



E-Bulletin

EAGLE HARBOUR MONTESSORI

April 13, 2023

## OUR SILENT AUCTION IS LESS THAN A WEEK AWAY AND OUR AMAZING COORDINATOR RANDEEP HAS A FEW LAST MINUTE REQUESTS AND INFORMATION!

Eagle Harbour Families

We are less than a week away from our Silent Auction and it is time to purchase your tickets for this fabulous fundraiser and community event. **Tickets are \$35 each which includes a burger, beverage, tax and tip.** Such a great deal for such a great cause! For more information click [HERE](#)

To purchase your tickets you can e-transfer Randeep [rstjacques83@gmail.com](mailto:rstjacques83@gmail.com) or bring cash to the school office.

We are still looking for donations for the auction, if you have been unable to secure a donation you can drop a bottle of wine or gift card off at the office for us to include in the auction. Ideally you are able to get a donation from an organization, store or service provider.



## DATES AT A GLANCE

<b>**NEW**</b> After School Programs March - June	Mondays	Ball Lab	<a href="#">CLICK HERE</a> for more information and to register
	Tuesdays	Chess Club	<a href="#">CLICK HERE</a> for more information and to register
	Wednesdays	Artmania	<a href="#">CLICK HERE</a> for more information and to register
April	19	Silent Auction - Get your babysitters booked	
	28	Class Photos & Treat Day	
May	9	PAC Meeting - 9am	
	11	Welcome to Kindergarten Event	
	18	Sports Day - Early Dismissal - 12:30 pm	
	19	PD Day - no school today	
	23	Victoria Day - no school today	
	26	Treat Day	
<a href="#">2022-23 EHMS SCHOOL CALENDAR</a>			

## REMINDER - WE ARE A NUT AWARE SCHOOL

### Allergy Aware School



In order to ensure the safest environment for each of our students, we are now a **NUT AWARE** school. What this means for you and your family - we respectfully ask that no nuts or nut butters of any kind come to school or are in the children's lunches. There are children in our care who are highly allergic to nuts of all kinds.

# LEAVING EARLY OR ARRIVING LATE - WE HAVE A FEW REMINDERS AND REQUESTS

Schedules and routines are extremely important to a child's development and academic achievement as key concepts and lessons begin at the start of our school day. When students are late they:

- miss the chance to meet with their teachers and peers at the door to start the day
- miss the routines and structures that each teacher strategically plans to promote self-regulation to help students get settled in a calm manner

We realize each family juggles many schedules and expectations and we are grateful that your planning includes ensuring that each of our students is supported with the ability to start the day off in a positive and caring way. In the event of a **late arrival or needing to leave early for an appointment** we ask that you notify the school by calling (604) 981 - 1380 or by emailing [aundseth@wvschools.ca](mailto:aundseth@wvschools.ca) or [jmackenzie@wvschools.ca](mailto:jmackenzie@wvschools.ca) .



When you arrive at the school please **come to the office and sign your child in or out depending on the situation**. It is imperative that we account for all of our students and their whereabouts.

## NOT RETURNING NEXT YEAR?

We are working in the office to prepare for September and the 2023-2024 school year. New registrations are being accepted which means making projections about our school size for next fall. If you know your child(ren) will not be returning to Eagle Harbour Montessori in September 2023, please notify Mrs. Undseth as soon as possible via email at [aundseth@wvschools.ca](mailto:aundseth@wvschools.ca). Thank you for helping us keep our records and planning up to date.

# 2023 SUMMER LEARNING WITH WEST VANCOUVER SCHOOLS REGISTRATION OPENED MONDAY, APRIL 3 AT 8:00AM



Are you interested in learning during the summer? West Vancouver Schools will be offering a robust Summer Learning Program for both elementary and secondary students during July 2023.

Online registration for both the elementary and secondary Summer Learning programs opened on Monday, April 3 at 8:00 AM.

More information about courses, locations, attendance etc. can be found on the Summer Learning information flyers ([elementary](#) or [secondary](#)) or on the [Summer Learning Website](#)

## EAGLE HARBOUR MONTESSORI (EHMS) PAC NEWS

### MAY PAC MEETING AND AGM

Thank you for those that attended this week's PAC meeting. Our next meeting will be **May 9th 8:45 - 10 AM**. This will be our Annual General Meeting where we provide a summary of what we have done to date this year as well as plan out the next school year. We welcome any and all input so please join us if you can.

