


CYPRESS PARK PRIMARY
THURSDAY NEWS eBULLETIN
8 JANUARY 2026

WELCOME BACK and **HAPPY NEW YEAR** to all of our Cypress Park families! We hope you had a wonderful break and are feeling recharged. This term, we are looking forward to new learning and inquiries, expert visits, field trip opportunities, and cultural learning. As a school, we are focused on making 2026 our best year yet! We want to continue to thank our wonderful PAC for making many of these opportunities possible for our students.

We appreciate your continued support in helping our students feel the most successful at school. Ensuring timely drop offs, being prepared for learning, staying home when unwell and staying up to date on class updates on Spaces all help to make the day more successful.

We look forward to all the learning and growth this year holds!

LOOKING AHEAD

JAN 15	Grade 1-12 Out of Catchment & Out of District Registration Day
JAN 27	9:15 AM PAC Meeting in the Gym Vancouver Canucks Hockey Sessions
JAN 30	Professional Development Day - school is not in session
FEB 5	Lockdown Drill- 10:40 AM
FEB 10	Crepe Making with Le Petite Chef
FEB 13	Reading Day Break - School not in Session
FEB 14	Valentine's Day
FEB 16	Family Day stat - School not in Session
FEB 17	Happy Ramadan - Feb 17 - Feb 28
FEB 20	Mother Language Day
FEB 24	Fencing Sessions 5PM PAC Meeting
FEB 25	Pink Shirt Day

**DROPPING OFF
ITEMS**

**INCLUDING BOOTS, EXTRA
CLOTHING, BACKPACKS OR
LUNCHES**

Please make sure to label them and
DROP OFF AT THE OFFICE

**Please do not interrupt your
child's classroom during
learning hours.**

For parents/guardians who would like to be notified of a school emergency such as power outages, severe weather or safety alerts via SMS, please text a "Y" or "Yes" to 978338 to ensure you are on the list.

Out-of-Catchment and Out-of-District Registrations OPENS

Thursday, January 15th@ 08:00

If you have students in your family or network who are looking to join our district, please help spread the word about this important date.

West Vancouver Schools offer a wonderful opportunity to be part of a community that values excellence in education. Our schools take pride in creating meaningful learning experiences and providing opportunities that support the growth, well-being, and success of every student.

To learn more about registration expectations and processes, please visit our admissions page: [West Vancouver Schools Admissions](#)

We look forward to welcoming new students and families to our vibrant and supportive school community!

Click [HERE](#) to register.



WINTER WEATHER - Click [HERE](#) for information



HOT LUNCH WINTER PROGRAM IS RUNNING

Please make sure you are paying for your orders when placing the order or soon after. The system is designed to delete any unpaid orders after 24 hours and we don't want anyone missing out on their hot lunch days.

LOGIN [HERE](#) TO ORDER OR MAKE CHANGES

Reminder

You will receive an email confirmation the day before your child's hot lunch delivery



PLEASE PROVIDE YOUR OWN UTENSILS



Please ensure your child has their own reusable utensils for their lunches and hot lunches.

As we strive to create a supportive environment for all students, we kindly ask that you remember to send your child with their own reusable cutlery [DAILY](#) including Hot Lunch Days.

SCHOOL ZONE SPEED LIMITS

SLOW DOWN
SCHOOL
ZONE

There have been some concerns about the speed of car traffic in our neighborhood from our Cypress Park community and the WVPD. The WVPD will be coming by to help reinforce the school zone speed limit of 30 kph and the importance of stopping at crosswalks when pedestrians are crossing.

RESPECTING OUR SCHOOL ENVIRONMENT

"Pack it in Pack it out Lunches"

We ask that whatever comes in your child's lunch bag goes home in their lunch bag, including empty juice boxes and wrappers. This way we will create far less garbage at school and you will have a better idea of what your child is finishing for lunch

DPAC

parent evening with Sarah Ward on Executive Functioning

Wednesday, January 28th
\$20 per ticket

Sarah Ward is an internationally recognized expert in executive function. Her practical, research-informed strategies are widely regarded as groundbreaking in supporting student learning and independence.

