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# NEW BULLETIN ITEM HEADERS ARE IN BLACK - REPEAT ITEMS IN BLUE

Friday, October 26th 2018

#### Please note that this email address is not monitored.

To unsubscribe or if you have any questions or concerns please email dmoroz@wvschools.ca

### **CALENDAR UPCOMING:** October Grade 12 Parent Information Night 8 Thanksgiving Holiday – School Closed Day 1 – 1234 10 PAC Meeting 10 PSAT 8:00 - 11:30 Cafeteria 15 Photo Retake Day 19 Professional Development Day – No Classes 20 Civic Election 22 Non-Instructional Day - No Classes 23 Day 1 - 3124 26 Grad Boat Cruise 29 Registration for Parent Teacher Interviews Opens **November** Daylight Savings Ends (back one hour) 6 Collaboration Day Post Secondary Institute Day (Grade 12, Grade 11 by request) 8 PARENT TEACHER INTERVIEWS 9 Remembrance Day Assemblies 11 Remembrance Day 12 Remembrance Day Observed – No Classes 13 Day 2 - 1234 14 PAC Meeting 14 Take your kids to work (Grade 9) 15 Jazz Cafe - 7:00 p.m. Sentinel Theatre 19 Professional Development Day – No Classes 20 Day 1 - 1234 22-25 Grad Photos at Artona by Appointment

PARENT TEACHER INTERVIEWS. THURSDAY, NOVEMBER 8	
Parent teacher interviews are approaching. There will be two sessions held on <b>Thu November 8</b> . Session 1 will be from <b>1:00-3:30</b>	ırsday

Session 2 will be from **5:30-8:00** 

Sign up will be done using School Appointments Online (information attached).

Parents have expressed frustration at not being able to sign up for any interviews as many teachers are full within 24 hours of the registration opening. We are hoping adjusting our registration process will provide more opportunity for all parents to meet with teachers. In response to parent and teacher feedback there will be two rounds of online registration this year. The first round will run from Monday, October 29 at 9:00 a.m. - Friday, November 2 at 3:00 p.m. During this time you will be allowed to sign up for **3 interviews** maximum only per student. The second round will run from Friday, November 2 at 3:00 p.m. - Wednesday, November 7 at 7:00 p.m. During this time you will be able to sign up **for a maximum of up to 6 interviews total for each student.** 

You may also sign up to meet with your students counsellor during these sessions as well. Counsellors are determined by last name:

Ms. Ulinder A-G
Ms. McArthur H-L
Mr. Derganc M-SL
Ms. Drew SM-Z

If you have any questions please contact dmoroz@wvschools.ca

#### **ANTARCTICA TRIP DECEMBER 2019**

Antarctica Trip - Join us! All details in the Google Classroom v9cthds

Contacts: Dawn Armstrong darmstrong@wvschools.ca Bryn Hammett bhammett@wvschools.ca

#### VANCOUVER COASTAL HEALTH INFORMATION

#### The flu season is just around the corner; Get your flu shot today

This year's flu shot will protect you against three strains of influenza viruses specified by the World Health Organization: H1N1, H3N2, and B/Colorado/06/2017-like virus. Children will also be protected against a fourth strain- B/Phuket/3073/2013-like virus.

**Options for children and youth:** most vaccines are available as a shot and one is given as a nasal spray called FluMist.

#### Flu resources

BC Centre for Disease Control for information on the Seasonal Influenza Vaccine

Flu (Influenza) health topics page for general flu information

HealthLink BC for flu information in English, Chinese, Farsi, French, Punjabi, Spanish and Vietnamese

Immunizations page for hand washing posters and other flu (influenza) resources.

#### Where can you get a flu shot? (see attachment)

VCH Public Health clinic: For more information on flu vaccines and flu clinic please visit VCH website: http://www.vch.ca/public-health/communicable-diseases-immunizations/flu-

#### shots-flu-clinics

- · With your family doctor
- · At a walk-in clinic
- · With your pharmacist

#### Help fight the flu & stop the spread of germs.

According to a study, U.S. Navy researchers ordered recruits to wash their hands at least five times a day. The researchers found that the rate of respiratory illnesses reduced by 45 per cent. **Did you know?** 

80% of common infection can be spread by the hands; regular hand-washing can cut the rate of respiratory illnesses such as flu by almost half.

For information on health topics, or questions regarding your child's immunization please contact your school's Public Health Nurse at <a href="mailto:fara.lambing@vch.ca">fara.lambing@vch.ca</a>
For information on Vancouver Coastal Health public health services for children and youth

For information on Vancouver Coastal Health public health services for children and youth please visit the school health manual online at: <a href="https://www.vch.ca/schoolhealth/ns">www.vch.ca/schoolhealth/ns</a>.

# LEGALIZING CANNIBIS: A COMMUNITY CONVERSATION. NOVEMBER 14, 7-9 P.M.

Please find attached the Parent Ed Series workshop poster entitled, "Legalizing Cannabis: A Community Conversation".

