

ÉCOLE CEDARDALE ELEMENTARY E-BULLETIN

May 2nd, 2024

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Hawks Highlights

May	8-9	Body Science Workshops
	8	L'Ecole-Ecologique Concert
	10	Kindergarten Vision Testing
	14	Welcome to Kindergarten
	17	Professional Day - School not in session
	20	Victoria Day - School not in session
	24	Class Photo Day
	31	West Vancouver Community Cultural Fest - Ambleside Park
June	1	West Vancouver Community Cultural Fest - Ambleside Park
	3-7	Bike to School Week
	9	Cedardale Family Fun Fete

Band Registration 2024-2025 for Current Grade 5 and 6 Learners

Registration is now open for all current Grade 5 and 6 students interested in joining Cedardale Band this September 2024. Elementary Band is a district program that is offered in addition to regularly scheduled music classes during the school day. Band students attend rehearsals twice a week, and participate in sectionals, workshops, and performances at the school and in the community. With support from the district, we are committed to providing high quality band instruction. For more information please refer to the document below, https://drive.google.com/file/d/1915MFPFVeyqLpQ9DjowiaOng_8-rGy/view?usp=sharing

2024 Summer Learning with West Vancouver Schools

Are you interested in learning during the summer? West Vancouver Schools will be offering a robust Summer Learning Program for both elementary and secondary students during July 2024. Online registration for both the elementary and secondary Summer Learning programs is now open. Elementary registration closes on May 10. Secondary registration closes on June 14.

More information about courses, locations, attendance etc. can be found on the Summer Learning information flyers ([elementary](#) or [secondary](#)) or on the [Summer Learning Website](#).

Body Science Presentation - May 8th and May 9th (Parent Workshop May 6th 6:30-8pm)

Each year, students in all elementary grades throughout BC receive instruction in sexual health education. This information is included in the [Physical and Health Education program](#) mandated for all BC students by the Ministry for Education. We are excited to inform you that this year the Saleema Noon Sexual Health Educators will be visiting our school to work with parents and learners in **Kindergarten to Grade Seven**. Thank you to the EC PAC!

In their Body Science presentations, experienced educators work with children of all ages, teaching them about healthy bodies and healthy sexuality in ways they find non-threatening and engaging. In their own language, children learn about how their bodies change, and what those changes mean.

Based on research and many years of experience as sexual health educators, they identify three reasons why providing this information starting in Kindergarten is crucial:

- Most importantly, studies from all over the world consistently show that children who are educated about healthy bodies, healthy boundaries and healthy sexuality are at reduced risk of child sexual abuse. Even if children are not asking questions yet (some never will) we need to give them information about their bodies and help them to develop strong personal boundaries. Sexual offenders (the majority of which are known to the victim) prey on children who aren't educated about their bodies and therefore lack the skills to differentiate between appropriate and inappropriate touching. These children find it hard to say "no", especially to an adult, and may not report abuse for fear of getting in trouble.
- Young children are easiest to teach. They are excited to be body scientists, and accept the information very matter-of-factly. Older children and teens, however, often find it difficult to talk about sexual health openly, especially with their parents! This means we have to navigate the embarrassment barrier before they can accept the information they need. The good news is that young children only absorb information they are ready for...everything else just goes over their head. More good news, studies show that children who learn about healthy bodies at an early age from reliable adults in their life delay sexual activity.
- Children today are exposed at earlier and earlier ages to all things involving sex and sexuality. We, as responsible adults, need to stay one step ahead of this by arming our children with accurate information about sexual health before they get their questions answered on the playground, by older friends, or online. We need to teach them to think critically about what they hear, and this allows parents to establish themselves early as their child's number one source of sexual health information throughout their development.

If you wish to have your child(ren) OPT OUT, please email Mme Hayes at khayes@wvschools.ca and your child(ren)'s classroom teacher. For further information please refer to Mme Hayes' email here.

Attendance at the **parent-only presentation** before making this decision is strongly encouraged.

