



IMPORTANT INFORMATION
PLEASE HAVE THIS TRANSLATED

RENSEIGNEMENTS IMPORTANTS
Prière de les faire traduire.

重要資料
請找人為你翻譯

これはたいせつなお知らせです。
どなたかに日本語に訳してもらってください。

알려드립니다
이것을 번역해 주십시오

CHỈ DẪN QUAN TRỌNG
Xin nhờ người dịch hộ

ਜ਼ਰੂਰੀ ਜਾਣਕਾਰੀ
ਕਿਰਪਾ ਕਰਕੇ ਕਿਸੇ ਕੋਲੋਂ ਇਸ ਦਾ ਉਲੇਖਾ ਕਰਵਾਓ।

INFORMACIÓN IMPORTANTE
Busque alguien que le traduzca.

اطلاعات مهم و سودمند
لطفاً از یک نفر بخواهید که برای شما ترجمه کند

ITO AY MAHALAGANG IMPORMASYON
Isalin sa wikang tagalog kung hindi maintindihan

يرجى ترجمة هذا
معلومات هامة

ВАЖНАЯ ИНФОРМАЦИЯ
Переведите это, пожалуйста.

E-Bulletin

EAGLE HARBOUR MONTESSORI

Oct. 6th, 2022

CONGRATULATIONS TO OUR CROSS COUNTRY TEAM

District Cross-Country Meets may be over, but the triumph of competing and learning to go the distance endure. Congratulations to our fantastic team of runners who represented our school SO WELL!



Wishing everyone a wonderful, gratitude and laughter-filled long weekend ... see you on Tuesday!



DATES AT A GLANCE

	10	THANKSGIVING - School is not in Session
	11	PAC Meeting - 9:00 am. School Library. All Parents enthusiastically invited.
	12	Upper El's field trip to West Van Memorial Library Grades 1/2/3 field trip to Waterfront Theatre, Granville Island
	13	Wine Fundraiser - Details below
	20	SHAKEOUT BC - Province-wide Earthquake Drill
	21	Provincial Pro-D Day - School is not in Session
	24	Diwali
	26	Student Photo RETAKES
	31	Historical Halloween

PARENT TEACHER CONFERENCES



Our first day of Parent-teacher conferences was yesterday. It is wonderful to see such interest and partnership happen between our staff and families. Communication between home and school is a critical piece to supporting our students and helping them be the best learners they can be. Our teachers will provide families with regular ongoing classroom updates throughout the year. They may also contact you when they require extra assistance and support from you at home. We hope these

first weeks of school have been positive for your child and family and you are feeling even more connected to your child's teacher after conferencing this week.

OUR HIGHLY ANTICIPATED WINE NIGHT FUNDRAISER IS BACK

OCTOBER 13 6:00PM - 9:00PM



Thursday, October 13th 6:00-9:00pm

FALL WINE SOCIAL

An evening of good food, good fun, and our signature WINE RAFFLE
FOR ADULTS ONLY

DONATE
a bottle of wine (or equivalent) for raffle
(to Randeep/or Pam in office by Oct. 7th)

RESERVE
tickets are \$15/each or 2 for \$20
(Pam in office)

ENJOY
at the home of the St. Jacques
5775 Westport Road
West Vancouver, BC

QUESTIONS?
Text Randeep at (604) 356-0959

HOW CAN YOU GET INVOLVED?

Donate wine, spirits, cider, craft beer or non alcoholic drinks by **Oct 7** for our amazing raffle baskets.

Please drop your donation off at the school office or with Randeep. We ask that every Eagle Harbour family donate something for the raffle. If anyone has any extra baskets we really could use those too!

Buy tickets from the school office (\$15 each or 2 for \$20)

Come to the event between 6:00pm and 9:00pm ready to have some fun, food, purchase raffle tickets and get to know your amazing community!

VOLUNTEER AT THE EVENT

OCTOBER 13TH - after drop off - help make baskets from 8:45am - 10:45am at Randeep's home - looking for 4 volunteers

DURING THE EVENT - sell raffle tickets - looking for 3 volunteers

AFTER THE EVENT - help clean up between 9:00pm - 9:30pm - looking for 3 volunteers

As always you can text Randeep (604-356-0959) with any questions and to volunteer!



MANDATORY ANNUAL FORMS - NOW PAST DUE

[Online Policies and Procedures Forms](#) must be completed asap for each student. These include photo permissions and local off site walk-about permissions (so we can take our classes to the park across the street or the beach!)

