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## NEW BULLETIN ITEM HEADERS ARE IN BLACK - REPEAT ITEMS IN BLUE

Friday, October $\mathbf{2 6}^{\text {th }} 2018$
Please note that this email address is not monitored.
To unsubscribe or if you have any questions or concerns please email dmoroz@wvschools.ca
CALENDAR UPCOMING:

## October

2 Grade 12 Parent Information Night
8 Thanksgiving Holiday - School Closed
9 Day 1-1234
10 PAC Meeting
10 PSAT 8:00-11:30 Cafeteria
15 Photo Retake Day
19 Professional Development Day - No Classes
20 Civic Election
22 Non-Instructional Day - No Classes
23 Day 1-3124
26 Grad Boat Cruise
29 Registration for Parent Teacher Interviews Opens

## November

4 Daylight Savings Ends (back one hour)
6 Collaboration Day
7 Post Secondary Institute Day (Grade 12, Grade 11 by
request)
8 PARENT TEACHER INTERVIEWS
9 Remembrance Day Assemblies
11 Remembrance Day
12 Remembrance Day Observed - No Classes
13 Day 2-1234
14 PAC Meeting
14 Take your kids to work (Grade 9)
15 Jazz Cafe - 7:00 p.m. Sentinel Theatre
19 Professional Development Day - No Classes
20 Day 1-1234
22-25 Grad Photos at Artona by Appointment


PARENT TEACHER INTERVIEWS. THURSDAY, NOVEMBER 8
Parent teacher interviews are approaching. There will be two sessions held on Thursday November 8.
Session 1 will be from 1:00-3:30

Session 2 will be from 5:30-8:00
Sign up will be done using School Appointments Online (information attached).
Parents have expressed frustration at not being able to sign up for any interviews as many teachers are full within 24 hours of the registration opening. We are hoping adjusting our registration process will provide more opportunity for all parents to meet with teachers. In response to parent and teacher feedback there will be two rounds of online registration this year. The first round will run from Monday, October 29 at 9:00 a.m. - Friday, November 2 at 3:00 p.m. During this time you will be allowed to sign up for $\mathbf{3}$ interviews maximum only per student. The second round will run from Friday, November 2 at 3:00 p.m. - Wednesday, November 7 at 7:00 p.m. During this time you will be able to sign up for a maximum of up to 6 interviews total for each student.
You may also sign up to meet with your students counsellor during these sessions as well.
Counsellors are determined by last name:
Ms. Ulinder A-G
Ms. McArthur H-L
Mr. Derganc M-SL
Ms. Drew SM-Z
If you have any questions please contact dmoroz@ wvschools.ca

## ANTARCTICA TRIP DECEMBER 2019

Antarctica Trip - Join us! All details in the Google Classroom v9cthds
Contacts: Dawn Armstrong darmstrong@wvschools.ca
Bryn Hammett bhammett@wvschools.ca

## VANCOUVER COASTAL HEALTH INFORMATION

The flu season is just around the corner; Get your flu shot today
This year's flu shot will protect you against three strains of influenza viruses specified by the World Health Organization: H1N1, H3N2, and B/Colorado/06/2017-like virus. Children will also be protected against a fourth strain- B/Phuket/3073/2013-like virus.
Options for children and youth: most vaccines are available as a shot and one is given as a nasal spray called FluMist.
Flu resources
BC Centre for Disease Control for information on the Seasonal Influenza Vaccine Flu (Influenza) health topics page for general flu information
HealthLink BC for flu information in English, Chinese, Farsi, French, Punjabi, Spanish and
Vietnamese
Immunizations page for hand washing posters and other flu (influenza) resources.

## Where can you get a flu shot? (see attachment)

- VCH Public Health clinic: For more information on flu vaccines and flu clinic please visit VCH website: http://www.vch.ca/public-health/communicable-diseases-immunizations/flu-


## shots-flu-clinics

- With your family doctor
- At a walk-in clinic
- With your pharmacist

Help fight the flu \& stop the spread of germs.
According to a study, U.S. Navy researchers ordered recruits to wash their hands at least five times a day. The researchers found that the rate of respiratory illnesses reduced by 45 per cent.
Did you know?
$80 \%$ of common infection can be spread by the hands; regular hand-washing can cut the rate of respiratory illnesses such as flu by almost half.

For information on health topics, or questions regarding your child's immunization please contact your school's Public Health Nurse at fara.lambing @ vch.ca
For information on Vancouver Coastal Health public health services for children and youth please visit the school health manual online at: www.vch.ca/schoolhealth/ns.

## LEGALIZING CANNIBIS: A COMMUNITY CONVERSATION. NOVEMBER 14, 7-9 P.M.

Please find attached the Parent Ed Series workshop poster entitled, "Legalizing Cannabis: A Community Conversation".
This event is free and suitable for parents, youth and professionals.
The keynote speaker is Dr. Mark Lysyshyn Medical Health Office North Shore and Sea to Sky.

