



E-Bulletin

EAGLE HARBOUR MONTESSORI

March 30, 2023

WELCOME BACK!



We were so excited to see all of you this week. The smiles and excitement were endless on both the parents and the students.

As you can see over the break our amazing facilities crew were extremely busy at our little school in the woods. Our parking lot was repaved, our touchless faucets were installed and Mr. Bermillo and his team did a deep clean to make our school sparkle. We want to send a **HUGE** thank you to our facilities crew who work tirelessly behind the scenes making sure our school is in tip top shape.

PARKING REMINDER

Please do not park in the school round-about or in front of the gym doors. This is a safety issue for our children and our

drivers. The space by the gym doors is reserved for emergency vehicles only. **The roundabout** is for drop off and pick only. If you need to get out of your car, help your child with their backpack or walk them inside the school we kindly ask you to park along Marine Drive **OR** by Parc Verdun on Gallagher Place.



LOST AND FOUND

Help! We seem to have acquired a considerable amount of children's clothing over the past couple of months! **Please stop by the office and see if there are any familiar items there. Items still remaining after March 31st will be donated to GoodWill.**



DATES AT A GLANCE

NEW	Mondays	Ball Lab	CLICK HERE for more information and to register
After School Programs March - June	Tuesdays	Chess Club	CLICK HERE for more information and to register
	Wednesdays	Artmania	CLICK HERE for more information and to register
APRIL	6	Purdy's Easter Fundraiser Pick-up (Traffic Circle)	
	7	Good Friday - School not in Session	
	10	Easter Monday - School not in Session	
	11	Last Day to Access your child's CSL Document on the Parent Portal PAC Meeting - 8:45 am	
	19	Silent Auction - Get your babysitters booked	

[2022-23 EHMS SCHOOL CALENDAR](#)

SILENT AUCTION PAC FUNDRAISER



We are 3 weeks away from our annual Silent Auction - we are looking for help from our families collecting donations for this much anticipated community event. Here's what we need from you:

1. Print 5-10 copies of the letter in the link attached: [DONATION LETTER](#) OR PICK THEM UP FROM THE OFFICE
2. Share them with friends and family that may be able to donate products or services for us to auction off
3. Share them with service providers you frequent - hairdressers, grocery stores, stores or anyone else you may think can donate something to the auction
4. Send Randeep (rstjacques83@gmail.com) the donation details or drop off at the office.
5. Reach out to Randeep if you have any questions - we are hoping that each family can find us 2-3 donations!

CSL (COMMUNICATING STUDENT LEARNING) DOCUMENTS

Student CSL documents (Report cards) were published on the MyEd Parent Portal on Friday March 10th. The last day to access these documents is **Tuesday April 11, 2023**.

If you have not already done so, please login <https://westvancouver.schools.ca/family-portal> and familiarize yourself with the parent portal. Most of you will have done this last December, but those of you who have not had a chance should have received a reminder email from me earlier this week with instructions on how to do this. These instructions are listed below for your convenience.

- Click <https://westvancouver.schools.ca/family-portal> to log into MyEd BC with your Family Portal account login information this week.

- To initialize your account you will need to replace the temporary password provided. This must be done on a COMPUTER (PC or laptop) and will not work on a smartphone or tablet.
- If you do not have your login information or need assistance, **please email Mrs Undseth at aundseth@wvschools.ca**

2023 SUMMER LEARNING WITH WEST VANCOUVER SCHOOLS REGISTRATION OPENS MONDAY, APRIL 3 AT 8:00AM



Are you interested in learning during the summer? West Vancouver Schools will be offering a robust Summer Learning Program for both elementary and secondary students during July 2023.

Online registration for both the elementary and secondary Summer Learning programs opens on Monday, April 3 at 8:00 AM.

More information about courses, locations, attendance etc. can be found on the Summer Learning information flyers ([elementary](#) or [secondary](#)) or on the [Summer Learning Website](#).

READING LINK CHALLENGE 2023



Students in Upper Elementary have been busy reading these six books to prepare for the School Level Competition for the reading link challenge hosted by our very Mrs. Smith and the West Vancouver Public Library. Upper Elementarians will be finalizing their teams and studying hard in the coming weeks!

The Reading Link Challenge will take place on **Wednesday, April 19th from 10:45 am – 12:10 pm**. The in-person competition will be run by Lise, the Youth Librarian from the West Van Memorial

Library, and will be held in the **Caulfeild Learning Commons this year for our Eagle Harbour Teams**. More information to follow. The winners in both schools will advance to the District Level Challenge which will be held on **Wednesday, May 3rd from 1:00 – 2:30 pm at the W**.

LEARNING SURVEYS

Each year in British Columbia, students in grades 4 and 7 are asked to complete the Learning Surveys. The learning survey asks students questions about their school experiences. Parents with children in Grades 4 and 7 are also invited to complete a parent survey. A parent may complete a survey for each child in the targeted grades. The parent survey is available in English, French and 16 other languages. Parents can complete surveys on their own time by clicking [LEARNING SURVEY](#).

