



E-Bulletin EAGLE HARBOUR MONTESSORI FEB 9 , 2023

IN PERSON STUDENT LED CONFERENCES ARE BACK - CAN YOU FEEL THE PRIDE AND SEE THE JOY!



Thank you to all of the families, and by all, we mean 98% of our families attended our first in person student-led conferences since 2020! The excitement, pride and joy on all of your faces was worth the wait. The children shared their learning journeys with enthusiasm, pride and grace. The smiles and laughter could be seen and heard from miles away.

DATES AT A GLANCE

After School Programs Jan - March 8	Mondays	Ball Lab	CLICK HERE for more information and to register
	Tuesdays	Chess Club	CLICK HERE for more information and to register
	Wednesdays	Artmania	CLICK HERE for more information and to register
FEBRUARY	9	Student Led Conferences	
	14	PAC Meeting - 8:45 Library	
	14	It's a Valentines Day Afternoon Dance Party - Sponsored by the EHMS PAC - more information below.	
	16	DreamRider Theatre - Zero Heroes	
	17-20	District Reading Break & Provincial Family Day Holiday School is NOT in Session Friday or Monday	
	22	Pink Shirt Day	
	24	TCBY Treat Day - Bring your \$3.00	
	17-20	District Reading Break & Provincial Family Day Holiday School is NOT in Session Friday or Monday	
MARCH	10	Last day of classes before Spring Break	
	13-24	Spring Break - no classes	
2022-23 EHMS SCHOOL CALENDAR			

VALENTINE'S DAY AFTERNOON DANCE PARTY



Thanks to our amazing PAC for this wonderful opportunity. On the afternoon of February 14th the team from **DancePL3y** will have us all moving and grooving in no time. We are inviting everyone to bust out their favourite red or pink outfits to get in the kindness spirit. There will be two sessions one for the Lower Elementary students and one for the Kindies and their big buddies in Upper Elementary.

CUTLERY FOR HOT LUNCH

REMINDER: Please send cutlery to school for your child if they are participating in the hot lunch program. We will not be handing out cutlery to our students and the vendors do not supply cutlery with the children's meals.



ADMISSIONS 2023-24

Registration for all grades including out of catchment and out of district students is now open as of 8AM on January 16, 2023.

If you know a family interested in attending EHMS next year, please direct them to our school or district website to begin the registration process.



SCHOOL BUDGET FEEDBACK FOR THE 2023/24 SCHOOL YEAR

Each year the West Vancouver School District seeks input from our community to help develop our annual budget. We invite you to share your feedback on priority areas for next year's operating budget by clicking [Budget Feedback 2023/24](#)

LEARNING SURVEYS

Each year in British Columbia, students in grades 4 and 7 are asked to complete the Learning Surveys. The learning survey asks students questions about their school experiences. Parents with children in Grades 4 and 7 are also invited to complete a parent survey. A parent may complete a survey for each child in the targeted grades. The parent survey is available in English, French and 16 other languages. Parents can complete surveys on their own time by clicking [LEARNING SURVEY](#).

WHATEVER THE WEATHER

As you all know, here in BC we can have every type of weather, sometimes within the hour! Please be sure to send your child to school in weather **appropriate clothing** and **keep a dry change of clothes in their bag** or at school in the event that they succumb to the lure of the mud puddle. Unless the weather is deemed too dangerous, we will always head outside for recess and lunch.



SEASONAL HEALTH INFO FOR PARENTS

Vaccinations remain the best defence against both influenza and COVID-19. [Beyond Vaccinations](#) there are basic things we can all do to help prevent the spread of respiratory illness:

- Stay at home if you feel unwell and try to avoid spending time with people at higher risk of serious illness.
- Practice respiratory etiquette: Wear a mask in crowded, public spaces, and cough and sneeze into your elbow.
- Clean your hands regularly.
- Avoid touching your face, especially your eyes, mouth and nose.
- For more information, visit [BC Centre for Disease Control](#) or the [Provincial Infection Control Network](#) of British Columbia.



Please click on the link [Cold Flu COVID Parent Resources for Flu Season Poster](#) and [Parent Resources for Flu Season](#) for more information.

EAGLE HARBOUR MONTESSORI (EHMS) PAC NEWS

FEBRUARY PAC MEETING

The next PAC meeting will be held, in person, on **February 14, 2023 at 8:45 AM** in the library.

All parents and guardians are welcome to attend! Here is the [PAC Meeting Agenda](#).

CAN YOU HELP OUT OUR AMAZING FUNDRAISER - RANDEEP?

CALLING ALL OR ANY PHOTOGRAPHERS



The PAC is looking for a parent photographer who would be willing to volunteer their time for the Family Photo Fundraiser later this year. If you are interested in learning more please reach out to our lovely Fundraising Coordinator Randeep (Jordan's Mom) rstjacques83@gmail.com

SILENT AUCTION COMING SOON - WE NEED YOU!

