

February 1st, 2024

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Hawks Highlights

Feb	5	Grade 2/3 In-Class Workshop "Black History Matters"
	6	Grade 7 Basketball Game vs. Hollyburn - Boys at Home, Girls at Hollyburn 🏀
	9	Grade 4/5 Cypress Snowshoeing and Tubing
	9	Grade 1, 2 & 3 Crepe Workshop
	13	Grade 7 Basketball Game vs. Chartwell - Boys at Chartwell, Girls at Home 🏀
	13	Support Staff Appreciation Day ❤️
	14	Le Jour de la Saint-Valentin ❤️
	15	Lunar New Year Celebration @ 11:00 am 🧧
	16	Reading Break - School Not In Session
	19	BC Family Day - School Not In Session
	20	Grade 7 Basketball Game vs. Ridgeview - Boys at Home, Girls at Ridgeview 🏀
	20	"Empower Your Child as a Reader" Workshop & PAC General Meeting - see invitation below!
	23	Grade 6/7 Ski and Snowboard Day #2
	28	Pink Shirt Day

Traffic and Safety

We continue to make every effort to keep children safe and streamline drop-off and pick-up times. We need your help to keep everyone safe and to respect our neighbours.

Please do not line up in the turnaround before 2:30 pm at pick-up time. If you arrive early, please park on Margaree Pl. and walk to meet your child. Blocking the turnaround impedes school and district staff from accessing the school.

When a long line develops before dismissal (2:40 pm), this also causes congestion on Inglewood and Taylor Way. This results in potential accidents, frustrated neighbours, and frustrated parents!

Your patience and care when following traffic and parking rules is greatly appreciated.

Thank you for doing your part!



Cedardale's Pink Shirt Day Shirt Sale



Pink Shirt Day T-Shirts

Pink Shirt Day is on Wednesday, Feb. 28th!

Cedardale Pink Shirt Day T-Shirts are available for \$25 on School Cash Online until Sunday, February 4th.

Show your Cedardale pride in this special edition shirt! Available in youth and adult sizes (and in two shades of pink!).

Proceeds will be donated to CKNW's Pink Shirt Day Fund.



Lunar New Year – Feb 15th

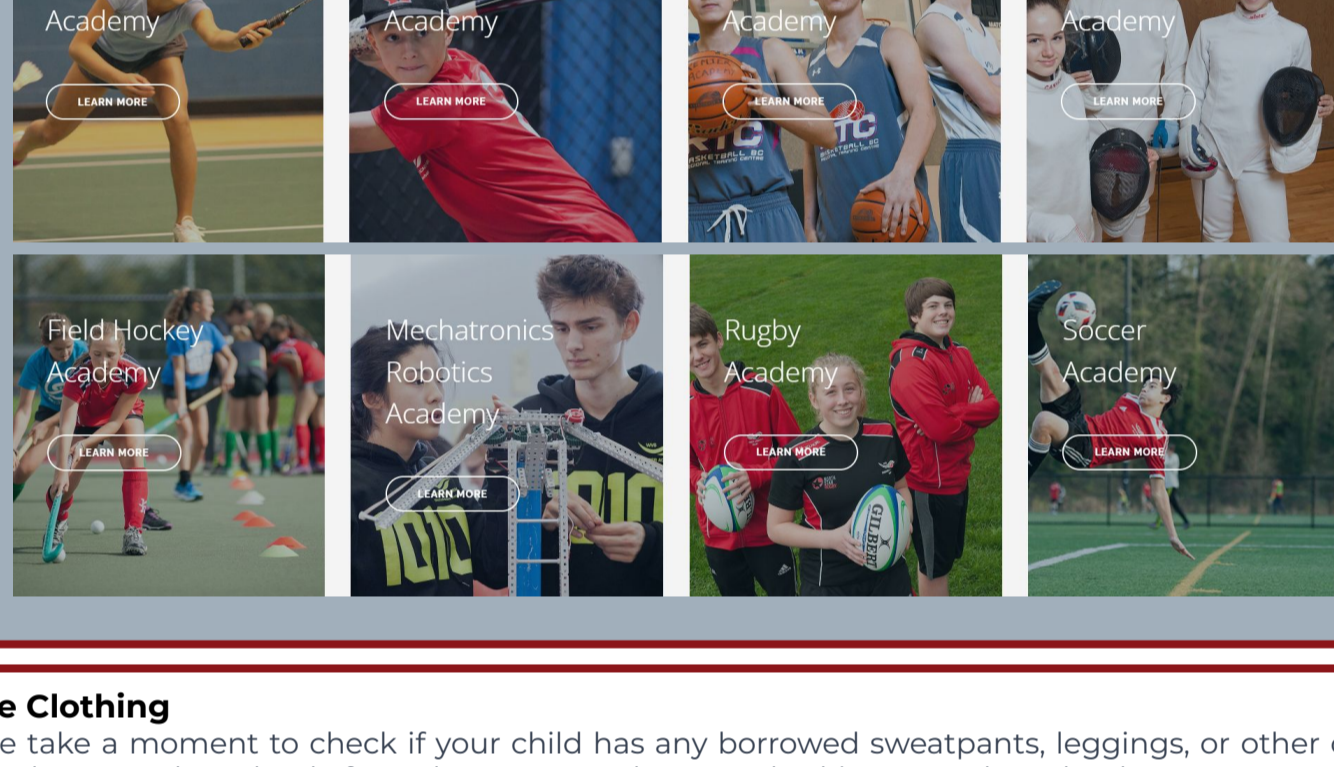
Parents/caregivers are welcome to join us for our celebration in the gym, featuring Cedardale students drumming and performing the Lion Dance.