Join Zoom Meeting
<https://us02web.zoom.us/j/85336894782?pwd=NG9Za0ZBOXNGLV81d0dRlR9abE5Tz09>

Meeting ID: 853 3689 4782
 Passcode: 065686

British Columbia Training & Education Savings Grant Information

Families in British Columbia are encouraged to start planning and saving early for their children's post-secondary education or training programs. To help, the B.C. Government will contribute \$1,200 to eligible children through the B.C. Training and Education Savings Grant (BCTESG).

Children may apply for the grant between their 6th birthday and the day before they turn 9. The parent or guardian plus the child must be residents of British Columbia at the time of application and have a valid Social Insurance Number.

For more detailed information you can visit <https://www2.gov.bc.ca/gov/content/education-training/k-12/support/scholarships/bc-training-and-education-savings-grant>

Returning to Cedardale? Planning your summer holidays?

As we are currently accepting new registrations for the 2024-25 school year, we are trying to predict as closely as possible whether or not we have room for those new students interested in joining our school. We understand that job transfers happen and relocations can occur without much notice however, please indicate to the best of your knowledge if your child will **not** be returning to us in September (and we certainly hope your family will be!). This will greatly assist us in knowing how many spaces are available.

If your child will **not** be returning to Cedardale for the 2024-2025 school year, please contact Mme Frezell at mfrezell@wvschools.ca.

Please note that if you are planning to return to Cedardale, learners are expected to be present (at school) by September 5, 2024 to guarantee their spot for the 2024-2025 school year.

We have openings for French Immersion learners in Grades 3-7 for the 2024-2025 school year!

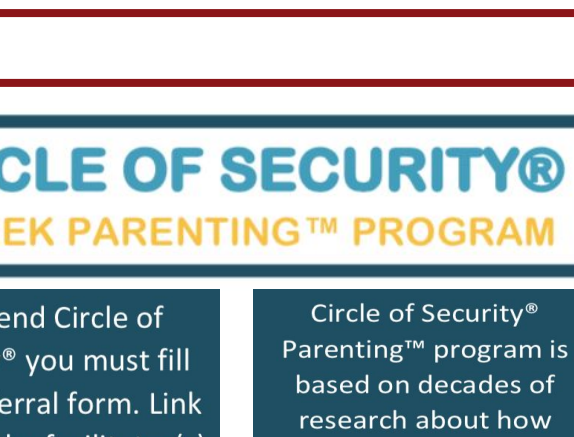
Learners must already be in a French immersion school. Cedardale uniquely offers the International Baccalaureate Primary Years Programme in a French immersion environment. We strive for educational excellence and value and nurture the development of caring, active, and life-long learners. Be sure to tell your friends!

Learn more about the IB [Primary Years Programme](#).

Learn more about [Early French Immersion in West Vancouver Schools](#).

Learn more about how to register for [École Cedardale](#).

"Engaging with new families as they participate in school, district and community activities enhances the sense of belonging for students, staff, parents, and caregivers"



Playground Use Before/After School - NO FOUR-LEGGED FRIENDS PLEASE!

Please be reminded that the playground is used for instructional purposes between the hours of 8:40 am and 3:00 pm. As the weather improves classes will be busy playing ultimate frisbee, gardening, and learning in the outdoor classroom until 3:00 pm.

Priority use is also given to La Maison during after school care hours.

If your child wishes to play on the playground after 3:00 pm, please ensure that they are closely supervised. There is no supervision on the playground before or after school.

And although we absolutely love our furry friends, please be aware that per municipal bylaws and for hygiene reasons, dogs are not permitted on the school grounds.

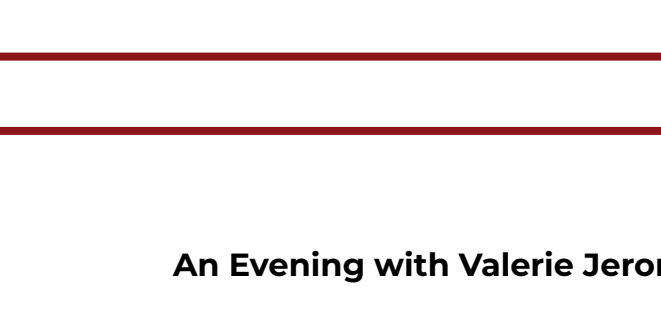
Illness Guidelines

This is a reminder to please keep your child at home if they are sick. We appreciate this is a more blurry line than in the past, so here are some details to help:

- If children require medication, especially for a fever, they are not well and should stay home.
- Heavy congestion, fever, a runny nose that is not clear, nausea, heavily fatigued, a newer cough = stay home
- Clear runny nose, a persistent cough after being to the doctor to determine non-contagion = come to school

The overall health of our community is important.

