

Grade 7 Volleyball Permission Form

Tuesday October 10th, 2023

Who: Grade 7 learners who would like to play Volleyball (Triple ball) this season. Inclusion on this team includes practising twice weekly. Additionally, there will be games at Cedardale and at other West Vancouver elementary schools on Tuesday afternoons (3:30-4:30 PM), and a Volleyball Jamboree, which will be hosted at Rockridge Secondary School on November 21st and 23rd (see below for details).

Triple Ball format: Based on recommendations from Volleyball Canada, many secondary schools' Grade 8 and 9 volleyball programs are running their season using the Triple Ball format. In order to be consistent, the elementary schools in West Vancouver also use this format. This modified game has been introduced to help developing athletes accelerate their development, improve skills, and experience more success.

Practices: Cedardale gym, starting Friday, October 13th, 2023

Monday: 8:00-8:45 am (**Girls**)

Wednesday: 12:40 - 1:00 pm
(Co-Ed)

Friday: 8:00 - 8:45 am (**Boys**)

Games:

	Boys		Girls	
	Home	Away	Home	Away
Tuesday, October 17, 2023	CE	PJ	PJ	CE
Tuesday, October 24, 2023	BYE	BYE	BYE	BYE
Tuesday, October 31, 2023	WB	CE	CE	WB
Tuesday, November 7, 2023	IP	CE	CE	IP

CE: Cedardale

WB: West Bay

PJ: Pauline Johnson

IP: Irwin Park

Tournaments:

Boys: Tuesday, November 21, 1:30-4:45 pm at Rockridge Secondary

Girls: Thursday, November 23, 1:30-4:45 pm at Rockridge Secondary

Coaches:

Boys' Team: Mme Jo, Mme Monica

Girls' Team: Mme Brigitte B., Mme Leroux, Mme Rimi

Coordinator: M. Hugo

Parent/caregiver drivers for away games: Parents/caregivers will be required to arrange transportation for their learner from Cedardale to the participating schools for away games. Supervision at games will end at 4:30 pm, please arrange to have your child picked up at this time.

Clothing: Learners must practise in sportswear **with proper running shoes.** To ensure learner safety, learners will not be allowed to practise or play without proper footwear. For games, learners will be supplied with a Cedardale Volleyball jersey. Ecole Cedardale will need a uniform deposit cheque (postdated to June 1st, 2024) in the amount of \$50 to **École Cedardale**, to be held in trust until the end of the season when the uniform is returned, clean and undamaged.

***NEW* West Vancouver Elementary Coaches Association Athletic Fees:**

Due to the increasing cost of fees associated with running our Elementary Athletics programs in all West Vancouver schools, the West Vancouver Elementary Coaches Association will be charging \$10 per learner per sport for the 2023-2024 school year. These fees were Board approved in the Spring of 2023 for the upcoming school year. **Payments can be made through School Cash Online. You will receive a notification for this payment once this permission form has been signed and returned.**

We look forward to an exciting Volleyball season ahead! Vas-y Hawks!

PLEASE KEEP THIS PAGE FOR YOUR RECORDS



VOLLEYBALL 2023

Accidents can be the result of the nature of the activity and can occur with or without fault on either the part of the student, or the school board or its employees or agents, or the facility where the activity is taking place. By allowing your son/daughter to participate in this activity, you are accepting the risk of an accident occurring, and agree that this activity, as described, is suitable for your child.

I give permission for my learner, _____, who is in Div. ____ to participate in volleyball practices and games.

- I understand that my learner must attend practices in order to participate in district games.
- I understand that it is my responsibility to make travel arrangements for my learner to attend games should they be at another school site.
- I am aware that I am responsible for pick-up arrangements for my learner at the end of the games either at Cedardale or another participating school prior to 4:30pm.
- I understand that there will be a \$10.00 fee via School Cash Online.
- I have attached a cheque for \$50 post dated for June 1st, 2024 as a uniform deposit that will be shredded when my learner returns their Cedardale jersey clean and in good condition.

Parent/caregiver name

Parent/caregiver signature

Phone number

Parent/caregiver email

Please return this page only to the office or M. Hugo by Friday, October 13th, 2023