



EAGLE HARBOUR MONTESSORI SCHOOL E-BULLETIN

DECEMBER 19, 2025

UPCOMING EVENTS



**DECEMBER 22-
JANUARY 2**
Winter Break



JANUARY 5
*School re-opens.
First day of school
after the winter
break.*



JANUARY 30
*Professional
Development Day.
School is not in
session.*



WINTER MUSICAL

Thank you for coming today! The students did a fantastic job showcasing all their hard work this term. Special thank you to Ms. Harden for her leadership and expertise in directing the show. Details to follow about the recording for those unable to attend.



For parents/guardians who would like to be notified of a school emergency such as power outages, severe weather or safety alerts via SMS, **PLEASE TEXT a "Y" or "Yes" to 978338 to ensure you are on the list.**

CYPRESS SKI DAY VOLUNTEERS

A huge thank you to everyone who offered to volunteer for the Cypress Ski trip. We had over 20 people offer to volunteer!

I have now contacted those who will be joining us, however, **additional volunteers are welcome if you are okay to pay for your own ticket/rentals.**

Please let Ms. Richardson know if you still plan on joining us. We look forward to a great day of skiing and fun as a school!



Happy Holidays from all of us at EHMS!



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WINTER AFTER SCHOOL PROGRAMS

Registration is now OPEN for After School Programs, running January-March. Please note the age range and start/end dates of each program. **Click on Icons below to learn more and register!**



MONDAY SPORTBALL GR. 1-4 \$144
(8 classes) Jan. 12 - Mar. 9 (No Class Feb. 16)

2:35-3:35 pm in the GYM



TUESDAY CHESS GR. 1-5 153
(9 classes) Jan. 13- Mar. 10

2:35-3:35 in MS. KENNEDY'S CLASSROOM



WEDNESDAY ART MANIA Grades K - 5 \$252
(9 classes) Jan. 14-Mar. 11

2:35-3:35 in MS. RICHARDSON'S CLASSROOM



THURSDAY YOGA Grades 1 - 5 \$189
(10 classes) Jan. 8- Mar. 12

2:35-3:45 in the GYM



FRIDAY SPANISH Grades 1 - 5 \$154
(7 classes) Jan. 16- Mar. 13 (no class Jan. 30 and Feb 13)

2:35-3:35 in classroom TBD

Call Back for Lates and Absences

Please remember to either **email us** at aatkinson@wvschools.ca or call the office at (604) 981-1380 if your child will be late or absent from school.

West Vancouver Schools Admissions

Admissions for the 2026/2027 school year begins on Wednesday October 15th at 8:00 AM for all Kindergarten students and all Grade 1 –12 In-catchment students.

Admissions for Out-of-Catchment and Out-of-District students opens on at 8:00 AM on Thursday, January 15th, 2026. For more information about admissions processes, dates, guidelines, and information, please visit <https://westvancouver.schools.ca/admissions/>. Please carefully read the information regarding documentation procedures before starting the application process.

PARENT ADVISORY COUNCIL UPDATES

SUPPORT OUR SCHOOL!

Click on the logos below to learn more about our current PAC Fundraisers.



Order your hot lunch here!

mabel's labels.

Don't forget to label that awesome Spirit Wear!




Order your Eco Friendly Laundry Detergent Strips here

Click name below to Join your class WhatsApp group:



[Kennedy](#) | [Hardern](#) | [Richardson](#) | [Stephen](#)

PARENT OPPORTUNITIES

 **Traffic & Safety Coordinator Needed!** This is a super fun, low-commitment role! It mainly involves planning a **bike-safety week at the end of the school year** — think **decorating bikes, fun challenges, safety games, and a community ride or parade**. It's a great way to bring some energy and joy to the school while promoting safety — and it doesn't require much time at all. If you're up for helping make this happen, please reach out **as soon as possible!**

Spring Fair Coordinators needed! A much loved event at EHMS and we need some volunteers to help run and coordinate the fair. Contact ehpac@wvschools.ca



DISTRICT NEWS

We want to make information accessible and easy to find. Check out this link [HERE](#) for more information on local programs, events, and resources in West Vancouver.

