

Follow us on Instagram! [@ecoledardale](https://www.instagram.com/ecoledardale)

April 4th, 2024

### Hawks Highlights

April 8	Summer Learning registration opens @ 8:00 am
9	Grade 7 Ultimate Frisbee Game #1
12	Grade 2/3 MONOVA Field Trip
16	Grade 7 Ultimate Frisbee Game #2
17-18	Learning Conferences - Early Dismissal 11:30/11:50 - PAC Movie - April 18th
22	Earth Day "Planet vs Plastic"
23	Grade 7 Ultimate Frisbee Game #3

#### Returning to Cedardale? Planning your summer holidays?

As we are currently accepting new registrations for the 2024-25 school year, we are trying to predict as closely as possible whether or not we have room for those new students interested in joining our school.

We understand that job transfers happen and relocations can occur without much notice however, please indicate to the best of your knowledge if your child will **not** be returning to us in September (and we certainly hope your family will be!). This will greatly assist us in knowing how many spaces are available.

If your child will **not** be returning to Cedardale for the 2024-2025 school year, please contact Mme Frezell at [mfrezell@vvschools.ca](mailto:mfrezell@vvschools.ca).

**Please note that if you are planning to return to Cedardale, learners are expected to be present (at school) by September 5, 2024 to guarantee their spot for the 2024-2025 school year.**

#### Caribou Math Contest Error Update

Yesterday, the Caribou math team had an error within their platform. They had to remove test entries of students who started **before 10:56AM (EST/Toronto Time) on April 3, 2024.**

**RESULT:** The contest will be extended another 2 days, until Saturday evening (April 6) to allow the affected students to complete the test again when they have time.

If someone is unsure whether their test was taken before the critical time, and therefore was removed, they should simply try and take the test again. If the student is not allowed to take the test again, then all is good and their test was properly submitted, and they do not need to take it again.

The Caribou Team apologizes for the inconvenience this may have caused.

#### Canadian Public Health Association's Infectious Disease & Climate Change poster contest.

**Félicitations à Jinjin in Grade 7.** She was the regional winner for the Canadian Public Health Association's Infectious Disease & Climate Change poster contest. She successfully shared awareness and prevention information with the community, educating others about the West Nile virus. Bravo!



#### April is Oral Health Month!

This month, Cedardale HAWKS in Kindergarten to Grade 3 are invited to participate in British Columbia Dental Association's *Brush2Win* contest runs April 1-30, 2024.

##### Why Brush Daily?

Caring for a child's mouth can be a challenge, but it is important to make brushing part of their daily routine from an early age; brushing twice a day is a simple step to help keep those baby teeth clean and healthy and to avoid cavities – a good thing when you consider that they can remain until kids are 13 or 14!

Parents, caregivers, and teachers can challenge children to make dental care part of their routine by brushing twice daily for a full month and tracking their progress on the printable calendar below.

Brushing twice a day is a simple step to help keep teeth clean and healthy and avoid cavities.

- Download and print the Brush2Win calendar (PDF) for your students. (French)

#### We have openings for French Immersion learners in Grades 3-7 for the 2024-2025 school year!

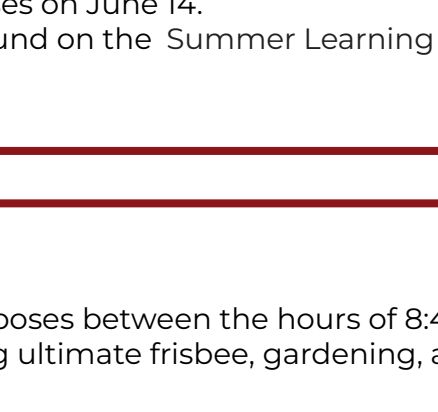
Cedardale uniquely offers the International Baccalaureate Primary Years Programme in a French immersion environment. We strive for educational excellence and value and nurture the development of caring, active, and life-long learners. Be sure to tell your friends!

Learn more about the IB [Primary Years Programme](#).

