



CYPRESS PARK  
PRIMARY SCHOOL

## Cypress Park Parent Advisory Council

### PAC Meeting Minutes May 10, 2022

The meeting was called to order by Co-Chair R. Baggio at 6:04 pm.

#### **IN ATTENDANCE**

Principal K. Grimwood, Vice Principal S. Bell, School Counsellor Shelagh Curling, PAC Co-Chair R. Baggio, PAC Co-Chair E. Baldwin, PAC Treasurer D. McKenzie, DPAC Rep Renee Bouchier, PAC Fundraising Committee Member A. Barrow, PAC Fundraising Committee Member N. Hincks, PAC Communications Coordinator B. Perez, J. Calleja, J. Perez, Golnaz, YM.

#### **APPROVAL OF MINUTES AND AGENDA**

The Minutes from the April 12<sup>th</sup>, 2022 PAC meeting were motioned by R. Bouchier, seconded by E. Baldwin, and approved.

The Agenda for the April PAC meeting was motioned by R. Bouchier, seconded by E. Baldwin, and approved.

#### **PRINCIPAL K. GRIMWOOD – SPECIAL PRESENTATION**

##### **“OPEN PARACHUTE”**

As agreed during the last PAC meeting, Mrs. Grimwood walked all attending parents through the Parent Resources portion of this valuable tool. She was accompanied by Ms. Shelagh Curling, school counsellor.

##### **Open Parachute in the School District**

- Open Parachute is a resource currently used by students from Grade 6 to Grade 9 in the majority of the WV schools. It is meant to help develop students' resilience, social emotional awareness, give them skills and strategies to cope, and help normalize feelings.
- It is a program that is being used as part of the districts focus on mental health wellness. It will be soon expanded to include older students as well. In the primary years (Kindergarten to grade 5) the district uses a program called Second step.

##### **Presentation**

- Principal Grimwood went first over the West Vancouver School District Mental Health framework:  
*“In WV schools we aspire to foster resilience, social emotional well-being, and positive mental health”*
- Mrs. Grimwood and Ms. Curling showed how to access and utilize the “Parent Resource” section within Open Parachute. All parents are able to create an account and access resources by signing up on the link

<https://courses.openparachuteschools.com/courses/ParentResources>. There is no cost associated with it.

- *“It is short and sweet, easy to digest, and its practical/every-day things. Even if some of the topics may be not applicable for primary school kids, these are amazing resources, tools and practice to be prepared for when the kids reach that plateau. To compare, this is like going over the multiple “what to expect when you are expecting” books, before our kids are born.”*

For any questions, please feel free to contact Mrs. Grimwood.

To contact the school counsellor, you can email her at [scurling@wvschools.ca](mailto:scurling@wvschools.ca).

## **VICE PRINCIPAL REMARKS**

### **Vice Principal S. Bell Update**

- Running club:
  - First day was a success despite of the weather. Expect more kids to join now that they saw their classmates participating. Parents are all welcome too!
  - The run club runs for 20 minutes before school on Tuesdays and Thursdays (8:10 am start).
  - Volunteers welcome for Thursdays to support Mrs. Bell.
- Welcome to Kindergarten:
  - Mrs. Grimwood, Mrs. Bell, Mrs. Sedgwick and Mrs. Anderson all participated of the session that took place today, welcoming our new Cypress Park family members.
  - It is a nice, excited-to-join group of kids and parents. They have already been advised of the PAC and opportunities to get involved.
- Calendar for next year – 2022/2023
  - The school is mandated to have 878 (not 1 less or 1 more) hours of instruction a year. This doesn't include recesses, lunch time or any other break.
  - There is 5 professional development days in the year. However, 5 additional days were added to the school year to compensate.
  - There is one more holiday to account for in September – National Day for Truth and Reconciliation.
  - Lots of work and thought goes into putting together the calendar. For example, they try to help families by having all professional days on the same day across the district.
  - The calendar shared during the meeting is not final. It needs to be approved by the school board before it is published and sent out to families.

## **PAC EXECUTIVE UPDATE**

### **Co-Chairs Update – R. Baggio / E. Baldwin**

- Focus since last meeting has been on wrapping up the year and getting the foundation set for next year. The PAC co-chairs have been working hard on getting

all PAC positions filled and are happy to share that they have the team together for next year.

- Chair - Kristi
  - Treasurer - Dan
  - Meeting Minutes - Becky
  - Hot lunch – Sheryl (she will require some help, so anybody else interested please let us know)
  - Fundraising team – Alex, Josette, Nikki
  - Experts in Residence - Roz
  - Community Events - Erin
  - Afect School programs – Lizzy
  - DPAC Rep – Lizzy
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- Budget: The team sat down with the school to go over the wish list of items for next year. They are working on putting together a budget for next year. The budget will need to be approved on the next PAC's meeting.
  - Community Spirit Events:
    - Sports Day on May 19<sup>th</sup> – Early dismissal and join for a picnic afterwards (BYO picnic, and please clean up after yourselves)
    - Fun Run on June 3<sup>rd</sup> – to be covered by the fundraising committee. There will be coffee at pickup for the parents.
    - Year End Celebrations – working on this, stay tuned!
  - Next and last PAC meeting will take place on June 14<sup>th</sup> at noon. Budget will be presented for approval during the call.

### **Treasurer's Update (D. McKenzie)**

Running totals of the school accounts have not changed much from last update:

- Regular Community Account - \$19,200
- Savings Account (gaming account) - \$7,363
- Trust Account = \$3,098

Some new funds expected to come in from the recent plant sale.

### **Fundraising Committee Update**

- Growing Smiles: Flower fundraising was a success. They sold \$4100 worth of plants, which ended being just shy of \$900 for the school. Big kudos to the parents that supported these efforts, as they did a lot of work on marketing (inside and outside the community) and also on the delivery day. Nice to see alumni ordering and supporting as well.
- Fun Run:
  - Will take place on Friday June 3<sup>rd</sup> at 2 pm. Parents can come and watch kids do the run. Some volunteers will be needed to help on the day.

- Pledge forms will be provided mid-month for kids to approach friends and family. Aim is to raise \$4,000 - \$5,000. Funds are expected to come with the forms prior to the run.
- PAC will have a stand with our larger Cypress Park Spirit Wear for parents to purchase and wear.

### **DPAC Update (R. Bouchier)**

- WV Place for Sport - Project Manager was just appointed – Still determining if project would be done this year or next summer.
- Budget:
  - International numbers are soft due to problems that came originated from covid (delayed visas, etc). This would need to be taken into consideration for next year.
  - Julia Leiterman, Secretary Treasurer & CFO of West Vancouver, provided a high-level summary of the factors that determine funding, and the process by which it is allocated within the budget. Presentation can be found here: [WVS District & School Budget Presentation – Julia Leiterman](#)
- French immersion review - Need to understand the programs, including late French immersion. Another discussion is how to attract French teachers, as the province has a problem with just very few applicants (mostly from Quebec and France).
- Spring Events: Things are starting to open up again. The Bridge Festival – Community Day will take place on June 3-4 and the WV schools will be participating.

***Link to official WV DPAC meeting minutes for May 4<sup>th</sup>, 2022:*** Minutes:

<https://westvancouver.schools.ca/dpac/wp-content/uploads/sites/28/2022/05/2022-May-04-DPAC-Minutes.pdf>

### **Ajournement**

A motion to adjourn was made at 6:59 pm seconded and passed.