

What Preteens Wanna Know

What's an orgasm?

- An orgasm is the climax of sexual activity. A lot of people compare it to a sneeze because it's an uncontrollable release of tension that feels really good. I want you to know that sex doesn't always include orgasm. Sometimes a partner has an orgasm, but their partner doesn't. And it's very rare for partners to have an orgasm at exactly the same time like you see in the movies and in pornography.

Does sex feel good without it?

- Yes, even without orgasm, sex can feel really good.

What does it mean to be a virgin?

- The term "virgin" has been traditionally used to refer to someone who's never had vaginal sex before. But as we know, sex can be defined in many different ways, right? That is, we know that not all sex involves a penis and a vagina. Because of this, the concept of "virginity" has become outdated. The concept of virginity is also problematic because it reinforces the damaging stereotype that sex is ok for a certain group of people (boys and men) but wrong for another (girls and women). It's a social construct designed to make sure women conform to society's expectations of them. And it's been used to judge and shame them, which is never ok. Whether or not a person has had sex before is not an indication of their character or goodness as a person. Also, who cares? It doesn't matter.



What Kids Wanna Know

How would you know if you're gay or trans?

- The experience of discovering one's sexual orientation and gender identity is different for everyone. Some people have clarity on these aspects of who they are from a very young age. For others, it's not as clear early on and is a longer process. But how we feel when it comes to our gender or our attraction to others is just that: a feeling. Kind of like being left-handed or right-handed, liking sushi or not, you just know! And these feelings can change over time.

How do you put a condom on the penis?

- A condom comes rolled up inside a sealed package, and it's rolled onto a hard (erect) penis. Condoms come with good directions, but it's important to practice putting them on before using them. There are several steps to putting a condom on properly so that it has the best chance of preventing pregnancy or the spread of a sexually transmitted infection (STI).

Do gay people have sex?

- There are lots of ways that people have sex that don't just involve a penis and a vagina. What's important is that partners, regardless of the type of relationships they're in or the body parts involved, are consenting to whatever sexual activity they engage in.

