

OCTOBER 9, 2025

A reminder that **Monday, October 13th** is Thanksgiving! We wish all of our Cypress Park families a wonderful Thanksgiving Day.

Enjoy the long weekend, and we look forward to seeing students back on Tuesday, October 14th.



LOOKING AHEAD

OCT 13	Thanksgiving Day - Stat Holiday
OCT 16	Great BC Shakeout Earthquake Drill
OCT 17	2:30-5:30 Glow-O-Ween Fall Event - for tickets click here
OCT 20	DIWALI begins
OCT 20	Field Hockey Sessions (Monday and Tuesday)
OCT 22	12:00 EARLY DISMISSAL - Parent / Teacher Conferences
OCT 23	12:00 EARLY DISMISSAL - Parent / Teacher Conferences
OCT 24	Professional Development Day-school not in session
OCT 27	Photo Retake Day
OCT 28	9:15 PAC meeting (gym)
OCT 31	Halloween celebrations

SHAKE OUT BC



On **October 16**, students and staff at Cypress Park will participate in the provincial ShakeOut BC earthquake drill—our first earthquake preparedness exercise of the school year. This is a great opportunity to remind families about the importance of being ready at home. **Are you prepared for an earthquake? Does your child know what to do in the event of one?**

We encourage all families to review their emergency plans and supplies. Practicing together helps ensure everyone stays safe and knows how to respond in a real emergency.

READ IT. LOVE IT. SHARE IT!



We are looking for gently used books that you are ready to pass along. Please drop them off at the office to help keep our library shelves filled with books that we know our readers will love!



2026-2027 KINDERGARTEN
AND CATCHMENT GR 1-12
NEW SCHOOL ADMISSIONS



Opens Wednesday
October 15 @ 08:00

TIP

Have all your documents ready to upload
in pdf format before you go online. [HERE](#)
are document requirements

Admission for Out-of-Catchment and
Out-of District students opens on
January 15, 2026 at 8AM

**NO SUCH THING AS BAD WEATHER
JUST INAPPROPRIATE CLOTHING**

With the arrival of wet weather, please keep in
mind that students are outside for around 45
minutes during morning and lunch recess.

To help them stay warm and dry, make sure they
come to school with waterproof clothing and
suitable footwear.

It's also a good idea to keep a spare set of clothes
at school (including socks, underwear, and pants)
just in case they need a quick change during the
day.



STUDENT ILLNESS



**WHEN SHOULD I KEEP MY SICK CHILD
HOME FROM SCHOOL?**

Things to consider if your child feels unwell :

1. Without proper rest, a child may have a hard time fighting an illness or be at risk for other illnesses.
2. The ability of your child to actively take part and learn at school.
3. The school staff cannot care for a sick child and give them the support that they may need.
4. The protection of other children

Please keep your child home if they :

- ❖ Have a fever
- ❖ Are too sick to take part in all normal school activities
- ❖ Have a suspected or known communicable disease (i.e. pink eye, strep throat, chicken pox or measles)
- ❖ Is vomiting or has diarrhea. It is recommended that students be symptom free for at least 24 hours before returning to school.

If the school finds it necessary to send your child home because of illness, please make sure you have arranged an emergency contact if you are not available.
[Inform your school of these arrangements.](#)

Where can I find more information

- Health Link BC - by calling 8-1-1, you can speak to a health service navigator, who can help you find information and services, or connect you with a health professional. You can also find information online at www.healthlinkbc.ca
- Sneezes and Diseases - online at www.sneezesdiseases.com
- BCCDC - online at schools.bccdc.ca
- [Vancouver Coastal Health](#)
- [VCH - online at Children and Youth health - Vancouver Coastal Health](#)
- School Administrators can also contact their School Public Health Nurse

PARENT / TEACHER LEARNING CONFERENCES

OCTOBER 22nd and 23rd

Parent / Teacher Learning Conferences are both quick and effective! The value of the home-school connections is highly important and benefits our children, so here are a few tips to help you get the most from this valuable time.

Write Your Questions Down

Before your time, really think through any questions you have or concerns you might want to address. You may wish the teacher's perspective on books to recommend or maybe ways to support your child's reading development. This is the time.

Ask this Question

A great start to a conversation is "How can I support my child at home?" This gives teachers an opportunity to talk about academic or social areas in which your child would benefit from help or reinforcement. Questions such as "So how's my kids doing?" or "How does my kid compare to other kids in the class?" makes it more difficult to learn specifically about your child.