### NEXT WEEK IS NATIONAL VOLUNTEER WEEK APRIL 16-22



Since it is National Volunteer Appreciation next week, we wanted to give a special thanks to all the amazing parents who help make this school so special. Volunteers give the world the greatest gift of care and we are so thankful for all of our amazing parent volunteers.

With that said, we'd like to start a little tradition: the **PAC Shout Out!** If you want to give special thanks and recognition to a volunteer, student, or teacher who goes above and beyond, please email Andrea at [ehpac@wvschools.ca](mailto:ehpac@wvschools.ca) . This is a small gesture to show our appreciation and recognize those that generously give their time and energy to enhance the lives and learning for all our kids.

# PAC SHOUT OUT!

Check out our **School Garden!** Wow, has anyone else noticed the progress of late? We want to give a huge thanks to our Garden Committee. They have been working diligently in their spare time to make the garden flourish. They have also donated many seeds and made trips to garden centers. We can't wait to see the fruits of their labour. Pun intended!

Special thanks to: Chrissy (Kai's Mom), Rose (Erik's Mom), Cathleen (Stella's Mom), Eduardo (Ana Sophia's Dad), Claudia (Ana Sophia's Mom), Ty Okawara-Augustine (Chrissy's nephew), Simone (Rose's friend from Germany) and of course Ms Tobin and the amazing students for their hard work as well.



On Monday, April 24th, we will be hosting an in-person event focusing on building mental health resilience in children at the Kay Meek. Our incredible guest speaker is **Dr. Hayley Watson**, a clinical psychologist and the founder of Open Parachute, a mental health platform created by Clinical Psychologists & Educators supporting the well being of students. For [Tickets](#) or to learn about [Open Parachute](#) please visit the links.

**PLEASE JOIN US FOR AN EVENING WITH DR. HAYLEY WATSON**

In this session, you will be taught skills for building mental health resilience in your child, so they can navigate the challenges they face throughout their academic journey.

You will be given a framework for understanding common barriers to student resilience (stress/overwhelm, perfectionism, low motivation, low self-esteem, unhelpful thoughts etc), and specific tools that you can use to support your child in overcoming these challenges.

**SUCCESSING IN TODAY'S WORLD: HELPING YOUR CHILD LIVE UP TO THEIR FULLEST POTENTIAL**

**Register here**

APRIL 24TH  
\$10 + SERVICE FEE | 7PM-8:30PM  
AT THE KAY MECK THEATRE

If you would like to submit your questions prior to the evening, please email them to [dpac@wvschools.ca](mailto:dpac@wvschools.ca)



## EHMS HOT LUNCH ORDERING IS NOW OPEN

### Winter/Spring Hot Lunch

Parents can NOW log onto their Munch-a-Lunch accounts and place Hot Lunch Orders for our Winter/Spring Session. We know life changes quickly along with our little one's food preferences, so please note:

- Ordering is left OPEN all semester in the event you want or need to make a change to an existing order or cancel an order all together (This must be done 7 days prior to hot lunch day)
- Orders must be placed at least 7 days prior to the next upcoming lunch date
- If your Child's food preferences change and you want to make a change to their upcoming hot lunch, YOU CAN!
- If you book a vacation or know your child will be away 7 days prior to their hot lunch day, you can cancel the order in your account
- In these cases, just log into your account, cancel the order, and then reorder something different from the menu or keep it canceled.
- If you choose to cancel, a credit will be reflected in your account to use for future orders or if not used up by end of year, your Hot Lunch Coordinator can issue a cheque for the refund.
- If your Child is sick or away on a Hot Lunch Day, please email Jenny/Andrea [aundseth@wvschools.ca](mailto:aundseth@wvschools.ca) / [JMackenzie@wvschools.ca](mailto:JMackenzie@wvschools.ca) before lunch that day if you would like them to set it aside for you to pick up later that same day. Otherwise the lunch will be thrown away.

### Eagle Harbour Montessori PAC Is Pleased To Offer Hot Lunch Two Wednesdays A Month & Every Thursday And Friday

#### WHAT ARE THE HOT LUNCH OPTIONS?

1. **2 Wednesdays a month** we offer Hot Lunch from A Moveable Feast  
Options include Hot Dogs, Chicken Fingers, Pasta & Grilled Cheese (Gluten Free & Vegetarian Options available)
2. **Sushi Thursday's**- Every Thursday we offer Hot Lunch from Sushi Katsu  
Options include a variety of Sushi rolls, Miso soup, Gyoza, Teriyaki options, Fried Rice & Spring Rolls (Vegetarian options available)
3. **Pizza Friday's**- Every Friday we offer Hot Lunch from Panago Pizza