Thank you so much for your care and attention to this.



Garden Committee - Do you have a green thumb?

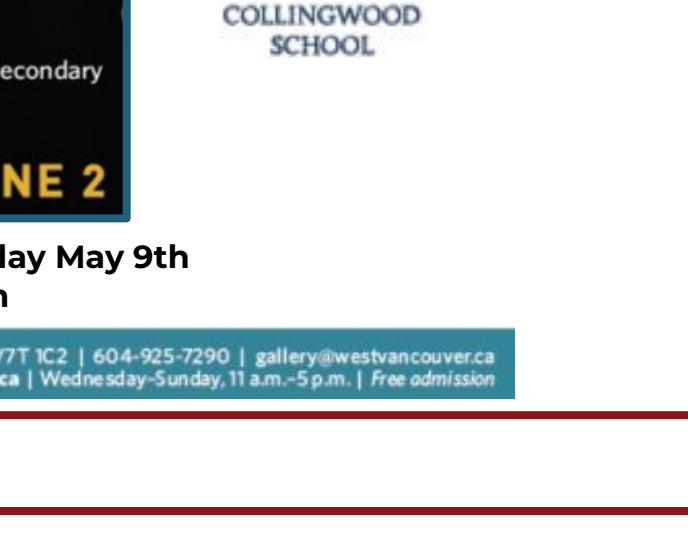
The Cedardale Community, in partnership with the CPF and Whole Foods is striking a Garden Committee of learners, teachers, staff members, and parents. If you are interested in joining this awesome and eager team, no experience (or green thumb) is necessary. Please contact Mme Stephanie Davenport at sdavenport@wvschools.ca if you would like to be involved or have any questions.

Parent Advisory Council (PAC)

PAC Fundraising Initiative to Enhance the Playground Space

Click on the image to hear from our HAWKS!
 To make their dream a reality, we need your support. Every donation, big or small, brings us closer to transforming our playground.
 Together, let's build dreams, create lasting memories, and provide an enriched environment for our hawks!
[CLICK HERE TO SUPPORT](#)

Hawks Report



Parent Education

Parent Workshop Series #1 We are all in this together

When: Saturday, May 4, 2024 10:00am - 12:00pm
Where: West Vancouver Community Centre
Who: Parents & guardians of children (birth-6 years)
 To register for this workshop please email asweeney@wvschools.ca
 Questions: email mparrackal@wvschools.ca
 Limited childcare spots available at Cypress Corner for children 4-6 years.
 To register for childcare call 604-925-7270 and mention the workshop with code 166007

Parent Workshop Series #2 Exploring the world around us Communication & Literacies

When: Wednesday, May 29th, 2024 6:00 pm - 8:00 pm
Where: West Vancouver Community Centre
Who: Parents & guardians of children (birth-6 years)
 To register for this workshop please email asweeney@wvschools.ca
 Limited childcare spots available at Cypress Corner for children 4-6 years.
 To register for childcare call 604-925-7270 and mention the workshop with code 166008

Parent/Guardian Ed Series with Foundry: Vaping Information Session - June 12

Please join Foundry North Shore, as we welcome you to a FREE Community Conversation on *Youth & Vaping - Information, Considerations & Impacts - June 12 at Rockridge Secondary*. This evening event will be led by keynote speakers: Lindsay MacDonald and Lauren Wilkinson, both of whom have extensive knowledge surrounding the world of youth and vaping. Topics to be discussed will include: Youth vaping rates, stats, products, industry influence, health impacts including addiction, and local supports for youth. **Please keep an eye out for Eventbrite registration mid-May in the Hawks Highlights.**