This event is free and suitable for parents, youth and professionals.

The keynote speaker is Dr. Mark Lysyshyn Medical Health Office North Shore and Sea to Sky.

#### DAILY SCHOOL ANNOUNCEMENTS ARE ON THE SCHOOL WEBSITE!

Did you know the Sentinel Daily Announcements are posted on the school <u>website</u>? These announcements are read to the school through the PA system everyday and contain important information about sports, clubs, upcoming events, volunteer opportunities and many other school related items. Help your students stay informed and take advantage of all Sentinel has to offer.

#### **SPECIAL OLYMPICS BC**

Special Olympics BC - North Shore is a non-profit sport organization and we have been providing intellectually disabled individuals the opportunity to enhance their lives and celebrate personal achievement through positive sport experiences for 30+ years.

We are currently looking for more volunteers in our programs in West & North Vancouver. The **fall schedule is attached** if anyone is interested in volunteering for Special Olympics BC. If you are interested, please contact Aria Shokoohi,

at Volunteering@sobcnorthshore.ca or check out www.sobcnorthshore.ca for more info.

#### **ACTIVITY FEES**

Activity Fees are necessary to provide a range of goods and services to students. These fees subsidize locks for lockers, day planners, Go Cards, Athletic expenses, uniforms, medals, plaques, certificates awarded at awards ceremonies, Student Council activities, intramural games and prizes as well as postage. Virtually, all students benefit when activity fees are paid.

While there are limitations on the types of fees that schools are permitted to charge, Activity Fees may be charged. The School Act, Section 82(3) indicates that a Board may charge fees for goods and services provided by the Board such as those covered by Activity Fees.

Fee statements, which will include the Student Activity Fee of \$65 will be mailed home in November.

**Please note:** West Vancouver School District Policy #9505 allows: "that fees or partial fees may be waived for students who would not otherwise be able to participate in regular school activities, field studies and special events due to financial hardship".

If you have concerns, please contact Sentinel's Principal, Mr. Mike Finch.

#### **PHOTOS**

otos at Artona are by appointment from November 22<sup>nd</sup> to 25<sup>th</sup>. Contact Artona directly to book your appointment.

#### ONLINE REPORT CARDS

Sentinel will be moving to the online Parent Portal to communicate student learning. Report cards for terms 1 and 2 will be accessible online. **PAPER COPIES WILL ALSO BE DISTRIBUTED FOR TERM ONE.** More information regarding accounts, passwords and procedures will follow in the coming months. PLEASE BE SURE YOUR STUDENT INFORMATION VERIFICATION FORM (YOU WILL RECEIVE MONDAY) IS SIGNED AND RETURNED. **NOTE: There is currently no access to the online parent portal.** 

#### TRAFFIC AT SENTINEL SECONDARY

PLEASE OBSERVE THE DROP OFF ZONES:)

The Administration is aware of the ongoing traffic problem entering and leaving the school grounds. Mornings between 8:00 and 8:25 am are of particular concern.

The student drop-off area extends from just past the school and around the east side of the school. Please do not drop students off in the upper parking lot. This is for two reasons. Student safety and traffic flow. Students have to cross a lane of moving traffic that must come to a halt while students are dropped off and then the traffic flow stops again while students cross the flow on the cross walk below. Please only drop students off along the front or sides of the school. We ask that when you drive along the front of the school, please move forward until you can't move forward anymore, even if it means moving past the school. Once you are stopped or you reach the crosswalk by the driveway, students can quickly and safely exit the vehicle without crossing moving traffic. If your child is unable to quickly exit the vehicle for example their bag is in the trunk or you need to speak with them, please continue to drive to the east side of the school and find a spot to pull over. Please do not stop directly in front of the school or on the crosswalk. When cars stop for an extended time in front of the school, they stop the traffic flow. Your assistance in complying with this request is appreciated.

Please, when entering off Chartwell Drive, <u>do not drive down the left side of the road</u> to drop off your child or take a short-cut to the parking lot. You run the risk of colliding with oncoming traffic. This left lane is a one-way street with a crosswalk to the east of it. Left Drivers should be aware that "vehicles entering against the flow of traffic would be violating S.125 of the Motor Vehicle Act Fail to Obey a Traffic Control Device. The fine is \$121 and 2 points on their license" (West Vancouver Police Department).

**PLEASE** observe the Handicap Parking Zone (HCP). We have several students requiring access to this HCP parking/pick-up area in vans – your assistance in this regard is appreciated.

#### **SCHOOL MESSENGER**

The School Messenger will primarily be used to let parents know if their child is absent from class. When the teacher marks the student absent without a prior phone call, he/she will be marked unexcused in the computer and School Messenger will call or email the parents.

