

**Parent/Guardian General Information/Disclosure  
& Informed Consent Form  
Ski & Snowboard Field Trip**

**PURPOSE:**

To provide the opportunity for Grade 6/7 learners to develop knowledge and skills by participating actively, effectively, safely and responsibly in an individual snow-based sport.

**EVENTS:**

Thursday, January 16<sup>th</sup> 2025      Cypress Mountain  
Thursday, February 6<sup>th</sup> 2025      Cypress Mountain

**TRANSPORTATION:**

Transportation to Cypress Mountain will be by bus.

**LEVEL OF SUPERVISION:**

All supervisors will remain on the mountain or at the base of the mountain. The head supervisor will be linked to mountain operations via a cellular phone. Supervisors will be skiing/snowboarding in small separate groups, and cellular phones will link these groups. All supervisors will have the following:

- A list of the participants
- Participant emergency contact information
- Participant medical information. Student Emergency Procedure Plans/medical supplies will be brought for students with life-threatening medical conditions (e.g., anaphylaxis).
- Cellular phone numbers of the other supervisors

Participants will be under direct supervision while in transit but not necessarily over course of the entire day. Students are required to ski/board with a “buddy” and check-in at lunchtime.

**SPONSORS:**

Adult to student supervision ratios will be in the range of 1:10 to 1:15. Due to unforeseen circumstances supervisors may need to be substituted *and additional parent/guardian supervisors to be determined.*

Supervisor #1:      Brigitte Boily  
Supervisor #2:      Carleigh Leroux  
Supervisor #3:      Monica Nordman

**RISK ASSESSMENT:**

Skiing and snowboarding are inherently dangerous activities, and constant supervision of all participants on the mountain is not always possible. Risks have been minimized by requiring skiers/boarders to ski/board with a “buddy” and by discussing with the skiers, the risk, and the responsibilities inherent in skiing and snowboarding. Skiers have demonstrated their awareness of risk and responsibility by completing the *Student Awareness of Risk and Responsibility Form*.

**SAFETY RULES/REGULATIONS:**

- All school rules and the school Code of Conduct are in effect (see school website for more information).
- Students are not permitted access to the terrain parks unless specifically indicated on this form.
- **Helmet use is mandatory for all school-sponsored ski/snowboard programs.**
- Students must stay on the same mountain as listed above and that includes training or racing.
- All students must follow the Alpine Responsibility Code listed attached.

**FIRST AID PROVISIONS:**

A first aid kit will be kept on each bus for access while in transit. Student Emergency Procedure Plans/medical supplies will be brought for students with life-threatening medical conditions (e.g., anaphylaxis). While on the mountain, the Ski Patrol will provide first aid. To access any required first aid while on the mountain students should speak to employees of the mountain who may be identified by their uniforms. A field trip supervisor is to be contacted if any student requires first aid.

**ITINERARY: (Arrival and departure times are the same on all days):**

**8:10 am** Participating students begin boarding bus (parked on Inglewood Ave.)  
**8:45 am** Arrive at Cypress Mountain downhill area  
**9:00 am** Session begins  
**12:00 pm** Students check-in with supervisors at a designated location on the mountain  
**LUNCH**  
**12:45 pm** Free skiing/boarding  
**2:00 pm** Bus leaves ski mountain  
**2:45 pm** Approximate arrival time at Ecole Cedardale

Note: Students will be ability grouped for lessons once at Cypress. Rental equipment will also be fitted at this time.

**WHAT TO BRING:**

Lunch / snacks

Water bottle

Warm, dry winter clothing (no cotton), toque, gloves or mitts, goggles, sunscreen, neck warmer water/windproof jacket & pants, warm socks, and appropriate footwear

Helmet

Layers of wicking garments (fleece or wool combinations offer the best warmth)

Optional:

- Shoes in backpack
- A change of clothes

**PARENT/GUARDIAN RESPONSIBILITY:**

Parents/guardians have the responsibility to arrange for their child's own accident or liability insurance.

Parents/guardians have the responsibility to determine whether the student may participate on the ski/board trip demonstrated by the completion and signing of an Informed Consent Form (below)

Please direct any questions or concerns surrounding this field trip to:  
Erin Gleason [egleason@wvschools.ca](mailto:egleason@wvschools.ca)

**TO BE RETURNED TO THE SCHOOL**

Program Pricing – Please CHECK ONE box:

Option 1	Option 2	Option 3
<input type="checkbox"/> Lessons, lift tickets, equipment rental and bus transportation  Equipment rental – please provide student's  Height _____ (ft/in)  Weight _____ (lbs)	<input type="checkbox"/> Lessons, lift tickets and bus transportation - <u>has own equipment</u>	<input type="checkbox"/> Lessons and bus transportation – <u>has own equipment and a Cypress Season Pass</u>
<b>COST: \$315.00</b>	<b>COST: \$267.00</b>	<b>COST: \$235.00</b>

**My child will be SKIING  or SNOWBOARDING  Is it their 1<sup>st</sup> time \_\_\_\_\_ ?**

*PAYMENT MUST BE MADE USING SCHOOL CASH ON-LINE. Please note that the above prices are a package price, therefore we cannot accommodate partial payments for fewer days. If you would like to discuss financial assistance options, please contact Mme Hayes at [khayes@wvschools.ca](mailto:khayes@wvschools.ca)*

I have paid \$\_\_\_\_\_ through School Cash Online and my Receipt No. is \_\_\_\_\_

No refunds will be issued

**Alpine Responsibility Code**

There are elements of risk that common sense and personal awareness can help to reduce. Regardless of how you decide to use the slopes, always show courtesy to others. Please adhere to the code listed below and share with others the responsibility for a safe outdoor experience.