[Emergency Release and ID Forms](#) - Two hard copy forms that are vital for the success of our emergency release program. Please complete these forms for each student in your household and return them to the school ASAP.

DAILY HEALTH CHECK REMINDERS

Performing a Daily Health Check: Families should continue to perform the [daily health check](#) with your child(ren) prior to drop off each morning. If your child is not feeling well, **please do not send them to school.** The [BC Self-Assessment Tool](#) or [When to get tested](#) page are the most up to date resources to determine if you need testing.



We will continue to encourage our families to keep their children home when they are sick – doing so, helps to keep other learners, staff, and other families in our community healthy.

There are some protocols that we will continue to keep in place as they are very helpful and benefit all our learning community members.

If you will be visiting your child's teacher, appointments are still appreciated. We would also ask that you please sign-in in at the main entrance beside the office when you visit inside the school.

MASKS - As per current Ministry mandates, masks are optional for students in Kindergarten to Grade 7.

WE ARE A NUT AWARE SCHOOL



In order to ensure the safest environment for each of our students, we are now a **NUT AWARE** school. What this means for you and your family - we respectfully ask that no nuts or nut butters of any kind come to school or are in the children's lunches.

CUTLERY FOR HOT LUNCH

REMINDER: Please send cutlery to school for your child if they are participating in the hot lunch program. We will not be handing out cutlery to our students and the vendors do not supply cutlery with the children's meals.



EAGLE HARBOUR MONTESSORI (EHMS) PAC NEWS

EAGLE HARBOUR MONTESSORI PAC IS PLEASED TO OFFER HOT LUNCH ON WEDNESDAY, THURSDAY AND FRIDAYS



Important Things to Note:

- If your student has food allergies, please be aware that we cannot control ingredients used by our various vendors. Each menu has a vegetarian option and most have a gluten free option as well.
- 2 Wednesday's per month A Moveable Feast
 - Thursday is sushi offered by Sushi Katsu
 - Friday is Pizza offered by Panago Pizza
 - Click [HOT LUNCH FAQS](#) for frequently asked questions or to contact our hot lunch coordinator at thipfner_foley@yahoo.com

How to Order if you are a new parent to Eagle Harbour

1. Visit [Munch a Lunch](#) website
2. Create your family account by clicking on "New Users click here" and follow the prompts. If you already have an account from last year, your login and password remain the same.
3. Review the choices with your child and double check your quantities at the end of the ordering process. Scroll down all the way to the bottom to verify your order then press "Submit My Order". Remember, there are no refunds or changes after the deadline.
4. You can pay for your orders by credit card.

5. After creating your account, you can return to your account anytime by clicking on "Returning Users click here".

How to Order if you are a returning Munch a Lunch user at Eagle Harbour
Returning parents go can directly to the [Munch a Lunch Login](#)

To Transfer Schools/Dual Schools:

Note: if you are a parent that has children in TWO different schools (ie. requires a dual-account to access either school) please go to: My Family > Transfer School > click the link at the very top to email support with the 2 school names. Munchalunch will set up the dual-account for you.

PAC MEETING Oct. 11



The next PAC meeting will be held in person on **October 11, 2022 at 9:00am** in the library. All parents and guardians are welcome to attend. If you prefer to join virtually click this [PAC MEETING LINK](#) Our **October** agenda can be found [HERE](#). **September 13th** PAC meeting minutes can be found [HERE](#)

TWO CLASS PARENTS STILL WANTED

Class parents needed. If you would like to volunteer to be a class parent please contact our PAC chair Andrea andreajoyhladik@gmail.com or see Miss Tobin.



CONNECT WITH THE EAGLE HARBOUR PAC

1. **PAC Facebook group** - active Facebook group to build community by sharing information and promoting connectedness. The place to post questions, get recommendations, or share information with the entire EH school community. [Join Group](#)

2. **WhatsApp class group** - every class has a permanent WhatsApp group (same group every year). Parents can update each other, ask questions, set playdates, and whatever else relevant to that class. A parent can choose to join or not and leave the group whenever it's not needed anymore (kid graduated class for example). To join, click the below link from your mobile device:

- Class Parent - Emilyn Golden [Ms.Stephen](#)
- Class Parent - TBA [Ms. Hardern](#)
- Class Parent - Katy Brier [Ms. Tobin & Ms. Cameron](#)
- Class Parent - TBA [Mr. Price and Ms. Sutcliffe](#)

FALL 2022 AFTER SCHOOL PROGRAMS

BASKETBALL AFTER SCHOOL PROGRAM - MONDAYS

Grades 1 - 5

2:45-3:45 pm

October 17 to December 12 (8 sessions minus Nov 14)

Cost \$180 plus taxes

Includes BALL LAB t-shirt

[Register Here](#)

Our after school basketball program is designed for first time basketball players and players with some experience to learn the basic fundamentals of the game through small sided games. Our focus is on giving all athletes an opportunity to be exposed to the game in an inclusive, fun, and dynamic environment.



