

ÉCOLE CEDARDALE ELEMENTARY E-BULLETTIN

May 9th, 2024 Follow us on Instagram! @ecolecedardale

Hawks Highlights		
May	10	Kindergarten Vision Testing
	14	Welcome to Kindergarten
	17	Professional Day - School not in session
	20	Victoria Day - School not in session
	24	Class Photo Day
	31	West Vancouver Community Cultural Fest - Ambleside Park
June	1	West Vancouver Community Cultural Fest - Ambleside Park
	3-7	Bike to School Week
	9	Cedardale Family Fun Fete
	14	Acti-Jeux (Early Dismissal 11:30/11:50)
	17-19	Grade 7 - Camp Potlach

Track and Field

In addition to Track practices, we are very pleased to provide the opportunity for students in Grades 4 to 7 to participate in our Hawks Field practices during their physical and health education (PHE) periods with M. Hugo.

Qualifying **Field** practices (From May 1 to May 14):

Due to the fact that we have a limited number of student entries per grade and event at the year-end meet, qualifying rounds will take place during PHE periods. The top 4 boys and the top 4 girls from each event (long jump and shot put) and each grade will be qualified. In order to bring as many students as possible to the Field Meet, students will only be able to determine for one field event. If you receive a permission form in the coming days, your child has qualified for one event at the District Field Meet (May 29 for Gr.6/7 & May 30 for Gr.4/5).

2024 Summer Learning with West Vancouver Schools - Registration closes tomorrow!

Are you interested in learning during the summer? West Vancouver Schools will be offering a robust Summer Learning Program for both elementary and secondary students during July 2024. Online registration for both the elementary and secondary Summer Learning programs is now open. Elementary registration closes on May 10. Secondary registration closes on June 14.

More information about courses, locations, attendance etc. can be found on the Summer Learning information flyers ([elementary](#) or [secondary](#)) or on the [Summer Learning Website](#).

Band Registration 2024-2025 for Current Grade 5 and 6 Learners

Registration is now open for all current Grade 5 and 6 students interested in joining Cedardale Band this September 2024. Elementary Band is a district program that is offered in addition to regularly scheduled music classes during the school day. Band students attend rehearsals twice a week, and participate in sectionals, workshops, and performances at the school and in the community. With support from the district, we are committed to providing high quality band instruction.

For more information please refer to the document below, <https://drive.google.com/file/d/19lISMPIFvev1-pQ9DjOw1aQn8-RGvY/view?usp=sharing>

British Columbia Training & Education Savings Grant Information

Families in British Columbia are encouraged to start planning and saving early for their children's post-secondary education or training programs. To help, the B.C. Government will contribute \$1,200 to eligible children through the B.C. Training and Education Savings Grant (BCTESG).

Children may apply for the grant between their 6th birthday and the day before they turn 9. The parent or guardian plus the child must be residents of British Columbia at the time of application and have a valid Social Insurance Number.

For more detailed information you can visit <https://www2.gov.bc.ca/gov/content/education-training/k-12/support/scholarships/bc-training-and-education-savings-grant>

Returning to Cedardale? Planning your summer holidays?

As we are currently accepting new registrations for the 2024-25 school year, we are trying to predict as closely as possible whether or not we have room for those new students interested in joining our school.

We understand that job transfers happen and relocations can occur without much notice however, please indicate to the best of your knowledge if your child will **not** be returning to us in September (and we certainly hope your family will be!). This will greatly assist us in knowing how many spaces are available.

If your child will **not** be returning to Cedardale for the 2024-2025 school year, please contact Mme Frezell at mfrezell@wvschools.ca.

We have openings for French Immersion learners in Grades 3-7 for the 2024-2025 school year!

Learners must already be in a French immersion school. Cedardale uniquely offers the International Baccalaureate Primary Years Programme in a French immersion environment. We strive for educational excellence and value and nurture the development of caring, active, and life-long learners. Be sure to tell your friends!

Learn more about the IB [Primary Years Programme](#).

Learn more about [Early French Immersion in West Vancouver Schools](#).

