

OCTOBER 16, 2025

REMINDER

CYPRESS PARK FALL EVENT

TOMORROW

2:30-5:30 PM

GLOW-O-WEEN

Get ready to dance,
play & glow the
afternoon away.

**HAVE YOU PURCHASED
YOUR TICKET?**

***Costumes are to be worn after school only!**



LOOKING AHEAD

OCT 17	2:30-5:30 Glow-O-Ween Fall Event - for tickets click here
OCT 20	DIWALI begins
OCT 20	Field Hockey Sessions (Monday and Tuesday)
OCT 22	12:00 EARLY DISMISSAL - Parent / Teacher Conferences
OCT 23	12:00 EARLY DISMISSAL - Parent / Teacher Conferences
OCT 22	Art Mania continues Wednesday's 2:30PM in the Gym
OCT 24	Professional Development Day-school not in session
OCT 27	Photo Retake Day
OCT 28	9:15 PAC meeting (In Gym)
OCT 29	Small School, Big Learning: <i>The IB Primary Years Experience at Cypress Park</i> Parent Information Session at 8:45 in Gym.
OCT 31	Halloween celebrations!

STUDENT PHOTO RETAKE

MONDAY October 27th

Any student can have their picture retaken if you were unsatisfied with the first set or if they missed the original photo day. Send your classroom teacher a note if you wish for a photo retake.



**Picture
Retake Day**



DIWALI

Also known as Deepavali, is a major Hindu festival celebrated across India and in many other countries. It's often called the Festival of Lights, and it symbolizes the victory of light over darkness, good over evil, and knowledge over ignorance.

IMPORTANT LINKS

[CYPRESS PARK CODE OF CONDUCT](#)

[25-26 YEAR AT A GLANCE CALENDAR](#)

[CYPRESS PARK BELL TIMES](#)

[EXPECTED AND UNEXPECTED
PLAYGROUND RULES](#)

[SCHOOL CASH ONLINE](#)

[MYEDUCATION BC](#)

[CP WEBSITE](#)



**READ IT. LOVE IT.
SHARE IT!**

We are looking for gently used books that you are ready to pass along. Please drop them off at the office to help keep our library shelves filled with books that we know our readers will love!



LOST AND FOUND ITEMS

Will be on display in the learning commons area during our Learning Conferences. Please reclaim your lost items.



PARENT / TEACHER LEARNING CONFERENCES OCTOBER 22nd and 23rd

HAVE YOU SIGNED UP? PARENT / TEACHER LEARNING CONFERENCES

BOOKINGS CLOSE MONDAY OCT 20TH MIDNIGHT!

BOOKING PARENT, TEACHER LEARNING CONFERENCES

1. [Click here](#): If you are prompted for an event code, enter: r93ub
<https://schoolinterviews.ca/code/r93ub>
2. Enter your information (parent email, parent name, phone number / student name)
 - Here you can indicate the number of students that you need to book for, if you have more than one child at Cypress Park.
 - Click on GO
3. Choose your child's teacher
 - Choose the date and time that works best for you from the options provided.
 - Conferences are 10 minutes long.

NOTE: These conferences are **ADULT only**, please arrange childcare if you plan on attending.

REMINDER: Early dismissal at school for both days (12:00PM) to accommodate the conferences.



SMALL SCHOOL, BIG LEARNING

THE IB PRIMARY YEARS EXPERIENCE
AT CYPRESS PARK

WHERE CHILDHOOD THRIVES AND FUTURE PATHWAYS BEGIN

JOIN US FOR AN INFORMATIVE SESSION EXPLORING OUR INTERNATIONAL BACCALAUREATE (IB) APPROACH TO EDUCATION — A GLOBALLY RECOGNIZED PROGRAM THAT OPENS DOORS TO FUTURE OPPORTUNITIES AROUND THE WORLD AND HOW WE TAILOR THIS TO OUR CYPRESS PARK LEARNERS.

IF YOU ARE INTERESTED IN ATTENDING, PLEASE [REGISTER HERE](#) TO HELP US PREPARE AND SHARE ANY ADDITIONAL TOPICS YOU WOULD LIKE TO EXPLORE.

CYPRESS PARK, OCTOBER 29TH, 8:45 - 9:45 AM.

COFFEE AND COOKIES PROVIDED.

1 WHAT IMPACT HAS RESEARCH IN LITERACY INSTRUCTION AND BRAIN SCIENCE HAD ON READING EDUCATION?

2 WHAT IS THE DIFFERENCE BETWEEN NUMERACY AND MATHEMATICS, AND WHY, WITH THE IMMENSE TECHNOLOGICAL ADVANCEMENTS HUMANS HAVE MADE, ARE WE TEACHING MATH DIFFERENTLY?