We need your help Parents! We need a few people to help plan out the Silent Auction Fundraiser coming this April. This is a big event that raises money for the school and our kids so if you're available please reach out to our wonderful Fundraising Coordinator Randeep (Jordan's Mom) rstjacques83@gmail.com



VACANT PAC EXECUTIVE POSITION COMING UP!

With deep gratitude and appreciation to our outgoing Fundraising Coordinator Randeep St. Jacques (Jordan's mom), we are looking to fill this position for the next school year. The Fundraising Coordinator is an integral part of our school community and truly has a big impact on our kids' lives and learning.

If you are thinking about getting more involved in the school this may be a great opportunity. To learn more or to nominate someone, please email Andrea at ehpac@wvschools.ca

DISTRICT PAC UPDATES

West Vancouver Schools' DPAC invites you to take part in a Parent Learning Opportunity Survey regarding some upcoming events on equity, diversity and inclusion - the survey can be found [HERE](#)

EHMS HOT LUNCH ORDERING IS NOW OPEN

Winter/Spring Hot Lunch

Parents can NOW log onto their Munch-a-lunch accounts and place Hot Lunch Orders for our Winter/Spring Session. We know life changes quickly along with our little one's food preferences, so please note:

- Ordering is left OPEN all semester in the event you want or need to make a change to an existing order or cancel an order all together (This must be done 7 days prior to hot lunch day)
- Orders must be placed at least 7 days prior to the next upcoming lunch date
- If your Child's food preferences change and you want to make a change to their upcoming hot lunch, YOU CAN!
- If you book a vacation or know your child will be away 7 days prior to their hot lunch day, you can cancel the order in your account
- In these cases, just log into your account, cancel the order, and then reorder something different from the menu or keep it canceled.
- If you choose to cancel, a credit will be reflected in your account to use for future orders or if not used up by end of year, your Hot Lunch Coordinator can issue a cheque for the refund.
- If your Child is sick or away on a Hot Lunch Day, please email Jenny/Andrea aundseth@wvschools.ca / JMackenzie@wvschools.ca before lunch that day if you would like them to set it aside for you to pick up later that same day. Otherwise the lunch will be thrown away.

Eagle Harbour Montessori PAC Is Pleased To Offer Hot Lunch Two Wednesdays A Month & Every Thursday And Friday

WHAT ARE THE HOT LUNCH OPTIONS?

1. **2 Wednesdays a month** we offer Hot Lunch from A Moveable Feast
Options include Hot Dogs, Chicken Fingers, Pasta & Grilled Cheese (Gluten Free & Vegetarian Options available)
2. **Sushi Thursday's-** Every Thursday we offer Hot Lunch from Sushi Katsu

Options include a variety of Sushi rolls, Miso soup, Gyoza, Teriyaki options, Fried Rice & Spring Rolls (Vegetarian options available)

3. **Pizza Friday's**- Every Friday we offer Hot Lunch from Panago Pizza

Options include individual slice Pizza, personal pizza's, Caesar salad & Cinnamon Sticks (Gluten Free & Vegetarian Options available)

HOW TO ORDER IF YOU ARE A NEW PARENT TO EAGLE HARBOUR

1. Visit [Munch a Lunch](#) website
2. Create your family account by clicking on "New Users click here" and follow the prompts. If you already have an account from last year, your login and password remain the same.
3. Review the choices with your child and double check your quantities at the end of the ordering process. Scroll down all the way to the bottom to verify your order then press "Submit My Order". Remember, there are no refunds or changes after the deadline.
4. You can pay for your orders by credit card.
5. After creating your account, you can return to your account anytime by clicking on "Returning Users click here."



Tricia Foley (Evelyn's Mom)
triciafoleycoach@gmail.com



CONNECT WITH THE EAGLE HARBOUR PAC

WhatsApp class group - every class has a permanent WhatsApp group (same group every year). Parents can update each other, ask questions, set playdates, and whatever else relevant to that class. A parent can choose to join or not and leave the group whenever it's not needed anymore (kid graduated class for example). To join, click the below link from your mobile device:

Class Parent - Emilyn Golden [Ms.Stephen](#)

Class Parent - Carrie Siu and Parisa Serri [Ms. Hardern](#)

Class Parent - Katy Brier [Ms. Tobin & Ms. Cameron](#)

Class Parent - Sharon Lee Flynn [Mr. Price and Ms. Yu](#)

COMMUNITY NEWS



IPALS PROGRAM Immigrant Parents as Literacy Supporters

PROGRAM #1

with Mandarin translation

Mondays, 12:00 - 2:30 PM
Hollyburn StrongStart Room
(1329 Duchess Ave West Vancouver)

January 9, 16, 23, 30,
February 6, 13, 27, March 6

Tuesday, March 7 | 6:30 - 7:30 PM
Virtual Question and Answer on MS Teams

PROGRAM #2

with Farsi translation

Tuesdays, 5:00 - 7:30 PM
Hollyburn StrongStart Room
(1329 Duchess Avenue West Vancouver)

January 10, 17, 24, 31,
February 7, 14, 21, 28

Tuesday, March 7 | 6:30 - 7:30 PM *Connect. Care. Love where you live.*
Virtual Question and Answer on MS Teams



What is IPALS?