NEW! We've added Instagram to our [Parents Guide to Social Media and Digital Devices](#)

Physical Activity and Physical Literacy: Children and Youth Ages 5-17

Every move counts!

- Any amount and type of physical activity is good for you
- Outdoor play has additional benefits for mental wellness
- Try different activities to find something you like
- It should be fun!**

Parent/ caregiver:
Aim to provide safe and varied opportunities for movement.



The Canadian 24-Hour Movement Guidelines suggest children and youth:

- Sweat:** Be active each day – enjoy at least 1 hour of daily moderate to vigorous activities. Take part in muscle strength and bone-strengthening activities 3 times per week or more.
- Step:** Enjoy several hours of light intensity physical activity.
- Sleep:** Sleep well, 8-11 hours, with consistent routines.
- Sit:** Minimize and break up screen and sedentary time as much as possible.

Physical literacy is the motivation, confidence, physical competence, knowledge and understanding to value and participate in physical activities for life.

Children and youth become physically literate through physical activity, which develops **movement skills** that enable participation in activities as they age. Getting active early increases the likelihood that participation and its benefits will continue into adulthood.

Physical activity can...

- Improve mood and help you manage emotions
- Help you move your body in all the ways you want to
- Make it easier to fall asleep
- Boost your immune system
- Improve your ability to focus and do better in school
- Provide opportunities to make friends

Ideas to add in more activity:

- When possible, replace screen time with active time.
- Join a sports team or an activity group.
- Create an obstacle course using what you have on hand.
- Visit a playground.
- Try something new: soccer, dance, drumming, lacrosse, etc.
- Spend more time outdoors.
- Try geocaching.
- Get active as a family – explore a new park or trail, plan a nature scavenger hunt, or have a dance competition.
- Dance to your favorite songs.
- Play with a neighbour/friend.
- Try different seasonal activities: swimming in the summer, sledding or skating in the winter.
- Choose active transportation (e.g. walking, cycling, rolling, bussing).
- Walk a dog.



Additional activity ideas Additional ideas at
Pacific Institute for Sport Education



View 24-Hour Movement guidelines in full
csepguidelines.ca/guidelines/children-youth



10-625-4538 (FPO) 221-100-1000-0000

Weather Closures and Procedures

The district aims to keep schools open on every regular instructional days, including those with snowfall. However, the final decision to send students to school resides with the parent/guardian, as they are most familiar with the specific road and weather conditions around their home and community. Any decision to close schools will be made by the Superintendent and will be based on the safety of students and staff. Efforts are made to communicate this information to parents/guardians by 6:00 a.m. on the day of closure. **Please check the [school district website](#) for the most current information on school closures.**

School closures may also appear on several local news sources including:

