Dear Parent/Caregiver:

A case of head lice has been reported in your child's class/grade group. Please check your child's hair and scalp carefully. Helpful information (with translations) for checking, treating, and preventing headlice can be found here: https://www.healthlinkbc.ca/healthlinkbc.files/head-lice

Getting Rid of Head Lice: https://www.vch.ca/sites/default/files/import/documents/getting-rid-of-head-lice.pdf

Please note: One treatment is **not** enough. You **must** do follow-up treatments to eradicate the lice that hatch subsequent to the first treatment. Failure to do so will result in the head lice continuing to thrive on your child's head. NYDA head lice shampoo and a LiceMeister comb are recommended as the most effective treatments by Vancouver Coastal Health.

It's a good idea to check your child for head lice continuously (at least once a week) and keep long hair tied up or back.

For further information, please contact 811 or your local public health unit.

West Vancouver Community Health Centre

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(inside West Vancouver Community Health Centre)

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