Drawing from executive function coaching approaches used with elementary, secondary, post-secondary students and adults, this session will help build academic success by exploring time management, task prioritization, long-term project planning and the development of independent learning habits.

REGISTER HERE

**KAY MEEK THEATRE
1700 MATHERS AVE
WEST VANCOUVER**

**6:30 -
8:30 PM**



What Parents will Gain From This Evening



Understand

Parents will gain a clear, reassuring understanding of how executive function skills develop over time, why children may struggle with organization and time management, and what is developmentally typical at different ages.



Learn

Parents will learn practical, easy-to-use strategies they can apply at home to strengthen their child's time awareness, organization, study routines and follow-through for academic success.



**WEST
VANCOUVER
SCHOOLS DPAC**



PAC NEWS, EVENTS & HIGHLIGHTS



THURS, MARCH 5, 2026 MULTICULTURAL FESTIVAL

For our next big event, our school is hosting a full-day **Multicultural Festival** and it's going to be a celebration to remember! From lively performances & hands-on activity stations to storytelling, delicious food & fun games, we'll be celebrating the many cultures that make our community so special. Please join one of the following **WhatsApp groups** if you're interested in getting involved:

- [Lunar New Year](#)
- [Nowruz](#)
- [Multicultural](#)

We'd love your help bringing this celebration to life — come share your culture, your creativity, and your enthusiasm!



DID YOU DOWNLOAD YOUR SANTA PHOTOS YET?

A huge thank you to everyone for making the event so magical! Don't forget to give a **high-five to Bindu, Dolly & Lida** next time you see them — they made it all happen! In the downloads folder, you will find: 5x7, All photos & Framed photos.

[DOWNLOAD PHOTOS](#)

If there is a photo that isn't framed, but you would like it to be, please reach out to Dolly.





Easy for parents, fun for kids!
HOT LUNCH IS BACK!



Forgot to order Hot Lunch? There's still time! Hot Lunches are always available 1 weeks from your order date.



VIP PARKING CONGRATS HOWARD & HINCKS FAMILIES

Congratulations again to the **Howard & Hincks families** on winning VIP Parking! Along with the Miller family last term, **these two VIP parking spots have raised \$1,900**, all of which will go directly toward supporting school programs, initiatives & tools.

Help us keep these spots special (and valuable!), by please remembering to keep the first 2 parking spaces along the fence, marked with the yellow and teal heart signs, open at all times. Thank you for your help and support!



Digital Citizenship PARENT INFORMATION SESSIONS

We see Cypress Park as a partner with families in helping children learn how to be safe, responsible & thoughtful digital citizens. In term 2, our Cypress Park PAC is partnering with West Bay & Caulfeild Elementary to host two parent-education sessions. **SIGN-UP TODAY**

TUES, JAN 27 @ 7PM | Caulfeild Elementary

Meet Cari Wilson our District Vice-Principal of Innovation and Technology, and learn practical tips on *Social Media, Screen Time, and Setting Boundaries*.

MON, FEB 2 @ 7PM | West Bay Elementary

Join Dr. Odion Kalaci a youth mental health expert for a Parent Session focused on *Understanding the Mental Health of Young People*.



CARI WILSON



DR. ODION KALACI

Pediatrician, Workshop Leader

MARCH 8 2020 • UBC

VOLUNTARY ABSENCES FROM SCHOOL

Please understand that if you are choosing to take extended holidays when classes are in session, teachers cannot replicate the learning that happens within the classroom and are not able to provide online learning opportunities.

