

## Thursday December 4, 2025 E-Bulletin

### Bear Calendar

<b>Dec 5</b>	<b>Fri</b>	Bear Wear Friday <b>Santa Sale</b> Festive Fridays - Wear your holiday cheer Term 1 Learning Updates will be posted
<b>Dec 8</b>	<b>Mon</b>	
<b>Dec 9</b>	<b>Tues</b>	
<b>Dec 10</b>	<b>Wed</b>	Skating Field Trip - Div 5 & 6
<b>Dec 11</b>	<b>Thurs</b>	
<b>Dec 12</b>	<b>Fri</b>	Festive Fridays - Wear your holiday cheer

#### Future Dates to Note

<b>December 17</b>	<b>Wed</b>	Skating Field Trip - Div 7 & 8
<b>December 18</b>	<b>Thurs</b>	<b>Winter Concert</b> - 1:10 PM and 5:00 PM evening performances
<b>December 19</b>	<b>Fri</b>	Festive Fridays - Wear your holiday cheer Last day of classes before the Winter Break
<b>January 5</b>	<b>Mon</b>	First Day of School after the winter break
<b>January 8</b>	<b>Thurs</b>	Rockridge Open House, 6-8 in Players Hall
<b>Jan 12 - 16</b>	<b>M - F</b>	Field Hockey Week
<b>Jan 15</b>	<b>Thu</b>	Wear Black for Black Excellence Day

#### [2025-2026 iDEC School Calendar](#)

### Learning at iDEC

Hello Families.

The **Santa Sale** is tomorrow! Students can come to school with money to shop for their family members at our annual Santa Sale. Thank you for all of the wonderful donations and thank you to all of our parent volunteers for making this event possible.

We are highly appreciative of Sharon Shelby's talk last night on **"The Five R's of Resilience"**. Resilience, Grit and Tenacity is the focus of our three year FESL, and Sharon shared so many practical strategies for helping children to bounce back when things get tough! Thank you to CPAC for sponsoring this event.

**Volleyball** season was a great success. Thank you to our coaches for their time, energy, and support. Some pictures below are from the **Stearman Beach Clean Up** on Tuesday. Thank you to Mrs. Prins, Div 11 and our parent volunteers for your care for our shoreline and community.

If you haven't had a chance, please be sure to check out the [Parent and Caregiver Guide to Social Media](#) with more information below. Also below, you will find information about our upcoming **Winter Concert**, the **Grade 7 Family Rockridge Open House**, and information about **snow days**.

-Nathan



### Winter Concert Information

We are excited to host two Winter Concerts on December 18th, with all students performing in both shows! Due to the large size of our school, we must limit ticket sales to two tickets per family in total. More details and information about the event can be found [HERE](#).

- Tickets: \$5 each, with all proceeds supporting the iDEC music program. We also encourage families to bring Non Perishable food items to donate to the Harvest Project.
- Purchasing Tickets: Tickets can be purchased through School Cash Online for either the 1:10 or 5:00 performance starting December 1st.
- If families mistakenly purchase more than two tickets, extra tickets will be cancelled and refunded due to space constraints. To join the waitlist for extra tickets, or to let us know your family will not attend, please email Catherine Schier at [caulfeild@wvschools.ca](mailto:caulfeild@wvschools.ca). If extra tickets are available closer to the performance, we will contact families on the waitlist. Details about class costume expectations and booking tickets will be shared soon. Thank you for your support in making this event a success!



**SAVE THE DATE!**

FOR OUR ANNUAL  
**INFORMATION NIGHT FOR  
INCOMING GRADE 8 STUDENTS AND  
FAMILIES**



Date: Thursday, January 8th, 2026  
Time: 6:30\* - 8:00 pm  
Where: Rockridge Secondary  
5350 Headland Drive, West Vancouver

\*WE WILL BE WELCOMING BOWEN ISLAND FAMILIES TO TOUR  
THE ROCK FROM 6:00-6:30PM SO THAT THEY CAN TAKE THE  
EARLIER FERRY

### Save the Date: Rockridge Info Night for incoming Grade 8 Families

Thursday, January 8th,  
2026

6:30 - 8:30 PM

Rockridge Secondary

### District Weather and School Closure Procedures

The district aims to keep schools open on every regular instructional day, including those with snowfall. However, the final decision to send students to school resides with the parent or guardian since they are most familiar with the specific road and weather conditions around their home and community.