Learn more about [Early French Immersion in West Vancouver Schools](#).

Learn more about how to register for [École Cedardale](#).

"Engaging with new families as they participate in school, district and community activities enhances the sense of belonging for students, staff, parents, and caregivers."



#### 2024 Summer Learning with West Vancouver Schools

Are you interested in learning during the summer?

West Vancouver Schools will be offering a robust Summer Learning Program for both elementary and secondary students during July 2024.

Online registration for both the elementary and secondary Summer Learning programs opens on Monday, April 8 at 8:00 AM.

Elementary registration closes on May 10. Secondary registration closes on June 14.

More information about courses, locations, attendance etc. can be found on the Summer Learning information flyers ([elementary](#) or [secondary](#)) or on the [Summer Learning Website](#).

#### Playground Use Before/After School

Please be reminded that the playground is used for instructional purposes between the hours of 8:40 am and 3:00 pm. As the weather improves classes will be busy playing ultimate frisbee, gardening, and learning in the outdoor classroom until 3:00 pm.

Priority use is also given to La Maison during after school care hours.

**If your child wishes to play on the playground after 3:00 pm, please ensure that they are closely supervised. There is no supervision on the playground before or after school.**

And although we absolutely love our furry friends, please be aware that per municipal bylaws and for hygiene reasons, dogs are not permitted on the school grounds.

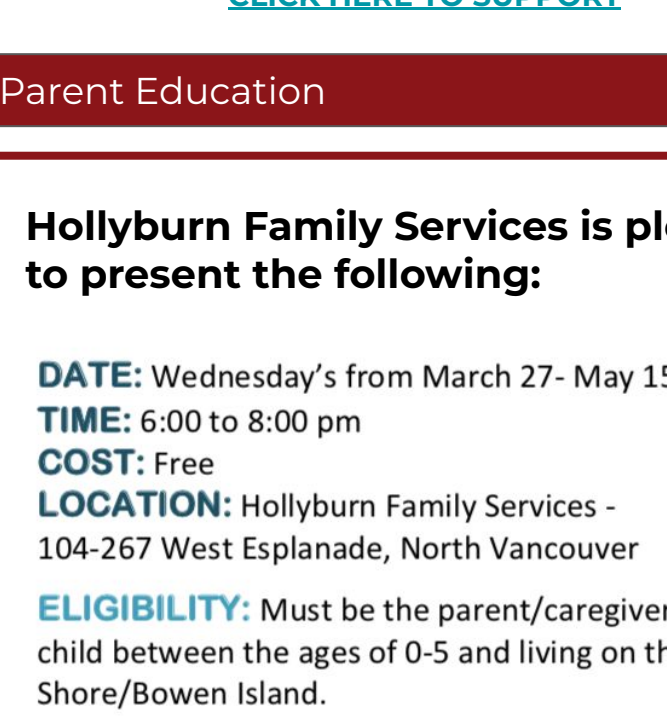
#### Illness Guidelines

**This is a reminder to please keep your child at home if they are sick.** We appreciate this is a more blurry line than in the past, so here are some details to help:

- If children require medication, especially for a fever, they are not well and should stay home.
- Heavy congestion, fever, a runny nose that is not clear, nausea, heavily fatigued, a newer cough = stay home
- Clear runny nose, a persistent cough after being to the doctor to determine non-contagion = come to school

The overall health of our community is important.

Thank you so much for your care and attention to this.



#### Garden Committee - Do you have a green thumb?

The Cedardale community, in partnership with the CPF and Whole Foods is striking a Garden Committee of learners, teachers, staff members, and parents. If you are interested in joining this awesome and eager team, no experience (or green thumb) is necessary. Please contact Mme Stephanie Davenport at [sdavenport@vvschools.ca](mailto:sdavenport@vvschools.ca) if you would like to be involved or have any questions.

