

**Parent/Guardian General Information/Disclosure
& Informed Consent Form
Ski & Snowboard Field Trip**

PURPOSE:

To provide the opportunity for Grade 6/7 learners to develop knowledge and skills by participating actively, effectively, safely and responsibly in an individual snow-based sport at Whistler Mountain.

EVENTS:

Wednesday, March 4th, 2026, Whistler Mountain

TRANSPORTATION:

Transportation to Whistler Mountain will be by charter bus.

LEVEL OF SUPERVISION:

All supervisors will remain on the mountain or at the base of the mountain. The head supervisor will be linked to mountain operations via a cellular phone. Supervisors will be skiing/snowboarding in small separate groups, and cellular phones will link these groups. All supervisors will have the following:

- A list of the participants
- Participant emergency contact information
- Participant medical information. Student Emergency Procedure Plans/medical supplies will be brought for students with life-threatening medical conditions (e.g., anaphylaxis).
- Cellular phone numbers of the other supervisors

Participants will be under direct supervision while in transit. While on the mountain, they will be supervised by Whistler staff and during lunch, by Whistler and school staff. Participants may not be directly supervised at all times, but are required to have a "buddy".

SPONSORS:

Adult to student supervision ratios will be in the range of 1:8. Due to unforeseen circumstances, supervisors may need to be substituted and additional parent/guardian supervisors to be determined.

Supervisor #1: Brigitte Boily

anaphylaxis). While on the mountain, the Ski Patrol will provide first aid. To access any required first aid while on the mountain, students should speak to employees of the mountain who may be identified by their uniforms. A field trip supervisor is to be contacted if any student requires first aid.

ITINERARY: (Arrival and departure times are the same on all days):

6:00 am	Students begin boarding bus (parked on Inglewood Ave.)
8:00 am	Arrive at Whistler Mountain downhill area
8:30 am	Session begins
12:00 pm	Students check-in with supervisors at a designated location on the mountain
	LUNCH
12:45 pm	Session continues
3:30 pm	Bus leaves ski mountain
5:30 pm	Approximate arrival time at Ecole Cedardale

Note: Students will be grouped based on ability for lessons on Whistler Mountain. Rental equipment will also be fitted at this time.

WHAT TO BRING:

Snacks (lunch is provided, including gluten-free options)

Water bottle

Clothing:

- Waterproof Jacket & Pants
- Warm Base Layer, Top and Bottom (preferably not cotton as it absorbs moisture which makes you wet and cold)
- Insulating Layers Top & Bottom (fleece, sweatpants/top, sweater)
- Neck warmer
- Warm socks (preferably ski or snowboard socks)
- Warm, Waterproof Gloves
- Goggles and/or Sunglasses (Sunglasses are only suggested for sunny days)
- **Ski or Snowboard Helmet** (CSA approved) and/or Warm Hat/Toque
- Backpack/Gym Bag (to put shoes/extra clothing in for storage helps to not lose shoes)



Parent Informed Consent Form (High Risk Activity)

This form must be read, each paragraph initialed where appropriate and signed at the bottom by a parent or legal guardian.

Ecole Cedardale is arranging a Skiing/Snowboarding lesson for students at Whistler Mountain on Wednesday, March 4th, 2026. Students will be traveling by bus. Students will be supervised by their teachers, parent chaperones, and the Whistler Mountain coaching staff.

Risk	Injury
Collisions	Concussion, Spinal Injury, Broken/Sprained bones and ligaments
Falling	Concussion, Spinal Injury, Broken/Sprained bones and ligaments
Twisting, turning, slamming body into ground	Concussion, Spinal Injury, Broken/Sprained bones and ligaments

In consideration of the West Vancouver School District offering **my child**,

_____, an opportunity to participate in ski/snowboarding at Whistler Mountain on March 4th, 2026, I waive any and all claims I may have against, and release from all liability and agree not to sue the Board of Education of School District 45 (West Vancouver) and its officers, employees, agents, volunteers and representatives, and the Ministry of Education for any personal injury, death, property damage or loss sustained as a result of my child's participation in the Cypress Mountain winter activity, arising out of any cause whatsoever.

I understand that my child may not always be supervised by an adult.

_____ **Initial**

I have read the “what to bring” list and understand that my child is responsible for these items.

_____ **Initial**



TO BE RETURNED TO THE SCHOOL

Program Pricing – Please CHECK ONE box:

Option 1	Option 2
☐ Lesson, lift ticket, equipment rental, bus transportation and lunch Equipment rental – please provide student's Height _____ (ft/in) Weight _____ (lbs)	☐ Lesson, lift ticket, bus transportation and lunch - has own <u>equipment</u>
COST: \$215.00	COST: \$175.00

My child will be SKIING ☐ or SNOWBOARDING ☐ Is it their 1st time _____ ?

PAYMENT MUST BE MADE USING SCHOOL CASH ON-LINE. Please note that the above prices are a package price. If you have your own pass for Whistler Mountain, you can use it but are still required to pay the package price. If you would like to discuss financial assistance options, such as installments, please contact Mme Hayes at khayes@wvschools.ca.

I have paid \$ _____ through School Cash Online and my Receipt No. is _____

No refunds will be issued



By choosing to allow my child to participate in this activity, **I will assume the risk** of an accident occurring and agree that this activity as described is suitable for my child.

_____ **Initial**

I understand that my child is required to always wear a helmet on the mountain. I understand that this is mandatory for all school ski & snowboard programs.

_____ **Initial**

The Board of Education of School District 45 (West Vancouver) does not provide any accidental disability, dismemberment, medical expense or death insurance on behalf of participating students. The School District recommends that you check your family medical coverage or purchase the Student Accident Insurance which was made available at the beginning of the school year.

_____ **Initial**

In signing this Consent and Waiver, I am not relying on any oral / written representation or statement by The Board of Education of School District 45 (West Vancouver) and its officers, agents, employees, or authorized volunteers, or the Ministry of Education, to prompt me to permit my child to take the trip, other than those set out in this Consent and Waiver.

_____ **Initial**

Accidents and/or injuries may occur. I acknowledge that skiing and snowboarding are inherently high-risk sports and that my child may be exposed to certain risks while participating in this activity

_____ **Initial**

School Handout



Student's Name: _____

Are you a: Skier Snowboarder

Will you need a lift ticket: Yes No

What ability level are you?

- ☐ Level 1- First Time
- ☐ Level 2- Can be able to turn both ways (skiing), or directional control with slide slipping on both edges (snowboarding)
- ☐ Level 3- Can control speed while turning (skiing), or link turns on green (snowboarding)
- ☐ Level 4- Can ski in control in wide parallel stance with poles on blue (skiing), or vary turn shape and adapt to uneven terrain on green and blue runs
- ☐ (Level 5)- Can parallel ski on black in variety of snow conditions (skiing), or ride confidently on all blue runs in variety of snow conditions and terrain (snowboarding)
- ☐ (Level 6)- Can have edging, pressure control and timing coordination in varied terrains and conditions on green, blue and black runs (skiing and snowboarding)

Rentals: Yes No

Complete information below if renting:

Height (ft & 5"1).