



ÉCOLE CEDARDALE ELEMENTARY = E-BULLETIN

January 18th, 2024

Hawks Highlights

Follow us on Instagram! @ecolecedardale

Jan	19, 22, 24	In-class Kung Fu lessons				
	19	Grade 6/7 Cypress Ski & Snowboard Day 1				
	25	Grade 7-8 Transition forms due *ACTION ITEM*				
	29	Professional Day - School Not In Session				
Feb	9	Grade 3/4 Cypress Snowshoeing and Tubing				
	16	Reading Break - School Not In Session				
	BC Family Day - School Not In Session					
	•					
Learr	ning Update	#1 - Expiring soon!				
Pleas	Please be reminded to download, print, and save a copy					

Fun lunch - Term 2 ordering is open!

available after January 31, 2024.

video, please click on the image.

Grade 7 to 8 Transitions Transition forms have been sent home with your seventh grader, please complete this form indicating secondary school intention for your child and return it to the school office. Forms must be returned to

of your child(ren)'s Learning Update #1 (report card) from December 1, 2023. Learning updates will no longer be

You can access the document via the MyEd Parent Portal.

For support, please **CLICK HERE**. For an instructional

the school office by <u>January 25th, 2023.</u> Please reach out to Mme Hayes khayes@wvschools.ca if you have any questions..

Accessing the

Portal

MyED BC Parent

A couple of small changes for Term 2: · The White Spot menu is a lot simpler to order from: just pick a meal, drink, side, and treat.

· New menu item added for Thursday's LunchiBrunchi: pasta with pesto sauce and chicken. Please remember to check your email; you'll get a reminder the day before each fun lunch delivery. If you don't get an email, you may have missed the cutoff date for that week - this happens more frequently at

If you haven't already, you can order fun lunch for Term 2 online at https://munchalunch.com/login

Please also remember to send reusable <u>cutlery</u> with your learners on fun lunch days; no disposable cutlery is available at the school.

If you would like to volunteer to help with fun lunch distribution, please contact Jean at

the start of each term - check your order online to make sure!

please contact Christina at <u>cedardalehotlunch@gmail.com</u>.

blurry line than in the past, so here are some details to help:

Thank you so much for your care and attention to this.

communicate any decision to close schools as early as possible.

Illness Guidelines This is a reminder to please keep your child at home if they are sick. We appreciate this is a more

If children require medication, especially for a fever, they are not well and should stay home. heavy congestion, fever, a runny nose that is not clear, nausea, heavily fatigued, a newer cough =

<u>ieanne_vou@hotmail.com</u>. And if you have any questions, comments, or need help with your order,

clear runny nose, a persistent cough after being to the doctor to determine non-contagion = come to school The overall health of our community is important.

West Vancouver Schools endeavours to keep schools open on regular instructional days, including those with accumulating snowfall (Weather Closures and Procedures). Any decision to close schools will be

made by the Superintendent and will be based on the safety of students and staff. We aim to

Please check the school district website for the most current information on school closures.

School closures may also appear on several local news sources including: News 1130 http://www.news1130.com/ CKNW 98 http://www.cknw.com/news/ http://globalnews.ca/live/bc/ Global TV http://www.cbc.ca/news/canada/british-columbia CBC

PAC Fundraising Initiative

\$50,000.00

PAC & Parent Initiatives

Weather Closures and Procedures

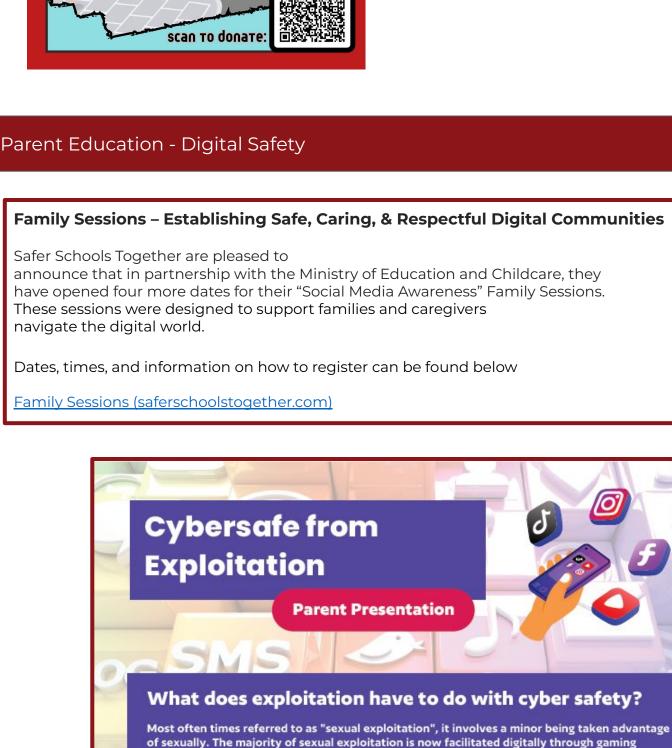
Imagine a refreshed space where laughter echoes louder, friendships bloom brighter, and childhood

15 Jan 24

Ecole Cedardale

Playground Enhancements

We are thrilled to be fundraising to enhance the Cedardale playground with more space to play, to skip rope, play four-square and more! Click on the poster below to donate. Tax receipts will be issued for all donations made on School Cash Online.