#### Parent Advisory Council (PAC)

##### PAC Movie Afternoon for Kindergarten to Grade 5 - April 18, 2024

On Thursday, April 18<sup>th</sup>, the Cedardale PAC invites teachers from Kindergarten to Grade 5 to stay at school for a supervised movie afternoon in the gym! If you wish for your child(ren) to participate, the cost of this PAC Event is \$20 per child. This will include a snack (bag of chips or popcorn) and a drink. This is a closed event, only PAC volunteers and Kindergarten to Grade 5 students can participate. If you have a child with an older sibling (Grade 6/7) who wishes to volunteer for the event, please connect with Mme Hayes. Please complete [this registration form](#) along with your payment on SCO in order for your child(ren) to participate. **PAYMENT ON SCHOOL CASH ONLINE WILL BE LIVE ON FRIDAY, APRIL 5TH.**

**The event will be from 11:30 am to 2:40 pm. Please ensure your child comes to school with a lunch on this day or that you have pre-ordered Fun Lunch.**

*\*If you are scheduling a conference during the movie time, we will be able to accommodate this, but please arrive with ample time to collect your child at the gym for their conference.*



#### PAC Fundraising Initiative to Enhance the Playground Space

Click on the image to hear from our HAWKS! To make their dream a reality, we need your support.

Every donation, big or small, brings us closer to transforming our playground.

Together, let's build dreams, create lasting memories, and provide an enriched environment for our hawks!

[CLICK HERE TO SUPPORT](#)



#### Hawks Report

#### Parent Education

##### Hollyburn Family Services is pleased to present the following:

**DATE:** Wednesday's from March 27- May 15

**TIME:** 6:00 to 8:00 pm

**COST:** Free

**LOCATION:** Hollyburn Family Services - 104-267 West Esplanade, North Vancouver

**ELIGIBILITY:** Must be the parent/caregiver of a child between the ages of 0-5 and living on the North Shore/Bowen Island.

**FOR MORE INFORMATION OR TO SIGN UP:**

Please contact Tomi Hamner by email at: [thamner@hollyburn.ca](mailto:thamner@hollyburn.ca) or call/text: (604) 908-3673

#### CIRCLE OF SECURITY® 8-WEEK PARENTING™ PROGRAM

To attend Circle of Security® you must fill out a referral form. Link provided by facilitator(s)

Limited to 6 families (12 spaces)

Facilitator: Tomi Hamner

Circle of Security® Parenting™ program is based on decades of research about how secure parent/caregiver-child relationships can be supported and strengthened. This program will focus on the parent/caregiver role, reflective practice, creating secure attachment and increasing connection.

#### Family Sessions – Establishing Safe, Caring, & Respectful Digital Communities

Safer Schools Together are pleased to announce that in partnership with the Ministry of Education and Childcare, they have opened four more dates for their "Social Media Awareness" Family Sessions. These sessions were designed to support families and caregivers navigate the digital world. Dates, times, and information on how to register can be found here: [Family Sessions \(saferschoolstogether.com\)](https://www.saferschoolstogether.com)

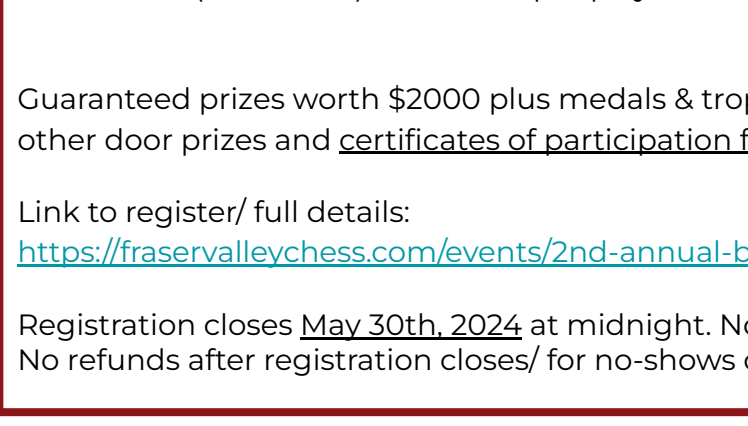
**Cyber Safety and Exploitation Resources:** <https://www.exploitationeducation.org/free-resource>

#### A Parent's Guide To Digital Footprints

Understanding digital footprints is an important skill for all students who have an online presence!

