



15 JANUARY 2026

LOOKING AHEAD

JAN 16	Spirit Wear Day - Show Your School Spirit - wear your Cypress Park spirit wear tomorrow.
JAN 23	Spirit Wear Day - Show Your School Spirit - wear your Cypress Park spirit wear.
JAN 27	9:15 AM PAC Meeting in the Gym Vancouver Canucks Hockey Sessions
JAN 30	Professional Development Day - school is not in session
FEB 5	Lockdown Drill- 10:40 AM
FEB 10	Crepe Making with Le Petite Chef!
FEB 13	Reading Day Break - School not in Session
FEB 14	Valentine's Day
FEB 16	Family Day stat - School not in Session
FEB 17	Happy Ramadan - Feb 17 - Feb 28
FEB 17	Happy Lunar New Year
FEB 20	Mother Language Day
FEB 24	Fencing Sessions 5PM PAC Meeting
FEB 25	Pink Shirt Day



WINTER WEATHER - Click [HERE](#) for information



RESPECTING OUR SCHOOL ENVIRONMENT

“Pack it in Pack it out Lunches”

We ask that whatever comes in your child's lunch bag goes home in their lunch bag, including empty juice boxes and wrappers. This way we will create far less garbage at school and you will have a better idea of what your child is finishing for lunch

HOT LUNCH WINTER PROGRAM IS RUNNING

Please make sure you are paying for your orders when placing the order or soon after. The system is designed to delete any unpaid orders after 24 hours and we don't want anyone missing out on their hot lunch days.

**LOGIN [HERE](#) TO ORDER OR
MAKE CHANGES**



Reminder

You will receive an email confirmation the day before your child's hot lunch delivery

PLEASE PROVIDE YOUR OWN UTENSILS

Please ensure your child has their own reusable utensils for their lunches and hot lunches.

As we strive to create a supportive environment for all students, we kindly ask that you remember to send your child with their own reusable cutlery DAILY including Hot Lunch Days.

FEEDING FUTURES



As part of the Ministry of Education and Childcare [Feeding Futures initiative](#), the West Vancouver School District has established a food security structure to confidentially assist students and families. The West Vancouver School District Food Security Plan will help students and families by providing confidential financial support for families facing food insecurity. Families are encouraged to reach out directly to Vice Principal McLeod at rmcleod@wvschools.ca if they need support with food-related costs. Please be assured that all requests will be addressed with sensitivity, respect, and confidentiality.

DPAC

parent evening with
Sarah Ward on Executive Functioning

[Wednesday, January 28th](#)
[\\$20 per ticket](#)

Sarah Ward is an internationally recognized expert in executive function. Her practical, research-informed strategies are widely regarded as groundbreaking in supporting student learning and independence.

Drawing from executive function coaching approaches used with elementary, secondary, post-secondary students and adults, this session will help build academic success by exploring time management, task prioritization, long-term project planning and the development of independent learning habits.

[REGISTER HERE](#)

KAY MEEK THEATRE
1700 MATHERS AVE
WEST VANCOUVER

6:30 -
8:30 PM

What Parents will Gain From This Evening



Understand

Parents will gain a clear, reassuring understanding of how executive function skills develop over time, why children may struggle with organization and time management, and what is developmentally typical at different ages.



Learn

Parents will learn practical, easy-to-use strategies they can apply at home to strengthen their child's time awareness, organization, study routines and follow-through for academic success.



WEST
VANCOUVER
SCHOOLS DPAC

IMPORTANT LINKS

[CYPRESS PARK CODE OF CONDUCT](#)

[25-26 YEAR AT A GLANCE CALENDAR](#)

[CYPRESS PARK BELL TIMES](#)

[EXPECTED AND UNEXPECTED PLAYGROUND](#)

[RULES](#)

[SCHOOL CASH ONLINE](#)

[MYEDUCATION BC](#)

[CP WEBSITE](#)

VANCOUVER WARRIORS

THANK YOU to the Vancouver Warriors for coming in to share about our Canadian national summer sport, lacrosse as part of the Stick to School program! We had Owen and Peyton, players from the Vancouver Warriors come in to run a session with our school.