#### Weather Closure of Schools (Outside School Hours)

Any decision to close schools for the safety of children will be made by the Superintendent. Parents, students, and staff will be informed of the Superintendent's decision via the school district website at [www.westvancouver.ca](http://www.westvancouver.ca) and a School Messenger email. We endeavor to communicate this information to parents and staff by 6:00 a.m. on the day of closure.

#### Weather Closure of Schools (During School Hours)

If weather conditions create a concern for the safety of students returning home, the school principal can decide to dismiss school early after consulting with the Superintendent. The decision will be communicated to parents and students using the school's normal communication systems. Student safety is our first priority. Every effort will be made to keep schools open, but parents are encouraged to establish a plan for their children in the event of early dismissal or school closure.

As always, please refer to [this section of our website](#) for the latest information.

School closures may also appear on several local news sources including:

- News 1130 <http://www.news1130.com/>
- CKNW 98 <http://www.cknw.com/news/>
- Global TV <http://globalnews.ca/live/bc/>
- CBC <http://www.cbc.ca/news/canada/british-columbia>

### Parents/Caregiver Digital Guides

Parent Guide to Discord

Parent Guide to Instagram

Parent Guide to Roblox

Parent Guide to Snap Chat

Parent Guide to TikTok

Parent & Guardian's Guide to Personal Digital Devices

[Click Here to access  
the Links](#)

Did you know that it takes someone about 25 minutes to refocus on the task they were doing after being distracted by their phone?

The average teen gets 10 notifications an hour.  
Classes last 80 minutes.



**YOU DO THE MATH!**



### Dress for the Weather

All recess periods will be outside regardless of the weather unless extreme conditions make outdoor play unsafe. Please ensure you send your children to school equipped for outdoor play. With the amazing playgrounds and outdoor spaces we have at iDEC, embracing the natural world is an expectation. Outdoor recreation periods are an important part of a child's physical activity and social time. Please send your children to school with raincoats, hats and boots for wet days, or extra clothing for the winter cold.

### West Vancouver Schools Admissions

Admissions for the 2026/2027 school year began on Wednesday October 15th at 8:00 am for all Kindergarten students and all Grade 1 – 12 In-catchment students.

Admissions for Out-of-Catchment and Out-of-District students opens on at 8:00 am on Thursday, January 15th, 2026.

For more information about admissions processes, dates, guidelines, and information, please visit <https://westvancouver.ca/admissions/> Please carefully read the information regarding documentation procedures before starting the application process.

### Pick Up and Drop Off: Important Reminders

All students in K-7 will be dismissed at 2:30 pm, except on **Wednesdays when we dismiss at 2:00**. For orderly and quick dismissal, please park using the street parking and walk to the designated pick-up space near the top of the roundabout. With all students dismissed together, driving through the roundabout should only be used by families who absolutely need to remain in the car, with priority for primary students, as we expect lineups to be busy and long. If your child is not ready (outside and waiting), we may need to move you along and out of the line in order to keep traffic moving.

- Please DO NOT stop for pick up and drop off at the north side crosswalk on Caulfeild Drive. This is a no stopping zone because stopping puts students in dangerous situations. There are places to stop preceding and following the crosswalk. Check for signage. WVPD will support periodic enforcement of this area.
- Grade 6/7 Pickup (Drivers): Please use parking spaces along Caulfeild Drive so your child can safely enter your vehicle. Do not stop on Caulfeild Drive unless there is a parking space available. Please reserve at least two parking spaces near the front for students and families with accessibility needs.