3 THE SMALL SCHOOL DIFFERENCE: LEARNING ROOTED IN COMMUNITY AND CONNECTION

4 WHAT IS THE IB PATHWAY AND WHAT DOES IT OFFER MY CHILD?



[LINK here](#)



Primary Years
Programme

CYPRESS PARK
PRIMARY SCHOOL



STUDENT ILLNESS



WHEN SHOULD I KEEP MY SICK CHILD HOME FROM SCHOOL?

Things to consider if your child feels unwell :

1. Without proper rest, a child may have a hard time fighting an illness or be at risk for other illnesses.
2. The ability of your child to actively take part and learn at school.
3. The school staff cannot care for a sick child and give them the support that they may need.
4. The protection of other children

Please keep your child home if they:

- ❖ Have a fever
- ❖ Are too sick to take part in all normal school activities
- ❖ Have a suspected or known communicable disease (i.e. strep throat, chicken pox or measles)
- ❖ Is vomiting or has diarrhea. It is recommended that students be symptom free for at least 24 hours before returning to School.

If the school finds it necessary to send your child home because of illness, please make sure you have arranged an emergency contact if you are not available. [Inform your school of these arrangements.](#)

Where can I find more information

- Health Link BC - by calling 8-1-1, you can speak to a health service navigator, who can help you find information and services, or connect you with a health professional. You can also find information online at www.healthlinkbc.ca
- Sneezes and Diseases - online at www.sneezesdiseases.com
- BCCDC - online at schools.bccdc.ca
- [Vancouver Coastal Health](#)
- [VCH - online at Children and Youth health - Vancouver Coastal Health](#)
- School Administrators can also contact their School Public Health Nurse

HALLOWEEN CELEBRATIONS COMING UP

As students and families start to think about costumes, to ensure the day is fun for everyone, please observe the following dos and don'ts:

- ❖ Feel welcome to dress in a costume or not.
- ❖ Continue to avoid costumes that promote cultural stereotypes. If you're looking for information on *cultural appropriation* vs. *cultural appreciation*, click [HERE](#) for a CBC video; and for a great list of questions to ask about whether a costume is appropriate or not, click [HERE](#) to see information from UBC's Equity & Inclusion Office.
- ❖ **NO MASKS**, beyond, of course, medical masks worn for health reasons.
- ❖ Absolutely **NO WEAPONS** (swords, lightsabers, nunchucks etc.) and please make sure costumes are school appropriate.
- ❖ Wear something comfortable that can be worn all day and can withstand being outside in any weather.
- ❖ Students should be able to put on their costume and take it off to use the bathroom by themselves.
- ❖ Avoid scented items that might irritate others (e.g. some hair colouring products).
- ❖ Come to school in your costume; there will be **no changing in the washrooms.**
- ❖ Students who wish to bring in Halloween candy to school are asked to limit it to two pieces. **(remember no nuts)**

THE PARADE:

Please arrive ontime on the 31st. Students will go to their classes as per normal, where teachers will take attendance. Students will exit the school via their exterior classroom door and walk around the school. Please give the students space. The classes will keep moving. Bring an umbrella just in case! We will take lots of photos throughout the day so if you are unable to make the parade please do not worry!



PAC NEWS, EVENTS & HIGHLIGHTS



Friday, Oct 17 | 2:30-5:30 PM

GLOW-O-WEEN

Get ready to dance, play & glow the afternoon away at our first-ever [Glow-O-Ween](#)! Join us for a spooktacular celebration filled with:

- Glow light, blow up dance party
- Halloween scavenger hunt
- Costume swap & dress-up
- Carnival games & prizes
- Pumpkin fundraiser & apple sales
- Chilli, cider & fall favs

Don't miss this glowing good time — fun for the **whole family!**

[GET YOUR TICKET – \\$25](#)



GLOW-O-WEEN COSTUME SWAP

We've already collected some awesome costumes for the **Glow-O-Ween Costume Swap**! Bring in your gently used costumes — a collection bin will be outside the main entrance (undercover area).