Options include individual slice Pizza, personal pizza's, Caesar salad & Cinnamon Sticks (Gluten Free & Vegetarian Options available)

## HOW TO ORDER IF YOU ARE A NEW PARENT TO EAGLE HARBOUR

1. Visit [Munch a Lunch](#) website
2. Create your family account by clicking on "New Users click here" and follow the prompts. If you already have an account from last year, your login and password remain the same.
3. Review the choices with your child and double check your quantities at the end of the ordering process. Scroll down all the way to the bottom to verify your order then press "Submit My Order". Remember, there are no refunds or changes after the deadline.
4. You can pay for your orders by credit card.
5. After creating your account, you can return to your account anytime by clicking on "Returning Users click here."



Tricia Foley (Evelyn's Mom)  
triciafoleycoach@gmail.com



## CONNECT WITH THE EAGLE HARBOUR PAC

**WhatsApp class group** - every class has a permanent WhatsApp group (same group every year). Parents can update each other, ask questions, set playdates, and whatever else relevant to that class. A parent can choose to join or not and leave the group whenever it's not needed anymore (kid graduated class for example). To join, click the below link from your mobile device:

**Class Parent** - Emilyn Golden [Ms.Stephen](#)

**Class Parent** - Carrie Siu and Parisa Serri [Ms. Hardern](#)

**Class Parent** - Katy Brier [Ms. Tobin & Ms. Cameron](#)

**Class Parent** - Sharon Lee Flynn [Mr. Price and Ms. Yu](#)

## COMMUNITY NEWS

### Premier Academies & District Programs



The West Vancouver Premier Academies and District Programs are accepting registrations for a variety of programs from badminton to robotics. For detailed information on all our programs as well as the links to register please check out our [MORE DETAILS](#) section.

The WVS Premier Sports Academies are accepting registrations for the 2023-2024 school year. Please note the following **tryout dates** for students going into Grade 8 to 12 this September.

Students can register online for the Basketball Academy [Basketball | West Vancouver Schools](#) and Volleyball Academy [Volleyball Academy | West Vancouver Schools](#). The Academy Office will provide further communication regarding the try outs.

## CHECK OUT THE SPRING OFFERINGS AT THE WVML

### Spring is in the air!

We have so many fun programs planned for Spring Break, and beyond! Registration is now open. Programs fill up quickly, so register soon! Read on to learn more. [Spring Update from WVML](#)

## HONOUR CHOIR PROGRAM GRADES 5-7

### Ignite Your Passion (IYP): Junior Choir Open for Students



West Vancouver Schools Ignite Your Passion program continues to offer choir for students.

This upcoming 2023-2024 school year, the IYP Junior Choir is open to students Grades 5-7.

Does your child love to sing? If so and students are entering Grades 5, 6 or 7 for the 2023-2024 school year, this IYP Passion Junior Choir is an excellent extension for the music programs offered in our district's elementary schools. Singers will learn vocal techniques, how to sing in harmony, how to express themselves through music, how to begin to analyze a score and read music, how to be a singing actor, and so much more. For more information, please go to the district website by clicking: [Junior Honour Choir](#) We look forward to receiving student registrations! Come on out and sing!

## HOST AN INTERNATIONAL STUDENT

**Open your home and open a student's eyes to the real Canada: real people, real experiences, and real life.**

Apply now and welcome a student for the upcoming 2023/2024 school year.



### **Did you know?**

- Hosting fees are \$1,100 per student per month.
- Many families will host two students which can provide up to \$22,000 per year income subsidy.
- Effective February 1, 2024 the fees increase to \$1,400 per student per month!

Don't miss out, placing students starts now. See below message from an actual student letter joining our program this fall.

*"I genuinely believe that Canada is the place where I belong to. It has everything I'm looking for: contact with nature, beautiful landscapes, friendly people, security, and excellent public schools. But, the main reason why I chose Canada is the people; I will be welcome and feel at home"*

Call Homestay Manager Martina Brazeau for more information at (604) 341 - 0515 or visit [West Vancouver Schools - Host an International Student](#)

# CHRIS KENNEDY, WV SCHOOLS SUPERINTENDENT

Get insight into the thoughts and ideas of Chris Kennedy, Superintendent of the West Vancouver School District. Read his latest blogs and follow him on Twitter to learn more from the CEO of WV Schools in: <https://cultureofyes.ca/> or <https://twitter.com/chrkennedy>

## CONTACT EAGLE HARBOUR MONTESSORI

School Website: [Eagle Harbour Montessori](#)

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