News 1130
CKNW 98
Global TV
CBC

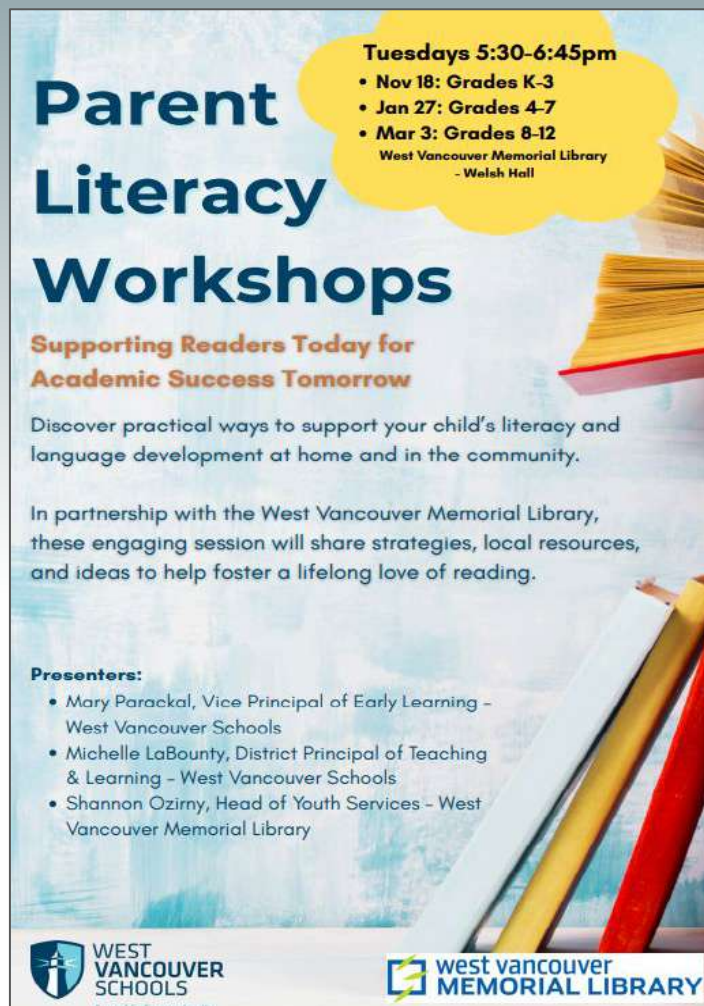
<http://www.news1130.com/>
<http://www.cknw.com/news/>
<http://globalnews.ca/live/bc/>
<http://www.cbc.ca/news/canada/british-columbia>

DISTRICT UPDATES

Join us for an engaging session on supporting your child's literacy and language development. Presented by **West Vancouver Schools** in partnership with the **West Vancouver Memorial Library**, these workshops will explore practical strategies to foster a love of reading, build foundational skills, and create strong home-school connections. Sessions will include insights from district educators and library staff, highlighting local resources that help every child thrive academically. All sessions will take place in Welsh Hall at the West Vancouver Memorial Library. Session dates are as follows:

January 27th - Parents of Grades 4 – 7 students

March 3rd – Parents of Grades 8 – 12 students



Parent Literacy Workshops

Tuesdays 5:30-6:45pm

- Nov 18: Grades K-3
- Jan 27: Grades 4-7
- Mar 3: Grades 8-12

West Vancouver Memorial Library
- Welsh Hall

Supporting Readers Today for Academic Success Tomorrow

Discover practical ways to support your child's literacy and language development at home and in the community.

In partnership with the West Vancouver Memorial Library, these engaging session will share strategies, local resources, and ideas to help foster a lifelong love of reading.

Presenters:

- Mary Parackal, Vice Principal of Early Learning - West Vancouver Schools
- Michelle LaBounty, District Principal of Teaching & Learning - West Vancouver Schools
- Shannon Ozirny, Head of Youth Services - West Vancouver Memorial Library

WEST VANCOUVER SCHOOLS
a world of opportunity

west vancouver MEMORIAL LIBRARY



Jessica Richardson
Vice-Principal, Eagle Harbour Montessori School
Pronouns: She/Her/Hers
T 604 981-1380 C 604 836 7696



<https://www.instagram.com/eagleharbourmontessori/>



IMPORTANT INFORMATION
PLEASE HAVE THIS TRANSLATED
RENOUVEAUX IMPORTANTS
Prise le bon sens, s'il vous plaît.

これは重要な情報です。
必ずお読みください。
중요한 정보를 알려드립니다.
꼭 읽어주세요.
CHỈ DẪN QUẢN TRỊ
Xin vui lòng đọc kỹ.
গুরুত্বপূর্ণ তথ্য
দয়া করে সঠিক ভাবে
পড়ুন।
BARKHAR HINFORMATIONS
Bitte lesen Sie die Informationen
sorgfältig.

اطلاعات مهم و ضروری است
لطفاً از یک نفر بخواهید که برای شما ترجمه کند
ITHAY MAHALAGAM! IMPORANTISSIMEN
Enleim na vilkang (ingaling) hang ibahid:
maramdahan
معلومات هامة
لرجى تترجمه لهذا
BARKHAR HINFORMATIONS
Pasekangato info, maramdahan.