Learn more about how to register for [École Cedardale](#).

“Engaging with new families as they participate in school, district and community activities enhances the sense of belonging for students, staff, parents, and caregivers.”

Kristina Hayes
Principal Cedardale

Playground Use Before/After School - NO FOUR-LEGGED FRIENDS PLEASE!

Please be reminded that the playground is used for instructional purposes between the hours of 8:40 am and 3:00 pm. As the weather improves classes will be busy playing ultimate frisbee, gardening, and learning in the outdoor classroom until 3:00 pm.

Priority use is also given to La Maison during after school care hours.

If your child wishes to play on the playground after 3:00 pm, please ensure that they are closely supervised. There is no supervision on the playground before or after school.

And although we absolutely love our furry friends, please be aware that per municipal bylaws and for hygiene reasons, dogs are not permitted on the school grounds.

Illness Guidelines

This is a reminder to please keep your child at home if they are sick. We appreciate this is a more blurry line than in the past, so here are some details to help:

- **If children require medication, especially for a fever, they are not well and should stay home.**
- Heavy congestion, fever, a runny nose that is not clear, nausea, heavily fatigued, a newer cough = stay home
- Clear runny nose, a persistent cough after being to the doctor to determine non-contagion = come to school

The overall health of our community is important.

Thank you so much for your care and attention to this.

Garden Committee - Do you have a green thumb?

The Cedardale community, in partnership with the CPF and Whole Foods is staffing a Garden Committee of learners, teachers, staff members, and parents. If you are interested in joining this awesome and eager team, no experience (or green thumb) is necessary. Please contact Mme Stephanie Davenport at sdavenport@wvschools.ca if you would like to be involved or have any questions.

Hawks Report

Parent Advisory Council (PAC)

PAC Fundraising Initiative to Enhance the Playground Space

Click on the image to hear from our HAWKS!

To make their dream a reality, we need your support. Every donation, big or small, brings us closer to transforming our playground.

Together, let's build dreams, create lasting memories, and provide an enriched environment for our hawks!

[CLICK HERE TO SUPPORT](#)

Parent Education

Parent Workshop Series #2 Exploring the World around us

Communication & Literacies

Limited childcare spots available at Cypress Corner for children 4-6 years.

To register for childcare call 604-925-7270 and mention the workshop with code 166008

When: Wednesday, May 29th, 2024 6:00 pm - 8:00 pm

Where: West Vancouver Community Centre

Who: Parents & guardians of children (birth-6 years)

To register for this workshop please email astewner@wvschools.ca

Parent/Guardian Ed Series with Foundry: Vaping Information Session – June 12

Please join Foundry North Shore, as we welcome you to a FREE Community Conversation on **Youth & Vaping - Information, Considerations & Impacts – June 12 at Rockridge Secondary**

This evening event will be led by keynote speakers: Lindsay MacDonald and Lauren Wilkinson, both of whom have extensive knowledge surrounding the world of youth and vaping.

Topics to be discussed will include:

- Youth vaping rates, stats, products, industry influence, health impacts including addiction, and local supports for youth. **Please keep an eye out for Eventbrite registration mid-May in the Hawks Highlights.**

Hollyburn Family Services is pleased to present the following:

DATE: Wednesday's from March 27- May 15

TIME: 6:00 to 8:00 pm

COST: Free

LOCATION: Hollyburn Family Services - 104-267 West Esplanade, North Vancouver

ELIGIBILITY: Must be the parent/caregiver of a child between the ages of 0-5 and living on the North Shore/Bowen Island.

FOR MORE INFORMATION OR TO SIGN UP: Please contact Tomi Hamner by email at: thamner@hollyburn.ca or call/text: (604) 908-3673

CIRCLE OF SECURITY®

8-WEEK PARENTING™ PROGRAM

To attend Circle of Security™ you must fill out a referral form. Link provided by facilitator(s)

Limited to 6 families (12 spaces)

Facilitator: Tomi Hamner

Circle of Security™ Parenting™ program is based on decades of research about how secure parent/caregiver-child relationships can be supported and strengthened. This program will focus on the parent/caregiver role, reflective practice, creating secure attachment and increasing connection.