The instructors shared about the history and Indigenous roots of the lacrosse game, where they play as a team and some of the rules.

Some of our own students were able to try some skills and even won tickets to a home game!



HOW WE EXPRESS OURSELVES

We had a visit from an artist in residence. She taught us to make prints by tracing our photographs over ink. Students created self-portraits of themselves in conversation. They then added pencil crayons, watercolor and construction paper (if they wanted to). This connected to our unit as they explored how an idea could be expressed through art. Students used their communication and thinking skills.



GRADE TWO



Grade Two has been learning about how ideas and stories are connected. The students were interested in writing a story so we started to investigate the parts of a story and how they can spark ideas. We created our own characters based on what we found interesting about our favourite story characters. We turned them into puppets and today we "played" with them within different settings to see what ideas were 'sparked'. Students used their thinking skills during this activity.



GRADE ONE settled in during their first week of learning with some new routines. We created winter landscapes and developed a system for choosing and being responsible for classroom jobs.



A collage of two images. The left image shows a classroom shelf with books and a small sign that reads "READ TO SELF". The right image shows a child sitting at a desk with a lamp, reading a book.



PAC NEWS, EVENTS & HIGHLIGHTS



THURS, MARCH 5, 2026 MULTICULTURAL FESTIVAL

For our next big event, our school is hosting a full-day **Multicultural Festival** and it's going to be a celebration to remember! From lively performances & hands-on activity stations to storytelling, delicious food & fun games, we'll be celebrating the many cultures that make our community so special. Please join one of the following **WhatsApp groups** if you're interested in getting involved:

- **Multicultural:** [Chat](#) | [Project Plan](#)
- **Lunar New Year:** [Chat](#) | [Project Plan](#)
- **Nowruz:** [Chat](#) | [Project Plan](#)

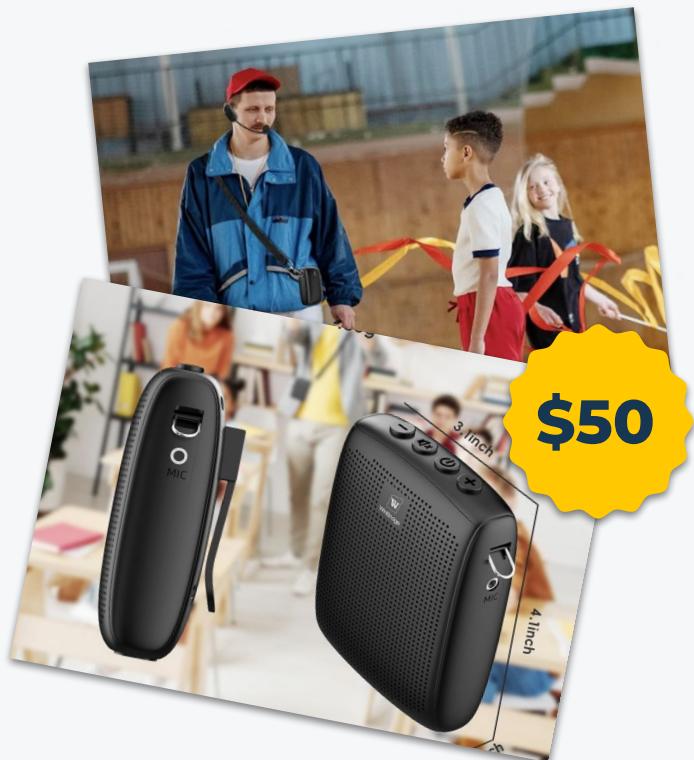
We'd love your help bringing this celebration to life — come share your culture, your creativity, and your enthusiasm!