IPALS is a literacy program for newcomer families with children from 3-5 years old.

Parents and caregivers learn strategies to encourage their young children to develop language and literacy skills to help them connect to their community and school learning systems.

Free, Fun Learning

Due to funding requirements priority registration is given to those with a Permanent Resident card.

For more information or to register, please email:
ddevita@wvschools.ca



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Immigration, Refugees
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Youth & Vaping: Information, Considerations, Impacts

**Thursday
Feb 9, 2023
7-9 pm
Handsworth
Secondary**

**FREE
Parent
Community
Conversation**



Key Note Speakers:

Dr. Milan Khara
Medical Lead: VGH Smoking
Cessation Clinic

Lindsay MacDonald
Tobacco & Vapour Reduction
Coordinator
VCH

Let's talk

- Products
- Stats
- Health
- BC Legislation
- Local Supports
- And More...

Register here

<https://youth-vaping.eventbrite.com>

North Vancouver
School District
the natural place to learn™

FOUNDRY
NORTH SHORE



Ministry of Education and Child Care

The Ministry of Education and Child Care has put out a bulletin for parents and guardians with resources on how to talk with children and youth about the [Decriminalization of Substances](#). Click the link for all the details.



PARENT EDUCATION NIGHT

SOLUTIONS TO COMBAT THE MENTAL & PHYSICAL HEALTH CRISIS IN OUR COMMUNITY

Date: Wednesday, March 1, 2023

Time: 7:00 p.m. - 8:00 p.m.

Location: West Vancouver Secondary Gymnasium

Cost: Free

Presenters: Diane Nelson, Director of Instruction
Amber Pascual & Erin Crawford, WVS Physical Literacy Mentors
Dr. Alex Choi, Medical Health Officer for the North Shore
Dr. Guy Faulkner, UBC Professor & Chair, Applied Public Health, School of Kinesiology

Childcare for children ages 4-12 will be offered for parents during this evening session. If parents would like to take advantage of this opportunity, you MUST register so that we can adequately plan for the care of the children. To confirm your child's spot, please RSVP to Tara Ledingham: tledingham@wvschools.ca

This presentation is designed to inform parents of the ongoing important work that is happening across the district in the area of Physical Literacy. A distinguished line-up of presenters will provide interesting statistics, data, and other information that outlines not only why focusing on the importance of movement, wellness, and social connectedness is preventative medicine, but also how parents can use their influence to be the ultimate difference makers in the overall trajectory of students' physical and mental wellbeing.



Alex Choi

Dr. Alex Choi is the Medical Health Officer for the North Shore. She is a dual-certified family physician and public health specialist physician, and a Clinical Instructor at UBC. In addition to a Medical Degree from McMaster University, she holds a Master's degree in Clinical Epidemiology from UBC. Prior to arriving on the North Shore, she served populations through public health work at the local, regional, and international levels.



Dr. Guy Faulkner

Guy Faulkner is a Professor and Chair in Applied Public Health in the School of Kinesiology, University of British Columbia. As lead of the Population Physical Activity Lab (kin.ubc.ca/pop-palab), he is an internationally recognized expert in physical activity and public health with a particular interest in the relationship between physical activity and mental health in children and adults. He is currently Chair of the ParticipACTION Research Advisory Group and is a Research Work Group member for the 2022 ParticipACTION Report Card on Physical Activity for Children and Youth.

FREE EVENT



Baseball Academy

Join us!

West Vancouver Schools is celebrating 10 years operating the Premier Baseball Academy where the elite student-athletes have advanced to play on Provincial and National teams, as well as both College and Professional baseball. The reason for our program's success is that we focus on long-term development that aligns within the Provincial and National team high-performance pathway. Come on out to learn more about this affordable academy that provides the athletes with a clear pathway towards post-secondary baseball.



Open House

When: **Thursday, February 23rd 7:00 - 8:00 pm**
Location: Library at West Vancouver Secondary School, 1750 Mathers Avenue, West Vancouver

What's new?

Beginning in the fall there will be an educational component that is designed to help parents and students understand and navigate the pathway forward in the sport of baseball!



RSVP

To hear more about this exciting program please RSVP to Tara Ledingham tledingham@wvschools.ca

Affordable, first class high performance training from elite coaches at either Inside Performance OR Parkgate Park, for course credits and all during school hours.

CHRIS KENNEDY, WV SCHOOLS SUPERINTENDENT

Get insight into the thoughts and ideas of Chris Kennedy, Superintendent of the West Vancouver School District. Read his latest blogs and follow him on Twitter to learn more from the CEO of WV Schools in: <https://cultureofyes.ca/> or <https://twitter.com/chrkenedy>

CONTACT EAGLE HARBOUR MONTESSORI

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