Family Sessions – Establishing Safe, Caring, & Respectful Digital Communities

Safer Schools Together are pleased to announce that in partnership with the Ministry of Education and Childcare, they have opened four more dates for their "Social Media Awareness" Family Sessions. These sessions were designed to support families and caregivers navigate the digital world. Dates, times, and information on how to register can be found here: <https://www.saferschoolstogether.com>

Cyber Safety and Exploitation Resources: <https://www.exploitationeducation.org/free-resource>

A Parent's Guide To Digital Footprints

Understanding digital footprints is an important skill for all students who have an online presence!

If you want to know more, click the links below!

[Digital Footprint Parenting Tipsheet](#)

[Protecting Your Child From Their Digital](#)

[What Is A Digital Footprint](#)

10 TIPS FOR PARENTING DIGITAL NATIVES

- Be Present and Informed** - Be there to talk with your kids. Keep the lines of communication open. Know who they're with and what they are doing.
- Balance Screen Time and Green Time** - Make sure you are modeling good digital behaviour to your kids will take their cues from you.
- Walk the Talk** - Make sure you are modeling good digital behaviour to your kids will take their cues from you.
- Join in** - Yes, you might not really want to learn how to play Minecraft or do a TikTok dance, but by joining in and learning with your child you keep the dialogue going!
- It Takes a Village** - Raising safe, savvy digital natives is hard work. Include people like saints, uncles, and trusted family friends in your child's social media circle.
- Family Plan** - Work with your children to develop a family technology plan. Let them have some input and they will be more likely to follow the plan.
- Technology Free** - Build in technology free times in your calendar and zones in your house. One great example is bedrooms: technology doesn't belong there.
- You Are The Parent** - Don't feel badly about limiting the well-time or setting boundaries on technology use. That's part of being a parent.
- Be Specific** - Make sure you are specific about your family's rules and expectations. It is easier for everyone when the rules around tech use are clear.
- Be Age Appropriate** - Make sure your expectations and permissions match the age of your child. You wouldn't give a 5 year old a Snapchat account, but a 14 year old might be ready!

Community Connections, Pro-D Day Opportunities & Extracurricular Opportunities

First Annual National Forum on Physical, Mental and Spiritual Health

Walk with your Doc

Join us for a transformative experience at our "Walk with Your Doc" event in beautiful West Vancouver! Embark on a journey with expert educators, health professionals, and sports enthusiasts as they share the latest research findings and personal stories that will inspire and motivate you towards a healthier lifestyle.

This event offers a unique opportunity to not only exercise your body but also your mind, as you engage in insightful discussions and learn from leading authorities in the fields of education, health, and sports.

Details: Park Royal South Saturday, June 1 9am - 11am

[Please register here.](#)

Free event!

WEST VANCOUVER COMMUNITY CULTURAL FEST

West Vancouver Schools is looking for **Grade 7 - 12 student volunteers** to support the West Van Schools Pavilion and Stage at the Community Cultural Fest on Friday, May 31st and Saturday, June 1st.

Student volunteers will engage with the public and positively promote the pavilion and stage and lead fun, pre-organized student focused activities and games.

Available shifts: Friday, May 31st @ 3:30 – 7:30 Saturday, June 1st @ 10:30 – 1:30 Saturday, June 1st @ 1:00 – 4:00 Saturday, June 1st @ 3:30 – 6:30

If you are interested in volunteering for a shift, please contact District Principal Michelle LaBounty (milabounty@wvschools.ca) with your name, school, and desired shift times.

BC Youth Week

BC Youth Week is a celebration of youth held annually during the first week of May. It is a week of fun, interaction, and celebration intended to build a strong connection between young people and their communities and to profile the accomplishments and diversity of youth.

Please visit [here](#) to see all the different events that we have planned!

Are you ready?