EAGLE HARBOUR MONTESSORI (EHMS) PAC NEWS

FEBRUARY PAC MEETING MINUTES AND NEXT PAC MEETING

February Meeting Minutes available [here](#). Our next meeting is **April 11th 8:45 AM**; please find the agenda [here](#). All parents and guardians are welcome to attend!



PLEASE JOIN US FOR AN EVENING WITH DR. HAYLEY WATSON

In this session, you will be taught skills for building mental health resilience in your child, so they can navigate the challenges they face throughout their academic journey.

You will be given a framework for understanding common barriers to student resilience (stress/overwhelm, perfectionism, low motivation, low self-esteem, unhelpful thoughts etc.) and specific tools that you can use to support your child in overcoming these challenges.

SUCCEEDING IN TODAY'S WORLD: HELPING YOUR CHILD LIVE UP TO THEIR FULLEST POTENTIAL

APRIL 24TH
\$10 + SERVICE FEE | 7PM-8:30PM
AT THE KAY MEEK THEATRE

Register [here](#)

If you would like to submit your questions prior to the evening, please email them to dpac@wvschools.ca

A circular portrait of Dr. Hayley Watson, a woman with long blonde hair, smiling.

On Monday, April 24th, we will be hosting an in-person event focusing on building mental health resilience in children at the Kay Meek. Our incredible guest speaker is **Dr. Hayley Watson**, a clinical psychologist and the founder of Open Parachute, a mental health platform created by Clinical Psychologists & Educators supporting the well being of students. For [Tickets](#) or to learn about [Open Parachute](#) please visit the links.

SLEEP WEEK APRIL 3 -6



Are you waking up tired or staying up too late? You're not alone! Research is showing that many of us are not getting enough sleep. To bring awareness to our need for sleep and promote healthy sleep habits, West Vancouver Schools is celebrating Sleep Week from April 3-6.

DID YOU KNOW?

1 in 4 children and teens are NOT getting enough sleep! To do their best and be as healthy as possible children and teens need adequate sleep.

[SLEEP GUIDELINES BY AGE](#)

3-6 Y	11-13 hours
7-10 Y	10-11 hours
10-12 Y	9-11 hours
13-18 Y	10 hours
Adult	7+ hours



The week will culminate in a district-wide Pajama Day April 6th. See more info here:

[Sleep Week For Families](#)

AFTER SCHOOL PROGRAMS MARCH - JUNE 2023

BALL LAB MONDAYS - GRADES 1 - 5

After School Basketball
March 27-June 19, 2023

11 sessions (no classes on April 20 & May 22)
Mondays 2:40 - 3:40 pm

(note this is the correct timing and is not reflected on the registration page.)

\$300 (T-shirt included)

Minimum 10 registrants to run the program

[CLICK HERE](#) for more information and to register



CHESS CLUB TUESDAYS - GRADES 1 - 5

April 4- June 27, 2023

Tuesdays 2:40 - 3:40

13 sessions

\$195

[CLICK HERE](#) for more information and to register



ART MANIA WEDNESDAYS - GRADES K - 5

Acting Games with Art Mania

April 12-June 14, 2023

10 sessions

Wednesday - 2:40 - 3:40

\$270

[CLICK HERE](#) for more information and to register



EHMS HOT LUNCH ORDERING IS NOW OPEN

Winter/Spring Hot Lunch

Parents can NOW log onto their Munch-a-Lunch accounts and place Hot Lunch Orders for our Winter/Spring Session. We know life changes quickly along with our little one's food preferences, so please note:

- Ordering is left OPEN all semester in the event you want or need to make a change to an existing order or cancel an order all together (This must be done 7 days prior to hot lunch day)
- Orders must be placed at least 7 days prior to the next upcoming lunch date

- If your Child's food preferences change and you want to make a change to their upcoming hot lunch, YOU CAN!
- If you book a vacation or know your child will be away 7 days prior to their hot lunch day, you can cancel the order in your account
- In these cases, just log into your account, cancel the order, and then reorder something different from the menu or keep it canceled.
- If you choose to cancel, a credit will be reflected in your account to use for future orders or if not used up by end of year, your Hot Lunch Coordinator can issue a cheque for the refund.
- If your Child is sick or away on a Hot Lunch Day, please email Jenny/Andrea aundseth@wvschools.ca / JMackenzie@wvschools.ca before lunch that day if you would like them to set it aside for you to pick up later that same day. Otherwise the lunch will be thrown away.

Eagle Harbour Montessori PAC Is Pleased To Offer Hot Lunch Two Wednesdays A Month & Every Thursday And Friday

WHAT ARE THE HOT LUNCH OPTIONS?