## DAILY SCHOOL ANNOUNCEMENTS ARE ON THE SCHOOL WEBSITE!

Did you know the Sentinel Daily Announcements are posted on the school website? These announcements are read to the school through the PA system everyday and contain important information about sports, clubs, upcoming events, volunteer opportunities and many other school related items. Help your students stay informed and take advantage of all Sentinel has to offer.

## SPECIAL OLYMPICS BC

Special Olympics BC - North Shore is a non-profit sport organization and we have been providing intellectually disabled individuals the opportunity to enhance their lives and celebrate personal achievement through positive sport experiences for 30+ years.
We are currently looking for more volunteers in our programs in West \& North Vancouver. The fall schedule is attached if anyone is interested in volunteering for Special Olympics BC. If you are interested, please contact Aria Shokoohi, at Volunteering@sobenorthshore.ca or check out www.sobenorthshore.ca for more info.

## ACTIVITY FEES

Activity Fees are necessary to provide a range of goods and services to students. These fees subsidize locks for lockers, day planners, Go Cards, Athletic expenses, uniforms, medals, plaques, certificates awarded at awards ceremonies, Student Council activities, intramural games and prizes as well as postage. Virtually, all students benefit when activity fees are paid.

While there are limitations on the types of fees that schools are permitted to charge, Activity Fees may be charged. The School Act, Section 82(3) indicates that a Board may charge fees for goods and services provided by the Board such as those covered by Activity Fees.

Fee statements, which will include the Student Activity Fee of $\$ 65$ will be mailed home in November.

Please note: West Vancouver School District Policy \#9505 allows: "that fees or partial fees may be waived for students who would not otherwise be able to participate in regular school activities, field studies and special events due to financial hardship".

If you have concerns, please contact Sentinel's Principal, Mr. Mike Finch.

## PHOTOS

otos at Artona are by appointment from November $22^{\text {nd }}$ to $25^{\text {th }}$. Contact Artona directly to book your appointment.

## ONLINE REPORT CARDS

Sentinel will be moving to the online Parent Portal to communicate student learning. Report cards for terms 1 and 2 will be accessible online. PAPER COPIES WILL ALSO BE
DISTRIBUTED FOR TERM ONE. More information regarding accounts, passwords and procedures will follow in the coming months. PLEASE BE SURE YOUR STUDENT INFORMATION VERIFICATION FORM (YOU WILL RECEIVE MONDAY) IS SIGNED AND RETURNED. NOTE: There is currently no access to the online parent portal.

## TRAFFIC AT SENTINEL SECONDARY

PLEASE OBSERVE THE DROP OFF ZONES :)

The Administration is aware of the ongoing traffic problem entering and leaving the school grounds. Mornings between 8:00 and 8:25 am are of particular concern.

The student drop-off area extends from just past the school and around the east side of the school. Please do not drop students off in the upper parking lot. This is for two reasons. Student safety and traffic flow. Students have to cross a lane of moving traffic that must come to a halt while students are dropped off and then the traffic flow stops again while students cross the flow on the cross walk below. Please only drop students off along the front or sides of the school. We ask that when you drive along the front of the school, please move forward until you can't move forward anymore, even if it means moving past the school. Once you are stopped or you reach the crosswalk by the driveway, students can quickly and safely exit the vehicle without crossing moving traffic. If your child is unable to quickly exit the vehicle for example their bag is in the trunk or you need to speak with them, please continue to drive to the east side of the school and find a spot to pull over. Please do not stop directly in front of the school or on the crosswalk. When cars stop for an extended time in front of the school, they stop the traffic flow. Your assistance in complying with this request is appreciated.

Please, when entering off Chartwell Drive, do not drive down the left side of the road to drop off your child or take a short-cut to the parking lot. You run the risk of colliding with oncoming traffic. This left lane is a one-way street with a crosswalk to the east of it. Left Drivers should be aware that "vehicles entering against the flow of traffic would be violating S. 125 of the Motor Vehicle Act Fail to Obey a Traffic Control Device. The fine is $\$ 121$ and 2 points on their license" (West Vancouver Police Department).

PLEASE observe the Handicap Parking Zone (HCP). We have several students requiring access to this HCP parking/pick-up area in vans - your assistance in this regard is appreciated.

## SCHOOL MESSENGER

The School Messenger will primarily be used to let parents know if their child is absent from class. When the teacher marks the student absent without a prior phone call, he/she will be marked unexcused in the computer and School Messenger will call or email the parents.