Festivities begin at 11:00 am.

The 2024-2025 Secondary School Premier Academies are open for registration!

Please visit <https://westvancouver.schools.ca/programs/> for further information.

Premier Academies: Badminton, Baseball, Basketball, Fencing, Field Hockey, Rugby, Soccer, Tennis, Volleyball



Spare Clothing

Please take a moment to check if your child has any borrowed sweatpants, leggings, or other clothing that belongs to the school. If so, please return these washed items to the school ASAP. We appreciate your help in maintaining our inventory and ensuring that these items are available for future use - especially on these soggy winter days!

Additionally, if you have any spare clothing that is washed and lightly used, we would be grateful for donations. We are in need of leggings, sweatpants, and comfortable clothing for when children are in need of a change of clothes during the day.

If you have any clothes to donate please contact Mme Jen jbear@wvschools.ca to coordinate. We are grateful for your donations, but also have limited storage space.

Illness Guidelines

This is a reminder to please keep your child at home if they are sick. We appreciate this is a more blurry line than in the past, so here are some details to help:

- If children require medication, especially for a fever, they are not well and should stay home.
- heavy congestion, fever, a runny nose that is not clear, nausea, heavily fatigued, a newer cough = stay home
- clear runny nose, a persistent cough after being to the doctor to determine non-contagion = come to school

The overall health of our community is important.

Thank you so much for your care and attention to this.

PAC & Parent Initiatives

Empowering your child as a reader - Tuesday, February 20th at 6:30 pm

Parents and caregivers are invited to join Mme Stephanie and Mme Gleason as well as Mme Hayes and the PAC Executive to learn how to support your child's developing literacy skills.

The workshop will be followed by an opportunity to learn more about PAC endeavors, upcoming events, and opportunities to volunteer!

This session will be held at Cedardale.

Please r.s.v.p. by emailing Mme Hayes at khayes@wvschools.ca



Parent Education - Digital Safety

Family Sessions – Establishing Safe, Caring, & Respectful Digital Communities

Safer Schools Together are pleased to announce that in partnership with the Ministry of Education and Childcare, they have opened four more dates for their "Social Media Awareness" Family Sessions. These sessions were designed to support families and caregivers navigate the digital world. Dates, times, and information on how to register can be found here: [Family Sessions \(safer-schools-together.com\)](https://www.safer-schools-together.com)

Cyber Safety and Exploitation Resources: <https://www.exploitationeducation.org/free-resource>

Community Connections, Pro-D Day Opportunities & Extracurricular Opportunities

Spring Break Camps

Multi-Sport Pro-D Day Camp by Private Coaching Co!

Join our staff for an amazing spring break camp of Sports, Games, Arts & Crafts, Adventures and FUN!

This day camp is available to students between the ages of 6 and 11 and is suitable for anyone of any skill level or experience!

Participants will move through a variety of sports such as basketball, soccer, tennis, football, hockey, volleyball, and more. Campers will be fully submerged in the world of sports and activity and are bound to leave the week with a smile on their face!

Date: March 18th - 22nd & March 25th - 29th

Location: Chartwell Elementary

Ages: 6-11

Cost: \$375 + GST (weekly)

Registration Link: <https://privatecoachingco.uplifterinc.com/programs/summer-camps/>

For help, please email matt@privatecoachingco.com

Camp Wonderstruck

Join us for a [unique day camp experience](#). For five days, Campers will be immersed in a mythical fantasy story, homegrown in North Vancouver and guided by a seasoned wizard named Wonder.

Using magical objects they create themselves, campers will battle imaginary opponents, encounter the mysteries of the natural world, and stretch their imagination.

Date: March 18th - 22nd

Location: Lynn Canyon Park

Ages: 5-9

Cost breakdown link: <https://www.thestorydoctor.ca/registration>

Kung-Fu Kids Program @ Cedardale (January 2024)!

Looking for an after-school program that will help your child develop speed, power, balance and coordination-- as well as gain practical skills in self-defence while having fun? Kung-Fu Kids is finally here at Cedardale (in the gym) starting at the end of January! We still have space in our intermediate program!

Grades 4-7: **3:30pm-4:45pm** (75 minutes) - We will begin with a general warm-up, proper stretching, body conditioning and fundamental self-defence techniques in kicking, striking, blocking, and stances/footwork. The main goal is to develop speed, accuracy and power. We will use various modern conditioning and sports equipment, as well as safety gear such as mats, striking pads and kicking shields. Level 1 Grade testing and certification is available, but optional.

Fees: \$20/class (Wednesdays, January 31 - May 29, total 13 classes).

10 spots available

(Please Note: Gr 4-7 students waiting for their class to start must either read, study or wait quietly in the gym, or go home for a snack and then come back at 3:25pm, and ready to start training at 3:30pm).

If interested please contact James Chang (james@westcoastkungfu.ca) for questions, or to register!

Hoops Basketball Academy - Space is still available!

Basketball and Fitness After School Program (K – Gr. 3). Learn the fundamental skills of basketball in a fun and encouraging environment. This program focuses on introducing fitness, improving coordination, and developing basketball skills. *Fun and movement is the focus!!*

Winter Registration NOW OPEN 🏀🏀

Basketball and Fitness After School Program (KG – Gr 3)

KG – Gr1 ---- 2:45 pm – 4:00 pm (Thursdays)

Gr2 – Gr3 ---- 2:45 pm – 4:00 pm (Fridays)

Sessions will be held @ Ecole Cedardale Elementary

For more information and to register, visit us at: www.hoopsbasketball.ca