#### SENTINEL'S COUNSELLING DEPARTMENT

Sentinel School counsellors are teachers with knowledge of the developmental needs of students as well as an understanding of the pressures encountered while progressing through school. This places the counsellors in a position to:

- a. offer developmental and preventative programmes to students in educational, personal, and vocational areas, and
- b. provide a resource for teachers and parents to help create conditions that facilitate learning.

Since educational, vocational, and personal counselling are interrelated, all counselling is concerned with the whole individual and is, therefore, personal by nature.

The Counselling Team,

Lisa Ulinder (last names A-G)
Suzie McArthur (last names H-L)
Scott Derganc (last names M-SI)\*
Kate Drew (last names Sm-Z)\*

#### **TEACHER AND STAFF COMMUNICATION**

Every teacher and staff member at Sentinel is on email and may be reached by first initial last name example: <a href="mailto:jsmith@wvschools.ca">jsmith@wvschools.ca</a>

#### G.U.A.R.D.S.

Check out Sentinel's new value statements and more under the <u>G.U.A.R.D.S tab</u> on the Sentinel Website.

#### PARENT CONTACT INFORMATION

If your son(s) or daughter(s) does not primarily reside with you and you would like to receive a copy of their report card by email at each term end, please email Susan Leggatt, sleggatt@wvschools.ca, and provide/confirm your email address for inclusion in a distribution list.

#### SCHOOL CALENDAR 2018-2019

Please note: Some dates are not yet set, or are subject to change.
Watch for updates in the newsletters.

#### September

3	Monday	Labour Day Statutory Holiday
4	Tuesday	School Opens
10	Monday	Photo Day
20	Thursday	Meet the Teacher Night
21	Friday	Professional Day – School not in session

#### October

8	Monday	Thanksgiving Day Statutory Holiday
15	Monday	Photo Retake Day

<sup>\*</sup>Please note counselling loads have changed slightly this year

19 22	Friday Monday	Professional Day – School not in session Non Instructional Day – School not in session	
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	ember		
8	Thursday	Parent-Teacher Interviews	
12	Monday	Remembrance Day Statutory Holiday Observed	
<b>19</b> 22 -	Monday	Professional Day – School not in session  Grad Portraits at Artona	
22 -	- 23	Grad Portraits at Artoria	
Dece	mber		
14	Friday	Term 1 Report Cards Issued	
24	Monday	Winter Break (December 24 – January 4)	
Janu	aru		
7	Monday	School Re-opens	
, 25	Friday	Professional Day – School not in session	
	· · · · · · · · · · · · · · · · · · ·	Troncostonal Bay School Not in Session	
Febru	uary		
1	Friday	Interim Report Cards Issued	
15	Friday	Reading Break – School not in session	
18	Monday	Family Day Statutory Holiday	
Marc	-h		
15	Friday	Term 2 Report Cards Issued	
18	Monday	Spring Break (March 18 – March 29)	
	•	,	
April			
1	Monday	School Re-opens	
19	Friday	Good Friday Statutory Holiday	
22	Monday	Easter Monday Statutory Holiday	
May			
17	Friday	Professional Day – School not in session	
20	Monday	Victoria Day Statutory Holiday	
	-		
June			
16	Sunday	Grad Banquet	
20	Thursday	Last day of classes	
22	Saturday	Commencement	
27 28	Thursday Friday	<u>Final Report Cards Issued</u> School Year Ends/Administrative Day (Staff Only)	
20	TTIUAY	School Tear Enast Authinistrative Day (Staff Office)	

#### **ATHLETICS**

#### **Athletics:**

North Shore Playoffs will soon begin for all our Fall Sports teams.

Please come out to any and all events that you can to cheer on our athletes!!!

Check out the <u>NSSSAA eSports main page</u> for schedules and locations of Go Spartans!

The Winter Sports Season is now just around the corner and we are still in need of a number of Basketball coaches at the Gr 9/10 level. If we can't find coaches, it may mean a particular team will not happen. If you are interested in coaching, or know of someone who is, please contact Mr. Mark Fenn or Ms. Lara Winstone at <a href="mailto:sentinelathletics@wvschools.ca">sentinelathletics@wvschools.ca</a>

- Basketball:
- Bantam (Gr 8) Boys Basketball: Bennett Hunter
- Juvenile (Gr 9) Boys Basketball: (Coach Needed) with Gary Ma willing to help
- Junior Boys Basketball: Karen Kirkwood
- Senior Boys Basketball: Dale Stranaghan
- Bantam Girls Basketball: Ryan Charles
- Junior (Gr 9/10) Girls Basketball: (Coach Needed) & Ray Stanley willing to help
- Senior Girls Basketball: Jackie Yu & Steven Ong

Thanks everyone, for your support of extra-curricular sports here at Sentinel!

For questions or information contact Mark Fenn or Lara Winstone at sentinelathletics@wvschools.ca or check out http://www.sentinelathletics.ca

#### SENTINEL SECONDARY SCHOOL

1250 Chartwell Drive West Vancouver, BC V7S 2R2 T: (604) 981 1130

F: (604) 981 1131