If you want to know more, click the links below!

[Parenting Tipsheet](#)  
[Our Child From Their Digital](#)  
[What is A Digital Footprint](#)



#### 10 TIPS FOR PARENTING DIGITAL NATIVES

- Be Present and Informed:** Be there to talk with your kids. Keep the lines of communication open. Know who they're with and what they are doing.
- Green Screen Time and Green Time:** Build in times to be tech-free - get outside as a family and enjoy other activities!
- Walk the Talk:** Model good digital behaviour. Your kids will take their cues from you!
- Join In:** Yes, you might not really want to learn how to play Minecraft or do a TikTok dance, but by joining in and having with your child you keep the dialogue going!
- Family Plan:** Work with your children to develop a family technology plan. Let them have some input and they will be more likely to follow the plan!
- Technology Free - Build in technology free times in your calendar:** Create zones in your house. One great example is bedrooms - technology doesn't belong there.
- Be Specific:** Make sure you are specific about your family's rules and expectations. It is easier for everyone when the rules around tech use are clear.
- Be Age Appropriate:** Make sure your expectations and permissions match the age of your child. You wouldn't give a 5 year old a Snapchat account, but a 14 year old might be ready!

#### Community Connections, Pro-D Day Opportunities & Extracurricular Opportunities

Is your child entering Kindergarten in September 2024?

**JUST B4**  
**Early Learning Program**

Just B4 is a preschool program for 4 year old children who will be entering Kindergarten starting in September 2024.

- Joyful, play-based opportunities to develop skills essential for living and learning together
- Opportunity to connect with other children and families in the community
- Guided by the BC Early Learning Framework & First Peoples Principles of Learning

Just B4 is geared to children who are **not** currently enrolled in preschool, full-time childcare or other formal early learning programs.

**For more information and to register please** email District VP of Early Learning & Childcare [Laine Anderson.landonson@vvschools.ca](mailto:Laine Anderson.landonson@vvschools.ca)

**Location:** Properties Family Hub portable at Chartwell Elementary School (1300 Chartwell Drive)

**Program:** 2 afternoons per week (1:00 pm - 3:00 pm) starting in November and running through June

Fee: **\$125 per month**

[www.vvschools.ca](http://www.vvschools.ca)

#### 2nd Annual BC Inter-School Chess Championship

Fraser Valley Chess Academy is reaching out to formally invite your school to participate at the 2nd Annual BC Inter-School Chess Championship that shall be held on **June 1st & 2nd, 2024** at Trinity Western University, Langley, BC. Students across C1-12 can register via school sponsorship or [parents can register directly](#) (players get to represent their school in either case). For bulk entries, schools can contact us via email and request for a bulk entry form.

Last year, we witnessed 109 schools participating at this event across BC, with 213 players in attendance across grades 1-12. Our goal is to encourage school chess clubs and hidden chess talent across BC to get an experience of how competitive chess works and a platform to showcase their skills + get an official CFC rating (which is published by the Chess Federation of Canada).

**Location:** Trinity Western University, 22500 University Dr, Langley Twp, BC V2Y 1Y1  
Main playing area: Robert G. Kuhn Building, Room # 116 (First floor).  
- On-site restaurant: Starbucks adjacent to the waiting area.

Section A. **Grade 1 to 4** (Rapid - 6 rounds): Format: 15 min + 10 sec increment per move.  
Section B. **Grade 5 to 8** (Classical - 6 rounds): Format: 55 min + 5sec increment per move (notating games is required for this section).  
Section C. **Grade 9 to 12** (Blitz - 12 rounds): Format: 5 min + 2 sec increment per move.

##### Tournament Fee:

- Section A (G1-4 Rapid): \$40 + GST per player.
- Section B (G5-8 Classical): \$80 + GST per player.
- Section C (G9-12 Blitz): \$40 + GST per player.