Hollyburn Family Services is pleased to present the following:

DATE: Wednesday's from March 27- May 15
TIME: 6:00 to 8:00 pm
COST: Free
LOCATION: Hollyburn Family Services - 104-267 West Esplanade, North Vancouver
ELIGIBILITY: Must be the parent/caregiver of a child between the ages of 0-5 and living on the North Shore/Bowen Island.
FOR MORE INFORMATION OR TO SIGN UP:
 Please contact Tomi Hamner by email at: thammer@holluburn.ca or call/text: (604) 908-3673

CIRCLE OF SECURITY®

8-WEEK PARENTING™ PROGRAM

To attend Circle of Security™ you must fill out a referral form. Link provided by a facilitator(s)

Limited to 6 families (12 spaces)

Facilitator: Tomi Hamner

Circle of Security™ Parenting™ program is based on decades of research about how secure parent/caregiver-child relationships can be supported and strengthened. This program will focus on the parent/caregiver role, reflective practice, creating secure attachment and increasing connection.

Family Sessions - Establishing Safe, Meaningful, & Respectful Digital Communities

Safe Schools Together are pleased to announce that in partnership with the Ministry of Education and Childcare, they have opened four more dates for their "Social Media Awareness" Family Sessions. These sessions were designed to support families and caregivers navigate the digital world. Dates, times, and information on how to register can be found here: <https://www.exploitationeducation.org/free-resource>

Cyber Safety and Exploitation Resources: <https://www.exploitationeducation.org/free-resource>

A Parent's Guide To Digital Footprints

Understanding digital footprints is an important skill for all students who have an online presence!
 If you want to know more, click the links below!
[Digital Footprint Parenting TipSheet](#)
[Protecting Your Child From Their Digital](#)
[What Is A Digital Footprint](#)

10 TIPS FOR PARENTING DIGITAL NATIVES

- Be Present and informed:** Be there to talk with your kids. Keep the lines of communication open. Know who they're with and what they are doing.
- Balance Screen Time and Green Time:** Build in times to be tech free - get outside, eat family and enjoy other activities.
- Family Plan:** Work with your children to develop a family technology plan. Let them have some input and they will be more likely to follow the plan.
- You Are The Parent:** Don't feel badly about limiting your well time or setting boundaries on technology use. That's part of being a parent.
- Be Specific:** Make sure you are specific about your family rules and expectations. It is easier for everyone when the rules around tech use are clear.
- Join In:** Yes, you might not really want to learn how to play Minecraft or do a TikTok dance, but by joining in and learning with your child you keep the dialogue going!
- Raising a Village:** Raising safely savvy digital natives is hard work. Include people like aunts, uncles and trusted family friends in your child's social media circle.
- Be Age Appropriate:** Make sure your expectations and permissions match the age of your child. You wouldn't give a 5-year old a Facebook account, but a 14-year old might be ready for it.

Community Connections, Pro-D Day Opportunities & Extracurricular Opportunities

West Vancouver Schools is looking for **Grade 7 - 12 student volunteers** to support the West Van Schools Pavilion and Stage at the Community Cultural Fest on Friday, May 31st and Saturday, June 1st.

Student volunteers will engage with the public and positively promote the pavilion and stage and lead fun, pre-organized student focused activities and games.

Available shifts:
 Friday, May 31st @ 3:30 - 7:30
 Saturday, June 1st @ 10:30 - 1:30
 Saturday, June 1st @ 1:00 - 4:00
 Saturday, June 1st @ 3:30 - 6:30

If you are interested in volunteering for a shift, please contact District Principal Michelle LaBounty (mlabounty@wvschools.ca) with your name, school, and desired shift times.

BC Youth Week

BC Youth Week is a celebration of youth held annually during the first week of May. It is a week of fun, interaction, and celebration intended to build a strong connection between young people and their communities and to profile the accomplishments and diversity of youth.

Please visit [here](#) to see all the different events that we have planned!

Are you ready?