Jan 23, 2024 7:00PM

Kay Meek Arts Centre

For help, please email <u>matt@privatecoachingco.c</u>m

The following offerings are available to Cedardale learners

Please note: these are user-pay opportunities and are not

Thursday

Kindergarten &

Grade 1 Hoops

See below for more details and links to register.

2024 After School User-Pay Offerings

school/school district extracurriculars.

Friday

Grade 2/3 Hoops

and their families before and after school.

memories are made.

To make this dream a reality, we need

your support. Currently, we've only

raised 3% of our goal, and every donation, big or small, brings us closer to transforming our playground.

Your contributions will directly fund new paved play spaces and interactive elements. Spread the word!

Together, let's build dreams, create lasting memories, and provide an enriched environment for our hawks!

intimate image sharing, or sugar daddy scams. What you'll learn:

and youth into online sexual exploitation. Some topics covered include:

Defining sexual exploitation and why online poses more risk

Effective language to use when talking to kids/ teens

Digital blackmail into sextortion, trends, and what to do

 Addressing risks associated with online gaming platforms Age of consent laws and how they can help you as a parent How to have effective conversations with your child/ teen

The red flags and warning signs of grooming

 Information sharing- What is and is not okay High risk behaviours on social media platforms

Current online exploitation trends

Sexting, digital consent, and the law

Forms of online sexual exploitation include grooming by predatory people, digital blackmail,

Our approach to cyber safety is to address the root causes that would lead to exploitation. as well as provide tangible strategies to break down vulnerabilities that would lead children

platforms, social media, love stream, and more.

Community Connections, Pro-D Day Opportunities & Extracurricular Opportunities WEST VANCOUVER COMMUNITY CENTRE It's all about the early years! - Connect with local community resources and services EARLY YEARS FAIR for young children and families - Discover programs and childcare opportunities - Engage in fun, free activities! Special attraction This year's fair will feature a free Sing Along with Katie. Sing to familiar tunes and Katie's original songs! Participating organizations Vancouver Coastal Health . Saplings Outdoor Program • Cypress Comer Childminding West Vancouver Schools, and many more! CHILD & FAMILY HUB WANDDIVER west vancouver SATURDAY, JANUARY 27 | 10 A.M. - 12 P.M. West Vancouver Community Centre | Atrium QUESTIONS 604-925-7270 **January 29th Pro-D Activities** Pauline Johnson's PAC is again offering First Aid Hero's Babysitting Course and Stay Safe (home alone) Courses. The courses will take place on Monday, January 29th (Professional Day) at PJ. Payment and registration can be made through our <u>online shop</u> until January 19th. The courses are open to all intermediate students, including those from outside PJ so invite your friends to join you. **BABYSITTING COURSE ages 11 - 13** Time: 8:30am - 3:30pm Students learn how to care for younger children and how to prevent and respond to emergencies. Each student will receive a babysitter manual, and a certificate. \$65/student STAY SAFE! (home alone) ages 9 - 13 Time: 9:00am – 3:00pm Helps prepare students to be on their own at home or in the community. Each Student will receive a Stay Safe! workbook and certificate. Please contact us at register@ecolepipac.com with any questions. Multi-Sport Pro-D Day Camp by Private Coaching Co! Join our staff for an amazing day of Sports, Games, Arts & Crafts, Adventures and FUN! This day camp is available to students between the ages of 6 and 11 and is suitable for anyone of any skill level or experience! Participants will move through a variety of sports such as basketball, soccer, tennis, football, hockey, volleyball, and more. Campers will be fully submerged in the world of sports and activity and are bound

My name is Miss Tammy and I teach neuro-affirmative dance classes on Tuesdays from 7:00-7:45 pm at the Vanleena Dance Academy, 1457 Marine Drive, our West Vancouver location. All interested families are invited to contact me directly at dance@vanleena.com to learn more about the program (we also offer a free trial class!).

