



ÉCOLE PAULINE JOHNSON ELEMENTARY E-BULLETIN

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e-Bulletin February 15th, 2024

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Valentine's Day and Family Day

Wishing all of our families a belated Valentine's Day. We hope that love and peace and goodness continue to surround you and that you roll into Family Day weekend with plans to connect, relax and find gratitude.

Thank You Lunar New Year Volunteers!

Thank you to Melanie Miao and her many volunteers who helped PJ usher in the year of the dragon last week.

Dr Hailey Watson Free Session – MoECC Offering

The Ministry of Education and Child Care, in partnership with adolescent Clinical Psychologist, Dr. Hayley Watson, will be hosting free virtual sessions on youth substance use for parents/guardians, caregivers and caring adults. Dr. Watson will provide valuable insights, practical tips, and resources to equip participants with the tools needed to guide their children and youth toward making positive choices when it comes to substance use. [More details here.](#)

Pink Shirt Day

Please watch for more details from your classroom Teacher about Pink Shirt Day on February 28th.

- Assemblies:
 - 9:15am Grades 4-7 (6/7 EFI students present and Div. 3,4, and 5 parents welcome!)
 - 2:30pm Grades K-3 (Grades 1 and 2 students present and Div. 11,12,1,3,14,1,5 and 16 parents welcome!)

ERASE BC - Establishing Safe, Caring, & Respectful Digital Communities - Everyone Welcome!

Upcoming Training:

February 28

Register Here: <https://pages.saferschoolstogether.com/erase-family-session>

Recommended for Parents/Caregivers/Grandparents and youth aged 10 and up as a way to facilitate the conversation of safe and caring use of technology at home and in the community (60-minute session). This session covers all things digital, from how to be a good digital citizen, the criminal consequences of cyberbullying, and how to report and receive support in cases of sexting/sextortion.

Some of the most prominent concerns currently surrounding use of social media platforms, smartphones, and artificial intelligence will be discussed.

Families will learn:

Digital media habits, oversharing, and digital addiction

The permanence of online posts/activity

The significance of your digital tattoo in how others perceive you (e.g., sports teams, college admissions, and potential employers)

The importance of caring for peers both online and offline

Geo-locational settings and the dangers of social media and cell phone misuse

The social and legal consequences of cyberbullying behaviour as well as possession and distribution of intimate images (sexting and sextortion)

An anonymous student reporting tool that can help you and your friends stay safe both online and offline.



Save the Date: Online-Only Parent Education Session on March 5

Due to high demand, PJPAC is bringing back [Paula Foran](#) to present "Untangling Anxiety for Parents" on March 5 at 6:30pm. This is an online-only session. More information can be found [here](#).

Nowruz Volunteers Needed

PJ will be celebrating Nowruz on March 11, and we're looking for many volunteers. If you can help with this event, please sign-up [here](#). If you registered for a Nowruz photo session, please email georginavilaphoto@gmail.com for next steps.

Parent Meeting Minutes

Thanks to those who were able to join our Parent Meeting on Tuesday. If you were unable to attend you can review the meeting minutes on our [site](#), available soon.

Parent Coffee Meet-Ups

Next week divisions' 13 (Mme Murphy), 14 (Mme Gabrielle & Mme Sophie), and 15 (Mme Lacock) parents will be meeting at the [Modern Pantry](#). Visit the PJPAC [website](#) to see when your division parent meet-up is scheduled.

OPPORTUNITIES FOR STUDENTS AND FAMILIES

Frog Belly Rat Bone – Family Day at the Kay Meek Theatre. [Details and Registration here.](#)

ACTIVITIES AT YOUR WEST VANCOUVER COMMUNITY CENTRE / GLENEAGLES COMMUNITY CENTRE

Spring Break Break camps – Music, Spanish or Korean Immersion, LEGO, Arts, Science/STEAM, Sports, Gymnastics, etc:

<https://westvancouver.ca/parks-recreation/recreation-programs-services/recreation-activities/camps>

Spring Break Intensive Group Classes Also Available for All Ages: Beginner French Intensive & Music Theory Intensive

https://anc.ca.apm.activecommunities.com/westvanrec/activity/search?activity_select_param=2&activity_keyword=intensive%20spring%20break&viewMode=list

Important Dates: Spring Program Registrations (April – June)

General registration for Spring opens on Wednesday, March 6

Skating, Gymnastics, and Swimming registrations open on Wednesday, March 13

Spring Learning Programs

Interested in indigenous beading or cedar weaving, learning Languages, STEAM, Chess, Lego?

Adult Beginner French classes available: After-School Kids' Farsi, Korean, Mandarin classes are also available.

Explore the Learning Program: www.westvancouver.ca/learning

Browse your recreation activities and programs here:

<https://westvancouver.ca/parks-recreation/recreation-programs-services/recreation-activities>

Are you new in West Vancouver? Come, discover and join us:

<https://westvancouver.ca/newcomers>

BC French Family Camp

Do you have plans for the summertime yet? Are you hoping to find something affordable the whole family can enjoy together? The BC French Family camp is an

amazing experience (in 3 locations: Vancouver Island, Okanagan and Gwillim Lake) that can do wonders for your child's (and your whole family's) appreciation of their French skills! Here's what my partner thought:

« At first, I was hesitant to go to French camp, when the memories of my own French classes were very distant! In the end, I was happily surprised by the excellent experience both for my kid and myself! I did NOT need to speak French to have a good time. And it brought our family closer together! French camp has now become an integral part of our yearly summer family tradition! » —Rick Wong

Registrations start on Feb 11. [See here for more details.](#)

Pop up Play Story Walk – [See here for more details.](#)

West Vancouver Schools Premier Academies

The 2024-2025 Premier Academies are open for registration! Please visit <https://westvancouver.schools.ca/programs/> for further information.

Premier Academies: Badminton, Baseball, Basketball, Fencing, Field Hockey, Rugby, Soccer, Tennis, Volleyball

Please note that any opportunities from previous weeks can be found in [past e-bulletins.](#)

IMPORTANT DATES

Feb 16	Reading Break – Schools are Closed
Feb 19	Family Day – Schools are Closed
Feb 28	Pink Shirt Day Assemblies – More details to come
Feb 28	Girls Basketball Tournament @ WVSS 1-4 (more info to follow)
Feb 29	Boys Basketball Tournament @ WVSS 1-4 (more info to follow)
March 11	Nowruz Celebrations @ PJ
Mar 16 – Apr 1	Spring Break
Apr 2	School Resumes

[2023-2024 Calendar](#)

PJ Year at a Glance Calendar 2023-2024

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