We're also **looking for enthusiastic volunteers** to help decorate, set up, cook chili & mac 'n cheese, and more! Your help makes all the difference in making this event a success. 🍵

[SIGN-UP TO VOLUNTEER](#)





HIGHLIGHT OF THE WEEK FUNDING FUTURES



OUR MISSION: To raise funds that bring meaningful enhancements to Cypress Park — from new equipment and experts-in-residence to cultural enrichment and more! **Wondering what the PAC pays for? This is the list!** With over \$30,000 in initiatives, **now's your chance to vote.**



HIGHLIGHTS OF THE WEEK FUNDING FUTURES

MORE SPONSORSHIPS

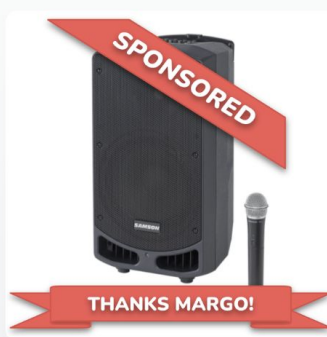
NEW THIS WEEK: First Impressions Count — Have you noticed our current brown entrance rug with the orange bleach stains? We can do better! *Why This Rug Matters:* The entrance to our school is more than a common space — it's the first welcome our students, staff, and visitors experience. A clean (!), inviting rug sets a tone of care, pride, and belonging.



MESSAGES & EVENTS
CHALKBOARD
CAD\$50.00



ENTRANCE RUG
CAD\$100.00



PORTABLE MICROPHONE &
SPEAKER SYSTEM UPGRADE
CAD\$950.00



DELUXE FOLDING PICNIC
TABLE
CAD\$580.00



HOLIDAY & YEAR END GIFTS TEACHERS & STAFF

We're collecting **\$40 for teacher's holiday & year-end gifts** for our wonderful teachers & support staff. Gifts will be purchased on behalf of all classes. Please **e-transfer to info.paccpp@gmail.com** by Nov 30, including your child's name, grade, and "Teacher's Gift" in the description.



UNPLUGGED WEBINAR | Oct 20 @ 6PM
KEEPING KIDS SAFE
ONLINE

An interactive workshop with Tania Johnson, designed to empower parents & caregivers with the tools and knowledge they need to protect children in the digital world. **REGISTER TODAY**

DISTRICT and COMMUNITY CONNECTIONS

Local programs, events, and resources will be found in one convenient location, accessible through a [single link](#) rather than detailed in school newsletters.

DROPPING OFF ITEMS

Including BOOTS, EXTRA CLOTHING,
BACKPACKS or LUNCHES,
Please make sure to label them and
DROP OFF AT THE OFFICE

Please do not interrupt your child's classroom
during learning hours. Thank you.



Show your Spirit on Fridays by wearing
your Cypress Park spirit wear tomorrow.

SCHOOL ATTENDANCE AND PUNCTUALITY

We would like to take a moment to emphasize the
importance of regular school attendance and punctuality.

Consistent Attendance Matters: Every day in school is an
opportunity for your child to learn, grow, and thrive. Regular
attendance ensures they don't miss out on valuable classroom
experiences and educational milestones. It's the foundation for
success in their academic journey.

Vacations During School Time: While we understand that family
vacations are a cherished tradition, we encourage you to plan
them during school breaks whenever possible. Missing school for
extended periods can disrupt your child's learning progress and
make it challenging for them to catch up on missed lessons.

On-Time Arrival: Being on time is equally crucial. It sets a positive
tone for the day and allows your child to settle in, engage with
peers, and benefit fully from classroom instruction. Punctuality
fosters good habits that will serve them well throughout life.

Late Arrival Policy: If your child is arriving late to school, please
drop them off outside the undercover entrance door. The door is
unlocked, your child can enter the school on their own and report
to the front office. Ms. Thoma will check them in, and help them
to their classrooms.

Ryley McLeod

Vice Principal, Cypress Park Primary School

Office: 604-981-1330 **Direct:** 778-838-9500



DPAC *parent evening with* Dr. Molly Lawlor

Equipping the Whole Child for Life: Helping
kids build strong friendships, manage big
feelings and bounce back from challenges—
using brain science and mindfulness to
support learning and growth.

Monday, October 20th

Join us for an evening with Dr. Molly Lawlor—who
helps children and teens learn how to understand
their feelings, build confidence and form healthy
relationships. She is the lead author and Principal
Scientific Advisor for MindUP—an evidence-based
program that teaches kids how their brains work and
gives them tools to manage emotions and thrive in
school and life.

REGISTER HERE

What You will Gain From This Evening



Understand

Parents will gain an encouraging new
view of adolescence as a time of
opportunity and growth, not just stress or
risk



Learn

Parents will leave with simple,
everyday strategies to help their child
handle stress, big emotions,
strengthen friendships and feel more
ready to learn.

**KAY MEEK THEATRE 6:30 -
1700 MATHERS AVE 8:00 PM
WEST VANCOUVER**

