Anaphylaxis Emei	rgency Plan: $_$			(name,
This person has a potentially	life-threatening allergy (anaphylaxis) to:		
	(Check the appropriate I			
	Food(s):			
	☐ Insect stings			
РНОТО	Other:			
	Epinephrine Auto-Injector: Expiry Date://			
	Dosage:			
	□ EpiPen® Jr. 0.15 mg □ EpiPen® 0.30 mg □ Allerject™ 0.15 mg □ Allerject™ 0.30 mg			
	Location of Auto-Injector(s): Previous anaphylactic reaction: Person is at greater risk.			
A person having an anaphyla	ctic reaction might have	ANY of these signs and	symptoms:	
Skin system: hives, swellir	ng (face line tongua) itch	ing warmth redness		
Respiratory system (breatle	• •	•	nest pain or tightness, thro	oat tightness, hoarse
voice, nasal congestion or l	nay fever-like symptoms (r	unny, itchy nose and wa	atery eyes, sneezing), trou	ble swallowing
Gastrointestinal system (st	tomach): nausea, pain or	cramps, vomiting, diarrh	nea	
Cardiovascular system (he lightheadedness, shock	eart): paler than normal sk	in colour/blue colour, w	eak pulse, passing out, di	zziness or
Other: anxiety, sense of doo	om (the feeling that someth	ning had is about to han	nan) haadacha utarina ci	ramne motallic taeto
	_			•
	nition of symptoms and		<u> </u>	s me.
Act quickly. The first signs of	a reaction can be mild, b	ut symptoms can get w	orse very quickly.	
L. Give epinephrine auto-inje		ject™) at the first sign o	f a known or suspected ar	naphylactic reaction.
(See attached instruction shapes		ham aamaana ia hayina	r a lifa thraataning allargia	roaction
 Call 9-1-1 or local emerger Give a second dose of epir 	=	_		reaction.
4. Go to the nearest hospital	•			topped The reaction
could worsen or come back	k, even after proper treatme	ent. Stay in the hospital	for an appropriate period	
decided by the emergency		-		
5. Call emergency contact pe	erson (e.g. parent, guardia	in).		
Emergency Contact Informat	ion			
Name	Relationship	Home Phone	Work Phone	Cell Phone
· .	nt, parent, or guardian authoriz ylactic reaction, as described a		•	•
, ,			·	
Patient/Parent/Guardian Signatur	 e Date	 Physic	cian Signature	 Date













How to use EpiPen and EpiPen Jr Auto-injectors.

Remove the EpiPen® Auto-Injector from the carrier tube and follow these 2 simple steps:



- Hold firmly with orange tip pointing downward.
- Remove blue safety cap by pulling straight up. Do not bend or twist.



- Swing and push orange tip firmly into mid-outer thigh until you hear a 'click'.
- Hold on thigh for several seconds.



Built-in needle protection

 When the EpiPen. Auto-injector is removed, the orange needle cover automatically extends to cover the injection needle, ensuring the needle is never exposed.



After administration, patients should seek medical attention immediately or go to the emergency room. For the next 48 hours, patients must stay within close proximity to a healthcare facility or where they can call 911.

For more information visit EpiPen.ca.

EpiPen® and EpiPen® Jr Auto-injectors are indicated for the emergency treatment of anaphylactic reactions in patients who are determined to be at increased risk for anaphylaxis, including individuals with a history of anaphylactic reactions.

This product may not be right for you. Always read and follow the product label.





