



## E-Bulletin EAGLE HARBOUR MONTESSORI Sept 18, 2023



A **GIANT** thank you to everyone who came out to our Montessori Information and welcome BBQ last night. We hope you have come away with a better understanding of our various classroom routines, structures and how we approach learning here at our little school in the woods.

**A HUGE SHOUT OUT** to our amazing PAC for bringing us all together to begin the year in style. The hot dogs, smiles, hugs, laughter and joy were abundant.



# **PROFESSIONAL DEVELOPMENT DAY**

TOMORROW - SEPTEMBER 22ND - NO SCHOOL FOR STUDENTS. Our staff will be deepening their knowledge and understanding of Montessori Language Plans and Literacy

# **IMPORTANT DATES**

September	21	Terry Fox Run <u>DONATE HERE</u> We are collecting donations until September 28th
	22	Professional Development Day – School is not in Session
	26	Cross Country Meet #2 - GO TEAM GO!
	26	Indigenous Drum Making - Volunteers Needed - More Info below
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	29	Student Photography Day - Edge Imaging
	29	Orange Shirt Day Recognized at EHMS
	30	National Day for Truth and Reconciliation Recognized Across Canada
October	1	School Not In Session
	3	Cross Country Meet #3 - GO TEAM GO!
	4	Parent Teacher Conferences Early Dismissal - 1:10
	5	Parent Teacher Conferences Early Dismissal - 1:10
		EHMS SCHOOL CALENDAR 2023/24

# INDIGENOUS DRUM MAKING - SEPTEMBER 26 & 27 VOLUNTEERS NEEDED

We are thrilled to be able to create another 32 Indigenous drums for our school. Working in small groups on Tuesday and Wednesday September 26 & 27, students and **volunteers** will construct the drums and wake them in a **ceremony on Friday, Sept. 29th**, the day we honour <u>National Day of Truth</u> <u>and Reconciliation</u> as well as the <u>Orange Shirt Day</u>/ Every Child Matters initiative.

Please let Mrs. Undseth <u>aundseth@wvschools.ca</u> know if you are able to volunteer for drum making one or both mornings (Tuesday and/or Wednesday ) from 8:30 - noon. We promise to have plenty of coffee and treats!



#### **STUDENT PHOTOS FRIDAY, SEPTEMBER 29**



Who doesn't love checking out the annual student photo line up on the fridge ... proof that they are growing up! We are excited to be using EDGE IMAGING this year! Edge provides a variety of photo options to capture your child's true personality, preserving all their school day memories. For more information on photo day, please visit <u>www.edgeimaging.ca</u> for answers to frequently asked questions.

#### **PARENT-TEACHER CONFERENCES**

**Parent - teacher conferences** are coming on **October 4th and 5th.** Next week we will provide instructions on how to book your conferences online. If you are unable to attend , teachers will endeavor to provide an alternate day.



## MANDATORY ANNUAL FORMS- NOW PAST DUE

<u>Online Policies and Procedures Forms</u> must be completed asap for each student. These include photo permissions and local off site walk-about permissions (so we can take our classes to the park across the street or the beach!)

**Emergency Release Forms** are vital for the success of our emergency release program and were sent home this week. Please complete these forms for each student in your household and return them to the school as they were due Monday September 18th, 2023.

#### 2023-24 MONTESSORI FEES



The annual fee of \$200.00 is due for the 2023-24 school year and available for payment to School District #45 West Vancouver via <u>SchoolCash Online</u> as soon as possible. **If you have not received an email introducing SchoolCash Online and providing an access PIN please email** <u>aundseth@wvschools.ca</u> and let her know. Payments may be made all at once or over three installments.

#### WE ARE A NUT AWARE SCHOOL

In order to ensure the safest environment for each of our students, we are now a **NUT AWARE** school. What this means for you and your family - we kindly ask that no nuts or nut butters (this includes sesame seeds) of any kind come to school or are in the children's lunches.



