

January 25th, 2024

Follow us on Instagram! [@ecolecedardale](#)

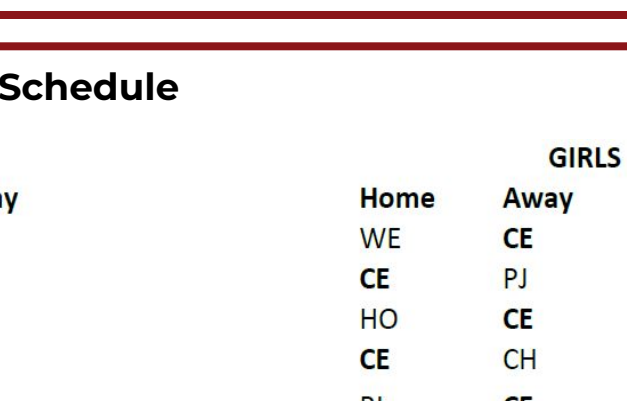
### Hawks Highlights

Jan	29	Professional Day - <b>School Not In Session</b>
Feb	2	Grade 6/7 Cypress Skiing and Snowboarding
	5	Grade 2/3 In-Class Workshop "Black History Matters"
	9	Grade 3/4 Cypress Snowshoeing and Tubing
	9	Grade 1, 2 & 3 Crepe Workshop
	15	Lunar New Year Celebration @10:30am
	16	Reading Break - <b>School Not In Session</b>
	19	BC Family Day - <b>School Not In Session</b>
	28	<b>Pink Shirt Day</b>

### Learning Update #1 - Expiring soon!

Please be reminded to download, print, and save a copy of your child(ren)'s Learning Update #1 (report card) from December 1, 2023. Learning updates will no longer be available after January 31, 2024.

You can access the document via the MyEd Parent Portal. For support, please [CLICK HERE](#). For an instructional video, please click on the image.



### Grade 7 Basketball Schedule

Cedardale	BOYS		GIRLS	
	Home	Away	Home	Away
Tuesday, January 23, 2024	CE	WE	WE	CE
Tuesday, January 30, 2024	PJ	CE	HO	PJ
Tuesday, February 6, 2024	CE	HO	CE	CE
Tuesday, February 13, 2024	CH	CE	CE	CH
Tuesday, February 20, 2024	CE	RI	RI	CE

### Spare Clothing

Please take a moment to check if your child has any borrowed sweatpants, leggings, or other clothing that belongs to the school. If so, please return these washed items to the school ASAP. We appreciate your help in maintaining our inventory and ensuring that these items are available for future use - especially on these soggy winter days!

Additionally, if you have any spare clothing that is washed and lightly used, we would be grateful for donations. We are in need of leggings, sweatpants, and comfortable clothing for when children are in need of a change of clothes during the day.

If you have any clothes to donate please contact Mme Jen [jbear@wvschools.ca](mailto:jbear@wvschools.ca) to coordinate. We are grateful for your donations, but also have limited storage space.

### Illness Guidelines

**This is a reminder to please keep your child at home if they are sick.** We appreciate this is a more blurry line than in the past, so here are some details to help:

- If children require medication, especially for a fever, they are not well and should stay home.
- heavy congestion, fever, a runny nose that is not clear, nausea, heavily fatigued, a newer cough = stay home
- clear runny nose, a persistent cough after being to the doctor to determine non-contagion = come to school

The overall health of our community is important.

Thank you so much for your care and attention to this.

### Weather Closures and Procedures

West Vancouver Schools endeavours to keep schools open on regular instructional days, including those with accumulating snowfall ([Weather Closures and Procedures](#)). Any decision to close schools will be made by the Superintendent and will be based on the safety of students and staff. We aim to communicate any decision to close schools as early as possible.

**Please check the school district website for the most current information on school closures.**

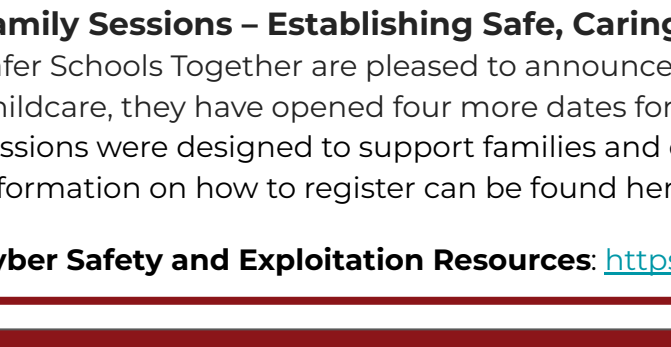
School closures may also appear on several local news sources including:

- News 1130 <http://www.news1130.com/>
- CKNW 98 <http://www.cknw.com/news/>
- Global TV <http://globalnews.ca/live/bc/>
- CBC <http://www.cbc.ca/news/canada/british-columbia>

### PAC & Parent Initiatives

## PAC Fundraising Initiative

**We are thrilled to be fundraising to enhance the Cedardale playground with more space to play, to skip rope, play four-square and more! Click on the poster below to donate. Tax receipts will be issued for all donations made on School Cash Online.**



Imagine a refreshed space where laughter echoes louder, friendships bloom brighter, and childhood memories are made.