ARTMANIA - VISUAL ARTS PROGRAM - TUESDAYS

Grades 1-5

2:40-3:40

September 13 - Oct 25 2022 (7 classes) ARCHITECTURE & SCULPTURE

Cost \$189



This class is for the student that loves to build and create! Students will learn how to draw buildings and interiors and sculpt their designs too! Essential concepts include one and two point perspective, drafting floor-plans, elevations and engineering and design- ing structures. [Register Here](#)

Grades K - 5

2:40 - 3:40

November 1 - Dec 13 2022 (7 classes) STORYTELLING THROUGH ART

Cost \$189

Students will hear stories about famous artists throughout history, while learning essential painting skills to build their art toolbox. This is an opportunity to introduce the masters early in your child's art education, that will inspire exploration and discovery. A great way to help children relate to artists from more than a century ago in a memorable way. [Register Here](#)

ARTMANIA - THE ACTING CLUB K-5 - WEDNESDAYS

2:40-3:40

September 14 - Oct 26 (6 classes)

Cost \$162

(no class October 5th)

Join us with your friends to develop your creativity while strengthening your basic knowledge of acting with our industry professionals. Play is essential for the improvement and development of physical, cognitive and emotional well-being of children, helping them forge and reaffirm their personality. Join us once a week this fall for a fun time, getting goofy with your friends! [Register Here](#)



Nov 2 - Dec 14 (7 classes)

Cost \$196

Join us with your friends to develop your creativity while strengthening your basic knowledge of acting with our industry professionals. Play is essential for the improvement and development of physical, cognitive and emotional well-being of children, helping them forge and reaffirm their personality. Join us once a week this fall for a fun time, getting goofy with your friends! [Register Here](#)

COMMUNITY NEWS



enhance
WEST VAN

FUN FOR ALL AGES

PumpkinFest

SIGNATURE FUNDRAISING EVENT OF ENHANCE WEST VAN

SUNDAY, OCTOBER 16TH
9AM - 1PM
West Vancouver Community Centre

PUMPKIN PATCH | PONY RIDES | PETTING FARM
LIVE MUSIC | PANCAKE BREAKFAST
FREE DROP-IN SWIM, SKATE & GYMNASTICS

SPONSORS

BUY YOUR TICKETS IN ADVANCE for a discounted rate

BUY YOUR PONY RIDE TIME SLOTS IN ADVANCE

HOLLYBURN PROPERTIES LIMITED | COLLINGWOOD SCHOOL | MULGRAVE SCHOOL | THE INTERNATIONAL SCHOOL OF VANCOUVER | NORTH SHORE SMILE DENTISTRY | Sager Nairne... | PARK ROYAL | GREAT VANCOUVER COMMUNITY CENTRE | Valor | ODLUM BROWN | ISLAND PACIFIC SCHOOL



JOIN THE GLOBAL PARKRUN COMMUNITY!

parkrun

RUN WALK JOG

or volunteer with us

Beautiful views! Meet new friends. All ages, all fitness levels, everyone welcome! Set your own pace!

FREE COMMUNITY FITNESS EVENT
Now at Ambleside Pier - 9am every Saturday

Register online at PARKRUN.CA to track your progress each week!

LANGARA'S EDUCATION ASSISTANT CERTIFICATE PROGRAM

Interested In A Career Supporting Children Or Already Working As An Education Assistant In West Vancouver? [This Invitation Is For You!](#)

FIRE PREVENTION WEEK - OCTOBER 9 - 15 For more Information click [HERE](#)



Fire won't wait. Plan your escape.

firepreventionweek.org

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RISEUP PARENTING/CAREGIVING

The West Vancouver Youth Hub is offering some group sessions that will focus on Health Relationships and Skill Building. These sessions are for Youth and for parents/caregivers. Please click on the image below for more information.