Stick to the Schedule

Most of the time the 10 minute conference is going to feel sufficient, but if you feel like your child is struggling at all this probably will not feel like enough time to problem solve. Remember, though, that this can be the start of the conversation, not the end. If you hit on an issue that requires more conversation than you can fit in, make a plan to follow-up through email, phone, or another meeting. This isn't your only opportunity to talk to your child's teacher for the rest of the school year.

BOOKING PARENT, TEACHER LEARNING CONFERENCES

1. [Click here](#): If you are prompted for an event code, enter: **r93ub**
<https://schoolinterviews.ca/code/r93ub>
2. Enter your information (parent email, parent name, phone number / student name)
 - Here you can indicate the number of students that you need to book for, if you have more than one child at Cypress Park.
 - Click on GO
3. Choose your child's teacher
 - Choose the date and time that works best for you from the options provided.
 - Conferences are 10 minutes long.



NOTE: These conferences are **ADULT only**, please arrange childcare if you plan on attending.

REMINDER: Early dismissal at school for both days (12:00PM) to accommodate the conferences.

COMMUNICATION CORNER - OCTOBER

Over the next month, you will be receiving an email invitation to join Spaces EDU.

Spaces EDU is a web and mobile app/platform that allows teachers and students to capture, communicate, and reflect on what is happening in their classrooms. It is the easiest way to record learning, encourage reflection and spark conversations between students, staff, and families through an online digital portfolio. Teachers take a lot of time to document learning and students enjoy receiving feedback from their families so regular visits and comments are appreciated. Spaces EDU is where students will reflect on the Core Competencies and Approaches to Learning (ATL) that will accompany their Learning Updates.

Please see the following resource to get started: [CLICK HERE](#)



HALLOWEEN CELEBRATIONS COMING UP

As students and families start to think about costumes, to ensure the day is fun for everyone, please observe the following dos and don'ts:

- Feel welcome to dress in a costume or not
- Continue to avoid costumes that promote cultural stereotypes. If you're looking for information on *cultural appropriation* vs. *cultural appreciation*, click [here](#) for a CBC video; and for a great list of questions to ask about whether a costume is appropriate or not, click [here](#) to see information from UBC's Equity & Inclusion Office
- **No masks**, beyond, of course, medical masks worn for health reasons
- Absolutely **no weapons** (swords, lightsabers, nunchucks etc.) and please make sure costumes are school appropriate and comfortable for all ages.
- Wear something comfortable that can be worn all day and can withstand being outside in any weather
- Students should be able to put on their costume and take it off to use the bathroom *by themselves*
- Avoid scented items that might irritate others (e.g. some hair colouring products)
- Come to school in your costume; there will be **no changing in the washrooms**.
- Students should **avoid bringing in Halloween candy to school** as eating high sugar foods, and the idea of eating high-sugar foods, often distracts students from learning. Candy may be held for students and returned at the end of the day but is best avoided to begin with. **(Remember no nuts please)**

More details to come about our morning Halloween Parade on October 31st in next week's bulletin.



DPAC *parent evening with* Dr. Molly Lawlor

Equipping the Whole Child for Life: Helping kids build strong friendships, manage big feelings and bounce back from challenges—using brain science and mindfulness to support learning and growth.

Monday, October 20th

Join us for an evening with Dr. Molly Lawlor—who helps children and teens learn how to understand their feelings, build confidence and form healthy relationships. She is the lead author and Principal Scientific Advisor for MindUP—an evidence-based program that teaches kids how their brains work and gives them tools to manage emotions and thrive in school and life.

REGISTER HERE

What You will Gain From This Evening



Understand

Parents will gain an encouraging new view of adolescence as a time of opportunity and growth, not just stress or risk



Learn

Parents will leave with simple, everyday strategies to help their child handle stress, big emotions, strengthen friendships and feel more ready to learn.

**KAY MEEK THEATRE
1700 MATHERS AVE
WEST VANCOUVER**

**6:30 -
8:00 PM**



**WEST
VANCOUVER
SCHOOLS DPAC**



PAC NEWS, EVENTS & HIGHLIGHTS



Friday, Oct 17 | 2:30-5:30 PM

GLOW-O-WEEN

Get ready to dance, play & glow the afternoon away at our first-ever [Glow-O-Ween](#)! Join us for a spooktacular celebration filled with:

- Glow light, blow up dance party
- Halloween scavenger hunt
- Costume swap & dress-up
- Carnival games & prizes
- Pumpkin fundraiser & apple sales
- Chilli, cider & fall favs

Don't miss this glowing good time — fun for the **whole family!**

[GET YOUR TICKET – \\$25](#)



GLOW-O-WEEN COSTUME SWAP

We've already collected some awesome costumes for the **Glow-O-Ween Costume Swap**! Bring in your gently used costumes — a collection bin will be outside the main entrance (undercover area).