- Always stay in control. You must be able to stop, or to avoid other people or objects.
- People ahead of you have the right-of-way. It is your responsibility to avoid them.
- Do not stop where you obstruct a trail or are not visible from above.
- Before starting downhill or merging onto a trail, look uphill and yield to others.
- If you are involved in or witness a collision or accident, you must remain at the scene and identify yourself to the Ski Patrol.
- Always use proper devices to help prevent runaway equipment.
- Observe and obey all posted signs and warnings.
- Keep off closed trails and closed areas.
- You must not use lifts or terrain if your ability is impaired through use of alcohol or drugs.
- You must have sufficient physical dexterity, ability and knowledge to safely load, ride and unload lifts. If in doubt, ask the lift attendant.

**Student signature:** \_\_\_\_\_

**Parent/Guardian signature**\_\_\_\_\_

Parent Informed Consent Form (High Risk Activity)

*This form must be read, each paragraph initialed where appropriate and signed at the bottom by a parent or legal guardian.*

Ecole Cedardale is arranging Skiing/Snowboarding lessons for students at Cypress Mountain on January 16<sup>th</sup> and February 6<sup>th</sup>. Students will be traveling by bus. Students will be supervised by their teachers, parent chaperones and the Cypress Mountain coaching staff.

<b>Risk</b>	<b>Injury</b>
Collisions	Concussion, Spinal Injury, Broken/Sprained bones and ligaments
Falling	Concussion, Spinal Injury, Broken/Sprained bones and ligaments
Twisting, turning, slamming body into ground	Concussion, Spinal Injury, Broken/Sprained bones and ligaments

In consideration of the West Vancouver School District offering **my child**, \_\_\_\_\_, an opportunity to participate in ski/snowboarding at Cypress Mountain on January 16<sup>th</sup> and February 6<sup>th</sup>, I waive any and all claims I may have against, and release from all liability and agree not to sue the Board of Education of School District 45 (West Vancouver) and its officers, employees, agents, volunteers and representatives, and the Ministry of Education for any personal injury, death, property damage or loss sustained as a result of my child's participation in the Cypress Mountain winter activity, arising out of any cause whatsoever.

**I understand** that my child may not always be supervised by an adult.

\_\_\_\_\_ **Initial**

**I have read the "what to bring" list** and understand that my child is responsible for these items.

\_\_\_\_\_ **Initial**

My child has no illnesses, allergies or disabilities that may require special attention, except as described as follows: \_\_\_\_\_

\_\_\_\_\_ **Initial**

**I am aware that** I should contact the school for further information if I am unaware what clothing and equipment is required for this activity or regarding possible changes in weather conditions. I understand that it is our responsibility to ensure my child has all the necessary equipment and clothing.

\_\_\_\_\_ **Initial**

**I understand that** the school's Code of Conduct applies during this field trip. Specifically, no drinking of alcoholic beverages, use of tobacco products at any time or consumption of drugs for any reason other than approved medical purposes with prior consent given on your medical form. I will be responsible for any costs caused by my child's failure to abide by the Code of Conduct, including any costs to send my child home. Students are subject to the Student Code of Conduct (AP350) and their School's Code of Conduct during this field trip.

\_\_\_\_\_ **Initial**

By choosing to allow my child to participate in this activity, **I will assume the risk** of an accident occurring and agree that this activity as described is suitable for my child.

\_\_\_\_\_ **Initial**

**I understand that** my child is required to wear a helmet at all times on the mountain. I understand that this is mandatory for all school ski & snowboard programs.

\_\_\_\_\_ **Initial**

The Board of Education of School District 45 (West Vancouver) does not provide any accidental disability, dismemberment, medical expense or death insurance on behalf of participating students. The School District recommends that you check your family medical coverage or purchase the Student Accident Insurance which was made available at the beginning of the school year.

\_\_\_\_\_ **Initial**

In signing this Consent and Waiver, I am not relying on any oral / written representation or statement by The Board of Education of School District 45 (West Vancouver) and its officers, agents, employees, or authorized volunteers, or the Ministry of Education, to prompt me to permit my child to take the trip, other than those set out in this Consent and Waiver.

\_\_\_\_\_ **Initial**

Accidents and/or injuries may occur. I acknowledge that skiing and snowboarding are inherently high risk sports and that my child may be exposed to certain risks while participating in this activity

\_\_\_\_\_ **Initial**

Parent / Guardian Permission

**I give** \_\_\_\_\_ **(name of student), age** \_\_\_\_\_ permission to participate in the Cypress Mountain winter activity at Cypress Mountain on January 16<sup>th</sup> and February 6<sup>nd</sup>.

Parent/Guardian printed name:

Parent/Guardian signature:

\_\_\_\_\_

\_\_\_\_\_

DATE

OR

\_\_\_\_\_ (name of student) will NOT be participating. Alternate arrangements will be made at school as this is a school day and the activities are related to the Physical Health and Education Curriculum.

**PLEASE RETURN ALL FORMS TO THE CLASSROOM TEACHER BY**  
**Wednesday December 4<sup>th</sup> 2024.**



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