Guaranteed prizes worth \$2000 plus medals & trophies for individual/ best school positions. Various other door prizes and certificates of participation for all players.

Link to register/ full details: <https://fraservalleychess.com/events/2nd-annual-bc-inter-school-championship/>.

Scan to register



#### Cedardale Grade K-3 Multi-Sport After School Program

Dates: Thursdays April 11 - June 20 (10 Sessions, NO session April 18)  
Times: 2:45 - 4:15 pm  
Grades: K-3  
Cost: \$300 + GST

This excitement filled program focuses on FUN, physical literacy and sport skill improvement through fun games and activities. Participants will move through a variety of sports such as basketball, soccer, tennis, football, hockey, volleyball, handball, and more. Participants will be fully submerged in the world of sports and are bound to leave the day with a smile on their face, eager for the next day!

NOTE: This is a non-competitive program and is suitable for athletes of any experience or level!

REGISTER HERE! [Sign up here](#)

#### Hoops Basketball Academy

Basketball and Fitness After School Program (KG – Gr4). This learn the fundamental skills of basketball in a fun and encouraging environment. This program focuses on fitness, coordination, and developing basketball skills. Fun and movement is the focus!!

**Spring Registration NOW OPEN** 🏀🏀

(KG – Gr1) ---- 2:45 pm – 4:00 pm (Mondays)

(Gr2 – Gr4) ---- 2:45 pm – 4:00 pm (Fridays)

After school sessions will be held @ Ecole Cedardale Elementary

For more information and to register, click [Here](#) or visit us at: [www.hoopsbasketball.ca](http://www.hoopsbasketball.ca)



#### ACTIVITIES AT WEST VANCOUVER COMMUNITY CENTRE / GLENEAGLES COMMUNITY CENTRE

**Important Dates: Spring Program Registrations (April - June)**

**General registration for Spring opens on Wednesday, March 6**

Skating, Gymnastics, and Swimming registrations open on Wednesday, March 13

##### Spring Learning Programs

Interested in indigenous beading or cedar weaving, learning Languages, STEAM, Chess, Lego? Adult Beginner French classes available: After-School Kids' Farsi, Korean, Mandarin classes are also available. Explore the Learning Program: [www.westvancoover.ca/learning](http://www.westvancoover.ca/learning)

Browse your recreation activities and programs here:

<https://westvancoover.ca/parks-recreation/recreation-programs-services/recreation-activities>

Are you new in West Vancouver? Come, discover and join us:

<https://westvancoover.ca/newcomers>

**BC FAMILY FRENCH CAMP**  
SINCE 1983

**Summer Dates**

BC Family French Camp is offered at different times and at three different locations throughout the province. Families camp for one week in their own campsite. Activities at each location are designed to take advantage of the local geography, flora, and fauna.

**Okanagan (Summerland)**  
July 6 - 13, 2024

**Gwillim Lake (between Chetwynd and Tumbler Ridge)**  
July 20-27, 2024

**Vancouver Island (Nanaimo)**  
Week 1: August 10-17, 2024  
Week 2: August 17-24, 2024

**CPF Membership**

CANADIAN PARENTS FOR FRENCH BRITISH COLUMBIA & YUKON

CPF Membership is required to attend French Camp. BC Family French Camp enjoys the support of CPF BC & Yukon and for that all campers are required to be members in good standing.

**Camp Registration**  
Returning campers: February 4, 2024  
New campers: February 11, 2024  
[BCFFC.com](http://BCFFC.com)

Family Series

**KAY MEEL**

**Family Day Special**

All Tickets **Only \$15**

**Frog Belly Rat Bone**

Sat, Apr 6 | 3:00 PM

Grosvenor Theatre

Incorporating beautifully handcrafted puppets and an original pop/rock musical score. An Axis Theatre Production, featuring a musical adaptation from the book by Timothy Basil Ering.

Offer Valid Fri, Feb 16 to Tue, Feb 20, 2024

Use Code **FAM15**

kaymeek.com | (604) 981-6335

1700 Mathers Ave, West Vancouver