Hoops Basketball Academy

Winter Registration NOW OPEN

KG - Gr1 ---- 2:45 pm - 4:00 pm (Thursdays)

Gr2 – Gr3 ---- 2:45 pm – 4:00 pm (Fridays)

Grades: K - 3

Cost: \$240 + GST

Registration Link: Sign Up Here

Basketball and Fitness After School Program (KG - Gr 3)

Sessions will be held @ Ecole Cedardale Elementary

Neurodiversity and Dance Classes

Kung-Fu Kids Program @ Cedardale (January 2024)!

better focus, listening, and gross motor function skills.

Fee: \$15/class (Wednesdays, <u>January 31 - May 29</u>, total 13 classes).

shields. Level 1 Grade testing and certification is available, but optional.

Fee: \$20/class (Wednesdays, <u>January 31 - May 29</u>, total 13 classes).

to leave the day with a smile on their face!

Tuesday

Date: Monday, January 29th Time: 9:00 am - 3:00 pm

Registration Link: Sign Up Here

Ages: 6-11

Cost: \$80 + GST

Monday

Multi-Sport

Program

Private

Coaching Co.

Ages 6-11

Wednesdays:

FULL

10 spots available (Please Note: Gr 4-7 students waiting for their class to start must either read, study or wait quietly in the gym, or go home for a snack and then come back at 3:25pm, and ready to start training at 3:30pm).

Basketball and Fitness After School Program (K - Gr. 3). Learn the fundamental skills of fun and encouraging environment. This program focuses on introducing fitness, improvin

coordination, and developing basketball skills. Fun and movement is the focus!!

For more information and to register, visit us at: www.hoopsbasketball.ca

If interested please contact James Chang (james@westcoastkungfu.ca) for questions, or to register!

Wednesday

<u>**AM**</u>

Fencing

<u>PM</u>

Kung Fu

K to Grade 3 - FULL

Grade 4-7

Looking for an after-school program that will help your child develop speed, power, balance and coordination-- as well as gain practical skills in self-defence while having fun? Kung-Fu Kids is finally here at Cedardale (in the gym) starting at the end of January! We have 2 programs available on

Grades K-3: 2:45pm-3:25pm (40 minutes) - Using music, games, storytelling, and kung-fu patterns (basic kicking and punching) to learn about balance, coordination, reaction, and timing to develop

Grades 4-7: 3:30pm-4:45pm (75 minutes) - We will begin with a general warm-up, proper stretching,

stances/footwork. The main goal is to develop speed, accuracy and power. We will use various modern conditioning and sports equipment, as well as safety gear such as mats, striking pads and kicking

body conditioning and fundamental self-defence techniques in kicking, striking, blocking, and

Grade K-3 Multi-Sport After School Program - Spots are still available! **Dates**: Mondays, January 8th - March 11th (No Session January 29th and February 19th) (8 Sessions) **Times**: 2:45 pm - 4:15 pm

This excitement filled program focuses on FUN, physical literacy and sport skill improvement through fun games and activities. Participants will move through a variety of sports such as basketball, soccer, tennis, football, hockey, volleyball, handball, and more. Participants will be fully submerged in the world of sports and are bound to leave the day with a smile on their face, eager for the next day!

CEDARDALE

WEDNESDAYS January 24, 31

March 6, 13

NOTE: This is a non-competitive program and is suitable for athletes of any experience or level

WESTBAY

MONDAYS January 15, 22 February 5, 12, 26 February 7,14, 21, 28 March 4, 11 Grade 2-7 @ 7:45-8:35AM

> Returning Students - Contact us directly Call 604.990.8889 to make a payment and Please bring your equipment from the previous term to classes.

Multi-Sport Pro-D Day Camp by Private Coaching Co! Join our staff for an amazing spring break camp of Sports, Games, Arts & Crafts, Adventures and FUN! This day camp is available to students between the ages of 6 and 11 and is suitable for anyone of any skill

to leave the week with a smile on their face! Date: March 18th - 22nd & March 25th - 29th

Grade 2-7 @ 7:45-8:35AM COST: \$179 per child (all fencing equipment provided). FREE brand new fencing mask and glove for new students (value of \$130). Full fencing equipment is available out our pro shop. New Students - Scan the QR code to register

Participants will move through a variety of sports such as basketball, soccer, tennis, football, hockey, volleyball, and more. Campers will be fully submerged in the world of sports and activity and are bound

Spring Break Camps

level or experience!

Create Account Drop in to make a payment and Pick up fencing maks and glove (new students only)

Location: Chartwell Elementary **Ages**: 6-11

For help, please email <u>matt@privatecoachingco.com</u>

Cost: \$375 + GST (weekly)

Registration Link: https://privatecoachingco.uplifterinc.com/programs/summer-camps/

THURSDAYS

January 25

February 1, 8, 15, 22, 29

March 7, 14

Grade 2-7 @ 7:45-8:35AM Grade 2-7 @ 7:45-8:35AM

FRIDAYS

January 19, 26

March 1, 8, 15

February 2, 9, 23