To make this dream a reality, we need your support. Currently, we've only raised 3% of our goal, and every donation, big or small, brings us closer to transforming our playground.

Your contributions will directly fund new paved play spaces and interactive elements. Spread the word!

Together, let's build dreams, create lasting memories, and provide an enriched environment for our hawks!

### Parent Education - Digital Safety

#### Family Sessions – Establishing Safe, Caring, & Respectful Digital Communities

Safer Schools Together are pleased to announce that in partnership with the Ministry of Education and Childcare, they have opened four more dates for their "Social Media Awareness" Family Sessions. These sessions were designed to support families and caregivers navigate the digital world. Dates, times, and information on how to register can be found here: [Family Sessions \(saferschoolstogether.com\)](https://www.saferschoolstogether.com)

**Cyber Safety and Exploitation Resources:** <https://www.exploitationeducation.org/free-resource>

### Community Connections, Pro-D Day Opportunities & Extracurricular Opportunities

**WEST VANCOUVER COMMUNITY CENTRE**

## EARLY YEARS FAIR

**SATURDAY, JANUARY 27 | 10 A.M. - 12 P.M.**  
West Vancouver Community Centre | Atrium

**FREE** | [/westvanrec](#) | **QUESTIONS** 604-925-7270

**It's all about the early years!**

- Connect with local community resources and services for young children and families
- Discover programs and childcare opportunities
- Engage in fun, free activities!

**Special attraction**  
This year's fair will feature a free Sing Along with Katie. Sing to familiar tunes and Katie's original songs!

**Participating organizations**  
Vancouver Coastal Health • Springs Outdoor Program • Cypress Corner Childminding • West Vancouver Schools, and many more!

### January 29th Pro-D Activities

Pauline Johnson's PAC is again offering **First Aid Hero's Babysitting Course and Stay Safe (home alone) Courses**. The courses will take place on Monday, January 29th (Professional Day) at PJ. Payment and registration can be made through our [online shop](#) until January 19th. The courses are open to all intermediate students, including those from outside PJ so invite your friends to join you.

#### BABYSITTING COURSE ages 11 – 13

Time: 8:30am – 3:30pm  
Students learn how to care for younger children and how to prevent and respond to emergencies. Each student will receive a babysitter manual, and a certificate.  
\$65/student

#### STAY SAFE! (home alone) ages 9 – 13

Time: 9:00am – 3:00pm  
Helps prepare students to be on their own at home or in the community. Each student will receive a Stay Safe! workbook and certificate.  
\$65/student

Please contact us at [register@ecolepipac.com](mailto:register@ecolepipac.com) with any questions.

#### Multi-Sport Pro-D Day Camp by Private Coaching Co!

Join our staff for an amazing day of Sports, Games, Arts & Crafts, Adventures and FUN!

This day camp is available to students between the ages of 6 and 11 and is suitable for anyone of any skill level or experience!

Participants will move through a variety of sports such as basketball, soccer, tennis, football, hockey, volleyball, and more. Campers will be fully submerged in the world of sports and activity and are bound to leave the day with a smile on their face!

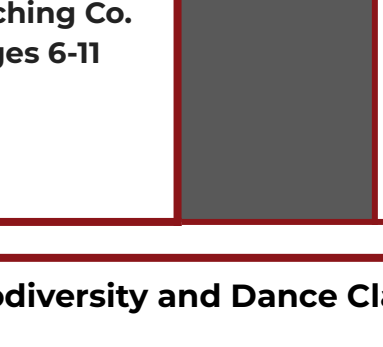
**Date:** Monday, January 29th

**Time:** 9:00 am - 3:00 pm

**Ages:** 6-11

**Cost:** \$80 + GST

**Registration Link:** [Sign Up Here](#) For help, please email [matt@privatecoachingco.com](mailto:matt@privatecoachingco.com)



**2024 After School User-Pay Offerings**  
The following offerings are available to Cedardale learners and their families before and after school. Please note: these are user-pay opportunities and are not school/school district extracurriculars.

See below for more details and links to register.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Multi-Sport Private Coaching Co. Ages 6-11</b>		<b>AM Fencing</b> <b>PM Kung Fu</b> <b>K to Grade 3 - FULL</b> <b>Grade 4-7</b>	<b>Kindergarten &amp; Grade 1 Hoops</b>	<b>Grade 2/3 Hoops</b>

### Neurodiversity and Dance Classes

My name is Miss Tammy and I teach neuro-affirmative dance classes on Tuesdays from 7:00-7:45 pm at the **Vanleena Dance Academy**, 1457 Marine Drive, our West Vancouver location. All interested families are invited to contact me directly at [dance@vanleena.com](mailto:dance@vanleena.com) to learn more about the program (we also offer a free trial class!).