NEW FUNDING FUTURE GYM TEACHER HEADSET

Teacher Must-Have for Gym Classes! For only \$50, this bluetooth voice amplifier headset will be an absolute game-changer for our teachers – especially in the gym, where clear communication is key! It lets teachers move freely around the space while letting students hear every instruction, transition, and safety cue loud and clear – no voice strain, no shouting, just smooth, energetic, fun gym classes for everyone!

SPONSOR GYM HEADSET





Upcoming Programs & Sponsorships EXPERTS-IN-RESIDENCE



We just had the Vancouver Warriors for Lacrosse team in this week and are thrilled to share that we have 3 incredible Experts-in-Residence programs coming to our school in the next few weeks: Canucks Hockey, French Language Crêpe Making with Le Petit Chef & Dynamo Fencing. **A giant thanks sponsors – without our sponsorships, these programs wouldn't be possible!**

At the same time, these 3 programs are on the chopping block — sponsor them today & we'll add them back in: [Birds of Prey](#), [Soccer Workshop](#) & [High Tech High Touch Science](#).



Digital Citizenship & Parenting Tips PARENT INFORMATION SESSIONS

TUES, JAN 27 @ 7PM | Caulfield Elementary

Cari Wilson – Technology Join our District Vice-Principal of Innovation and Technology, and learn practical tips on **Social Media, Screen Time & Setting Boundaries**. [—FREE SIGN-UP—](#)

Wed Jan 28 @ 6:30PM | Kay Meek Theatre

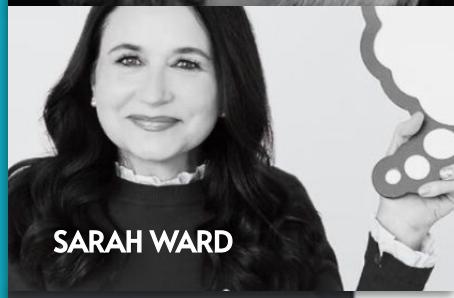
Sarah Ward – Executive Functioning Highly recommended with lots of easy practical tips for helping kids grow to be organized & functional adults! [—TICKETS \\$20—](#)

MON, FEB 2 @ 7PM | West Bay Elementary

Dr. Odion Kalaci – Mental Health Join Dr. Odion Kalaci, a youth mental health expert, for a parent session focused on **Understanding the Mental Health of Young People**. [—FREE SIGN-UP—](#)



CARI WILSON



SARAH WARD



DR. ODION KALACI

WEST VAN RUN

MARCH 7th and 8th

We invite students and families to take part in this fun, community run and enjoy special discounted registration. Parents and students can register for \$45 using the code **WVSCHOOLS**, and children can join the Kids 1K for \$15 using the code **WVKIDS**. These codes can also be used by other family members who would like to participate.

Whether you prefer walking, jogging, or running, this event welcomes all ages and abilities. It's a great way for families to be active together and supports our shared commitment to health and well-being across West Vancouver Schools.

Register here - <https://www.westvanrun.com/schools>

WESTVANRUN

DISTRICT and COMMUNITY CONNECTIONS

Local programs, events, and resources will be found in one convenient location, accessible through a **single link** rather than detailed in school newsletters.

TUES 27 JAN | 5:30-6:45 PM
Welsh Hall, West Vancouver Memorial Library

Parent Literacy Workshops

Supporting Readers Today for Academic Success Tomorrow

Discover practical ways to support your child's literacy and language development at home and in the community.

In partnership with the West Vancouver Memorial Library, these engaging sessions will share strategies, local resources, and ideas to help foster a lifelong love of reading.

Presenters:

- Mary Parackal, Vice Principal of Early Learning – West Vancouver Schools
- Michelle LaBounty, District Principal of Teaching & Learning – West Vancouver Schools
- Shannon Ozimy, Head of Youth Services – West Vancouver Memorial Library

WEST VANCOUVER MEMORIAL LIBRARY

Newsletter [click here](#)

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