



Sentinel Counsellor E-Bulletin

January 25, 2019

Grade 8-11 Course Planning Evening-7pm January 30, 2019

Parents please join the counsellors in reviewing course planning for the 2019/20 school year. We will have a grade 8/9 presentation in the cafeteria and a grade 10/11 presentation in the library. Please note students do not need to come to this presentation as they will be receiving these presentations at school in collaborative time or class time.

Collaborative Day: February 5, 2019

Grade 8's- Late start or quiet study time in the halls
Grade 9's –Course Planning Presentation by Ms. Drew & Mr. Derganc-Gym
Grade 10's-Course Planning Presentation by Ms. Ulinder-Cafeteria
Grade 11's- Late start or quiet study time in the halls
Grade 12's- Late start or quiet study time in the halls

Course Planning for 2019/2020 School Year

Grade 8, 9 and 10 Course Planning

January 15: Grade 8 Course Planning Presentation

February 5: Grade 9 & 10 Course Planning Presentations

January 28-February 14: Classroom visits-choices will be made and filled out on course selection forms

Grade 11 Course Planning

February 4-February 27:

Grade 11s will receive two course planning sessions. The first session is an information session and the second is to make choices and fill out their course selection forms. These sessions will occur in student's English 11 class.

University and Transcripts:

Most students have finished their applications and schools are asking for their marks. It is important that students follow up. If schools require a hard copy sent then students can fill out a transcript request form and take it to the main office. Most schools are asking for self-reporting (students enter their own marks via the University portal) or an upload of their transcript (students can ask Ms. I in the office or their counsellor to email them a pdf of their transcript for this purpose).

Students must **ALSO** create an account with Student Transcript Service (<http://www.StudentTranscripts.gov.bc.ca>) and add the schools to this account.

In summary: Students need to do one of the following depending on the University: 1) Self-report, 2) Upload a pdf or 3) Send hard copy **AND** add the Universities to their Student Transcript account.

Scholarships:

Our website is regularly updated with scholarship opportunities. You can find us at <https://sites.google.com/a/sd45.bc.ca/sentinel-counselling/>

Sites such as <https://yconic.com/> can also be a great resource for students and parents when researching scholarships

Events:

Kwantlen Polytechnic University

Happy New Year from the Future Students' Office at KPU!

We are hosting several exciting events on campus this winter, and we hope your students can join us!

Discovery Day

Students in grades 8-12 are invited to experience a day in the life of a KPU student. While on campus, they'll attend mock classes, meet current students, learn about KPU programs, admissions, and financial aid, go on a campus-wide scavenger hunt, enjoy a free pizza lunch, and take home KPU swag.

- KPU Richmond Discovery Day — Monday, January 28 from 10am to 2pm
- KPU Langley Discovery Day — Friday, February 15 from 10am to 2pm
- Trades Discovery Day at KPU Tech — Friday, February 22 from 10am to 2pm

RSVP at kpu.ca/discoveryday

KPU Surrey Open House

On Saturday, February 9 from 11am to 3pm we welcome the community in to KPU Surrey to experience all we have to offer at our largest campus. Guests can take a guided tour of campus, enjoy live entertainment, participate in interactive activities, attend workshops and information sessions, win free swag, and learn all about KPU: where thought meets action. Three lucky guests will take home \$500 each in free tuition!

RSVP at kpu.ca/openhouse

Wilson School of Design Information Sessions and Portfolio Workshops

If your students are curious about our Design programs or want to learn more about portfolio requirements, we encourage them to sign up for one of our winter events at the Wilson School of Design, covering topics in Product Design, Fashion Marketing, Interior Design, Foundations in Design, Fashion Design & Technology, and Graphic Design for Marketing.

Browse event offerings and register at kpu.ca/design/events/upcoming

Great resources:

Mental Health:

<http://mentalhealthweek.cmha.ca/>

<http://teenmentalhealth.org/>

<http://keltymentalhealth.ca/>

How to talk to your teen about alcohol:

<https://www.healthyfamiliesbc.ca/home/articles/topic/alcohol-sense>

Parenting a teen:

<https://www.healthyfamiliesbc.ca/>

If you have any questions please do not hesitate to contact your child's counsellor:

Lisa Ulinder (Last names A-G) lulinder@wvschools.ca

Suzie McArthur (Last names H-L) smcarthur@wvschools.ca

Scott Derganc (Last names M-SI) sderganc@wvschools.ca

Kate Drew (Last names Sm-Z) drew@wvschools.ca