## SENTINEL'S COUNSELLING DEPARTMENT

Sentinel School counsellors are teachers with knowledge of the developmental needs of students as well as an understanding of the pressures encountered while progressing through school. This places the counsellors in a position to:
a. offer developmental and preventative programmes to students in educational, personal, and vocational areas, and
b. provide a resource for teachers and parents to help create conditions that facilitate learning.

Since educational, vocational, and personal counselling are interrelated, all counselling is concerned with the whole individual and is, therefore, personal by nature.

The Counselling Team,

## Lisa Ulinder (last names A-G) <br> Suzie McArthur (last names H-L) <br> Scott Derganc (last names M-Sl)* Kate Drew (last names Sm-Z)*

*Please note counselling loads have changed slightly this year

## TEACHER AND STAFF COMMUNICATION

Every teacher and staff member at Sentinel is on email and may be reached by first initial last name example: jsmith@wvschools.ca

## G.U.A.R.D.S.

Check out Sentinel's new value statements and more under the G.U.A.R.D.S tab on the Sentinel Website.

## PARENT CONTACT INFORMATION

If your son(s) or daughter(s) does not primarily reside with you and you would like to receive a copy of their report card by email at each term end, please email Susan Leggatt,sleggatt@wvschools.ca , and provide/confirm your email address for inclusion in a distribution list.

## SCHOOL CALENDAR 2018-2019

Please note: Some dates are not yet set, or are subject to change.
Watch for updates in the newsletters.

## September

| $\mathbf{3}$ | Monday | Labour Day Statutory Holiday |
| :--- | :--- | :--- |
| $\mathbf{4}$ | Tuesday | School Opens |
| $\mathbf{1 0}$ | Monday | Photo Day |
| $\mathbf{2 0}$ | Thursday | Meet the Teacher Night |
| $\mathbf{2 1}$ | Friday | Professional Day - School not in session |

## October

8 Monday Thanksgiving Day Statutory Holiday
15 Monday Photo Retake Day

| 19 | Friday | Professional Day - School not in session |
| :---: | :---: | :---: |
| 22 | Monday | Non Instructional Day - School not in session |
| November |  |  |
| 8 | Thursday | Parent-Teacher Interviews |
| 12 | Monday | Remembrance Day Statutory Holiday Observed |
| 19 | Monday | Professional Day - School not in session |
|  |  | Grad Portraits at Artona |
| December |  |  |
| 14 | Friday | Term 1 Report Cards Issued |
| 24 | Monday | Winter Break (December 24 - January 4) |
| January |  |  |
| 7 | Monday | School Re-opens |
| 25 | Friday | Professional Day - School not in session |
| February |  |  |
| 1 | Friday | Interim Report Cards Issued |
| 15 | Friday | Reading Break - School not in session |
| 18 | Monday | Family Day Statutory Holiday |
| March |  |  |
| 15 | Friday | Term 2 Report Cards Issued |
| 18 | Monday | Spring Break (March 18 - March 29) |
| April |  |  |
| 1 | Monday | School Re-opens |
| 19 | Friday | Good Friday Statutory Holiday |
| 22 | Monday | Easter Monday Statutory Holiday |
| May |  |  |
| 17 | Friday | Professional Day - School not in session |
| 20 | Monday | Victoria Day Statutory Holiday |
| June |  |  |
| 16 | Sunday | Grad Banquet |
| 20 | Thursday | Last day of classes |
| 22 | Saturday | Commencement |
| 27 | Thursday | Final Report Cards Issued |
| 28 | Friday | School Year Ends/Administrative Day (Staff Only) |

## ATHLETICS

## Athletics:

North Shore Playoffs will soon begin for all our Fall Sports teams.
Please come out to any and all events that you can to cheer on our athletes!!!

Check out the NSSSAA eSports main page for schedules and locations of Go Spartans!

The Winter Sports Season is now just around the corner and we are still in need of a number of Basketball coaches at the Gr 9/10 level. If we can't find coaches, it may mean a particular team will not happen. If you are interested in coaching,or know of someone who is, please contact Mr. Mark Fenn or Ms. Lara Winstone at sentinelathletics@wvschools.ca
Basketball:
Bantam (Gr 8) Boys Basketball: Bennett Hunter
Juvenile (Gr 9) Boys Basketball: (Coach Needed) with Gary Ma willing to help
Junior Boys Basketball: Karen Kirkwood
Senior Boys Basketball: Dale Stranaghan
Bantam Girls Basketball: Ryan Charles
Junior (Gr 9/10) Girls Basketball: (Coach Needed) \& Ray Stanley willing to help
Senior Girls Basketball: Jackie Yu \& Steven Ong
Thanks everyone, for your support of extra-curricular sports here at Sentinel!

For questions or information contact Mark Fenn or Lara Winstone at sentinelathletics@wvschools.ca or check out http://www.sentinelathletics.ca

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