# EAGLE HARBOUR MONTESSORI (EHMS) PAC NEWS

## SEPTEMBER PAC MEETING

Thank you to all the parents who attended our first PAC meeting of the year! **September 12 th PAC** meeting minutes can be found <u>HERE</u> Mark your calendars the next PAC meeting is **October 10 at 8:45** in the school library.

**PAC Secretary Needed**: Know anyone that would like to join our PAC as Secretary? Please encourage them to reach out. This role is quite simple and just involves taking notes at our monthly PAC meetings. Please reach out to Andrea at <a href="mailto:ehpac@wvschools.ca">ehpac@wvschools.ca</a> or speak with Miss Tobin if interested!

**Traffic & Safety Committee Leader:** This is an optional role at our school PAC but very helpful in keeping our kids and community members safe. It involves attending a monthly meeting with North Shore Safety Council and planning any extra safety initiatives at the school that you think would be impactful. Please reach out to Andrea at <a href="mailto:ehpac@wvschools.ca">ehpac@wvschools.ca</a> or speak with Miss Tobin if interested!

## MABEL'S LABELS - FUNDRAISER

Get some handy personalized waterproof name labels for your kids' stuff! Labels ship right to your door. Free Shipping and our school gets 20% of profits.

Simply visit <u>Mabel's Labels</u> and select our school name under campaigns: Eagle Harbour Montessori School. Happy Labelling!



## CONNECT WITH THE EAGLE HARBOUR PAC

**PAC Facebook group** - join our Facebook group; the place to post questions, get recommendations, or share information with the entire EH school community. Join Group

**WhatsApp class group** - every class has a permanent WhatsApp group (same group every year). Parents can update each other, ask questions, set playdates, and whatever else relevant to that class. A parent can choose to join or not and leave the group whenever it's not needed anymore (kid graduated class for example). To join, click the below link from your mobile device:

Class Parent - Vacant <u>Ms.Stephen</u> Class Parent - Emilyn <u>Ms. Hardern</u> Class Parent - Katy Brier <u>Ms. Tobin & Ms. Cameron</u> Class Parent - Sharon Lee Flynn <u>Mr. Price</u>

#### HOT LUNCH ORDERS ARE NOW OPEN

### EAGLE HARBOUR MONTESSORI PAC IS PLEASED TO OFFER HOT LUNCH ON WEDNESDAY, THURSDAY AND FRIDAY



First Order must be placed no later than Sept 21, ( that's today) 2023 for the first munch-a-lunch date of Sept 28, 2023. The system will be left open all term to allow for additions, subtractions and any changes.

Lunches for the Winter term will be delivered from **Thursday Sept 28th until Friday Jan 19th** (with blackouts during pro-d days, holidays and Christmas break). **Important Things to Note:** If your student has **food allergies**, please be aware that we cannot control ingredients used by our various vendors. Each menu has a vegetarian option and most have a gluten free option as well.

#### WHAT'S FOR LUNCH?

Wednesday: A Moveable Feast (each week will be a little different)

- 1) Pasta & Rice Bowl /Hot Lunch
- 2) Hot Dogs/Nuggets/Hot Lunch Items
- 3) Subs & Wraps /Cold Lunch
- 4) Salads/Subs/Soup Lunch

Thursday: Pizza from Fresh Bay

Friday: Sushi from Ichiban Sushi



# HOW TO ORDER YOUR HOT LUNCH

If you are a **returning** Munch a Lunch user at Eagle Harbour click the link Munch a Lunch Login

If you are a **NEW PARENT** to Eagle Harbour follow the instructions listed below

- 1) Visit<u>Munch a Lunch</u> website
- Create your family account by clicking on "New Users click here" and follow the prompts. If you already have an account from last year, your login and password remain the same.
- Review the choices with your child and double check your quantities at the end of the ordering process.
  Scroll down all the way to the bottom to verify your order then press "Submit My Order". Remember, there are no refunds or changes after the deadline.