We're also **looking for enthusiastic volunteers** to help decorate, set up, cook chili & mac 'n cheese, and more! Your help makes all the difference in making this event a success. 🎃

[SIGN-UP TO VOLUNTEER](#)





HIGHLIGHT OF THE WEEK FUNDING FUTURES



OUR MISSION: To raise funds that bring meaningful enhancements to Cypress Park — from new equipment and experts-in-residence to cultural enrichment and more! **Wondering what the PAC pays for? This is the list!** With over \$30,000 in initiatives, **now's your chance to vote.**



HIGHLIGHTS OF THE WEEK FUNDING FUTURES

MORE SPONSORSHIPS

NEW THIS WEEK: First Impressions Count — Have you noticed our current brown entrance rug with the orange bleach stains? We can do better! *Why This Rug Matters:* The entrance to our school is more than a common space — it's the first welcome our students, staff, and visitors experience. A clean (!), inviting rug sets a tone of care, pride, and belonging.



MESSAGES & EVENTS
CHALKBOARD
CAD\$50.00



ENTRANCE RUG
CAD\$100.00



PORTABLE MICROPHONE &
SPEAKER SYSTEM UPGRADE
CAD\$950.00



DELUXE FOLDING PICNIC
TABLE
CAD\$580.00



HOLIDAY & YEAR END GIFTS TEACHERS & STAFF

We're collecting **\$40 for teacher's holiday & year-end gifts** for our wonderful teachers & support staff. Gifts will be purchased on behalf of all classes. Please **e-transfer to info.paccpp@gmail.com** by Nov 30, including your child's name, grade, and "Teacher's Gift" in the description.



UNPLUGGED WEBINAR | Oct 20 @ 6PM
KEEPING KIDS SAFE
ONLINE

An interactive workshop with Tania Johnson, designed to empower parents & caregivers with the tools and knowledge they need to protect children in the digital world. **REGISTER TODAY**

DISTRICT and COMMUNITY CONNECTIONS

Local programs, events, and resources will be found in one convenient location, accessible through a [single link](#) rather than detailed in school newsletters.

IMPORTANT LINKS

[CYPRESS PARK CODE OF CONDUCT](#)

[25-26 YEAR AT A GLANCE CALENDAR](#)

[CYPRESS PARK BELL TIMES](#)

[EXPECTED AND UNEXPECTED PLAYGROUND RULES](#)

[ARCHIVED CYPRESS PARK NEWS](#)

[SCHOOL CASH ONLINE](#)

[MYEDUCATION BC](#)

ORDERING PHOTOS FROM PHOTO DAY

Student photo proofs went home last week to parents. Each proof will have an individual portrait code and passcode to order your child's photo.

Retake Day is October 27th

Please contact Edge Imaging at 1-888-416-3343 or email customercare@edgeimaging.ca for any customer service needs.



DROPPING OFF ITEMS

Including BOOTS, EXTRA CLOTHING, BACKPACKS or LUNCHES,

Please make sure to label them and

DROP OFF AT THE OFFICE

Please do not interrupt your child's classroom during learning hours. Thank you.

SCHOOL ATTENDANCE AND PUNCTUALITY

We would like to take a moment to emphasize the importance of regular school attendance and punctuality.

Consistent Attendance Matters: Every day in school is an opportunity for your child to learn, grow, and thrive. Regular attendance ensures they don't miss out on valuable classroom experiences and educational milestones. It's the foundation for success in their academic journey.

Vacations During School Time: While we understand that family vacations are a cherished tradition, we encourage you to plan them during school breaks whenever possible. Missing school for extended periods can disrupt your child's learning progress and make it challenging for them to catch up on missed lessons.

On-Time Arrival: Being on time is equally crucial. It sets a positive tone for the day and allows your child to settle in, engage with peers, and benefit fully from classroom instruction. Punctuality fosters good habits that will serve them well throughout life.

Late Arrival Policy: If your child is arriving late to school, please drop them off outside the undercover entrance door. The door is unlocked, your child can enter the school on their own and report to the front office. Ms. Thoma will check them in, and help them to their classrooms.

A FRIENDLY REMINDER

We love welcoming families to our special events, and we appreciate your ongoing support and involvement. However, we kindly ask that parents and visitors do not enter classrooms unless invited by a staff member. Classrooms may contain confidential student information, and we wish to ensure these spaces remain secure. Restrooms are available for your use, but please refrain from wandering through the school during events. Thank you for helping us keep our learning environment safe and respectful for everyone.

Ryley McLeod

Vice Principal, Cypress Park Primary School

Office: 604-981-1330 Direct: 778-838-9500