NORTH SHORE
CENTER FOR ATTACHMENT

RiseUP Parenting/Caregiving

The District of West Vancouver's Youth Services Team & NSCA Present: RiseUP

Group for Parents & Caregivers of Teens in RiseUP Youth

To achieve optimal results, we believe in working with systems to integrate and support new skills. By drawing on a child's most potent and influential relationships, their family, we see more sustained change. The RiseUP Parenting/Caregiving group works to support parents & caregivers in supporting their youth as they participate in the RiseUP program by providing families with common language, skills, and resources.

Topics

- Parent self-awareness & responding styles
- Behaviour has meaning
- Attachment Principles - See me, hear me, show me I matter
- Conflict - what is it really and our role as the caregiver
- Validation, ruptures, and repairs
- Boundaries - setting boundaries for connection

6-Week Virtual Group
Thursdays @ 6-7pm via Zoom
November 3rd - December 8th
Cost: \$270 + GST



Presented by:
Melissa Ander, M.Ed., RCC
Youth, family, and couples therapist
Clinical Director of NSCA



Scan here or follow the link at http://ca.apmactivecommunities.com/westanrec/Activity_Search/128889 to register

For more information email:
lnakamura@westvancouver.ca

NORTH SHORE CENTER FOR ATTACHMENT
(604) 971-3193
admin@northshoreattachment.com
northshoreattachment.com



WEST VANCOUVER YOUTH HUB
706 Main Street
West Vancouver, BC, V7T 2Y5
westvancouver.ca/youth

NORTH SHORE
CENTER FOR ATTACHMENT

RiseUP Youth

Building Resilience, Independence, Sense of Self, and Empowering Youth through Relationships

The District of West Vancouver's Youth Services Team and NSCA are pleased to present RiseUP Youth - a Healthy Relationships & Skill Building Group for Teens

Healthy Relationships & Skill Building Group for Youth

The RiseUP program was developed to build strength, resilience, and coping skills among youth as a way of enhancing interpersonal functioning and sense of self. Throughout this program youth will learn practical skills and gain awareness regarding a variety of personal and relational issues that affect mental wellbeing. The program is evidence-informed, interactive, collaborative, and geared toward empowering youth!

Topics

- Healthy vs. unhealthy relationships
- Boundaries & consent
- Healthy communication styles
- Dealing with peer pressure & sticky situations
- Understanding how relationships effect mental health/wellbeing & coping strategies
- Substance use & abuse
- Bullying and online safety
- Interpersonal & dating violence

The RiseUP program is informed by the Healthy Relationships Plus Program - Enhanced, created by the Centre for School Mental Health at Western University & Dialectical Behaviour Therapy.

8-Week Youth Group (Grade 8-12)
Wednesdays @ 6-8pm
Oct 19th - Dec 7th
Where: West Van Youth Hub
Cost: \$320 + GST
(RiseUP Youth has been subsidized by West Vancouver's Youth Services Team)



Presented by:
Rachelle Graham, MA, RCC
Clinical Counsellor at NSCA



Scan here or follow the link at http://ca.apmactivecommunities.com/westanrec/Activity_Search/128321 to register

For more information email:
lnakamura@westvancouver.ca

NORTH SHORE CENTER FOR ATTACHMENT
(604) 971-3193
admin@northshoreattachment.com
northshoreattachment.com



WEST VANCOUVER YOUTH HUB
706 Main Street
West Vancouver, BC, V7T 2Y5
westvancouver.ca/youth

LIMITED - EDITION SPIRIT WEAR AVAILABLE FOR PJ'S CENTENNIAL - ON SALE Until October 13th

New limited-edition designs celebrate PJ's Centennial Year and special 'Alumni' versions are available. Order at: <https://paulinejohnson.itemorder.com/shop/home/>

***Note** all items will be shipped to PJ and non-students/alumni will be contacted to arrange order pickup. Please email our Spirit Wear Coordinator with any questions at spiritwear@ecolepjpac.com.

CHRIS KENNEDY, WV SCHOOLS SUPERINTENDENT

Get insight into the thoughts and ideas of Chris Kennedy, Superintendent of the West Vancouver School District. Read his latest blogs and follow him on Twitter to learn more from the CEO of WV Schools in: <https://cultureofyes.ca/> or <https://twitter.com/chrkennedy>

CONTACT EAGLE HARBOUR MONTESSORI

School Website: [Eagle Harbour Montessori](#)

Phone: 604.981.1380

Email: eagleharbour@wvschools.ca