4) You can pay for your orders by credit card.

5) After creating your account, you can return to your account anytime by clicking on "Returning Users click here".

#### TO TRANSFER SCHOOLS/DUAL SCHOOLS

**Parents can self-transfer their account to a different school. Note:** if you are a parent that has children in **TWO** different schools (ie. requires a dual-account to access either school).

**Please go to:** My Family > Transfer School > click the link at the very top to email support with the 2 school names. Munchalunch will set up the dual-account for you.

Click <u>HOT LUNCH FAQS</u> for frequently asked questions or to contact our hot lunch coordinator at <u>thipfner\_foley@yahoo.com</u>.

This is one of the biggest fundraisers for our school and the PAC appreciates all your support.

# WEST VAN SCHOOL DISTRICT NEWS



# Fall Program Registrations are open: West Vancouver Community **Centre & Gleneagles Community Centre**

Click to view the programs and activities available



stvancouver.ca/eventsandtrips enhonce west erconver

#### Want to learn languages, science, Lego, Chess https://westvancouver.ca/learning

Music Program: https://westvancouver.ca/music Weekly Group & Private Music Lessons – Join the Band, guitar, ukulele, piano, violin, vocal, santoor, clarinet, flute, sax and more...

Are you new in West Vancouver? Come, discover and join us: https://westvancouver.ca/newcomers

Live! Music Series, Thursday, October 19, 4-5pm, Free Come enjoy the musical hour with Gergana Velinova Jazz Trio in the Atrium Event info

#### moving to adulthood

supports for youth with diverse abilities



Please join us for an evening of discussion & transition related resources for youth & families

Inclusive resources and community connections

**Continuing the** supports for diverse learners

**Special visit** From <u>Snoezelen Van</u>



#### The Journey to Adulthood 12-26 year olds

October 4th, 2023 Doors open at 6 pm Event from 6:00 pm - 8:00 pm

North Vancouver Education Services Centre 5th floor - 2121 Lonsdale Avenue, North Vancouver Street parking is available

**RSVP** here drop ins are also welcome!



#### **MONTHLY ONLINE EVENTS FOR PARENTS & CAREGIVERS FALL 2023**

Every month, we host events for parents & caregivers who are parenting a child or youth with a mental health and/ or substance use challenge called "in the know."

SEPTEMBER Mental Health and Preparing for the Transition to Post Secondary Speaker: Dawn Schell, University of Victoria and Melissa Feddersen, University of British Columbia Okanagan

OCTOBER

Working Together: Families and Schools Speakers: Ashley Ragoonaden, Principal at École KLO Middle School

FamilySmart

NOVEMBER **Emotion Regulation** Speaker: Nicole Allen, RCC

DECEMBER ADHD - The Real Deal Speaker: Dr. Don Duncan

Join us to watch a video and talk with other families about what helps Online events are facilitated by FamilySmart Parent Peer Support Workers.

familysmart.ca/events





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#### Open House Information Session for Professionals

TOPICS INCLUDE:

family after a crisis

12pm - 1pm (PST)

DATES

TIME:

How to support a safety plan at home How to take care of yourself and

How to find the resources you need

September 13th, October 4th,

November 8th, December 13th

To register: familysmart.ca/events

The Help for the Hard Times Workshop series provides a framework for parents/caregivers to consider as they support their child after a crisis. The workshop includes practical strategies, tips and tools that support caring, connected relationships.

Join this information session to learn more about Help for the Hard Times, and how you, as a Healthcare Provider, Service Provider, Educator, Police and RCMP can help connect families to this free workshop.



familysmart.ca/workshops



#### CHRIS KENNEDY, WV SCHOOLS SUPERINTENDENT

Get insight into the thoughts and ideas of Chris Kennedy, Superintendent of the West Vancouver School District. Read his latest blogs and follow him on Twitter to learn more from the CEO of WV Schools in: <u>https://cultureofyes.ca/</u> or <u>https://twitter.com/chrkennedy</u>

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