarruthers@wvschools.ca.

School cash online link: <https://westvancouver.schoolcashonline.com/>

DREAMING OF GREAT SLEEP FOR YOUR FAMILY?

The West Vancouver District Parent Advisory Council is pleased to present Dr. Kimberly Schonert and Dr. Mark Lysyshyn who will present on promoting healthy sleep hygiene. Wednesday February 27, 2019 @ 7:00 p.m. in the Grosvenor Theatre in the Kay Meek Centre. See the attached poster.

SEYMOUR ELEMENTARY PAJAMA DAY

Thank you to everyone who donated to the 8th Annual Pajama Drive for Admiral Seymour! Together, we raised over \$3300! 49 Sentinel students visited Admiral Seymour on December 17th to hand deliver the pj's and spend some time with the kids. There were plenty of laughs and smiles. The students at Admiral Seymour will have a pajama day at their school tomorrow. The generosity of the Sentinel community is greatly appreciated.

INTERIM PROGRESS REPORTS FEBRUARY 1st

Interim Progress Reports will be posted online via the MyEducation BC Family Portal <https://www.myeducation.gov.bc.ca/aspden/logon.do>

The process for accessing the reports will be the same as it was for accessing the term one report cards. More information will follow in future bulletins.

VANCOUVER COASTAL HEALTH INFORMATION

Grade 9 Immunization Clinic is on Feb 14, 2019 at Sentinel

Immunizations help students stay healthy now and in the future by providing long-term protection against a number of serious, even life threatening infections. Immunizations are safe and effective, and are the best protection available for these infections.

Dear Parents/Guardians of Grade 9 students:

Immunization consent forms for Grade 9 students have been mailed in December to those students requiring a vaccination. Please **complete and sign** your child's consent form and return it to Sentinel's school office by January 18th. School clinics are a great opportunity to make sure your child is up to date on immunizations. The routine grade 9 vaccines are not usually available in physician offices. If you have a different plan for your child's immunization and your child is not getting immunized at Sentinel's school clinic on Feb 14th please indicate this on the consent form or send an email to your school nurse fara.lambing@vch.ca to avoid VCH further notices and follow ups. I will be collecting consent forms every week.

VCH offers weekly booked and drop-in immunization clinics.

To book an appointment please call **604-983-6700**.

VCH drop-in clinics:

Wednesdays 3:00-5:30pm

Central Community Health Centre
132 W Esplanade, 6th floor, North Vancouver

Thursdays 2:30-4:30pm

West Community Health Centre
Ground Floor 2121 Marine Drive, West Vancouver. Please arrive early; space is limited on occasion the drop-in clinic does reach capacity

New section on Immunize BC website: <http://www.immunizebc.ca/if-you-choose-not-vaccinate-your-child>

ATHLETICS

For questions or information contact Mark Fenn or Lara Winstone at sentinelathletics@wvschools.ca or check out <http://www.sentinelathletics.ca>

TRAFFIC AT SENTINEL SECONDARY

There has been a recent increase in parents dropping in the upper lot. Not only does this stop traffic but it is dangerous as students then need to cross the flow of traffic to get into the building. Please stick to the designated drop zones.



SENTINEL'S COUNSELLING DEPARTMENT

Sentinel School counsellors are teachers with knowledge of the developmental needs of students as well as an understanding of the pressures encountered while progressing through school. This places the counsellors in a position to:

- a. offer developmental and preventative programmes to students in educational, personal, and vocational areas, and
- b. provide a resource for teachers and parents to help create conditions that facilitate learning.

Since educational, vocational, and personal counselling are interrelated, all counselling is concerned with the whole individual and is, therefore, personal by nature.

The Counselling Team,

Lisa Ulinder (last names A-G)

Suzie McArthur (last names H-L)

Scott Derganc (last names M-SI)*

Kate Drew (last names Sm-Z)*

*Please note counselling loads have changed slightly this year

TEACHER AND STAFF COMMUNICATION

Every teacher and staff member at Sentinel is on email and may be reached by first initial last name example: jsmith@wvschools.ca

PARENT CONTACT INFORMATION

If your son(s) or daughter(s) does not primarily reside with you and you would like to receive a copy of their report card by email at each term end, please email Susan Leggatt, sleggatt@wvschools.ca, and provide/confirm your email address for inclusion in a distribution list.

SCHOOL CALENDAR 2018-2019

Please note: Some dates are not yet set, or are subject to change.

Watch for updates in the newsletters.

January

7 Monday School Re-opens
25 **Friday** **Professional Day – School not in session**

February

1 Friday Interim Report Cards Issued
15 **Friday** **Reading Break – School not in session**
18 **Monday** **Family Day Statutory Holiday**

March

15 Friday Term 2 Report Cards Issued
18 **Monday** **Spring Break (March 18 – March 29)**

April

1 Monday School Re-opens
19 **Friday** **Good Friday Statutory Holiday**
22 **Monday** **Easter Monday Statutory Holiday**

May

17 **Friday** **Professional Day – School not in session**
20 **Monday** **Victoria Day Statutory Holiday**

June

16 Sunday Grad Banquet
20 **Thursday** **Last day of classes**
22 Saturday Commencement
27 **Thursday** Final Report Cards Issued
28 **Friday** School Year Ends/Administrative Day (Staff Only)