Self-Care Night
 Wed May 15th 6pm - FREE
 700 Main Street, Park Royal South
 Contact: carly@wvschools.ca

Clothing Swap
 Fri May 17th 4pm - FREE
 700 Main Street, Park Royal South
 Contact: carly@wvschools.ca

Gaming Tournament
 Sat May 18th 10:30am - FREE
 700 Main Street, Park Royal South
 Contact: carly@wvschools.ca

Youth Rec Night
 Sat May 18th 5:30pm - FREE
 West Vancouver Community Centre
 Contact: carly@wvschools.ca

Youth Council Meeting
 Tue May 21st 6:30pm - FREE
 700 17th Street, West Vancouver
 Contact: carly@wvschools.ca

Youth Appreciation Awards Reception
 Thu May 23rd 10:30am - FREE
 700 17th Street, West Vancouver
 Contact: carly@wvschools.ca

www.vancouver.ca/youth | westvancouver

An Evening with Valerie Jerome

Please join us for a discussion with author, educator, Olympian and advocate hosted by broadcaster Kevin Evans

Wednesday, May 22nd, 2024
 7:30 - 9:00 pm
 Kay Meek Theatre
 1700 Mathers Avenue
 West Vancouver

Please register [here](#), note that this event is **free**

32 Books & Gallery will be onsite selling books for Ms. Jerome's book signing

Grad Show 2024 - Ferry Building Gallery

WEST VANCOUVER SCHOOLS PRESENTS

An annual mixed media exhibition by graduating students from:

- Collingwood
- Mulgrave
- Rockridge
- Sentinel
- West Vancouver Secondary

MAY 9 - JUNE 2

OPENING RECEPTION Thursday May 9th 6-8 pm

Ferry Building Gallery | 1414 Argyll Avenue West Vancouver BC V7T 1C2 | 604-925-7290 | gallery@westvancouver.ca
ferrybuildinggallery.ca | ferrybuildinggallery.ca | ferrybuildinggallery.ca | Wedne-Sunday, 11am-5pm | Free admission

West Vancouver Basketball Club Summer Camps

The WVBC is proud to be offering its 16th year of summer camps this July and August.

This year, the WVBC will be offering 4 weeks of camps beginning July 8 for players in Grades 2-10. All camps will be held at West Van Secondary School and will be led by former Canadian National Team player and WV's Teacher/Basketball Academy Head Coach Greg Meldrum. To view the full schedule of camps and to register, please go to <http://www.wvbc.ca>

ACTIVITIES AT YOUR WEST VANCOUVER COMMUNITY CENTRE / GLENEAGLES COMMUNITY CENTRE

Spring Term General Recreation Programs have begun:

Adult American Sign Language (NEW!), Beginner French, Indigenous Arts & Culture, Science, Chess, etc: www.westvancouver.ca/learning

Music for Various Ages: www.westvancouver.ca/music

Pro-D Day Camps (May 17): [Visit here](#).

Important Dates:
 Summer Camp Registrations Open on Wednesday, May 1st.
www.westvancouver.ca/camps

Other Summer program Registrations open on Wednesday, June 19th.

Browse all your recreation activities and programs here:
<https://westvancouver.ca/parks-recreation/recreation-programs-services/recreation-activities>

Are you new in West Vancouver? Come, discover and join us:
www.westvancouver.ca/newcomers

Is your child entering Kindergarten in September 2024?

JUST B4

Early Learning Program

Just B4 is a preschool program for 4 year old children who will be entering Kindergarten starting in September 2024.

- Strengthens the early years to kindergarten transition
- Joyful, play-based opportunities to develop skills essential for living and learning together
- Opportunity to connect with other children and families in the community
- Guided by the BC Early Learning Framework & First Peoples Principles of Learning

Just B4 is geared to children who are **not** currently enrolled in preschool, full-time childcare or other formal early learning programs.

