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**2022-2023 Instructional Hours**

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| 8:40 – 8:45 | Welcoming Bell |  |
| 8:45 – 8:50 | Morning Announcements and Attendance | 5 minutes (I) |
| 8:50– 10:10 | Session #1 | 80 minutes (I) |
| 10:10 – 10:30 | Recess | 20 minutes (N/I) |
| 10:30-12:10 | Session #2 | 100 minutes (I) |
| 12:10 – 12:50 | LUNCH and Recess  **12:10-12:30 Eat**  **12:30-12:50 Play** | 40 minutes (N/I) |
| 12:50 – 2:40 | Session #3 | 110 minutes (I) |
| 2:40 – 2:45 | Home Room | 5 minutes (I) |
|  |  | 300 Instructional Minutes  60 non-instructional minutes |

179 Instructional Days Breakdown:

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| Regular Days | 300 x 170 = 51,000 minutes |
| Opening Day 8:45-10:00 am  Open House 8:45am-1:45 pm  Parent Teacher Conferences 8:45am-12:10pm  Last Day before Winter Break 8:45-12:10pm  Last Day before Spring Break 8:45-12:10pm  Student Led Conferences 8:45-1:30pm  Last Day in June 8:45am –12:00pm | 75 x 1 = 75 minutes  240 x 1 = 240 minutes  185 x 2 = 370 minutes  185 x 1 = 185 minutes  185 x 1 = 185 minutes  225 x 2 = 450 minutes  175 x 1 = 175 minutes |
|  | Total = 52,680 minutes = 878 hours  Ministry Mandate = 878 Hours (Grades 1-7) = 52,680 minutes |