Self-Care Night Wed, May 11 6:30-7 pm FREE 250 Main Street, Park Royal South Contact: parent@westvancouver.ca	Clothing Swap Thu, May 21 6:30-7 pm FREE 250 Main Street, Park Royal South Contact: parent@westvancouver.ca	Gaming Tournament Sat, May 11 12:30-2:30 pm FREE 250 Main Street, Park Royal South Contact: parent@westvancouver.ca
Youth Rec Night Sat, May 11 12:30-2:30 pm FREE West Vancouver Community Centre Contact: parent@westvancouver.ca	Youth Council Meeting Tue, May 7 6:30-7 pm FREE 750 77th Street, West Vancouver Contact: parent@westvancouver.ca	Youth Appreciation Awards Reception Tue, May 7 7:30-8 pm FREE 750 77th Street, West Vancouver Contact: parent@westvancouver.ca

An Evening with Valerie Jerome

Please join us for a discussion with author, educator, Olympian and advocate hosted by broadcaster Kevin Evans

Wednesday, May 22nd, 2024
7:30 - 9:00 pm
Kay Meek Theatre
1700 Mathers Avenue
West Vancouver

Please register [here](#), note that this event is **free**

Ms. Jerome & Gallery will be onsite selling books for \$2. Books will be book signing

Grad Show 2024 - Ferry Building Gallery

An annual mixed media exhibition by graduating students from:

- Collingwood
- Mulgrave
- Rockridge
- Sentinel
- West Vancouver Secondary

MAY 9 – JUNE 2

OPENING RECEPTION Thursday May 9th 6-8 pm

Ferry Building Gallery | 1414 Argyll Avenue West Vancouver BC V7T K2 | 604-925-7290 | gallery@westvancouver.ca | #ferrybuildinggallery | #ferrybuildinggallery | #ferrybuildinggallery | Wednesday-Sunday, 11 am - 5 pm | Free admission

West Vancouver Basketball Club Summer Camps

The WVBC is proud to be offering its 16th year of summer camps this July and August.

This year, the WVBC will be offering 4 weeks of camps beginning July 8 for players in Grades 2-10. All camps will be held at West Van Secondary School and will be led by former Canadian Men's National Team player and WVS Teacher/Basketball Academy Head Coach Greg Meldrum. To view the full schedule of camps and to register, please go to <http://www.wvbc.ca>

ACTIVITIES AT YOUR WEST VANCOUVER COMMUNITY CENTRE / GLENEAGLES COMMUNITY CENTRE

Spring Term General Recreation Programs have begun:

Adult American Sign Language (NEW!), Beginner French, Indigenous Arts & Culture, Science, Chess, etc:

www.westvancouver.ca/learning

Music for Various Ages: www.westvancouver.ca/music

Pro-D Day Camps (May 17): [Visit here.](#)

Important Dates:
Summer Camp Registrations Open on Wednesday, May 1st.
www.westvancouver.ca/camps
Other Summer program Registrations open on Wednesday, June 19th.

Browse all your recreation activities and programs here:
<https://westvancouver.ca/barks-recreation/recreation-programs-services/recreation-activities>

Are you new in West Vancouver? Come, discover and join us:
www.westvancouver.ca/newcomers

Is your child entering Kindergarten in September 2024?

Fee: \$125 per month

WEST VANCOUVER SCHOOLS
A world of opportunity

JUST B4
Early Learning Program

Just B4 is a preschool program for 4 year old children who will be entering Kindergarten starting in September 2024.

- Strengthens the early years to Kindergarten transition
- Joyful, play-based opportunities to develop skills essential for living and learning together
- Opportunity to connect with other children and families in the community
- Guided by the BC Early Learning Framework & First Peoples Principles of Learning

Just B4 is geared to children who are **not** currently enrolled in preschool, full-time childcare or other formal early learning programs.

For more information and to register please email District VP of Early Learning & Childcare Laine Anderson landerson@wvschools.ca

Location: Properties Family Hub portable at Chartwell Elementary School (1300 Chartwell Drive)
Program: 2 afternoons per week (1:00 pm - 3:00 pm) starting in November and running through June

Summer Dates

BC Family French Camp is offered at different times and at three different locations throughout the province.

CPF Membership