For more information and to register please email District VP of Early Learning & Childcare [Laine Anderson.launderson@wvschools.ca](mailto:Laine.Anderson.launderson@wvschools.ca)

Program: 2 afternoons per week (1:00 pm - 3:00 pm) starting in November and running through June

Locations: Parents Family Hub portable at Chartwell Elementary School (1300 Chartwell Drive)
 Program: 2 afternoons per week (1:00 pm - 3:00 pm) starting in November and running through June

WEST VANCOUVER SCHOOLS
A world of opportunity

2nd Annual BC Inter-School Chess Championship

Fraser Valley Chess Academy is reaching out to fellow invitee schools to participate at the 2nd Annual BC Inter-School Chess Championship that shall be held on **June 1st & 2nd, 2024** at Trinity Western University, Langley, BC. Students across C1-12 can register via school sponsorship or **parents can register directly** (players get to represent their school in either case). For bulk entries, schools can contact us via email and request for a bulk entry form.

Last year, we witnessed 109 schools participating at this event across BC, with 213 players in attendance across grades 1-12. Our goal is to encourage school chess clubs and hidden chess talent across BC to get an experience of how competitive chess works and a platform to showcase their skills + get an official CFC rating (which is published by the Chess Federation of Canada).

Location: Trinity Western University, 22500 University Dr, Langley Twp, BC V2Y 1Y1
 Main playing area: Robert G. Kuhn Building, Room # 116 (First floor).
 - Ample indoor waiting area for parents/visitors.
 - On-site restaurant: Starbucks adjacent to the waiting area.

Section A. **Grade 1 to 4** (Rapid - 6 rounds): Format: 15 min + 10 sec increment per move.
 Section B. **Grade 5 to 8** (Classical - 6 rounds): Format: 55 min + 5sec increment per move (notating games is required for this section).
 Section C. **Grade 9 to 12** (Blitz - 12 rounds): Format: 5 min + 2 sec increment per move.

Tournament Fee:
 - Section A (G1-4 Rapid): \$40 + GST per player.
 - Section B (G5-8 Classical): \$80 + GST per player.
 - Section C (G9-12 Blitz): \$40 + GST per player.

Guaranteed prizes worth \$2000 plus medals & trophies for individual/ best school positions. Various other door prizes and **certificates of participation for all players.**

Link to register/ full details:
<https://fraservalleychess.com/events/2nd-annual-bc-inter-school-championship/>.

Registration closes **May 30th, 2024** at midnight. No onsite registration. No refunds after registration closes/ for no-shows or withdrawals.

Cedardale Grade K-3 Multi-Sport After School Program

Dates: Thursdays April 11 - June 20 (10 Sessions, NO session April 18)
 Times: 2:45 - 4:15 pm
 Grades: K-3
 Cost: \$300 + GST

This excitement filled program focuses on FUN, physical literacy and sport skill improvement through fun games and activities. Participants will move through a variety of sports such as basketball, soccer, tennis, football, hockey, volleyball, handball, and more. Participants will be fully submerged in the world of sports and are bound to leave the day with a smile on their face, eager for the next day!
 NOTE: This is a non-competitive program and is suitable for athletes of any experience or level!

REGISTER HERE! [Sign up here](#)

Hoops Basketball Academy - JUNE classes NOW OPEN

Basketball and Fitness After School Program (KG - Gr4)
 Learn the fundamental skills of basketball in a fun and encouraging environment.
 Fun and movement is the focus!

(KG - C1) ----- 2:45 pm - 4:00 pm (Mondays) - \$140
 (Gr2 - Gr4) ---- 2:45 pm - 4:00 pm (Fridays) - \$105

After school sessions @ Ecole Cedardale Elementary
 For more information and to register, click [Here](#) or visit us at: www.hoopsbasketball.ca

Summer Dates

BC FAMILY FRENCH CAMP
 SINCE 1983

BC Family French Camp is offered at different times and at three different locations throughout the province. Families camp for one week in their own campsite. Activities at each location are designed to take advantage of the local geography, flora, and fauna.

Okanagan (Summerland)
 July 6 - 13, 2024

Gwiliam Lake (between Chehalis and Tumbler Ridge)
 July 20-27, 2024

Vancouver Island (Nanaimo)
 Week 1: August 10-17, 2024
 Week 2: August 17-24, 2024

CPF Membership