### Kung-Fu Kids Program @ Cedardale (January 2024)!

Looking for an after-school program that will help your child develop speed, power, balance and coordination-- as well as gain practical skills in self-defence while having fun? Kung-Fu Kids is finally here at Cedardale (in the gym) starting at the end of January! We have 2 programs available on Wednesdays:

Grades K-3: **2:45pm-3:25pm** (40 minutes) - Using music, games, storytelling, and kung-fu patterns (basic kicking and punching) to learn about balance, coordination, reaction, and timing to develop better focus, listening, and gross motor function skills.  
**Fee: \$15/class (Wednesdays, January 31 - May 29, total 13 classes). FULL**

Grades 4-7: **3:30pm-4:45pm** (75 minutes) - We will begin with a general warm-up, proper stretching, body conditioning and fundamental self-defence techniques in kicking, striking, blocking, and stances/footwork. The main goal is to develop speed, accuracy and power. We will use various modern conditioning and sports equipment, as well as safety gear such as mats, striking pads and kicking shields. Level 1 Grade testing and certification is available, but optional.  
**Fee: \$20/class (Wednesdays, January 31 - May 29, total 13 classes). 10 spots available**

(Please Note: Gr 4-7 students waiting for their class to start must either read, study or wait quietly in the gym, or go home for a snack and then come back at 3:25pm, and ready to start training at 3:30pm).

If interested please contact James Chang ([james@westcoastkungfu.ca](mailto:james@westcoastkungfu.ca)) for questions, or to register!

### Hoops Basketball Academy

Basketball and Fitness After School Program (K – Gr. 3). Learn the fundamental skills of basketball in a fun and encouraging environment. This program focuses on introducing fitness, improving coordination, and developing basketball skills. *Fun and movement is the focus!!*

#### Winter Registration NOW OPEN

Basketball and Fitness After School Program (K – Gr 3)

KG – Gr1 ---- 2:45 pm – 4:00 pm (Thursdays)

Gr2 – Gr3 ---- 2:45 pm – 4:00 pm (Fridays)

Sessions will be held @ Ecole Cedardale Elementary

For more information and to register, visit us at: [www.hoopsbasketball.ca](http://www.hoopsbasketball.ca)

### Grade K-3 Multi-Sport After School Program - Spots are still available!!

**Dates:** Mondays, January 8th - March 11th (No Session January 29th and February 19th) (8 Sessions)

**Times:** 2:45 pm - 4:15 pm

**Grades:** K - 3

**Cost:** \$240 + GST

This excitement filled program focuses on FUN, physical literacy and sport skill improvement through fun games and activities. Participants will move through a variety of sports such as basketball, soccer, tennis, football, hockey, volleyball, handball, and more. Participants will be fully submerged in the world of sports and are bound to leave the day with a smile on their face, eager for the next day!

NOTE: This is a non-competitive program and is suitable for athletes of any experience or level

Registration Link: [Sign Up Here](#)

	WESTBAY	CEDARDALE	CHARTWELL	WESTCOT
	MONDAYS January 15, 22 February 5, 12, 26 March 4, 11	WEDNESDAYS January 24, 31 February 7, 14, 21, 28 March 6, 13	THURSDAYS January 25 February 1, 8, 15, 22, 29 March 7, 14	FRIDAYS January 19, 26 February 2, 9, 23 March 1, 8, 15
	Grade 2-7 @ 7:45-8:35AM	Grade 2-7 @ 7:45-8:35AM	Grade 2-7 @ 7:45-8:35AM	Grade 2-7 @ 7:45-8:35AM

COST: \$179 per child (all fencing equipment provided).  
FREE brand new fencing mask and glove for new students (value of \$130). Full fencing equipment is available out our pro shop.

**New Students - Scan the QR code to register**

1. Create Account
2. Drop in to make a payment and
3. Pick up fencing masks and glove (new students only)

**Returning Students - CONTACT us directly**

1. Call 604-990-8889 to make a payment and
2. Please bring your equipment from the previous term to classes.

### Spring Break Camps

#### Multi-Sport Pro-D Day Camp by Private Coaching Co!

Join our staff for an amazing spring break camp of Sports, Games, Arts & Crafts, Adventures and FUN!

This day camp is available to students between the ages of 6 and 11 and is suitable for anyone of any skill level or experience!

Participants will move through a variety of sports such as basketball, soccer, tennis, football, hockey, volleyball, and more. Campers will be fully submerged in the world of sports and activity and are bound to leave the week with a smile on their face!

**Date:** March 18th - 22nd & March 25th - 29th

**Location:** Chartwell Elementary

**Ages:** 6-11

**Cost:** \$375 + GST (weekly)

**Registration Link:** <https://privatecoachingco.upliferinc.com/programs/summer-camps/>

For help, please email [matt@privatecoachingco.com](mailto:matt@privatecoachingco.com)