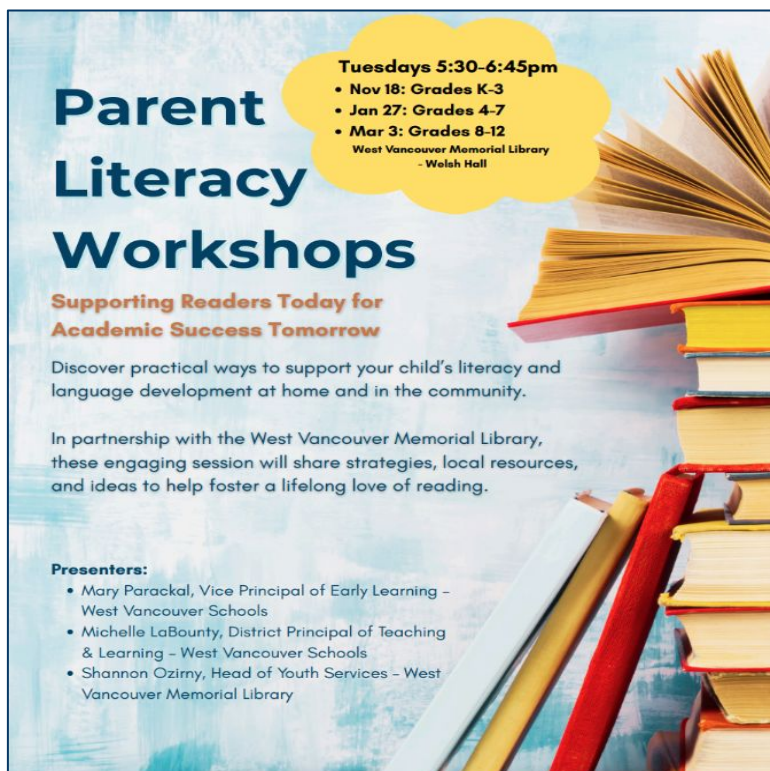
Our teachers do their very best to support students during required absences due to illness, however, when the absence is voluntary and a family's choice (such as extending a weekend, holiday, or vacation), it is a family's responsibility to maintain academic learning at home.

Please take time to read with your child, have them write in a "holiday" journal, do Math IXL online, take advantage of other emergent opportunities to practise foundational skills (e.g. following instructions and using math while cooking).

DISTRICT and COMMUNITY CONNECTIONS

Local programs, events, and resources will be found in one convenient location, accessible through a [single link](#) rather than detailed in school newsletters.

TUES 27 JAN | 5:30-6:45 PM
Welsh Hall, West Vancouver Memorial Library



Parent Literacy Workshops

Tuesdays 5:30-6:45pm

- Nov 18: Grades K-3
- Jan 27: Grades 4-7
- Mar 3: Grades 8-12

West Vancouver Memorial Library
- Welsh Hall

Supporting Readers Today for Academic Success Tomorrow

Discover practical ways to support your child's literacy and language development at home and in the community.

In partnership with the West Vancouver Memorial Library, these engaging session will share strategies, local resources, and ideas to help foster a lifelong love of reading.

Presenters:

- Mary Parackal, Vice Principal of Early Learning - West Vancouver Schools
- Michelle LaBounty, District Principal of Teaching & Learning - West Vancouver Schools
- Shannon Ozirny, Head of Youth Services - West Vancouver Memorial Library

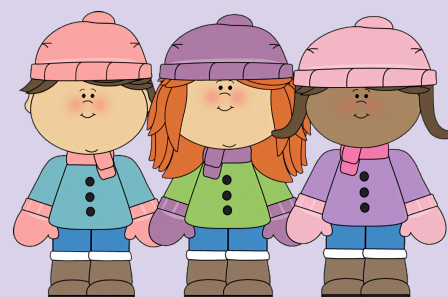
WHEN SHOULD I KEEP MY SICK CHILD HOME FROM SCHOOL?



Click [HERE](#) to find out.

NO SUCH THING AS INCLEMENT WEATHER JUST INAPPROPRIATE CLOTHING

Please ensure your child/ren are dressed in appropriate outdoor clothing for the inclement weather ahead and have a change of clothes in their backpack.



Ryley McLeod

Vice Principal, Cypress Park Primary School

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