1. **2 Wednesdays a month** we offer Hot Lunch from A Moveable Feast
Options include Hot Dogs, Chicken Fingers, Pasta & Grilled Cheese (Gluten Free & Vegetarian Options available)
2. **Sushi Thursday's**- Every Thursday we offer Hot Lunch from Sushi Katsu
Options include a variety of Sushi rolls, Miso soup, Gyoza, Teriyaki options, Fried Rice & Spring Rolls (Vegetarian options available)
3. **Pizza Friday's**- Every Friday we offer Hot Lunch from Panago Pizza
Options include individual slice Pizza, personal pizza's, Caesar salad & Cinnamon Sticks (Gluten Free & Vegetarian Options available)

HOW TO ORDER IF YOU ARE A NEW PARENT TO EAGLE HARBOUR

1. Visit [Munch a Lunch](#) website
2. Create your family account by clicking on "New Users click here" and follow the prompts. If you already have an account from last year, your login and password remain the same.
3. Review the choices with your child and double check your quantities at the end of the ordering process. Scroll down all the way to the bottom to verify your order then press "Submit My Order". Remember, there are no refunds or changes after the deadline.
4. You can pay for your orders by credit card.
5. After creating your account, you can return to your account anytime by clicking on "Returning Users click here."



Tricia Foley (Evelyn's Mom)
triciafoleycoach@gmail.com



CONNECT WITH THE EAGLE HARBOUR PAC

WhatsApp class group - every class has a permanent WhatsApp group (same group every year). Parents can update each other, ask questions, set playdates, and whatever else relevant to that class. A parent can choose to join or not and leave the group whenever it's not needed anymore (kid graduated class for example). To join, click the below link from your mobile device:

Class Parent - Emilyn Golden [Ms.Stephen](#)

Class Parent - Carrie Siu and Parisa Serri [Ms. Hardern](#)

Class Parent - Katy Brier [Ms. Tobin & Ms. Cameron](#)

Class Parent - Sharon Lee Flynn [Mr. Price and Ms. Yu](#)

COMMUNITY NEWS

Premier Academies & District Programs



The West Vancouver Premier Academies and District Programs are accepting registrations for a variety of programs from badminton to robotics. For detailed information on all our programs as well as the links to register please check out our [MORE DETAILS](#) section.

The WVS Premier Sports Academies are accepting registrations for the 2023-2024 school year. Please note the following **tryout dates** for students going into Grade 8 to 12 this September.

Students can register online for the Basketball Academy [Basketball | West Vancouver Schools](#) and Volleyball Academy [Volleyball Academy | West Vancouver Schools](#). The Academy Office will provide further communication regarding the try outs.

VOLLEYBALL ACADEMY TRYOUTS

Thursday March 30th 3:30 to 5:00 West Van Secondary New Gym

BASKETBALL ACADEMY TRYOUTS

Tuesday April 4th (RTC 1 & 2) 3:30 to 5:00 West Van Secondary Old Gym

Wednesday April 5th (Development) - 3:30 to 5:00 West Van Secondary Old Gym

CHECK OUT THE SPRING OFFERINGS AT THE WVML

Spring is in the air!

We have so many fun programs planned for Spring Break, and beyond! Registration is now open. Programs fill up quickly, so register soon! Read on to learn more. [Spring Update from WVML](#)

HONOUR CHOIR PROGRAM GRADES 5-7

Ignite Your Passion (IYP): Junior Choir Open for Students



West Vancouver Schools Ignite Your Passion program continues to offer choir for students.

This upcoming 2023-2024 school year, the IYP Junior Choir is open to students Grades 5-7.

Does your child love to sing? If so and students are entering Grades 5, 6 or 7 for the 2023-2024 school year, this IYP Passion Junior Choir is an excellent extension for the music programs offered in our district's elementary schools. Singers will learn vocal techniques, how to sing in harmony, how to express themselves through music, how to begin to analyze a score and read music, how to be a singing actor, and so much more. For more information, please go to the district website by clicking: [Junior Honour Choir](#) We look forward to receiving student registrations! Come on out and sing!

HOST AN INTERNATIONAL STUDENT

Open your home and open a student's eyes to the real Canada: real people, real experiences, and real life.

Apply now and welcome a student for the upcoming 2023/2024 school year.



Did you know?

- Hosting fees are \$1,100 per student per month.
- Many families will host two students which can provide up to \$22,000 per year income subsidy.
- Effective February 1, 2024 the fees increase to \$1,400 per student per month!

Don't miss out, placing students starts now. See below message from an actual student letter joining our program this fall.

"I genuinely believe that Canada is the place where I belong to. It has everything I'm looking for: contact with nature, beautiful landscapes, friendly people, security, and excellent public schools. But, the main reason why I chose Canada is the people; I will be welcome and feel at home"

Call Homestay Manager Martina Brazeau for more information at (604) 341 - 0515 or visit [West Vancouver Schools - Host an International Student](#)

CHRIS KENNEDY, WV SCHOOLS SUPERINTENDENT

Get insight into the thoughts and ideas of Chris Kennedy, Superintendent of the West Vancouver School District. Read his latest blogs and follow him on Twitter to learn more from the CEO of WV Schools in: <https://cultureofeyes.ca/> or <https://twitter.com/chrkennedy>

CONTACT EAGLE HARBOUR MONTESSORI

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