### Daily Health Checks



Parents are asked to do daily health checks before sending children to school. We ask for your assistance to ensure that your child is healthy and well enough to participate in normal school activities. If your child is unwell, please report their absence through the school email at [caulfeild@wvschools.ca](mailto:caulfeild@wvschools.ca). Parents are also reminded that communicable diseases should be reported to your classroom teacher and to the school office. This would include chicken pox, measles, etc. While not a communicable disease, we also ask that students and families report any cases of lice to the office. When we have a report, we can take some preventative measures within our community and classrooms.

### Call Back for Lates and Absences

Please remember to either **email us** at [caulfeild@wvschools.ca](mailto:caulfeild@wvschools.ca) or use the call back line (604-981-1205) if your child will be late or absent from school.



## CPAC Announcements

### We Need Santa Sale Volunteers

Come be a part of this fun school tradition with us.

[Click here to Volunteer](#)

Thank you for your help.



### Santa Sale reminders

If you have items you would like to donate for the Santa sale today is the last day. Great opportunity to declutter. Toys/baby toys/ books/sports equipment/ home goods, accessories/ stuff for moms and dads/ decorations/ kitchen items.

Please bring spare bags that kids can use to bring home their purchases

Remember to send cash with your kids on Friday for Santa sale. Everything is \$2 and kids can purchase 1 item per family member (example family of 4 they can purchase 4 items)

### Hot Lunch Program

Want to order a hot lunch for your kids? [Click Here to Place an Order](#)

**Did you know?** Profits from our hot lunch program go towards our school's fundraising. In fact, our Hot Lunch program is one of our biggest sources of fundraising each year. Thank you to everyone who orders.

#### FAQ's

- Current Food Vendors are Panago Pizza, WellFed Catering, Subway, Foodie Kids, Donair Dude.
- All orders/changes require 7 days to be processed.
- Need help? Email Carrie Johnson at [cmalysh@gmail.com](mailto:cmalysh@gmail.com)
- New to the school? Set up an account here: [Create a New Munchalunch Account](#)

#### Connect with Us

Website: <https://westvancouver.schools.ca/caulfeild-elementary/parents/>

WhatsApp Group: [CPAC News - 2023/2024](#)

Email: [capac@wvschools.ca](mailto:capac@wvschools.ca)

## WV Community Events

**Physical activity can...**

- Improve mood and help you manage emotions
- Help you move your body in all the ways you want to
- Make it easier to fall asleep
- Boost your immune system
- Improve your ability to focus and do better in school
- Provide opportunities to make friends

**Ideas to add in more activity:**

- When possible, replace screen time with active time.
- Join a sports team or an activity group.
- Create an obstacle course using what you have on hand.
- Visit a playground.
- Try something new: soccer, dance, drumming, lacrosse, etc.
- Spend more time outdoors.
- Try geocaching.
- Get active as a family - explore a new park or trail, plan a nature scavenger hunt, or have a dance competition.
- Dance to your favorite songs.
- Play with a neighbour/friend.
- Try different seasonal activities: swimming in the summer, sledding or skating in the winter.
- Choose active transportation (e.g. walking, cycling, rolling, bussing).
- Walk a dog.

Additional activity ideas Additional Ideas at Pacific Institute for Sport Education

View 24-Hour Movement guidelines in full [csepguidelines.ca/guidelines/children-youth](https://csepguidelines.ca/guidelines/children-youth)

Logos: northern health, Interior Health, Vancouver Coastal Health, island health, fraserhealth, BC Centre for Disease Control, BRITISH COLUMBIA

**Physical Activity and Physical Literacy: Children and Youth Ages 5-17**

**Every move counts!**

- Any amount and type of physical activity is good for you
- Outdoor play has additional benefits for mental wellness
- Try different activities to find something you like
- It should be fun!**

**Parent/ caregiver:** Aim to provide safe and varied opportunities for movement.

**The Canadian 24-Hour Movement Guidelines suggest children and youth:**

- Sweat:** Be active each day - enjoy at least 1 hour of daily moderate to vigorous activities. Take part in muscle strength and bone-strengthening activities 3 times per week or more.
- Step:** Enjoy several hours of light intensity physical activity.
- Sleep:** Sleep well, 8-11 hours, with consistent routines.
- Sit:** Minimize and break up screen and sedentary time as much as possible.

**Physical literacy** is the motivation, confidence, physical competence, knowledge and understanding to value and participate in physical activities for life.

Children and youth become physically literate through physical activity, which develops **movement skills** that **enable participation** in activities as they age. Getting active early increases the likelihood that participation and its benefits will continue into adulthood.

## Community connections - ongoing registration

ongoing	West Vancouver Rec Centre <a href="#">Upcoming Events</a>
ongoing	West Vancouver Otters Swimming <a href="#">Registration information</a>
ongoing	West Vancouver Memorial Library <a href="#">Information</a>
ongoing	West Vancouver Soccer <a href="#">Registration information</a>
ongoing	West Vancouver Little League <a href="#">Registration information</a>
ongoing	West Vancouver Field Hockey <a href="#">Registration information</a>



Click [HERE](#) to access the links



### Winter is Coming

We have so much going on for kids this winter: a kids book sale, fun escape rooms, programs in French and Mandarin, and lots of Holiday Fun, however you celebrate the season!

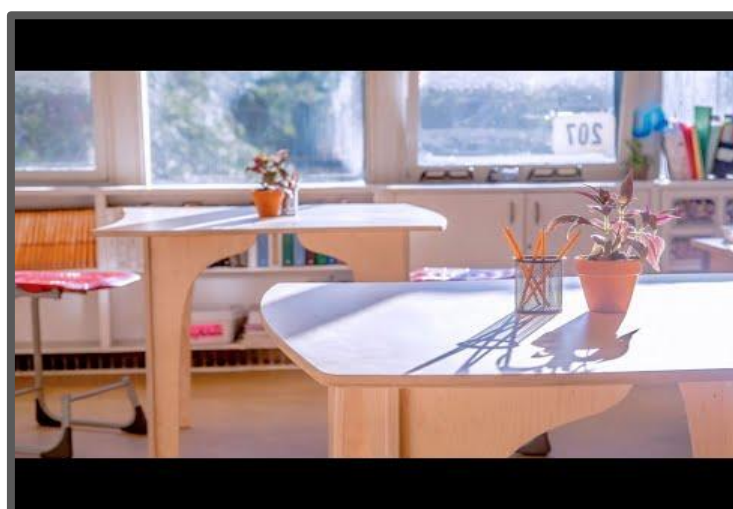
Click [Here](#) for more information

## Chris Kennedy Superintendent - WV Schools

Get insight into the thoughts and ideas of Chris Kennedy, Superintendent of the West Vancouver School District. Read his latest blog and follow him on Twitter to learn more from the CEO of WV Schools in: <https://cultureofyes.ca/> or <https://twitter.com/chrkennedy>

We would love to have you connect with us and follow our [Caulfeild School Twitter](#) account! Many of our staff are active Twitter users and our [CPAC](#) also uses Twitter regularly.

## Connect With Us



[iDEC Virtual Tour](#)  
[Click Here](#)



[CLICK HERE](#)

Take a virtual tour of Caulfeild iDEC in less than two minutes. Visit our learning spaces on this narrated tour and begin to understand more about our vision for learning. Please share this video with potential new families to help them learn more about All Things iDEC.

The iDEC News is a wonderful way for us to bring you learning stories happening at iDEC as told by our very own students. We are very pleased to share the link to our YouTube channel to access our most recent iDEC News, as well as, past editions since 2019.

#### CONNECT WITH US! #westvaned

Tag us in your school success stories using our hashtag



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#### Connect with Caulfeild iDEC

School Website: [Caulfeild iDEC Elementary](#)

Phone: 604 981-1200

Email: [Caulfeild@wvschools.ca](mailto:Caulfeild@wvschools.ca)

X and Instagram: @caulfeildschool